1 - 1ª Jornada / Sessão Única — 30/11/2018 - 19:15

Prova 1 — Femin., 4 x 50m Livres — 16 anos e mais velhos
30/11/2018 - 19:15 — Resultados

Recorde Regional	1:51.07	Clube Desportivo Nacional	CDN	Funchal	09/07/2015

TAC Nacional - Estafetas Jun: 1:52.38; Sen: 1:51.27

Pontos: FINA 2018

Lugar							Tempo final	Pts
Absolutos								
1. CD Nacional 1				CD Nacional			**2:25.70**	267
FERNANDES, Francisca Oliveira	02	+0,84	35.05	PEREIRA, Luisa Tovela	03	+0,38	35.49	
LECA, Natasha Maria	03	+0,47	32.91	PRADA, Margarida Maria	03	+0,41	42.25	

Prova 2 — Masc., 4 x 50m Livres — 17 anos e mais velhos
30/11/2018 - 19:18 — Resultados

Recorde Regional	1:33.79	Clube Naval do Funchal	CNF	Felgueiras	22/11/2002

TAC Nacional - Estafetas Jun: 1:39.93; Sen: 1:38.94

Pontos: FINA 2018

Lugar							Tempo final	Pts
Absolutos								
1. CD Nacional 7				CD Nacional			**1:48.10**	446
MOURA, Vitor Diogo	90	+0,77	25.11	RAMALHO, Joao Caires	02	+0,55	28.61	
QUINTAL, Nuno Alexandre	99	+0,42	25.30	JAU, Valter Henriques	01	+0,54	29.08	

Prova 3 — Femin., 200m Mariposa — Absoluto
30/11/2018 - 19:21 — Resultados

Recorde Regional Absoluto	2:21.15	ROSA, Beatriz Jong	CDN	Porto	10/12/2017
Recorde Regional Sen	2:21.15	ROSA, Beatriz Jong	CDN	Porto	10/12/2017
Recorde Regional Jun17	2:25.69	ROSA, Beatriz Jong	CDWT	Torres Novas	21/01/2017
Recorde Regional Jun16	2:25.16	ROSA, Beatriz Jong	CDN	Porto	11/12/2015
Recorde Regional Juv A	2:25.61	ROSA, Beatriz Jong	CDN	Funchal	12/07/2015
Recorde Regional Juv B	2:29.28	CERDAS, Sara Rodrigues	CNF	Braga	22/03/2003
Recorde Regional Inf A	2:32.56	CERDAS, Sara Rodrigues	CNF	Rio Maior	06/07/2002
Recorde Regional Inf B	2:45.26	VICTOR, Joana Isabel	CDN	Funchal	12/07/2003

TAC Zonal Inf B: 3:09.00; Inf A: 2:57.00; Juv B: 2:49.48; Juv A: 2:42.48 / TAC Nacional Inf B: 3:07.16; Inf A: 2:55.05; Juv B: 2:43.00; Juv A: 2:38.26; Jun: 2:32.27; Sen: 2:26.50

Pontos: FINA 2018

Lugar	Ano		Tempo final	Pts	50m	100m	150m	200m
Infantil A - 13 anos								
1. FERRO, Maria Leonor	06	Naval Funchal	**3:00.08**	293	39.53	46.22	47.85	46.48
2. SOUSA, Ivana Valentina	06	CD Nacional	**3:04.79**	271	39.19	49.45	50.81	45.34
3. CANADA, Maria Elvira	06	CD Nacional	**3:17.56**	221	41.83	53.15	50.79	51.79
Juvenil B - 14 anos								
1. AVEIRO, Leonor Sofia	05	Naval Funchal	**2:59.60**	295	38.64	47.54	49.01	44.41
Juvenil A - 15 anos								
1. SOUSA, Joana Francisca	04	CD Sao Roque	**2:43.79**	389	36.16	42.05	42.83	42.75
2. ANDRADE, M.	04	Salesianos	**3:20.89**	211	41.89	52.81	52.06	54.13

Prova 4 | Masc., 200m Mariposa | Absoluto
30/11/2018 - 19:26 | Resultados

Recorde Regional Absoluto	2:00.44	FRANCO, Paulo Fragueiro	CDN	S. Antonio Cavaleiros	19/12/2009
Recorde Regional Sen	2:00.44	FRANCO, Paulo Fragueiro	CDN	S. Antonio Cavaleiros	19/12/2009
Recorde Regional Jun18	2:01.97	GOUVEIA, Pedro Galvao	CDN	Funchal	11/12/2016
Recorde Regional Jun17	2:03.86	GOUVEIA, Pedro Galvao	CDN	Funchal	17/06/2016
Recorde Regional Juv A	2:08.54	MIGUEL, Goncalves Ferreira	CDN	Funchal	12/07/2009
Recorde Regional Juv B	2:11.93	FERNANDES, Rui Afonso	CDN	Funchal	31/07/2018
Recorde Regional Inf A	2:12.42	FREITAS, Tomas Miguel	CDN	Funchal	11/07/2004
Recorde Regional Inf B	2:21.67	FREITAS, Tomas Miguel	CDN	Funchal	28/06/2003

TAC Zonal Inf B: 2:50.00; Inf A: 2:41.50; Juv B: 2:29.02; Juv A: 2:26.36 / TAC Nacional Inf B: 2:48.80; Inf A: 2:40.57; Jun: 2:11.96; Sen: 2:08.57

Pontos: FINA 2018

Lugar	Ano		Tempo final	Pts	50m	100m	150m	200m
Infantil B - 13 anos								
1. PITA, Pedro Miguel	06	Naval Funchal	**2:56.85**	231	37.32	45.90	48.29	45.34
2. ABREU, Joao Francisco	06	Naval Funchal	**3:01.99**	212	38.70	45.08	47.93	50.28
Infantil A - 14 anos								
1. GOUVEIA, Luis Galvao	05	CD Nacional	**2:29.91**	379	33.07	38.61	39.24	38.99
Minimos Campeonato Zonal, Minimos Campeonato Nacional								
2. RODRIGUES, Joao Luis	05	Naval Funchal	**2:32.53**	360	33.49	39.47	40.76	38.81
Minimos Campeonato Zonal, Minimos Campeonato Nacional								
Juvenil B - 15 anos								
1. BARRY, Rafael Francisco	04	Naval Funchal	**2:25.72**	413	31.62	36.74	38.45	38.91
Minimos Campeonato Zonal								
2. RODRIGUES, Rodrigo Re	04	CD Sao Roque	**2:34.91**	344	35.02	39.51	41.28	39.10
3. SILVA, Eduardo Rodrigue	04	Salesianos	**2:54.82**	239	37.73	42.57	46.81	47.71
4. GONCALVES, Vitor Afonsc	04	Salesianos	**3:40.66**	119	47.30	57.15	59.03	57.18
Juvenil A - 16 anos								
1. SOUSA, Pedro Afonso	03	CD Nacional	**2:25.55**	414	30.75	36.72	38.83	39.25
Minimos Campeonato Zonal								
2. BAPTISTA, Tiago Ornelas	03	Naval Funchal	**2:28.99**	386	32.82	37.90	39.39	38.88
Juniores - 17, 18 anos								
1. ALVES, Afonso Pinto	02	Naval Funchal	**2:14.68**	523	29.43	35.01	35.07	35.17
2. GRACA, Fernando Guerre	02	Naval Funchal	**2:14.96**	520	29.90	34.47	35.28	35.31
3. FERRO, Henrique Martins	01	Naval Funchal	**2:16.47**	503	29.66	34.56	36.19	36.06

Prova 5 — Femin., 50m Costas — 16 anos e mais velhos
30/11/2018 - 19:34 — Resultados

Recorde Regional Absoluto	30.46	QUINTAL, Fabiana Maria	CDN	Funchal	22/11/2009
Recorde Regional Sen	30.46	QUINTAL, Fabiana Maria	CDN	Funchal	22/11/2009
Recorde Regional Jun17	31.07	AGUILAR, Vera Ines	CDN	Funchal	10/12/2016
Recorde Regional Jun16	30.71	AGUILAR, Vera Ines	CDN	Funchal	18/12/2015

TAC Nacional Jun: 32.24; Sen: 31.30

Pontos: FINA 2018

Lugar		Ano		Tempo final	Pts
Juniores - 16, 17 anos					
1.	GONCALVES, Joana Marques	02	Salesianos	**36.05**	361
2.	PEREIRA, Luisa Tovela	03	CD Nacional	**41.60**	234
3.	FERNANDES, Francisca Oliveira	02	CD Nacional	**43.06**	211
Seniores - 18 e mais velhos					
1.	LUIS, Jessica Santos	00	CD Sao Roque	**34.30**	419
2.	CRO, Isabel Matilde	00	CEO Liceu	**41.98**	228

Prova 6 — Masc., 50m Costas — 17 anos e mais velhos
30/11/2018 - 19:36 — Resultados

Recorde Regional Absoluto	26.38	CASTRO, Joao Cruz	CDSR	Porto	09/12/2017
Recorde Regional Sen	26.59	MARQUES, Miguel Freitas	CDSR	Porto	19/12/2014
Recorde Regional Jun18	26.38	CASTRO, Joao Cruz	CDSR	Porto	09/12/2017
Recorde Regional Jun17	27.48	SILVA, Francisco Pestana	CNF	Felgueiras	21/12/2013

TAC Nacional Jun: 28.17; Sen: 27.32

Pontos: FINA 2018

Lugar		Ano		Tempo final	Pts
Juniores - 17, 18 anos					
1.	NASCIMENTO, Diogo Andre	02	Naval Funchal	**32.43**	321
2.	JAU, Valter Henriques	01	CD Nacional	**34.90**	258
Seniores - 19 e mais velhos					
1.	MARQUES, Ruben Jose	94	CEO Liceu	**31.26**	359

Prova 7 | Femin., 200m Bruços | Absoluto
30/11/2018 - 19:38 | Resultados

Recorde Regional Absoluto	2:32.35	QUINTAL, Fabiana Maria	CDN	Guimaraes	06/12/2008
Recorde Regional Sen	2:32.35	QUINTAL, Fabiana Maria	CDN	Guimaraes	06/12/2008
Recorde Regional Jun17	2:40.38	MARQUES, Mariana Sousa	CNF	Funchal	16/07/2005
Recorde Regional Jun16	2:38.79	ABREU, Laura Catarina	CDN	Funchal	08/07/2016
Recorde Regional Juv A	2:41.54	ABREU, Laura Catarina	CDN	Funchal	11/07/2015
Recorde Regional Juv B	2:43.10	ABREU, Laura Catarina	CDN	Tomar	14/12/2013
Recorde Regional Inf A	2:47.89	ABREU, Laura Catarina	CDN	Funchal	06/04/2003
Recorde Regional Inf B	2:59.29	ABREU, Laura Catarina	CDN	Funchal	06/12/2012

TAC Zonal Inf B: 3:22.00; Inf A: 3:14.50; Juv B: 3:02.55; Juv A: 2:59.14 / TAC Nacional Inf B: 3:19.69; Inf A: 3:10.41; Juv B: 2:58.29; Juv A: 2:55.04; Jun: 2:49.14; Sen: 2:43.74

Pontos: FINA 2018

Lugar	Ano		Tempo final	Pts	50m	100m	150m	200m
Infantil B - 12 anos								
1. CAMARA, Ines Cruz	07	CD Nacional	**3:13.79**	334	44.59	49.45	51.46	48.29
Minimos Campeonato Zonal, Minimos Campeonato Nacional								
2. FIGUEIRA, Madalena Leor	07	Naval Funchal	**3:25.15**	282	46.66	52.30	53.57	52.62
3. MATEUS, Clarisse Vieira	07	CD Nacional	**3:35.64**	243	49.15	55.33	55.73	55.43
Infantil A - 13 anos								
1. DEUS, Ines Portugal	06	Naval Funchal	**3:07.19**	371	43.02	47.86	49.47	46.84
Minimos Campeonato Zonal, Minimos Campeonato Nacional								
2. SEQUEIRA, Beatriz Menes	06	Naval Funchal	**3:09.25**	359	43.34	48.11	49.54	48.26
Minimos Campeonato Zonal, Minimos Campeonato Nacional								
3. DIAS, Julia Alves	06	CD Nacional	**3:10.01**	355	43.57	49.59	48.54	48.31
Minimos Campeonato Zonal, Minimos Campeonato Nacional								
4. ABREU, Ana Rodrigues	06	Naval Funchal	**3:12.19**	343	43.58	48.95	50.96	48.70
Minimos Campeonato Zonal								
5. PEREIRA, Joana Marques	06	CD Nacional	**3:13.07**	338	43.22	49.39	50.62	49.84
Minimos Campeonato Zonal								
6. SILVA, Silvana Suamade	06	CD Sao Roque	**3:18.03**	313	44.39	51.22	51.85	50.57
7. FARIA, Laura Pereira	06	Salesianos	**3:34.89**	245	47.74	55.66	57.88	53.61
Juvenil A - 15 anos								
1. JESUS, Mariana Caires	04	Salesianos	**3:23.64**	288	44.46	52.09	54.61	52.48
2. RODRIGUES, Maria Carol	04	CD Nacional	**3:36.15**	241	45.69	55.08	57.86	57.52
3. AGUIAR, Leonor Nobrega	04	CEO Liceu	**3:59.15**	178	53.46	1:00.30	1:02.58	1:02.81
Juniores - 16, 17 anos								
1. SILVA, Gabriela Suamade	02	CD Sao Roque	**3:28.11**	270	47.41	53.26	54.13	53.31
DSQ OLIVEIRA, Beatriz Camacl	03	Naval Funchal						
720 - Toque alternado na viragem aos 150 m - SW 7.6								
Seniores - 18 e mais velhos								
1. ALVES, Catarina Andrade	78	CD Nacional	**3:06.09**	378	41.18	46.40	48.67	49.84

Prova 8 — Masc., 200m Bruços — Absoluto
30/11/2018 - 19:50 — Resultados

Recorde Regional Absoluto	2:19.23	FIGUEIRA, Andre Temtem	CNF	S. Antonio Cavaleiros	20/12/2009
Recorde Regional Sen	2:19.23	FIGUEIRA, Andre Temtem	CNF	S. Antonio Cavaleiros	20/12/2009
Recorde Regional Jun18	2:19.55	FIGUEIRA, Andre Temtem	CNF	Funchal	11/07/2009
Recorde Regional Jun17	2:22.69	SILVA, Tomas Antonio	CNF	Funchal	10/06/2018
Recorde Regional Juv A	2:24.33	DEUS, Andre Portugal	CNF	Funchal	24/11/2017
Recorde Regional Juv B	2:28.82	FREITAS, Tomas Miguel	CDN	Funchal	16/07/2005
Recorde Regional Inf A	2:29.20	ALVES, Paulo Rodrigues	CDN	Funchal	01/08/2018
Recorde Regional Inf B	2:37.57	FREITAS, Tomas Miguel	CDN	Funchal	13/07/2003

TAC Zonal Inf B: 3:09.00; Inf A: 2:59.00; Juv B: 2:44.27; Juv A: 2:41.26 / TAC Nacional Inf B: 3:03.94; Inf A: 2:55.05; Juv B: 2:42.64; Juv A: 2:37.97; Jun: 2:29.56; Sen: 2:24.40

Pontos: FINA 2018

Lugar	Ano		Tempo final	Pts	50m	100m	150m	200m
Infantil B - 13 anos								
1. MACHADO, B.	06	CD Nacional	**3:06.10**	271	40.47	47.51	50.09	48.03
Minimos Campeonato Zonal								
2. SETIM, Joao Oliveira	06	Naval Funchal	**3:19.82**	218	44.56	51.81	53.25	50.20
3. GONCALVES, Martim Luis	06	CD Nacional	**3:44.32**	154	51.39	59.56	56.60	56.77
Infantil A - 14 anos								
1. OLIVEIRA, Diogo Alexandr	05	Naval Funchal	**2:54.54**	328	37.81	44.67	45.83	46.23
Minimos Campeonato Zonal, Minimos Campeonato Nacional								
2. SILVA, Tony Stefano	05	Naval Funchal	**3:00.81**	295	38.71	46.52	48.25	47.33
3. ALVES, Afonso Pires	05	Salesianos	**3:02.25**	288	41.36	47.38	47.00	46.51
4. ALVES, Andre Camara	05	CD Nacional	**3:21.89**	212	44.94	53.11	52.44	51.40
Juvenil B - 15 anos								
1. FERNANDES, Martim Pes	04	Naval Funchal	**2:35.07**	468	34.99	39.55	41.53	39.00
Minimos Campeonato Zonal, Minimos Campeonato Nacional								
2. ALVES, Paulo Rodrigues	04	CD Nacional	**2:35.58**	463	34.98	40.01	40.07	40.52
Minimos Campeonato Zonal, Minimos Campeonato Nacional								
3. FERREIRA, Leonardo Filip	04	Naval Funchal	**2:47.32**	372	37.80	42.33	43.87	43.32
Juvenil A - 16 anos								
1. MATOS, Rodrigo Vieira	03	Naval Funchal	**2:28.36**	535	32.74	37.36	38.76	39.50
Minimos Campeonato Zonal, Minimos Campeonato Nacional								
2. OLIVEIRA, Jose Alexandre	03	CEO Liceu	**2:50.27**	353	39.16	43.59	44.13	43.39
3. VIEIRA, Emanuel Eloi	03	CD Sao Roque	**2:54.58**	328	38.09	44.59	45.88	46.02
4. CAMARA, Simao Vieira	03	CD Sao Roque	**2:54.59**	328	37.33	44.74	46.40	46.12
Juniores - 17, 18 anos								
1. FERNANDES, Pedro Pest	01	Naval Funchal	**2:30.98**	507	33.90	39.16	40.13	37.79
2. PAULOS, Francisco Silva	02	Naval Funchal	**2:36.20**	458	34.62	39.34	41.51	40.73
3. CASTRO, Martim Pereira	02	CEO Liceu	**2:38.66**	437	35.56	40.13	41.42	41.55
4. FREITAS, Joao Tomas	02	Salesianos	**2:46.15**	380	36.74	42.25	44.46	42.70
Seniores - 19 e mais velhos								
1. MOURA, Vitor Diogo	90	CD Nacional	**2:31.02**	507	33.96	37.51	39.60	39.95

Prova 9 | Femin., 100m Livres | Absoluto
30/11/2018 - 20:02 | Resultados

Recorde Regional Absoluto	57.97	QUINTAL, Fabiana Maria	CDN	S. Antonio Cavaleiros	20/12/2009
Recorde Regional Sen	57.97	QUINTAL, Fabiana Maria	CDN	S. Antonio Cavaleiros	20/12/2009
Recorde Regional Jun17	59.96	AGUILAR, Vera Ines	CDN	Funchal	09/12/2016
Recorde Regional Jun16	59.93	ABREU, Laura Catarina	CDN	Funchal	19/12/2015
Recorde Regional Juv A	59.90	ABREU, Laura Catarina	CDN	Funchal	10/07/2015
Recorde Regional Juv B	1:01.04	AGUILAR, Vera Ines	CDN	Funchal	12/04/2014
Recorde Regional Inf A	1:02.04	CAIRES, Joana Costa	CNF	Sines	12/03/2011
Recorde Regional Inf B	1:05.20	LOPES, Joana Cristina	CNF	Funchal	10/05/1992

TAC Zonal Inf B: 1:13.00; Inf A: 1:10.00; Juv B: 1:06.98; Juv A: 1:05.10 / TAC Nacional Inf B: 1:13.00; Inf A: 1:10.00; Juv B: 1:03.44; Juv A: 1:02.49; Jun: 1:00.78; Sen: 59.57

Pontos: FINA 2018

Lugar		Ano		Tempo final	Pts	50m	100m
Infantil B - 12 anos							
1.	NETO, Leonor Rodrigues	07	Naval Funchal	**1:12.48**	333	34.84	37.64
	Minimos Campeonato Zonal, Minimos Campeonato Nacional						
2.	RODRIGUES, Laura Sofia	07	Salesianos	**1:15.41**	295	36.08	39.33
3.	GONCALVES, Valentina Jose	07	CD Nacional	**1:15.95**	289	36.25	39.70
4.	FRANCA, Ines Matos	07	Salesianos	**1:20.53**	242	38.49	42.04
5.	TEMTEM, Sara Maria	07	CD Nacional	**1:22.55**	225	39.71	42.84
6.	FREITAS, Maria Raquel	07	Naval Funchal	**1:31.77**	164	42.41	49.36
7.	PERESTRELO, Laura Vasconc	07	Salesianos	**1:33.30**	156	45.02	48.28
8.	ALVES, Beatriz Abreu	07	Naval Funchal	**1:44.69**	110	45.41	59.28
9.	GOUVEIA, Ines Mendes	07	Salesianos	**1:46.00**	106	51.07	54.93
10.	AGUIAR, Margarida Nobrega	07	CEO Liceu	**1:54.08**	85	53.60	1:00.48
11.	RINCU, Alexandra	07	Naval Funchal	**1:54.80**	83	52.69	1:02.11
Infantil A - 13 anos							
1.	FREITAS, Beatriz Rodrigues	06	Naval Funchal	**1:09.31**	381	33.41	35.90
	Minimos Campeonato Zonal, Minimos Campeonato Nacional						
2.	JARDIM, Lara Filipa	06	Naval Funchal	**1:10.49**	362	33.81	36.68
3.	FERRO, Maria Leonor	06	Naval Funchal	**1:12.78**	329	35.42	37.36
4.	FREITAS, Margarida Ramos	06	CD Nacional	**1:12.99**	326	34.95	38.04
5.	CANADA, Maria Elvira	06	CD Nacional	**1:15.46**	295	36.40	39.06
6.	CARICHAS, Joana Medeiros	06	Salesianos	**1:16.17**	287	36.62	39.55
7.	ROVERI, Isabel Vasconcelos	06	Naval Funchal	**1:19.77**	249	37.54	42.23
8.	SOUSA, Maria Beatriz	06	Naval Funchal	**1:25.69**	201	41.13	44.56
9.	BAPTISTA, Constanca Ornelas	06	Naval Funchal	**1:26.26**	197	41.29	44.97
10.	TEMBE, Ines Afonso	06	CD Nacional	**1:28.91**	180	42.15	46.76
11.	SEVERIM, Iris Samanta	06	CS Maritimo	**1:45.45**	108	48.59	56.86
Juvenil B - 14 anos							
1.	JARDIM, Teresa Vieira	05	Naval Funchal	**1:09.30**	381	33.14	36.16
2.	AVEIRO, Leonor Sofia	05	Naval Funchal	**1:12.21**	336	35.02	37.19
3.	GOMES, Madalena Sousa	05	Naval Funchal	**1:16.54**	282	36.79	39.75
4.	ABREU, Maria Eduarda	05	CD Nacional	**1:19.81**	249	38.77	41.04
5.	BARROS, Ana Carolina	05	Salesianos	**1:19.94**	248	37.90	42.04
6.	SILVA, Maria Fabiana	05	CD Nacional	**1:21.53**	234	39.86	41.67
7.	CARDOSO, Isabel Maria	05	CS Maritimo	**1:25.02**	206	43.03	41.99
8.	GOUVEIA, Ana Isabel	05	CS Maritimo	**1:33.95**	153	43.77	50.18
9.	FERNANDES, Maria Madalena	05	Salesianos	**1:34.68**	149	44.06	50.62
10.	VIEIRA, Sara Patricia	05	CS Maritimo	**1:36.56**	140	44.96	51.60

Prova 9, Femin., 100m Livres

Juvenil A - 15 anos

1.	OLIVEIRA, Sara Fernandes	04	Salesianos	**1:05.55**	450	31.52	34.03
2.	RAMOS, Barbara Emerick	04	Salesianos	**1:07.18**	418	32.81	34.37
3.	CAMACHO, Laura Fernandes	04	Naval Funchal	**1:07.57**	411	33.01	34.56
4.	FREITAS, Beatriz Castro	04	Naval Funchal	**1:11.68**	344	34.07	37.61
5.	SOARES, Ines Silva	04	CD Nacional	**1:12.73**	329	35.32	37.41
6.	ALVES, Carolina Alexandra	04	Naval Funchal	**1:32.21**	161	42.55	49.66
7.	BATISTA, Rita Teixeira	04	CD Nacional	**1:44.60**	110	48.41	56.19

Juniores - 16, 17 anos

1.	BETENCOURT, Ana Margarida	03	Naval Funchal	**1:07.39**	414	31.73	35.66
2.	JESUS, Filipa Mafalda	03	CD Sao Roque	**1:08.24**	399	33.36	34.88
3.	GONCALVES, Joana Marques	02	Salesianos	**1:08.82**	389	32.62	36.20
4.	BARROS, Margarida Nunes	02	Salesianos	**1:10.43**	363	33.18	37.25
5.	LAMEIRAS, Beatriz Andreia	03	CEO Liceu	**1:11.88**	341	34.26	37.62
6.	LECA, Natasha Maria	03	CD Nacional	**1:14.58**	305	36.58	38.00
7.	PEREIRA, Luisa Tovela	03	CD Nacional	**1:19.25**	254	37.53	41.72
8.	FERNANDES, Francisca Olivei	02	CD Nacional	**1:20.69**	241	38.41	42.28
9.	ERRA, Juliana Franco	03	AD Machico	**1:48.80**	98	46.49	1:02.31

Seniores - 18 e mais velhos

1.	LUIS, Jessica Santos	00	CD Sao Roque	**1:06.15**	438	31.52	34.63
2.	HERNANDEZ, Marcelis Nativid	99	CS Maritimo	**1:12.00**	339	35.02	36.98
3.	PIMENTA, Erica Silva	01	AD Machico	**1:17.15**	276	36.93	40.22
4.	CRO, Isabel Matilde	00	CEO Liceu	**1:28.58**	182	40.07	48.51

Prova 10 — Masc., 100m Livres — Absoluto
30/11/2018 - 20:19 — Resultados

Recorde Regional Absoluto	49.20	PINTO, Luis Marques	CDN	S. Antonio Cavaleiros	19/12/2009
Recorde Regional Sen	49.20	PINTO, Luis Marques	CDN	S. Antonio Cavaleiros	19/12/2009
Recorde Regional Jun18	51.05	CASTRO, Joao Cruz	CDSR	Porto	08/12/2017
Recorde Regional Jun17	51.79	CASTRO, Joao Cruz	CDSR	Funchal	28/07/2017
Recorde Regional Juv A	52.66	CASTRO, Joao Cruz	CDSR	Funchal	29/07/2016
Recorde Regional Juv B	52.96	CASTRO, Joao Cruz	CDSR	Funchal	12/07/2015
Recorde Regional Inf A	54.93	CASTRO, Joao Cruz	CSM	Funchal	12/04/2014
Recorde Regional Inf B	58.44	CASTRO, Joao Cruz	CSM	Funchal	23/07/2013

TAC Zonal Inf B: 1:06.50; Inf A: 1:03.00; Juv B: 1:00.07; Juv A: 58.97 / TAC Nacional Inf B: 1:06.50; Inf A: 1:03.00; Juv B: 57.12; Juv A: 55.71; Jun: 53.39; Sen: 52.29

Pontos: FINA 2018

Lugar		Ano		Tempo final	Pts	50m	100m

Infantil B - 13 anos

1.	PAULOS, Joao Afonso	06	Naval Funchal	**1:05.18**	327	30.85	34.33
	Minimos Campeonato Zonal, Minimos Campeonato Nacional						
2.	ABREU, Joao Francisco	06	Naval Funchal	**1:12.15**	241	35.47	36.68
3.	FERRAZ, Luis Afonso	06	Naval Funchal	**1:12.49**	238	34.51	37.98
4.	GARANITO, Simao Silva	06	Naval Funchal	**1:13.48**	228	36.25	37.23
5.	SOUSA, Diogo Meneses	06	Naval Funchal	**1:23.69**	154	39.72	43.97
6.	VIEIRA, Rodrigo Leal	06	AD Machico	**1:26.43**	140	40.21	46.22
7.	TEMES, Joao Caires	06	Salesianos	**1:29.87**	125	44.19	45.68
8.	CASTRO, Mateus Pereira	06	CEO Liceu	**1:32.12**	116	42.10	50.02
9.	FERNANDES, Afonso Freitas	06	Salesianos	**1:33.98**	109	43.47	50.51
10.	AFONSO, Joao Henrique	06	CD Nacional	**1:39.26**	92	46.04	53.22
11.	PESTANA, Rodrigo Antonio	06	CS Maritimo	**1:40.41**	89	45.34	55.07
DSQ	VIVEIROS, Pedro Perestrelo	06	AD Machico				
	403 - Falsa partida - SW 4.4						

Prova 10, Masc., 100m Livres

Infantil A - 14 anos

1.	OLIVEIRA, Diogo Alexandre	05	Naval Funchal	**1:01.08**	398	29.39	31.69
	Minimos Campeonato Zonal, Minimos Campeonato Nacional						
2.	VOLOZHENIM, Alexandre	05	Naval Funchal	**1:06.16**	313	32.18	33.98
3.	SOUSA, Lourenco Quintas	05	Naval Funchal	**1:07.02**	301	31.79	35.23
4.	DIAS, Andre Vicente	05	CD Nacional	**1:08.02**	288	32.17	35.85
5.	FREITAS, Diogo Jesus	05	CD Nacional	**1:10.97**	253	34.21	36.76
6.	ALVES, Tiago Pires	05	Salesianos	**1:11.50**	248	34.93	36.57
7.	SILVA, Tony Stefano	05	Naval Funchal	**1:11.62**	247	32.74	38.88
8.	JESUS, Pedro Miguel	05	Salesianos	**1:19.65**	179	44.20	35.45
9.	MENDES, Juan Diego	05	CD Nacional	**1:21.23**	169	38.02	43.21
10.	SOUSA, Luis Miguel	05	CS Maritimo	**1:22.04**	164	38.44	43.60
11.	RIBEIRO, Joao Pedro	05	AD Machico	**1:27.53**	135	41.53	46.00
12.	NUNES, Andre Maltez	05	CD Nacional	**1:27.76**	134	42.28	45.48

Juvenil B - 15 anos

1.	BARRY, Rafael Francisco	04	Naval Funchal	**57.73**	471	27.46	30.27
	Minimos Campeonato Zonal						
2.	CAMACHO, Afonso Caires	04	Naval Funchal	**58.71**	448	27.86	30.85
	Minimos Campeonato Zonal						
3.	ALVES, Paulo Rodrigues	04	CD Nacional	**59.60**	428	28.42	31.18
	Minimos Campeonato Zonal						
4.	FERNANDES, Diogo Henrique	04	Naval Funchal	**1:00.01**	419	28.80	31.21
	Minimos Campeonato Zonal						
5.	FERREIRA, Leonardo Filipe	04	Naval Funchal	**1:00.03**	419	28.90	31.13
	Minimos Campeonato Zonal						
6.	LEAL, Diogo Silva	04	Salesianos	**1:02.26**	376	29.69	32.57
7.	NUNES, Afonso Miguel	04	Salesianos	**1:04.58**	336	31.06	33.52
8.	TELES, Artur Corte	04	CD Sao Roque	**1:05.00**	330	30.61	34.39
9.	AGUILAR, Luis Santos	04	CD Nacional	**1:05.66**	320	31.11	34.55
10.	MACHADO, Tiago Magalhaes	04	CD Nacional	**1:05.69**	320	31.05	34.64
11.	GOMES, Alexandre Monteiro	04	Salesianos	**1:08.16**	286	33.57	34.59
12.	PEREIRA, Jordao Abreu	04	Salesianos	**1:10.18**	262	35.05	35.13
13.	SILVA, Eduardo Rodrigues	04	Salesianos	**1:10.45**	259	34.48	35.97
14.	PEREIRA, Diogo Gameiro	04	Naval Funchal	**1:14.77**	217	35.48	39.29
15.	FERREIRA, Andre Filipe	04	Naval Funchal	**1:23.47**	156	38.31	45.16
16.	SILVA, Rodrigo Miranda	04	CD Nacional	**1:27.70**	134	41.80	45.90
17.	FARIA, Jose Diogo	04	CS Maritimo	**1:34.23**	108	42.49	51.74

Juvenil A - 16 anos

1.	GOMES, Goncalo Camara	03	Naval Funchal	**56.89**	492	26.99	29.90
	Minimos Campeonato Zonal						
2.	SOUSA, Pedro Afonso	03	CD Nacional	**58.75**	447	27.30	31.45
	Minimos Campeonato Zonal						
3.	RODRIGUES, Renato Correia	03	Salesianos	**59.66**	427	28.27	31.39
4.	LOPES, Pedro Henrique	03	CD Sao Roque	**1:01.30**	394	29.23	32.07
5.	BAPTISTA, Tiago Ornelas	03	Naval Funchal	**1:02.08**	379	30.05	32.03
6.	AGUIAR, Pedro Ferreira	03	Naval Funchal	**1:02.67**	368	30.09	32.58
7.	VIEIRA, Emanuel Eloi	03	CD Sao Roque	**1:06.91**	302	32.28	34.63
8.	ABREU, Tiago Gomes	03	Naval Funchal	**1:14.61**	218	35.58	39.03
9.	CAMACHO, Joao Simao	03	CS Maritimo	**1:15.73**	208	36.56	39.17
10.	PARODI, Luis Alexandre	03	CEO Liceu	**1:21.05**	170	36.77	44.28
11.	FERNANDES, Goncalo Martim	03	CD Nacional	**1:21.29**	168	36.54	44.75
12.	KOVAL, Igor	03	CD Nacional	**1:26.99**	137	39.04	47.95

Prova 10, Masc., 100m Livres

Juniores - 17, 18 anos

1.	OLIVEIRA, Pedro Freitas	02	Naval Funchal	**57.07**	488		27.34	29.73
2.	RODRIGUES, Pedro Reis	02	CD Sao Roque	**58.14**	461		28.16	29.98
3.	FERRO, Henrique Martins	01	Naval Funchal	**58.75**	447		27.91	30.84
4.	RAMALHO, Joao Caires	02	CD Nacional	**1:01.60**	388		28.93	32.67
5.	FERREIRA, Rodrigo Nobrega	01	AD Machico	**1:02.33**	374		30.53	31.80
6.	JAU, Valter Henriques	01	CD Nacional	**1:04.18**	343		30.56	33.62
7.	CARREIRA, Lourenco Venanci	02	CS Maritimo	**1:16.03**	206		35.29	40.74
8.	DINIS, Fernando Jose	02	CD Sao Roque	**1:22.29**	162		39.55	42.74

Seniores - 19 e mais velhos

1.	QUINTAL, Nuno Alexandre	99	CD Nacional	**56.53**	502		26.06	30.47
2.	FERREIRA, Antonio Duarte	98	CEO Liceu	**1:13.14**	231		34.07	39.07
3.	FREITAS, Eduardo Luis	99	AD Machico	**1:15.83**	208		35.21	40.62
4.	PIRES, Kevin Ribeiro	00	AD Machico	**1:17.41**	195		36.50	40.91

Prova 11 — Femin., 4 x 100m Estilos — Absoluto
30/11/2018 - 20:40 — Resultados

Recorde Regional	4:28.97	Clube Desportivo Nacional	CDN	Funchal	28/07/2016

TAC Zonal Inf B: 5:53.00; Inf A: 5:37.00; Juv B: 5:15.95; Juv A: 5:09.33 / TAC Nacional - Estafetas Juv: 4:49.42; Jun: 4:41.15; Sen: 4:35.63

Pontos: FINA 2018

Infantil B - 12 anos

Lugar							Tempo final	Pts
1.	CD Nacional 13				CD Nacional		**5:58.72**	247
	MATEUS, Clarisse Vieira		46.78	1:36.65	CAMARA, Ines Cruz		37.16	1:25.32
	GONCALVES, Valentina Jose	+0,18	43.51	1:32.93	TEMTEM, Sara Maria	+0,27	40.39	1:23.82
2.	Naval Funchal 27				Naval Funchal		**6:55.34**	159
	FREITAS, Maria Raquel	07	55.19	1:58.49	NETO, Leonor Rodrigues	07	40.55	1:26.04
	FIGUEIRA, Madalena Leonor	07	46.73	1:38.50	RINCU, Alexandra	07	53.41	1:52.31

Infantil A - 13 anos

1.	CD Nacional 14				CD Nacional		**5:22.43**	340
	Minimos Campeonato Zonal							
	DIAS, Julia Alves		38.51	1:18.19	SOUSA, Ivana Valentina	+0,81	39.19	1:21.76
	PEREIRA, Joana Marques	+0,34	43.81	1:30.87	FREITAS, Margarida Ramos	+0,20	34.39	1:11.61
2.	Naval Funchal 16				Naval Funchal		**5:24.38**	334
	Minimos Campeonato Zonal							
	JARDIM, Lara Filipa		40.13	1:21.65	DEUS, Ines Portugal	+0,35	38.24	1:23.38
	SEQUEIRA, Beatriz Meneses		42.36	1:29.84	FERRO, Maria Leonor	+0,25	33.59	1:09.51
3.	Naval Funchal 26				Naval Funchal		**6:03.72**	237
	SOUSA, Maria Beatriz		45.19	1:33.89	FREITAS, Beatriz Rodrigues		38.09	1:25.41
	ABREU, Ana Rodrigues	+0,53	43.80	1:35.72	BAPTISTA, Constanca Ornelas		41.47	1:28.70

Absoluto - 12 e mais velhos

1.	CD Nacional 5				CD Nacional		**6:13.47**	219
	SOARES, Ines Silva		45.46	1:33.43	RODRIGUES, Maria Carolina	+0,66	43.95	1:42.34
	ABREU, Maria Eduarda		46.24	1:38.88	SILVA, Maria Fabiana	+0,12	37.18	1:18.82

Prova 12 | Masc., 4 x 100m Estilos | Absoluto
30/11/2018 - 20:48 | Resultados

Recorde Regional 3:49.71 Clube Desportivo Nacional CDN S. Antonio Cavaleiros 19/12/2009

TAC Zonal Inf B: 5:26.00; Inf A: 5:07.00; Juv B: 4:51.49; Juv A: 4:40.28 / TAC Nacional - Estafetas Juv: 4:22.42; Jun: 4:11.49; Sen: 4:02.98

Pontos: FINA 2018

Lugar							Tempo final	Pts
Infantil B - 13 anos								
1. Naval Funchal 26				Naval Funchal			**5:22.05**	236
Minimos Campeonato Zonal								
PITA, Pedro Miguel		37.06	1:17.28	ABREU, Joao Francisco	+0,11	38.21	1:24.34	
PAULOS, Joao Afonso	+0,30	40.49	1:25.93	FERRAZ, Luis Afonso		35.37	1:14.50	
Infantil A - 14 anos								
1. Naval Funchal 25				Naval Funchal			**4:54.35**	309
Minimos Campeonato Zonal								
RODRIGUES, Joao Luis		34.51	1:11.76	OLIVEIRA, Diogo Alexandre	+0,23	31.31	1:07.61	
SILVA, Tony Stefano	+0,40	39.18	1:27.22	SOUSA, Lourenco Quintas	+0,50	32.35	1:07.76	
2. CD Nacional 20				CD Nacional			**5:05.77**	276
Minimos Campeonato Zonal								
DIAS, Andre Vicente		35.26	1:12.24	GOUVEIA, Luis Galvao	+0,35	32.19	1:09.73	
ALVES, Andre Camara	+0,39	42.49	1:33.00	FREITAS, Diogo Jesus	+0,23	33.53	1:10.80	
Juvenil B - 15 anos								
1. Naval Funchal 24				Naval Funchal			**4:24.69**	425
Minimos Campeonato Zonal								
CAMACHO, Afonso Caires		31.73	1:06.47	BARRY, Rafael Francisco	+0,59	29.95	1:05.41	
FERNANDES, Martim Pestana	+0,44	33.42	1:11.75	FERNANDES, Diogo Henrique	+0,18	28.83	1:01.06	
Juvenil A - 16 anos								
1. Naval Funchal 23				Naval Funchal			**4:47.15**	333
GOMES, Goncalo Camara	03	33.19	1:07.64	BAPTISTA, Tiago Ornelas	03	31.01	1:07.45	
AGUIAR, Pedro Ferreira	03	37.69	1:21.72	ABREU, Tiago Gomes	03	33.64	1:10.34	
Juniores - 17, 18 anos								
1. Naval Funchal 53				Naval Funchal			**4:16.93**	465
NASCIMENTO, Diogo Andre		32.66	1:07.26	GRACA, Fernando Guerreiro	-0,01	28.48	1:02.12	
FERNANDES, Pedro Pestana	+0,26	32.55	1:09.38	ALVES, Afonso Pinto	+0,12	27.04	58.17	
Absoluto - 13 e mais velhos								
1. CD Sao Roque 1				CD Sao Roque			**4:45.96**	337
TELES, Artur Corte		35.11	1:12.86	RODRIGUES, Pedro Reis	+0,66	31.77	1:09.35	
LOPES, Pedro Henrique	+0,38	37.23	1:19.51	RODRIGUES, Rodrigo Reis	+0,58	30.92	1:04.24	

2 - 2ª Jornada / 1ª Sessão — 01/12/2018 - 9:15

Prova 13 — Masc., 4 x 50m Estilos — 17 anos e mais velhos
01/12/2018 - 9:15 — Resultados

Recorde Regional	1:46.19	Clube Naval do Funchal	CNF	Paços de Ferreira	22/11/2003

TAC Nacional - Estafetas Jun: 1:52.32; Sen: 1:51.01

Pontos: FINA 2018

Juniores - 17, 18 anos

Lugar							Tempo final	Pts
DSQ	Naval Funchal 51				Naval Funchal			
	111 - Rendição antecipada do(a) 4 nadador(a) - SW 10.11							
	NASCIMENTO, Diogo Andre	02		31.56	ALVES, Afonso Pinto	02	+0,13	
	FERRO, Henrique Martins	01	+0,11		GRACA, Fernando Guerreiro	02	-0,11	

Absolutos

1.	CD Nacional 8				CD Nacional			**2:01.39**	413
	JAU, Valter Henriques	01		34.32	QUINTAL, Nuno Alexandre	99	+0,50	27.65	
	MOURA, Vitor Diogo	90	+0,24	31.01	RAMALHO, Joao Caires	02	+0,50	28.41	

Prova 14 — Femin., 4 x 50m Estilos — 16 anos e mais velhos
01/12/2018 - 9:18 — Resultados

Recorde Regional	2:02.36	Clube Desportivo Nacional	CDN	Funchal	11/07/2015

TAC Nacional - Estafetas Jun: 2:06.74; Sen: 2:05.49

Pontos: FINA 2018

Absolutos

Lugar							Tempo final	Pts
1.	CD Nacional 4				CD Nacional		**2:45.91**	241
	PEREIRA, Luisa Tovela	03		41.83	FERNANDES, Francisca Oliveira	02	+0,65	39.87
	LECA, Natasha Maria	03	+0,10	42.43	PRADA, Margarida Maria	03	+0,34	41.78

Prova 15 — Masc., 400m Livres — Absoluto
01/12/2018 - 9:22 — Resultados

Recorde Regional Absoluto	3:50.96	FRANCO, Paulo Fragueiro	CDN	S. Antonio Cavaleiros	19/12/2009
Recorde Regional Sen	3:50.96	FRANCO, Paulo Fragueiro	CDN	S. Antonio Cavaleiros	19/12/2009
Recorde Regional Jun18	3:57.10	CASTRO, Joao Cruz	CDSR	Porto	09/12/2017
Recorde Regional Jun17	3:57.38	CASTRO, Joao Cruz	CDSR	Funchal	26/07/2017
Recorde Regional Juv A	4:05.44	CASTRO, Joao Cruz	CDSR	Penteada	09/07/2016
Recorde Regional Juv B	4:11.24	FREITAS, Tomas Miguel	CDN	Funchal	25/06/2005
Recorde Regional Inf A	4:17.08	FREITAS, Tomas Miguel	CDN	Funchal	10/07/2004
Recorde Regional Inf B	4:27.04	FREITAS, Tomas Miguel	CDN	Funchal	12/07/2003

TAC Zonal Inf B: 5:05.00; Inf A: 4:53.50; Juv B: 4:38.55; Juv A: 4:33.44 / TAC Nacional Inf B: 4:54.07; Inf A: 4:31.75; Juv B: 4:27.10; Juv A: 4:20.30; Jun: 4:09.77; Sen: 4:03.96

Pontos: FINA 2018

Infantil B - 13 anos

Lugar		Ano				Tempo final	Pts
1.	PAULOS, Joao Afonso	06	Naval Funchal			**5:09.52**	322
	50m: 33.48 (33.48)	150m: 1:50.85 (39.57)	250m: 3:11.14 (39.90)	350m: 4:30.62 (39.52)			
	100m: 1:11.28 (37.80)	200m: 2:31.24 (40.39)	300m: 3:51.10 (39.96)	400m: 5:09.52 (38.90)			
2.	ABREU, Joao Francisco	06	Naval Funchal			**5:20.88**	289
	50m: 35.91 (35.91)	150m: 1:56.64 (41.29)	250m: 3:19.11 (41.02)	350m: 4:41.42 (40.74)			
	100m: 1:15.35 (39.44)	200m: 2:38.09 (41.45)	300m: 4:00.68 (41.57)	400m: 5:20.88 (39.46)			

Prova 15, Masc., 400m Livres, Infantil B - 13 anos

Lugar		Ano		Tempo final	Pts
3.	FERRAZ, Luis Afonso	06	Naval Funchal	**5:34.73**	254
	50m: 37.90 37.90 150m: 2:02.50 42.89 250m: 3:29.33 43.52 350m: 4:54.54 41.86				
	100m: 1:19.61 41.71 200m: 2:45.81 43.31 300m: 4:12.68 43.35 400m: 5:34.73 40.19				
4.	NEVES, Joao Pedro	06	CD Sao Roque	**5:43.66**	235
	50m: 37.61 37.61 150m: 2:02.71 43.24 250m: 3:31.56 43.94 350m: 5:00.56 44.25				
	100m: 1:19.47 41.86 200m: 2:47.62 44.91 300m: 4:16.31 44.75 400m: 5:43.66 43.10				
5.	GARANITO, Simao Silva	06	Naval Funchal	**5:57.62**	209
	50m: 41.24 41.24 150m: 2:14.37 46.77 250m: 3:48.14 47.03 350m: 5:17.91 44.99				
	100m: 1:27.60 46.36 200m: 3:01.11 46.74 300m: 4:32.92 44.78 400m: 5:57.62 39.71				

Infantil A - 14 anos

1.	OLIVEIRA, Diogo Alexandre *Minimos Campeonato Zonal*	05	Naval Funchal	**4:39.57**	437
	50m: 30.78 30.78 150m: 1:40.70 35.69 250m: 2:53.18 36.27 350m: 4:06.12 36.16				
	100m: 1:05.01 34.23 200m: 2:16.91 36.21 300m: 3:29.96 36.78 400m: 4:39.57 33.45				
2.	RODRIGUES, Joao Luis *Minimos Campeonato Zonal*	05	Naval Funchal	**4:52.17**	383
	50m: 31.68 31.68 150m: 1:45.09 37.27 250m: 3:00.44 37.61 350m: 4:15.95 37.77				
	100m: 1:07.82 36.14 200m: 2:22.83 37.74 300m: 3:38.18 37.74 400m: 4:52.17 36.22				
3.	GOUVEIA, Luis Galvao	05	CD Nacional	**5:02.45**	345
	50m: 33.84 33.84 150m: 1:51.76 39.09 250m: 3:10.96 39.39 350m: 4:27.31 36.43				
	100m: 1:12.67 38.83 200m: 2:31.57 39.81 300m: 3:50.88 39.92 400m: 5:02.45 35.14				
4.	SOUSA, Lourenco Quintas	05	Naval Funchal	**5:05.53**	335
	50m: 33.04 33.04 150m: 1:49.91 39.06 250m: 3:09.23 39.87 350m: 4:28.51 39.96				
	100m: 1:10.85 37.81 200m: 2:29.36 39.45 300m: 3:48.55 39.32 400m: 5:05.53 37.02				
5.	VOLOZHENIM, Alexandre	05	Naval Funchal	**5:05.61**	334
	50m: 34.20 34.20 150m: 1:51.33 39.33 250m: 3:10.72 39.49 350m: 4:29.82 39.57				
	100m: 1:12.00 37.80 200m: 2:31.23 39.90 300m: 3:50.25 39.53 400m: 5:05.61 35.79				
6.	SANTOS, Nuno Goncalo	05	CD Sao Roque	**5:07.89**	327
	50m: 32.92 32.92 150m: 1:47.61 38.33 250m: 3:04.29 38.47 350m: 4:18.80 36.64				
	100m: 1:09.28 36.36 200m: 2:25.82 38.21 300m: 3:42.16 37.87 400m: 5:07.89 49.09				
7.	ALVES, Afonso Pires	05	Salesianos	**5:37.84**	247
	50m: 38.22 38.22 150m: 2:03.03 43.37 250m: 3:30.10 43.68 350m: 4:57.19 43.61				
	100m: 1:19.66 41.44 200m: 2:46.42 43.39 300m: 4:13.58 43.48 400m: 5:37.84 40.65				
8.	MENDES, Juan Diego	05	CD Nacional	**6:26.27**	165
	50m: 41.69 41.69 150m: 250m: 350m: 5:38.10 50.64				
	100m: 1:28.26 46.57 200m: 3:06.74 300m: 4:47.46 400m: 6:26.27 48.17				
9.	NUNES, Andre Maltez	05	CD Nacional	**6:38.51**	151
	50m: 44.44 44.44 150m: 2:25.15 51.27 250m: 4:08.59 51.41 350m: 5:50.91 50.09				
	100m: 1:33.88 49.44 200m: 3:17.18 52.03 300m: 5:00.82 52.23 400m: 6:38.51 47.60				

Juvenil B - 15 anos

1.	CAMACHO, Afonso Caires *Minimos Campeonato Zonal*	04	Naval Funchal	**4:35.85**	455
	50m: 30.04 30.04 150m: 1:39.01 35.42 250m: 2:52.39 36.52 350m: 4:01.93 35.12				
	100m: 1:03.59 33.55 200m: 2:15.87 36.86 300m: 3:26.81 34.42 400m: 4:35.85 33.92				
2.	BARRY, Rafael Francisco *Minimos Campeonato Zonal*	04	Naval Funchal	**4:36.45**	452
	50m: 30.32 30.32 150m: 1:39.38 34.93 250m: 2:50.80 35.65 350m: 4:02.61 35.83				
	100m: 1:04.45 34.13 200m: 2:15.15 35.77 300m: 3:26.78 35.98 400m: 4:36.45 33.84				

Prova 15, Masc., 400m Livres, Juvenil B - 15 anos

Lugar		Ano		Tempo final	Pts
3.	RODRIGUES, Rodrigo Reis	04	CD Sao Roque	**4:42.08**	426
	50m: 31.81 31.81 150m: 1:43.12 35.87 250m: 2:55.23 35.91 350m: 4:07.32 35.92				
	100m: 1:07.25 35.44 200m: 2:19.32 36.20 300m: 3:31.40 36.17 400m: 4:42.08 34.76				
4.	FERNANDES, Diogo Henrique	04	Naval Funchal	**4:42.26**	425
	50m: 31.92 31.92 150m: 1:43.41 36.12 250m: 2:55.71 36.00 350m: 4:07.90 36.18				
	100m: 1:07.29 35.37 200m: 2:19.71 36.30 300m: 3:31.72 36.01 400m: 4:42.26 34.36				
5.	FERNANDES, Martim Pestana	04	Naval Funchal	**4:48.38**	398
	50m: 31.39 31.39 150m: 1:43.76 36.56 250m: 2:57.59 37.06 350m: 4:12.31 37.53				
	100m: 1:07.20 35.81 200m: 2:20.53 36.77 300m: 3:34.78 37.19 400m: 4:48.38 36.07				
6.	GONCALVES, Vitor Afonso	04	Salesianos	**5:31.46**	262
	50m: 35.19 35.19 150m: 1:58.29 42.31 250m: 3:23.71 43.13 350m: 4:50.16 42.58				
	100m: 1:15.98 40.79 200m: 2:40.58 42.29 300m: 4:07.58 43.87 400m: 5:31.46 41.30				
7.	MACHADO, Tiago Magalhaes	04	CD Nacional	**5:31.69**	262
	50m: 34.77 34.77 150m: 1:57.70 42.39 250m: 3:23.31 41.73 350m: 4:50.12 43.52				
	100m: 1:15.31 40.54 200m: 2:41.58 43.88 300m: 4:06.60 43.29 400m: 5:31.69 41.57				

Juvenil A - 16 anos

1.	BAPTISTA, Tiago Ornelas	03	Naval Funchal	**4:40.00**	435
	50m: 31.43 31.43 150m: 1:41.17 35.01 250m: 2:54.31 36.22 350m: 4:06.44 35.87				
	100m: 1:06.16 34.73 200m: 2:18.09 36.92 300m: 3:30.57 36.26 400m: 4:40.00 33.56				
2.	LOPES, Pedro Henrique	03	CD Sao Roque	**4:40.72**	432
	50m: 30.22 30.22 150m: 1:39.50 34.90 250m: 2:51.48 36.33 350m: 4:04.67 36.63				
	100m: 1:04.60 34.38 200m: 2:15.15 35.65 300m: 3:28.04 36.56 400m: 4:40.72 36.05				
3.	MELIM, Bruno Pontes	03	Salesianos	**4:55.07**	372
	50m: 32.78 32.78 150m: 1:49.54 39.08 250m: 3:06.28 38.33 350m: 4:20.97 37.24				
	100m: 1:10.46 37.68 200m: 2:27.95 38.41 300m: 3:43.73 37.45 400m: 4:55.07 34.10				
4.	VIEIRA, Emanuel Eloi	03	CD Sao Roque	**5:02.67**	344
	50m: 34.00 34.00 150m: 1:50.30 38.16 250m: 3:08.12 38.96 350m: 4:25.08 38.64				
	100m: 1:12.14 38.14 200m: 2:29.16 38.86 300m: 3:46.44 38.32 400m: 5:02.67 37.59				
5.	RODRIGUES, Renato Correia	03	Salesianos	**5:05.87**	334
	50m: 31.77 31.77 150m: 1:49.41 39.69 250m: 3:09.85 39.98 350m: 4:29.79 39.87				
	100m: 1:09.72 37.95 200m: 2:29.87 40.46 300m: 3:49.92 40.07 400m: 5:05.87 36.08				
6.	MAROTE, Joao Nuno	03	CD Sao Roque	**5:06.75**	331
	50m: 32.74 32.74 150m: 1:47.51 38.34 250m: 3:06.27 40.10 350m: 4:26.48 39.94				
	100m: 1:09.17 36.43 200m: 2:26.17 38.66 300m: 3:46.54 40.27 400m: 5:06.75 40.27				
7.	ABREU, Tiago Gomes	03	Naval Funchal	**5:49.26**	224
	50m: 38.58 38.58 150m: 2:05.33 43.71 250m: 3:34.86 44.96 350m: 5:05.48 45.61				
	100m: 1:21.62 43.04 200m: 2:49.90 44.57 300m: 4:19.87 45.01 400m: 5:49.26 43.78				

Juniores - 17, 18 anos

1.	FERRO, Henrique Martins	01	Naval Funchal	**4:18.40**	554
	50m: 29.65 29.65 150m: 1:34.63 32.74 250m: 2:40.11 32.65 350m: 3:45.85 32.87				
	100m: 1:01.89 32.24 200m: 2:07.46 32.83 300m: 3:12.98 32.87 400m: 4:18.40 32.55				
2.	OLIVEIRA, Pedro Freitas	02	Naval Funchal	**4:20.71**	539
	50m: 29.52 29.52 150m: 1:34.38 32.79 250m: 2:40.95 32.69 350m: 3:47.51 33.28				
	100m: 1:01.59 32.07 200m: 2:08.26 33.88 300m: 3:14.23 33.28 400m: 4:20.71 33.20				
3.	RODRIGUES, Pedro Reis	02	CD Sao Roque	**4:24.47**	516
	50m: 29.57 29.57 150m: 1:34.18 32.47 250m: 2:41.19 33.59 350m: 3:50.25 34.89				
	100m: 1:01.71 32.14 200m: 2:07.60 33.42 300m: 3:15.36 34.17 400m: 4:24.47 34.22				
4.	PRIOSTE, Pedro Danilo	01	CD Sao Roque	**4:51.54**	385
	50m: 31.37 31.37 150m: 1:42.62 36.27 250m: 2:56.84 37.57 350m: 4:13.62 38.74				
	100m: 1:06.35 34.98 200m: 2:19.27 36.65 300m: 3:34.88 38.04 400m: 4:51.54 37.92				

Prova 15, Masc., 400m Livres, Juniores - 17, 18 anos

Lugar		Ano		Tempo final	Pts
5.	RAMALHO, Joao Caires	02	CD Nacional	**4:58.96**	357
50m:	31.49	31.49	150m: 1:44.84	37.36	250m: 3:01.43	38.39	350m: 4:20.65	39.49
100m:	1:07.48	35.99	200m: 2:23.04	38.20	300m: 3:41.16	39.73	400m: 4:58.96	38.31

Seniores - 19 e mais velhos

1.	JORGE, Andre Camara	90	CEO Liceu	**5:03.78**	341
50m:	32.42	32.42	150m: 1:48.88	38.73	250m: 3:07.72	38.84	350m: 4:27.29	39.42
100m:	1:10.15	37.73	200m: 2:28.88	40.00	300m: 3:47.87	40.15	400m: 5:03.78	36.49

Prova 16 — Femin., 400m Livres — Absoluto
01/12/2018 - 9:53 — Resultados

Recorde Regional Absoluto	4:31.74	ANDRADE, Rubina Amaro	CDN	Braga	05/03/1994
Recorde Regional Sen	4:35.08	MELIM, Cláudia Ramos	CDN	Funchal	06/07/2002
Recorde Regional Jun17	4:32.13	ANDRADE, Rubina Amaro	CDN	Felgueiras	13/07/1996
Recorde Regional Jun16	4:31.80	ANDRADE, Rubina Amaro	CDN	Funchal	14/07/1995
Recorde Regional Juv A	4:31.74	ANDRADE, Rubina Amaro	CDN	Braga	05/03/1994
Recorde Regional Juv B	4:35.00	ANDRADE, Rubina Amaro	CDN	Funchal	29/05/1993
Recorde Regional Inf A	4:37.30	ANDRADE, Rubina Amaro	CDN	Funchal	17/07/1992
Recorde Regional Inf B	4:56.70	ANDRADE, Rubina Amaro	CDN	Funchal	04/05/1991

TAC Zonal Inf B: 5:32.00; Inf A: 5:16.50; Juv B: 5:05.93; Juv A: 4:57.35 / TAC Nacional Inf B: 5:14.91; Inf A: 5:00.57; Juv B: 4:50.56; Juv A: 4:45.86; Jun: 4:37.84; Sen: 4:31.22

Pontos: FINA 2018

Lugar		Ano		Tempo final	Pts

Infantil B - 12 anos

1.	CAMARA, Ines Cruz	07	CD Nacional	**5:35.26**	342
50m:	37.12	37.12	150m: 2:02.05	42.45	250m: 3:26.41	42.10	350m: 4:53.25	43.15
100m:	1:19.60	42.48	200m: 2:44.31	42.26	300m: 4:10.10	43.69	400m: 5:35.26	42.01
2.	NETO, Leonor Rodrigues	07	Naval Funchal	**5:40.15**	327
50m:	39.49	39.49	150m: 2:04.17	42.61	250m: 3:30.93	43.53	350m: 4:58.28	43.46
100m:	1:21.56	42.07	200m: 2:47.40	43.23	300m: 4:14.82	43.89	400m: 5:40.15	41.87
3.	RODRIGUES, Laura Sofia	07	Salesianos	**5:46.40**	310
50m:	38.71	38.71	150m: 2:04.26	43.17	250m: 3:33.90	44.63	350m: 5:03.12	44.88
100m:	1:21.09	42.38	200m: 2:49.27	45.01	300m: 4:18.24	44.34	400m: 5:46.40	43.28
4.	FRANCA, Ines Matos	07	Salesianos	**6:03.84**	267
50m:	39.53	39.53	150m: 2:12.73	47.45	250m: 3:46.96	47.72	350m: 5:19.45	46.96
100m:	1:25.28	45.75	200m: 2:59.24	46.51	300m: 4:32.49	45.53	400m: 6:03.84	44.39
5.	TEMTEM, Sara Maria	07	CD Nacional	**6:05.32**	264
50m:	41.04	41.04	150m: 2:15.53	47.94	250m: 3:49.33	48.84	350m: 5:22.74	46.80
100m:	1:27.59	46.55	200m: 3:00.49	44.96	300m: 4:35.94	46.61	400m: 6:05.32	42.58

Infantil A - 13 anos

1.	FREITAS, Beatriz Rodrigues	06	Naval Funchal	**5:17.83**	401
50m:	36.05	36.05	150m: 1:55.11	40.01	250m: 3:16.73	40.97	350m: 4:38.82	41.11
100m:	1:15.10	39.05	200m: 2:35.76	40.65	300m: 3:57.71	40.98	400m: 5:17.83	39.01
2.	SILVA, Silvana Suamade	06	CD Sao Roque	**5:18.85**	397
50m:	36.18	36.18	150m: 1:56.97	40.79	250m: 3:18.24	40.86	350m: 4:38.58	40.06
100m:	1:16.18	40.00	200m: 2:37.38	40.41	300m: 3:58.52	40.28	400m: 5:18.85	40.27
3.	SEQUEIRA, Beatriz Meneses	06	Naval Funchal	**5:23.90**	379
50m:	35.09	35.09	150m: 1:56.48	41.20	250m: 3:19.56	41.39	350m: 4:43.47	41.81
100m:	1:15.28	40.19	200m: 2:38.17	41.69	300m: 4:01.66	42.10	400m: 5:23.90	40.43

Prova 16, Femin., 400m Livres, Infantil A - 13 anos

Lugar		Ano		Tempo final	Pts
4.	JARDIM, Lara Filipa	06	Naval Funchal	**5:25.84**	372
	50m: 38.70 38.70 150m: 2:01.79 41.84 250m: 3:24.34 41.21 350m: 4:46.87 40.55				
	100m: 1:19.95 41.25 200m: 2:43.13 41.34 300m: 4:06.32 41.98 400m: 5:25.84 38.97				
5.	FERRO, Maria Leonor	06	Naval Funchal	**5:26.74**	369
	50m: 36.88 36.88 150m: 2:01.07 42.25 250m: 3:25.88 42.46 350m: 4:48.96 41.62				
	100m: 1:18.82 41.94 200m: 2:43.42 42.35 300m: 4:07.34 41.46 400m: 5:26.74 37.78				
6.	PEREIRA, Joana Marques	06	CD Nacional	**5:34.57**	344
	50m: 36.99 36.99 150m: 2:02.05 43.40 250m: 3:27.32 42.57 350m: 4:56.05 45.23				
	100m: 1:18.65 41.66 200m: 2:44.75 42.70 300m: 4:10.82 43.50 400m: 5:34.57 38.52				
7.	SOUSA, Ivana Valentina	06	CD Nacional	**6:10.32**	253
	50m: 41.58 41.58 150m: 2:15.73 47.70 250m: 3:51.32 48.02 350m: 5:26.93 47.73				
	100m: 1:28.03 46.45 200m: 3:03.30 47.57 300m: 4:39.20 47.88 400m: 6:10.32 43.39				
8.	FARIA, Laura Pereira	06	Salesianos	**6:17.97**	238
	50m: 42.21 42.21 150m: 2:19.90 49.16 250m: 3:57.06 48.87 350m: 5:34.57 48.68				
	100m: 1:30.74 48.53 200m: 3:08.19 48.29 300m: 4:45.89 48.83 400m: 6:17.97 43.40				
9.	TEMBE, Ines Afonso	06	CD Nacional	**6:52.14**	184
	50m: 44.72 44.72 150m: 2:29.06 52.28 250m: 4:14.84 52.27 350m: 6:01.27 53.64				
	100m: 1:36.78 52.06 200m: 3:22.57 53.51 300m: 5:07.63 52.79 400m: 6:52.14 50.87				

Juvenil B - 14 anos

1.	LUIS, Mariana Capelo	05	Salesianos	**6:08.38**	258
	50m: 39.19 39.19 150m: 2:09.87 46.50 250m: 3:46.22 48.61 350m: 5:22.57 47.94				
	100m: 1:23.37 44.18 200m: 2:57.61 47.74 300m: 4:34.63 48.41 400m: 6:08.38 45.81				
2.	ABREU, Maria Eduarda	05	CD Nacional	**6:16.75**	241
	50m: 42.78 42.78 150m: 2:18.69 48.30 250m: 3:53.99 47.76 350m: 5:30.73 48.79				
	100m: 1:30.39 47.61 200m: 3:06.23 47.54 300m: 4:41.94 47.95 400m: 6:16.75 46.02				
3.	BARROS, Ana Carolina	05	Salesianos	**6:17.33**	240
	50m: 41.33 41.33 150m: 2:16.04 47.35 250m: 3:53.03 48.66 350m: 5:30.78 49.19				
	100m: 1:28.69 47.36 200m: 3:04.37 48.33 300m: 4:41.59 48.56 400m: 6:17.33 46.55				
4.	SILVA, Maria Fabiana	05	CD Nacional	**6:33.44**	211
	50m: 42.24 42.24 150m: 2:19.85 50.21 250m: 4:02.15 51.07 350m: 5:46.70 52.35				
	100m: 1:29.64 47.40 200m: 3:11.08 51.23 300m: 4:54.35 52.20 400m: 6:33.44 46.74				
5.	DINIS, Maria Antonia	05	CD Nacional	**7:39.54**	132
	50m: 47.91 47.91 150m: 2:45.89 59.98 250m: 4:43.54 57.92 350m: 6:43.09 59.54				
	100m: 1:45.91 58.00 200m: 3:45.62 59.73 300m: 5:43.55 1:00.01 400m: 7:39.54 56.45				

Juvenil A - 15 anos

1.	RAMOS, Barbara Emerick	04	Salesianos	**5:01.49**	470
	50m: 34.06 34.06 150m: 1:49.71 38.36 250m: 3:06.59 38.60 350m: 4:23.86 38.58				
	100m: 1:11.35 37.29 200m: 2:27.99 38.28 300m: 3:45.28 38.69 400m: 5:01.49 37.63				
2.	SOUSA, Joana Francisca	04	CD Sao Roque	**5:04.07**	458
	50m: 33.07 33.07 150m: 1:49.66 38.32 250m: 3:07.74 38.81 350m: 4:26.02 38.93				
	100m: 1:11.34 38.27 200m: 2:28.93 39.27 300m: 3:47.09 39.35 400m: 5:04.07 38.05				
3.	CAMACHO, Laura Fernandes	04	Naval Funchal	**5:08.78**	438
	50m: 34.88 34.88 150m: 1:52.66 39.44 250m: 3:12.04 39.52 350m: 4:31.08 39.07				
	100m: 1:13.22 38.34 200m: 2:32.52 39.86 300m: 3:52.01 39.97 400m: 5:08.78 37.70				
4.	JESUS, Mariana Caires	04	Salesianos	**5:33.38**	348
	50m: 35.70 35.70 150m: 1:59.32 43.18 250m: 3:26.92 43.91 350m: 4:54.22 43.78				
	100m: 1:16.14 40.44 200m: 2:43.01 43.69 300m: 4:10.44 43.52 400m: 5:33.38 39.16				
5.	SOARES, Ines Silva	04	CD Nacional	**5:54.03**	290
	50m: 39.48 39.48 150m: 2:07.06 44.09 250m: 3:38.32 45.58 350m: 5:09.89 45.54				
	100m: 1:22.97 43.49 200m: 2:52.74 45.68 300m: 4:24.35 46.03 400m: 5:54.03 44.14				

Prova 16, Femin., 400m Livres, Juvenil A - 15 anos

Lugar		Ano		Tempo final	Pts
6.	RODRIGUES, Maria Carolina	04	CD Nacional	**6:37.01**	206
	50m: 40.19 40.19 150m: 2:19.45 51.26 250m: 4:03.73 52.29 350m: 5:48.44 52.18				
	100m: 1:28.19 48.00 200m: 3:11.44 51.99 300m: 4:56.26 52.53 400m: 6:37.01 48.57				

Juniores - 16, 17 anos

1.	JESUS, Filipa Mafalda	03	CD Sao Roque	**5:15.26**	411
	50m: 35.78 35.78 150m: 1:55.81 40.42 250m: 3:16.64 40.62 350m: 4:36.42 39.68				
	100m: 1:15.39 39.61 200m: 2:36.02 40.21 300m: 3:56.74 40.10 400m: 5:15.26 38.84				
2.	BARROS, Margarida Nunes	02	Salesianos	**5:38.21**	333
	50m: 37.13 37.13 150m: 2:04.59 43.53 250m: 3:31.90 43.05 350m: 4:57.73 43.28				
	100m: 1:21.06 43.93 200m: 2:48.85 44.26 300m: 4:14.45 42.55 400m: 5:38.21 40.48				
3.	SILVA, Gabriela Suamade	02	CD Sao Roque	**5:57.55**	282
	50m: 39.87 39.87 150m: 2:10.67 45.99 250m: 3:42.58 45.76 350m: 5:13.36 45.07				
	100m: 1:24.68 44.81 200m: 2:56.82 46.15 300m: 4:28.29 45.71 400m: 5:57.55 44.19				
4.	PEREIRA, Luisa Tovela	03	CD Nacional	**6:02.78**	270
	50m: 39.15 39.15 150m: 2:11.10 46.46 250m: 3:43.81 46.76 350m: 5:18.35 47.79				
	100m: 1:24.64 45.49 200m: 2:57.05 45.95 300m: 4:30.56 46.75 400m: 6:02.78 44.43				
5.	LECA, Natasha Maria	03	CD Nacional	**6:12.51**	249
	50m: 42.61 42.61 150m: 2:18.41 48.64 250m: 3:55.53 48.59 350m: 5:31.18 47.27				
	100m: 1:29.77 47.16 200m: 3:06.94 48.53 300m: 4:43.91 48.38 400m: 6:12.51 41.33				

Seniores - 18 e mais velhos

1.	LUIS, Jessica Santos	00	CD Sao Roque	**5:00.92**	473
	50m: 33.73 33.73 150m: 1:50.14 38.63 250m: 3:07.43 38.63 350m: 4:24.12 37.73				
	100m: 1:11.51 37.78 200m: 2:28.80 38.66 300m: 3:46.39 38.96 400m: 5:00.92 36.80				

Prova 17 — Masc., 100m Costas — Absoluto

01/12/2018 - 10:28 — Resultados

Recorde Regional Absoluto	57.43	FERNANDES, Joao Manuel	CNF	Porto	20/12/2014
Recorde Regional Sen	57.43	FERNANDES, Joao Manuel	CNF	Porto	20/12/2014
Recorde Regional Jun18	57.93	PINTO, Luis Marques	CDN	Funchal	09/05/2009
Recorde Regional Jun17	58.60	SILVA, Luis Henrique	CNF	Felgueiras	22/12/2013
Recorde Regional Juv A	59.38	FERNANDES, Rui Afonso	CDN	Funchal	27/10/2018
Recorde Regional Juv B	1:00.51	FERNANDES, Rui Afonso	CDN	Funchal	26/03/2018
Recorde Regional Inf A	1:03.46	FERNANDES, Rui Afonso	CDN	Funchal	27/07/2017
Recorde Regional Inf B	1:06.87	CAMACHO, Afonso Caires	CNF	Sines	07/04/2017

TAC Zonal Inf B: 1:17.00; Inf A: 1:12.70; Juv B: 1:08.48; Juv A: 1:07.23 / TAC Nacional Inf B: 1:17.00; Inf A: 1:12.70; Juv B: 1:04.45; Juv A: 1:02.76; Jun: 1:00.21; Sen: 58.48

Pontos: FINA 2018

Lugar		Ano		Tempo final	Pts	50m	100m
Infantil B - 13 anos							
1.	PITA, Pedro Miguel	06	Naval Funchal	**1:15.97**	266	36.95	39.02
	Minimos Campeonato Zonal, Minimos Campeonato Nacional						
2.	GONCALVES, Martim Luis	06	CD Nacional	**1:27.39**	175	42.36	45.03
3.	SETIM, Joao Oliveira	06	Naval Funchal	**1:28.77**	167	44.31	44.46
4.	SOUSA, Diogo Meneses	06	Naval Funchal	**1:34.33**	139	45.89	48.44
5.	FERNANDES, Afonso Freitas	06	Salesianos	**1:41.52**	111	49.12	52.40
6.	TEMES, Joao Caires	06	Salesianos	**1:41.79**	110	49.74	52.05

Prova 17, Masc., 100m Costas

Infantil A - 14 anos

1.	LEITAO, Andre Freitas	05	Naval Funchal	**1:10.95**	327	34.59	36.36
	Minimos Campeonato Zonal, Minimos Campeonato Nacional						
2.	DIAS, Andre Vicente	05	CD Nacional	**1:12.21**	310	35.34	36.87
	Minimos Campeonato Zonal, Minimos Campeonato Nacional						
3.	BOULHOSA, Rodrigo Abreu	05	Naval Funchal	**1:23.56**	200	41.10	42.46
4.	ALVES, Tiago Pires	05	Salesianos	**1:24.26**	195	41.11	43.15
5.	ALVES, Andre Camara	05	CD Nacional	**1:26.53**	180	41.75	44.78
6.	FREITAS, Diogo Jesus	05	CD Nacional	**1:28.20**	170	43.80	44.40
7.	JESUS, Pedro Miguel	05	Salesianos	**1:48.01**	92	52.48	55.53

Juvenil B - 15 anos

1.	LEAL, Diogo Silva	04	Salesianos	**1:09.02**	355	33.71	35.31
2.	CAMACHO, Afonso Caires	04	Naval Funchal	**1:09.29**	351	33.02	36.27
3.	NUNES, Afonso Miguel	04	Salesianos	**1:10.55**	332	33.87	36.68
4.	TELES, Artur Corte	04	CD Sao Roque	**1:13.20**	298	35.18	38.02
5.	PEREIRA, Jordao Abreu	04	Salesianos	**1:14.95**	277	37.38	37.57
6.	AGUILAR, Luis Santos	04	CD Nacional	**1:17.23**	253	36.07	41.16
7.	GOMES, Alexandre Monteiro	04	Salesianos	**1:26.82**	178	42.39	44.43
8.	PEREIRA, Diogo Gameiro	04	Naval Funchal	**1:27.72**	173	42.18	45.54

Juvenil A - 16 anos

1.	GOMES, Goncalo Camara	03	Naval Funchal	**1:03.84**	449	30.51	33.33
	Minimos Campeonato Zonal						
2.	CAMARA, Simao Vieira	03	CD Sao Roque	**1:06.89**	390	32.73	34.16
	Minimos Campeonato Zonal						
3.	SOUSA, Pedro Afonso	03	CD Nacional	**1:08.17**	369	32.37	35.80
4.	AGUIAR, Pedro Ferreira	03	Naval Funchal	**1:14.23**	285	36.76	37.47
5.	ABREU, Tiago Gomes	03	Naval Funchal	**1:29.82**	161	43.80	46.02
6.	PARODI, Luis Alexandre	03	CEO Liceu	**1:36.15**	131	47.37	48.78
DSQ	CAMACHO, Joao Simao	03	CS Maritimo				
	613 - Efectuou deslizamento após conclusão da braçada na viragem aos 75 m - SW 6.4						

Juniores - 17, 18 anos

1.	FREITAS, Joao Tomas	02	Salesianos	**1:05.15**	422	31.67	33.48
2.	CASTRO, Martim Pereira	02	CEO Liceu	**1:06.88**	390	32.71	34.17
3.	NASCIMENTO, Diogo Andre	02	Naval Funchal	**1:07.14**	386	32.43	34.71
4.	JAU, Valter Henriques	01	CD Nacional	**1:17.42**	251	36.88	40.54
5.	DINIS, Fernando Jose	02	CD Sao Roque	**1:37.62**	125	47.73	49.89

Prova 18 — Femin., 100m Costas — Absoluto
01/12/2018 - 10:39 — Resultados

Recorde Regional Absoluto	1:05.05	QUINTAL, Fabiana Maria	CDN	Funchal	12/07/2009
Recorde Regional Sen	1:05.05	QUINTAL, Fabiana Maria	CDN	Funchal	12/07/2009
Recorde Regional Jun17	1:06.59	ROSA, Beatriz Jong	CDWT	Funchal	11/12/2016
Recorde Regional Jun16	1:05.65	ROSA, Beatriz Jong	CDN	Funchal	05/03/2016
Recorde Regional Juv A	1:07.64	ROSA, Beatriz Jong	CDN	Funchal	09/05/2015
Recorde Regional Juv A	1:07.64	AGUILAR, Vera Ines	CDN	Funchal	11/07/2015
Recorde Regional Juv B	1:08.35	AGUILAR, Vera Ines	CDN	Funchal	10/04/2014
Recorde Regional Inf A	1:10.70	ALVES, Catarina Maria	CDN	Funchal	30/06/1991
Recorde Regional Inf B	1:13.20	LOPES, Joana Cristina	CNF	Funchal	15/02/1992

TAC Zonal Inf B: 1:24.00; Inf A: 1:18.50; Juv B: 1:15.93; Juv A: 1:13.80 / TAC Nacional Inf B: 1:24.00; Inf A: 1:18.50; Juv B: 1:11.34; Juv A: 1:10.30; Jun: 1:08.41; Sen: 1:06.79

Pontos: FINA 2018

Lugar		Ano		Tempo final	Pts	50m	100m
Infantil B - 12 anos							
1.	TEMTEM, Sara Maria	07	CD Nacional	**1:31.76**	215	45.55	46.21
2.	FIGUEIRA, Madalena Leonor	07	Naval Funchal	**1:33.96**	200	47.60	46.36
3.	MATEUS, Clarisse Vieira	07	CD Nacional	**1:36.27**	186	46.40	49.87
4.	PERESTRELO, Laura Vasconc	07	Salesianos	**1:46.30**	138	53.08	53.22
5.	GOUVEIA, Ines Mendes	07	Salesianos	**1:52.76**	116	57.42	55.34
6.	ALVES, Beatriz Abreu	07	Naval Funchal	**1:56.48**	105	54.63	1:01.85
7.	AGUIAR, Margarida Nobrega	07	CEO Liceu	**2:05.32**	84	1:01.04	1:04.28
Infantil A - 13 anos							
1.	FREITAS, Margarida Ramos	06	CD Nacional	**1:20.58**	318	39.16	41.42
2.	SILVA, Silvana Suamade	06	CD Sao Roque	**1:22.33**	298	39.42	42.91
3.	ABREU, Ana Rodrigues	06	Naval Funchal	**1:23.88**	282	41.58	42.30
4.	CARICHAS, Joana Medeiros	06	Salesianos	**1:24.42**	276	40.90	43.52
5.	CANADA, Maria Elvira	06	CD Nacional	**1:24.78**	273	41.21	43.57
6.	SOUSA, Maria Beatriz	06	Naval Funchal	**1:33.56**	203	45.44	48.12
7.	SOUSA, Ivana Valentina	06	CD Nacional	**1:34.10**	199	47.25	46.85
8.	BAPTISTA, Constanca Ornelas	06	Naval Funchal	**1:38.66**	173	48.02	50.64
Juvenil B - 14 anos							
1.	JARDIM, Teresa Vieira	05	Naval Funchal	**1:15.94**	380	35.80	40.14
2.	AVEIRO, Leonor Sofia	05	Naval Funchal	**1:21.49**	307	40.66	40.83
3.	CARDOSO, Isabel Maria	05	CS Maritimo	**1:41.66**	158	52.28	49.38
4.	FERNANDES, Maria Madalena	05	Salesianos	**1:44.84**	144	51.57	53.27
5.	DINIS, Maria Antonia	05	CD Nacional	**1:50.20**	124	52.41	57.79
Juvenil A - 15 anos							
1.	OLIVEIRA, Sara Fernandes	04	Salesianos	**1:17.29**	360	37.42	39.87
2.	ANDRADE, Margarida Fernand	04	Salesianos	**1:22.00**	302	39.52	42.48
3.	FREITAS, Beatriz Castro	04	Naval Funchal	**1:28.31**	241	42.88	45.43
Juniores - 16, 17 anos							
1.	FERNANDES, Francisca Olivei	02	CD Nacional	**1:32.10**	213	44.67	47.43
Seniores - 18 e mais velhos							
1.	ALVES, Catarina Andrade	78	CD Nacional	**1:20.79**	316	38.29	42.50
2.	HERNANDEZ, Marcelis Natívid	99	CS Maritimo	**1:27.83**	245	43.07	44.76

Prova 19 — Masc., 50m Livres — 17 anos e mais velhos
01/12/2018 - 10:48 — Resultados

Recorde Regional Absoluto	22.77	PINTO, Luis Marques	CDN	S. Antonio Cavaleiros	20/12/2009
Recorde Regional Sen	22.77	PINTO, Luis Marques	CDN	S. Antonio Cavaleiros	20/12/2009
Recorde Regional Jun18	23.64	CASTRO, Joao Cruz	CDSR	Porto	09/12/2017
Recorde Regional Jun17	23.82	CASTRO, Joao Cruz	CDSR	Funchal	10/12/2016

TAC Nacional Jun: 24.57; Sen: 24.04

Pontos: FINA 2018

Lugar		Ano		Tempo final	Pts
Juniores - 17, 18 anos					
1.	GRACA, Fernando Guerreiro	02	Naval Funchal	**26.16**	464
2.	NASCIMENTO, Diogo Andre	02	Naval Funchal	**28.64**	353
3.	CALDEIRA, Rodolfo Morais	02	Salesianos	**28.89**	344
Seniores - 19 e mais velhos					
1.	QUINTAL, Nuno Alexandre	99	CD Nacional	**25.15**	522
2.	MOURA, Vitor Diogo	90	CD Nacional	**25.28**	514
3.	SILVA, Joao Pedro	83	Naval Funchal	**26.71**	436
4.	FERREIRA, Luis Duarte	89	CEO Liceu	**28.70**	351
5.	CAMARA, Duarte Miguel	75	CD Nacional	**32.56**	240

Prova 20 — Femin., 50m Livres — 16 anos e mais velhos
01/12/2018 - 10:51 — Resultados

Recorde Regional Absoluto	26.39	QUINTAL, Fabiana Maria	CDN	S. Antonio Cavaleiros	20/12/2009
Recorde Regional Sen	26.39	QUINTAL, Fabiana Maria	CDN	S. Antonio Cavaleiros	20/12/2009
Recorde Regional Jun17	27.71	OLIM, Carlota Freitas	CNF	Funchal	21/11/2009
Recorde Regional Jun16	27.57	AGUILAR, Vera Ines	CDN	Porto	12/12/2015

TAC Nacional Jun: 28.21; Sen: 27.69

Pontos: FINA 2018

Lugar		Ano		Tempo final	Pts
Juniores - 16, 17 anos					
1.	REBELO, Filipa Margarida	03	Salesianos	**30.24**	435
2.	BETENCOURT, Ana Margarida	03	Naval Funchal	**30.74**	415
3.	JESUS, Filipa Mafalda	03	CD Sao Roque	**31.25**	395
4.	BARROS, Margarida Nunes	02	Salesianos	**33.29**	326
5.	OLIVEIRA, Beatriz Camacho	03	Naval Funchal	**33.34**	325
6.	LECA, Natasha Maria	03	CD Nacional	**33.73**	314
7.	PEREIRA, Luisa Tovela	03	CD Nacional	**35.91**	260
Seniores - 18 e mais velhos					
1.	LUIS, Jessica Santos	00	CD Sao Roque	**30.43**	427
2.	CRO, Isabel Matilde	00	CEO Liceu	**35.95**	259
3.	FERREIRA, Fatima Maria	78	CEO Liceu	**37.06**	236

Prova 21 — Masc., 200m Estilos — Absoluto
01/12/2018 - 10:53 — Resultados

Recorde Regional Absoluto	2:05.93	FREITAS, Tomas Miguel	CDN	S. Antonio Cavaleiros	19/12/2009
Recorde Regional Sen	2:05.93	FREITAS, Tomas Miguel	CDN	S. Antonio Cavaleiros	19/12/2009
Recorde Regional Jun18	2:08.67	MARQUES, Miguel Freitas	CSM	Funchal	10/04/2014
Recorde Regional Jun17	2:09.60	SILVA, Tomas Antonio	CNF	Funchal	26/03/2018
Recorde Regional Juv A	2:12.30	PEREIRA, Nuno Miguel	CDN	Funchal	17/07/1992
Recorde Regional Juv B	2:15.11	FREITAS, Tomas Miguel	CDN	Funchal	04/12/2004
Recorde Regional Inf A	2:13.38	FREITAS, Tomas Miguel	CDN	Funchal	17/07/2004
Recorde Regional Inf B	2:20.56	FREITAS, Tomas Miguel	CDN	Funchal	28/06/2003

TAC Zonal Inf B: 2:45.00; Inf A: 2:38.00; Juv B: 2:30.83; Juv A: 2:28.26 / TAC Nacional Inf B: 2:39.29; Inf A: 2:30.30; Juv B: 2:20.89; Juv A: 2:17.22; Jun: 2:12.46; Sen: 2:09.37

Pontos: FINA 2018

Lugar		Ano		Tempo final	Pts	50m	100m	150m	200m
Infantil B - 13 anos									
1.	PAULOS, Joao Afonso	06	Naval Funchal	**2:40.38**	319	34.35	41.17	47.24	37.62
	Minimos Campeonato Zonal								
2.	MACHADO, B.	06	CD Nacional	**2:49.48**	270	35.48	43.82	50.20	39.98
3.	PITA, Pedro Miguel	06	Naval Funchal	**2:53.01**	254	36.45	45.26	53.37	37.93
4.	NEVES, Joao Pedro	06	CD Sao Roque	**3:11.87**	186	43.01	51.14	56.43	41.29
5.	GONCALVES, Martim Luis	06	CD Nacional	**3:14.27**	179	42.33	48.58	57.94	45.42
6.	SILVA, Joao Luis	06	CEO Liceu	**3:34.54**	133	49.54	54.61	1:10.90	39.49
7.	CASTRO, Mateus Pereira	06	CEO Liceu	**3:49.71**	108	51.42	57.53	1:07.39	53.37
Infantil A - 14 anos									
1.	VOLOZHENIM, Alexandre	05	Naval Funchal	**2:46.15**	287	36.20	45.03	47.36	37.56
2.	SILVA, Tony Stefano	05	Naval Funchal	**2:49.47**	270	36.60	45.20	49.36	38.31
3.	ALVES, Tiago Pires	05	Salesianos	**2:55.37**	244	39.34	46.25	50.07	39.71
4.	SANTOS, Nuno Goncalo	05	CD Sao Roque	**3:07.85**	198	42.55	45.30	59.15	40.85
5.	MENDES, Juan Diego	05	CD Nacional	**3:36.00**	130	50.56	58.49	1:01.16	45.79
DSQ	ALVES, Afonso Pires	05	Salesianos						
	721 - Na chegada não tocou na parede com as mãos separadas e simultaneamente - SW 7.6, Bruços								
DSQ	NUNES, Andre Maltez	05	CD Nacional						
	609 - Não terminou percurso de costas na posição dorsal - SW 6.5								
Juvenil B - 15 anos									
1.	ALVES, Paulo Rodrigues	04	CD Nacional	**2:18.43**	496	29.12	35.78	40.14	33.39
	Minimos Campeonato Zonal, Minimos Campeonato Nacional								
2.	FERREIRA, Leonardo Filip	04	Naval Funchal	**2:29.16**	397	30.80	39.33	45.05	33.98
	Minimos Campeonato Zonal								
3.	RODRIGUES, Rodrigo Re	04	CD Sao Roque	**2:29.58**	393	34.33	37.33	45.01	32.91
	Minimos Campeonato Zonal								
4.	FERNANDES, Martim Pes	04	Naval Funchal	**2:32.48**	371	33.79	43.96	39.33	35.40
5.	LEAL, Diogo Silva	04	Salesianos	**2:38.67**	329	34.34	39.91	48.86	35.56
6.	NUNES, Afonso Miguel	04	Salesianos	**2:40.28**	320	36.92	40.31	47.53	35.52
7.	AGUILAR, Luis Santos	04	CD Nacional	**2:44.60**	295	36.10	42.48	49.66	36.36
8.	PEREIRA, Jordao Abreu	04	Salesianos	**2:48.53**	275	36.80	41.38	52.67	37.68
9.	SILVA, Eduardo Rodrigue	04	Salesianos	**2:52.01**	258	36.74	45.88	51.48	37.91
10.	MACHADO, Tiago Magalh	04	CD Nacional	**2:58.92**	230	36.20	46.21	54.80	41.71
11.	GONCALVES, Vitor Afonso	04	Salesianos	**3:02.44**	216	43.52	45.53	53.43	39.96
Juvenil A - 16 anos									
1.	MATOS, Rodrigo Vieira	03	Naval Funchal	**2:23.82**	442	29.73	40.82	39.03	34.24
	Minimos Campeonato Zonal								
2.	CAMARA, Simao Vieira	03	CD Sao Roque	**2:30.50**	386	32.96	37.80	44.59	35.15
3.	OLIVEIRA, Jose Alexandre	03	CEO Liceu	**2:36.21**	345	34.68	42.12	42.94	36.47

Prova 21, Masc., 200m Estilos, Juvenil A - 16 anos

Lugar		Ano		Tempo final	Pts	50m	100m	150m	200m
4.	LOPES, Pedro Henrique	03	CD Sao Roque	**2:39.53**	324	36.39	41.15	45.26	36.73
5.	MELIM, Bruno Pontes	03	Salesianos	**2:42.43**	307	33.71	43.42	49.26	36.04

Juniores - 17, 18 anos

1.	RODRIGUES, Pedro Reis	02	CD Sao Roque	**2:21.73**	462	31.68	35.55	41.23	33.27
2.	ALVES, Afonso Pinto	02	Naval Funchal	**2:26.32**	420	28.75	39.66	44.58	33.33
3.	FREITAS, Joao Tomas	02	Salesianos	**2:27.19**	413	31.08	35.99	45.57	34.55
4.	GRACA, Fernando Guerre	02	Naval Funchal	**2:27.77**	408	30.88	40.53	44.85	31.51
5.	JAU, Valter Henriques	01	CD Nacional	**2:48.17**	277	34.21	43.99	48.87	41.10

Seniores - 19 e mais velhos

1.	QUINTAL, Nuno Alexandre	99	CD Nacional	**2:35.32**	351	29.36	39.31	50.76	35.89

Prova 22 — Femin., 200m Estilos — Absoluto
01/12/2018 - 11:12 — Resultados

Recorde Regional Absoluto	2:18.16	QUINTAL, Fabiana Maria	CDN	Tomar	13/12/2008
Recorde Regional Sen	2:18.16	QUINTAL, Fabiana Maria	CDN	Tomar	13/12/2008
Recorde Regional Jun17	2:25.85	ROSA, Beatriz Jong	CDWT	Funchal	06/05/2017
Recorde Regional Jun16	2:26.86	ROSA, Beatriz Jong	CDN	Funchal	13/05/2016
Recorde Regional Juv A	2:28.06	ROSA, Beatriz Jong	CDN	Funchal	09/05/2015
Recorde Regional Juv B	2:30.10	SOUSA, Susana Margarida	CFU	Funchal	28/06/1991
Recorde Regional Inf A	2:31.77	CAIRES, Joana Costa	CNF	Sines	12/03/2011
Recorde Regional Inf B	2:38.90	LOPES, Joana Cristina	CNF	Funchal	01/01/1992

TAC Zonal Inf B: 3:00.00; Inf A: 2:52.00; Juv B: 2:43.70; Juv A: 2:39.11 / TAC Nacional Inf B: 2:50.35; Inf A: 2:41.70; Juv B: 2:34.78; Juv A: 2:32.34; Jun: 2:29.01; Sen: 2:25.51

Pontos: FINA 2018

Lugar		Ano		Tempo final	Pts	50m	100m	150m	200m
Infantil B - 12 anos									
1.	GONCALVES, Valentina J	07	CD Nacional	**2:55.31**	335	39.53	45.73	49.11	40.94
	Minimos Campeonato Zonal								
2.	NETO, Leonor Rodrigues	07	Naval Funchal	**2:56.54**	328	39.13	44.38	53.75	39.28
	Minimos Campeonato Zonal								
3.	RODRIGUES, Beatriz Men	07	Naval Funchal	**3:45.46**	157	54.30	52.55	1:07.00	51.61
4.	FREITAS, Maria Raquel	07	Naval Funchal	**3:48.18**	152	51.98	1:03.78	1:00.72	51.70
Infantil A - 13 anos									
1.	DIAS, Julia Alves	06	CD Nacional	**2:48.79**	376	37.57	44.63	48.82	37.77
	Minimos Campeonato Zonal								
2.	SEQUEIRA, Beatriz Menes	06	Naval Funchal	**2:49.72**	370	37.88	43.27	50.43	38.14
	Minimos Campeonato Zonal								
3.	JARDIM, Lara Filipa	06	Naval Funchal	**2:56.55**	328	37.97	45.18	53.40	40.00
4.	FREITAS, Margarida Ram	06	CD Nacional	**3:04.99**	285	42.91	46.81	53.85	41.42
5.	CARICHAS, Joana Medeir	06	Salesianos	**3:10.93**	259	46.07	47.91	56.36	40.59
6.	TEMBE, Ines Afonso	06	CD Nacional	**3:39.63**	170	46.64	1:00.85	1:02.15	49.99
Juvenil B - 14 anos									
1.	GOMES, Madalena Sousa	05	Naval Funchal	**3:12.10**	255	45.32	50.68	54.31	41.79
2.	ABREU, Maria Eduarda	05	CD Nacional	**3:19.82**	226	44.82	53.89	57.65	43.46
3.	LUIS, Mariana Capelo	05	Salesianos	**3:21.12**	222	51.32	50.19	54.03	45.58
DSQ	BARROS, Ana Carolina	05	Salesianos						

724 - Não tocou com as mãos na parede separadas ou simultaneamente na viragem aos 125 m - SW 7.6

Prova 22, Femin., 200m Estilos, Juvenil B - 14 anos

Lugar		Ano		Tempo final	Pts	50m	100m	150m	200m
DSQ	SILVA, Maria Fabiana	05	CD Nacional						
	613 - Efectuou deslizamento após conclusão da braçada na viragem aos 75 m - SW 6.4								

Juvenil A - 15 anos

1.	ANDRADE, M.	04	Salesianos	**3:00.74**	306	40.61	45.76	55.89	38.48
2.	SOARES, Ines Silva	04	CD Nacional	**3:11.57**	257	42.92	50.49	57.10	41.06
3.	RODRIGUES, Maria Carol	04	CD Nacional	**3:23.57**	214	40.78	55.75	54.84	52.20
DSQ	AGUIAR, Leonor Nobrega	04	CEO Liceu						
	608 - Não chegou na posição dorsal - SW 6.5, Costas								

Juniores - 16, 17 anos

1.	SILVA, Gabriela Suamade	02	CD Sao Roque	**3:05.46**	283	40.69	49.13	53.78	41.86

Seniores - 18 e mais velhos

1.	CRO, Isabel Matilde	00	CEO Liceu	**3:45.50**	157	48.77	57.65	1:09.54	49.54

Prova 23 — Masc., 4 x 200m Livres — Absoluto
01/12/2018 - 11:29 — Resultados

Recorde Regional	7:24.53	Clube Desportivo Nacional	CDN	Leiria	05/12/2009

TAC Zonal Inf B: 10:20.00; Inf A: 9:54.00; Juv B: 9:22.60; Juv A: 9:02.21 / TAC Nacional - Estafetas Juv: 8:28.24; Jun: 8:07.07; Sen: 7:50.60

Pontos: FINA 2018

Lugar								Tempo final	Pts
Infantil B - 13 anos									
1.	Naval Funchal 26			Naval Funchal				**10:20.31**	286
	PAULOS, Joao Afonso	06	+0,57	33.37	37.87	39.64	38.27	2:29.15	
	PITA, Pedro Miguel	06	+0,04	34.02	40.00	39.90	38.92	2:32.84	
	GARANITO, Simao Silva	06	+0,18	37.38	42.97	44.60	40.10	2:45.05	
	ABREU, Joao Francisco	06	+0,38	34.96	39.62	39.90	38.79	2:33.27	
Infantil A - 14 anos									
1.	Naval Funchal 25			Naval Funchal				**9:38.53**	353
	Minimos Campeonato Zonal								
	RODRIGUES, Joao Luis	05	+0,68	30.93	35.37	36.61	35.44	2:18.35	
	SOUSA, Lourenco Quintas	05	+0,24	32.85	38.05	38.38	37.78	2:27.06	
	VOLOZHENIM, Alexandre	05	+0,17	35.13	40.06	41.22	38.50	2:34.91	
	OLIVEIRA, Diogo Alexandre	05	+0,38	19.32	11.55	35.25	1:12.09	2:18.21	
2.	CD Nacional 16			CD Nacional				**10:22.59**	283
	FREITAS, Diogo Jesus	05	+0,93	35.17	39.93	42.42	41.17	2:38.69	
	GOUVEIA, Luis Galvao	05	+0,31	32.37	36.67	38.67	37.57	2:25.28	
	DIAS, Andre Vicente	05		34.72	39.58	40.27	40.61	2:35.18	
	ALVES, Andre Camara	05	+0,35	35.87	41.70	43.12	42.75	2:43.44	
Juvenil B - 15 anos									
1.	Naval Funchal 24			Naval Funchal				**8:54.37**	448
	Minimos Campeonato Zonal								
	CAMACHO, Afonso Caires	04	+0,75	29.62	34.62	36.86	35.52	2:16.62	
	FERNANDES, Diogo Henrique	04	+0,32	30.28	34.68	35.10	34.35	2:14.41	
	FERREIRA, Leonardo Filipe	04	+0,40	30.02	33.79	35.92	35.94	2:15.67	
	BARRY, Rafael Francisco	04	+0,44	28.58	32.15	33.64	33.30	2:07.67	

Prova 23, Masc., 4 x 200m Livres

Juvenil A - 16 anos

1.	Naval Funchal 23			Naval Funchal				**8:54.82**	447
	Minimos Campeonato Zonal								
	GOMES, Goncalo Camara	03	+0,70	29.40	33.27	35.37	34.70	2:12.74	
	AGUIAR, Pedro Ferreira	03	+0,34	31.09	34.75	36.36	36.22	2:18.42	
	BAPTISTA, Tiago Ornelas	03	+0,55	30.12	33.51	34.71	33.07	2:11.41	
	MATOS, Rodrigo Vieira	03	+0,48	29.05	33.83	36.53	32.84	2:12.25	

Juniores - 17, 18 anos

1.	Naval Funchal 54			Naval Funchal				**8:29.69**	516
	OLIVEIRA, Pedro Freitas	02	+0,70	28.38	31.41	31.91	32.70	2:04.40	
	FERRO, Henrique Martins	01	+0,08	28.14	31.70	32.43	31.67	2:03.94	
	ALVES, Afonso Pinto	02	+0,33	29.55	32.92	34.45	33.42	2:10.34	
	GRACA, Fernando Guerreiro	02		29.05	33.17	34.45	34.34	2:11.01	

Absoluto - 13 e mais velhos

1.	CD Sao Roque 2			CD Sao Roque				**9:20.42**	388
	RODRIGUES, Rodrigo Reis	04	+0,54	32.60	35.91	36.46	34.69	2:19.66	
	LOPES, Pedro Henrique	03	+0,47	32.61	36.71	37.46	34.64	2:21.42	
	MAROTE, Joao Nuno	03	+0,44	31.91	37.76	39.35	39.30	2:28.32	
	RODRIGUES, Pedro Reis	02		29.04	33.77	34.31	33.90	2:11.02	
2.	CD Nacional 15			CD Nacional				**10:19.93**	287
	AGUILAR, Luis Santos	04	+0,79	32.69	38.08	39.06	37.82	2:27.65	
	GONCALVES, Martim Luis	06	+0,39	38.60	41.66	42.77	43.43	2:46.46	
	MACHADO, Bernardo Magalhaes	06	+0,45	34.80	38.77	40.37	37.92	2:31.86	
	MACHADO, Tiago Magalhaes	04	+0,21	32.12	39.92	41.06	40.86	2:33.96	

Prova 24 — Femin., 4 x 200m Livres — Absoluto

01/12/2018 - 11:41 — Resultados

Recorde Regional	8:53.55	Clube Naval do Funchal	CNF	S. Antonio Cavaleiros	20/12/2009

TAC Zonal Inf B: 11:06.00; Inf A: 10:25.50; Juv B: 9:59.29; Juv A: 9:48.59 / TAC Nacional - Estafetas Juv: 9:14.63; Jun: 8:58.78; Sen: 8:48.22

Pontos: FINA 2018

Lugar — Tempo final — Pts

Infantil B - 12 anos

1.	CD Nacional 9			CD Nacional				**11:39.19**	271
	CAMARA, Ines Cruz	07		35.96	41.17	42.40	40.42	2:39.95	
	TEMTEM, Sara Maria	07	+0,53	40.68	46.85	47.42	44.93	2:59.88	
	GONCALVES, Valentina Jose	07	+0,63	39.63	48.71	47.02	43.49	2:58.85	
	MATEUS, Clarisse Vieira	07	+0,73	41.15	46.63	47.51	45.22	3:00.51	
2.	Naval Funchal 27			Naval Funchal				**12:36.28**	214
	NETO, Leonor Rodrigues	07	+0,60	37.37	41.84	43.38	42.73	2:45.32	
	FIGUEIRA, Madalena Leonor	07		40.64	46.44	47.15	44.35	2:58.58	
	FREITAS, Maria Raquel	07	+0,49	42.88	52.53	54.65	54.47	3:24.53	
	RODRIGUES, Beatriz Mendes	07		45.23	54.25	56.79	51.58	3:27.85	

Prova 24, Femin., 4 x 200m Livres

Infantil A - 13 anos

1.	Naval Funchal 26			Naval Funchal				**10:22.37**	385
	Minimos Campeonato Zonal								
	FERRO, Maria Leonor	06	+0,58	35.81	39.20	41.50	38.28	2:34.79	
	SEQUEIRA, Beatriz Meneses	06		35.85	40.76	41.63	40.67	2:38.91	
	JARDIM, Lara Filipa	06	+0,41	35.32	40.26	41.80	39.68	2:37.06	
	FREITAS, Beatriz Rodrigues	06		34.18	38.64	39.63	39.16	2:31.61	
2.	CD Nacional 10			CD Nacional				**10:45.70**	344
	FREITAS, Margarida Ramos	06	+0,68	36.35	41.75	42.29	40.76	2:41.15	
	CANADA, Maria Elvira	06	+0,13	37.21	42.87	44.34	40.77	2:45.19	
	DIAS, Julia Alves	06		35.77	40.54	41.84	40.54	2:38.69	
	PEREIRA, Joana Marques	06		36.45	41.64	42.44	40.14	2:40.67	
3.	Naval Funchal 16			Naval Funchal				**11:15.39**	301
	DEUS, Ines Portugal	06	+0,63	34.43	37.82	38.76	37.02	2:28.03	
	ABREU, Ana Rodrigues	06	+0,46	35.17	38.68	39.70	40.17	2:33.72	
	SOUSA, Maria Beatriz	06		42.05	47.10	47.87	46.83	3:03.85	
	ROVERI, Isabel Vasconcelos	06		42.01	48.66	50.53	48.59	3:09.79	

3 - 2ª Jornada / 2ª Sessão — 01/12/2018 - 16:30

Prova 25 — Femin., 800m Livres — Absoluto
01/12/2018 - 16:30 — Resultados

Recorde Regional Absoluto	9:12.66	ANDRADE, Rubina Amaro	CDN	Algés	17/03/1995
Recorde Regional Sen	9:21.09	ANDRADE, Rubina Amaro	CDN	Estoril	07/03/1997
Recorde Regional Jun17	9:13.81	ANDRADE, Rubina Amaro	CDN	Funchal	13/07/1996
Recorde Regional Jun16	9:12.66	ANDRADE, Rubina Amaro	CDN	Algés	17/03/1995
Recorde Regional Juv A	9:14.78	ANDRADE, Rubina Amaro	CDN	Braga	04/03/1994
Recorde Regional Juv B	9:15.96	ANDRADE, Rubina Amaro	CDN	Algés	16/02/1993
Recorde Regional Inf A	9:40.30	ANDRADE, Rubina Amaro	CDN	Funchal	15/02/1992
Recorde Regional Inf B	10:13.00	ANDRADE, Rubina Amaro	CDN	Funchal	29/06/1991

TAC Zonal Inf B: 11:36.00; Inf A: 10:45.00; Juv B: 10:27.05; Juv A: 10:09.47 / TAC Nacional Inf B: 10:44.28; Inf A: 10:10.09; Juv B: 10:05.21; Juv A: 9:54.10; Jun: 9:40.82; Sen: 9:24.06

Pontos: FINA 2018

Lugar		Ano			Tempo final	Pts

Infantil B - 12 anos

1. NETO, Leonor Rodrigues — 07 — Naval Funchal — **11:46.31** — 312

100m:	1:24.05	1:24.05	300m:	4:22.30	1:29.37	500m:	7:22.30	1:30.23	700m:	10:21.46	1:29.46
200m:	2:52.93	1:28.88	400m:	5:52.07	1:29.77	600m:	8:52.00	1:29.70	800m:	11:46.31	1:24.85

Infantil A - 13 anos

1. FREITAS, Beatriz Rodrigues — 06 — Naval Funchal — **10:44.21** — 411
Minimos Campeonato Zonal

100m:	1:18.02	1:18.02	300m:	4:01.93	1:21.67	500m:	6:44.61	1:21.74	700m:	9:26.81	1:20.34
200m:	2:40.26	1:22.24	400m:	5:22.87	1:20.94	600m:	8:06.47	1:21.86	800m:	10:44.21	1:17.40

2. DEUS, Ines Portugal — 06 — Naval Funchal — **10:46.69** — 407

100m:	1:18.15	1:18.15	300m:	4:02.90	1:22.14	500m:	6:46.39	1:21.98	700m:	9:28.83	1:20.86
200m:	2:40.76	1:22.61	400m:	5:24.41	1:21.51	600m:	8:07.97	1:21.58	800m:	10:46.69	1:17.86

3. SILVA, Silvana Suamade — 06 — CD Sao Roque — **11:00.17** — 382

100m:	1:19.12	1:19.12	300m:	4:09.10	1:24.87	500m:	6:58.26	1:23.83	700m:	9:40.94	1:21.57
200m:	2:44.23	1:25.11	400m:	5:34.43	1:25.33	600m:	8:19.37	1:21.11	800m:	11:00.17	1:19.23

4. SEQUEIRA, Beatriz Meneses — 06 — Naval Funchal — **11:06.29** — 372

100m:	1:18.08	1:18.08	300m:	4:04.20	1:23.26	500m:	6:55.16	1:26.34	700m:	9:44.57	1:25.25
200m:	2:40.94	1:22.86	400m:	5:28.82	1:24.62	600m:	8:19.32	1:24.16	800m:	11:06.29	1:21.72

5. DIAS, Julia Alves — 06 — CD Nacional — **11:11.09** — 364

100m:	1:19.04	1:19.04	300m:	4:09.82	1:25.45	500m:	7:00.26	1:24.91	700m:	9:49.60	1:24.29
200m:	2:44.37	1:25.33	400m:	5:35.35	1:25.53	600m:	8:25.31	1:25.05	800m:	11:11.09	1:21.49

6. FERRO, Maria Leonor — 06 — Naval Funchal — **11:14.82** — 358

100m:	1:20.60	1:20.60	300m:	4:15.35	1:27.44	500m:	7:07.28	1:25.02	700m:	9:54.94	1:23.78
200m:	2:47.91	1:27.31	400m:	5:42.26	1:26.91	600m:	8:31.16	1:23.88	800m:	11:14.82	1:19.88

7. JARDIM, Lara Filipa — 06 — Naval Funchal — **11:19.20** — 351

100m:	1:23.94	1:23.94	300m:	4:16.13	1:25.73	500m:	7:08.70	1:25.82	700m:	9:59.12	1:24.78
200m:	2:50.40	1:26.46	400m:	5:42.88	1:26.75	600m:	8:34.34	1:25.64	800m:	11:19.20	1:20.08

8. CARICHAS, Joana Medeiros — 06 — Salesianos — **11:51.28** — 306

100m:	1:24.15	1:24.15	300m:	4:20.66	1:28.83	500m:	7:23.34	1:30.99	700m:	10:24.31	1:31.05
200m:	2:51.83	1:27.68	400m:	5:52.35	1:31.69	600m:	8:53.26	1:29.92	800m:	11:51.28	1:26.97

Juvenil A - 15 anos

1. RAMOS, Barbara Emerick — 04 — Salesianos — **10:14.76** — 474

100m:	1:12.67	1:12.67	300m:	3:48.32	1:17.77	500m:	6:24.89	1:18.31	700m:	8:59.64	1:17.09
200m:	2:30.55	1:17.88	400m:	5:06.58	1:18.26	600m:	7:42.55	1:17.66	800m:	10:14.76	1:15.12

2. FREITAS, Beatriz Castro — 04 — Naval Funchal — **12:16.33** — 275

100m:	1:24.62	1:24.62	300m:	4:30.37	1:33.64	500m:	7:38.62	1:33.75	700m:	10:45.59	1:33.36
200m:	2:56.73	1:32.11	400m:	6:04.87	1:34.50	600m:	9:12.23	1:33.61	800m:	12:16.33	1:30.74

Prova 25, Femin., 800m Livres

Juniores - 16, 17 anos

1.	LECA, Natasha Maria			03	CD Nacional							**12:28.30**	262
	100m:	1:26.34	1:26.34	300m:	4:35.05	1:34.96	500m:	7:45.57	1:33.51	700m:	10:56.00	1:34.72	
	200m:	3:00.09	1:33.75	400m:	6:12.06	1:37.01	600m:	9:21.28	1:35.71	800m:	12:28.30	1:32.30	

Seniores - 18 e mais velhos

1.	LUIS, Jessica Santos			00	CD Sao Roque							**10:15.01**	473
	100m:	1:11.94	1:11.94	300m:	3:48.89	1:18.54	500m:	6:26.28	1:18.75	700m:	9:02.23	1:18.10	
	200m:	2:30.35	1:18.41	400m:	5:07.53	1:18.64	600m:	7:44.13	1:17.85	800m:	10:15.01	1:12.78	

Prova 26 — Masc., 1500m Livres — Absoluto

01/12/2018 - 16:57 — Resultados

Recorde Regional Absoluto	15:05.68	FRANCO, Paulo Fragueiro	CDN	Leiria	06/12/2009
Recorde Regional Sen	15:05.68	FRANCO, Paulo Fragueiro	CDN	Leiria	06/12/2009
Recorde Regional Jun18	15:38.98	FRANCO, Paulo Fragueiro	CDN	Mealhada	25/03/2000
Recorde Regional Jun17	16:11.50	GOUVEIA, Pedro Galvao	CDN	Funchal	09/07/2016
Recorde Regional Juv A	16:31.31	CASTRO, Joao Cruz	CDSR	Funchal	29/07/2016
Recorde Regional Juv B	16:30.75	ALMEIDA, Carlos Alexandre	CDN	Penafiel	21/03/2004
Recorde Regional Inf A	16:57.52	ALMEIDA, Carlos Alexandre	CDN	Funchal	13/07/2003
Recorde Regional Inf B	17:40.06	FREITAS, Tomas Miguel	CDN	Funchal	31/05/2003

TAC Zonal Inf B: 20:08.00; Inf A: 19:22.00; Juv B: 18:44.12; Juv A: 18:23.49 / TAC Nacional Inf B: 19:06.50; Inf A: 18:12.10; Juv B: 17:43.31; Juv A: 17:21.59; Jun: 16:50.32; Sen: 16:24.57

Pontos: FINA 2018

Lugar — Ano — Tempo final — Pts

Infantil B - 13 anos

1.	PAULOS, Joao Afonso			06	Naval Funchal							**20:48.71**	313
	100m:	1:16.52	1:16.52	500m:	6:50.94	1:24.18	900m:	12:28.68	1:24.46	1300m:	18:05.11	1:23.20	
	200m:	2:38.65	1:22.13	600m:	8:14.82	1:23.88	1000m:	13:52.93	1:24.25	1400m:	19:28.89	1:23.78	
	300m:	4:02.95	1:24.30	700m:	9:39.91	1:25.09	1100m:	15:17.28	1:24.35	1500m:	20:48.71	1:19.82	
	400m:	5:26.76	1:23.81	800m:	11:04.22	1:24.31	1200m:	16:41.91	1:24.63				
2.	ABREU, Joao Francisco			06	Naval Funchal							**20:56.38**	307
	100m:	1:17.55	1:17.55	500m:	6:55.96	1:25.18	900m:	12:34.40	1:24.04	1300m:	18:12.50	1:23.53	
	200m:	2:41.98	1:24.43	600m:	8:20.28	1:24.32	1000m:	13:59.58	1:25.18	1400m:	19:36.58	1:24.08	
	300m:	4:06.73	1:24.75	700m:	9:45.56	1:25.28	1100m:	15:23.83	1:24.25	1500m:	20:56.38	1:19.80	
	400m:	5:30.78	1:24.05	800m:	11:10.36	1:24.80	1200m:	16:48.97	1:25.14				

Infantil A - 14 anos

1.	OLIVEIRA, Diogo Alexandre			05	Naval Funchal							**18:20.71**	457
	Minimos Campeonato Zonal												
	100m:	1:08.06	1:08.06	500m:	6:01.48	1:13.72	900m:	10:58.52	1:14.38	1300m:	15:53.91	1:14.49	
	200m:	2:20.73	1:12.67	600m:	7:15.75	1:14.27	1000m:	12:12.55	1:14.03	1400m:	17:08.75	1:14.84	
	300m:	3:34.32	1:13.59	700m:	8:30.09	1:14.34	1100m:	13:26.31	1:13.76	1500m:	18:20.71	1:11.96	
	400m:	4:47.76	1:13.44	800m:	9:44.14	1:14.05	1200m:	14:39.42	1:13.11				
2.	RODRIGUES, Joao Luis			05	Naval Funchal							**19:06.99**	404
	Minimos Campeonato Zonal												
	100m:	1:10.52	1:10.52	500m:	6:19.86	1:17.96	900m:	11:29.40	1:17.00	1300m:	16:35.93	1:16.43	
	200m:	2:26.97	1:16.45	600m:	7:37.43	1:17.57	1000m:	12:46.83	1:17.43	1400m:	17:52.29	1:16.36	
	300m:	3:44.02	1:17.05	700m:	8:55.00	1:17.57	1100m:	14:03.09	1:16.26	1500m:	19:06.99	1:14.70	
	400m:	5:01.90	1:17.88	800m:	10:12.40	1:17.40	1200m:	15:19.50	1:16.41				

Prova 26, Masc., 1500m Livres

Juvenil B - 15 anos

1. TELES, Artur Corte 04 CD Sao Roque **18:38.61** 435
Minimos Campeonato Zonal

100m:	1:10.28	1:10.28	500m:	6:08.47	1:14.69	900m:	11:09.21	1:15.65	1300m:	16:11.64	1:15.58
200m:	2:24.16	1:13.88	600m:	7:23.79	1:15.32	1000m:	12:24.62	1:15.41	1400m:	17:25.82	1:14.18
300m:	3:39.12	1:14.96	700m:	8:38.86	1:15.07	1100m:	13:40.05	1:15.43	1500m:	18:38.61	1:12.79
400m:	4:53.78	1:14.66	800m:	9:53.56	1:14.70	1200m:	14:56.06	1:16.01			

Juniores - 17, 18 anos

1. OLIVEIRA, Pedro Freitas 02 Naval Funchal **17:16.85** 547

100m:	1:04.48	1:04.48	500m:	5:44.25	1:10.50	900m:	10:23.59	1:09.80	1300m:	15:01.72	1:09.54
200m:	2:13.43	1:08.95	600m:	6:53.96	1:09.71	1000m:	11:32.71	1:09.12	1400m:	16:11.50	1:09.78
300m:	3:23.45	1:10.02	700m:	8:03.92	1:09.96	1100m:	12:42.39	1:09.68	1500m:	17:16.85	1:05.35
400m:	4:33.75	1:10.30	800m:	9:13.79	1:09.87	1200m:	13:52.18	1:09.79			

2. PRIOSTE, Pedro Danilo 01 CD Sao Roque **19:54.73** 357

100m:	1:10.94	1:10.94	500m:	6:25.15	1:20.49	900m:	11:48.25	1:21.34	1300m:	17:15.34	1:21.89
200m:	2:26.46	1:15.52	600m:	7:45.72	1:20.57	1000m:	13:09.55	1:21.30	1400m:	18:36.01	1:20.67
300m:	3:45.17	1:18.71	700m:	9:06.36	1:20.64	1100m:	14:31.32	1:21.77	1500m:	19:54.73	1:18.72
400m:	5:04.66	1:19.49	800m:	10:26.91	1:20.55	1200m:	15:53.45	1:22.13			

Prova 27 — Femin., 50m Mariposa — 16 anos e mais velhos
01/12/2018 - 17:42 — Resultados

Recorde Regional Absoluto	28.39	BOULHOSA, Carolina Abreu	CNF	Funchal	09/12/2016
Recorde Regional Sen	28.91	OLIM, Carlota Freitas	CNF	Funchal	22/03/2012
Recorde Regional Sen	28.91	GOMES, Susana Clara	CNF	Felgueiras	22/12/2013
Recorde Regional Jun17	29.28	OLIM, Carlota Freitas	CNF	Funchal	24/10/2009
Recorde Regional Jun16	28.39	BOULHOSA, Carolina Abreu	CNF	Funchal	09/12/2016

TAC Nacional Jun: 30.68; Sen: 29.85

Pontos: FINA 2018

Lugar		Ano		Tempo final	Pts
Juniores - 16, 17 anos					
1.	BARROS, Margarida Nunes	02	Salesianos	**33.86**	373
2.	GONCALVES, Joana Marques	02	Salesianos	**34.35**	357
3.	JESUS, Filipa Mafalda	03	CD Sao Roque	**35.68**	319
4.	FERNANDES, Francisca Oliveira	02	CD Nacional	**41.11**	208

Prova 28 — Masc., 50m Mariposa — 17 anos e mais velhos
01/12/2018 - 17:44 — Resultados

Recorde Regional Absoluto	24.91	MARQUES, Miguel Freitas	CEOL	Funchal	26/03/2018
Recorde Regional Sen	24.91	MARQUES, Miguel Freitas	CEOL	Funchal	26/03/2018
Recorde Regional Jun18	25.13	SEQUEIRA, Afonso Meneses	CNF	Funchal	09/12/2016
Recorde Regional Jun17	25.56	SEQUEIRA, Afonso Meneses	CNF	Porto	13/12/2015

TAC Nacional Jun: 26.59; Sen: 25.81

Pontos: FINA 2018

Lugar		Ano		Tempo final	Pts
Juniores - 17, 18 anos					
1.	SEQUEIRA, Pedro Meneses	01	Naval Funchal	**27.54**	495
2.	ALVES, Afonso Pinto	02	Naval Funchal	**27.83**	480
3.	CALDEIRA, Rodolfo Morais	02	Salesianos	**31.74**	324

Prova 28, Masc., 50m Mariposa

Seniores - 19 e mais velhos

1.	QUINTAL, Nuno Alexandre	99	CD Nacional	**27.56**	494
2.	SILVA, Joao Pedro	83	Naval Funchal	**29.48**	404

Prova 29 — Femin., 100m Bruços — Absoluto
01/12/2018 - 17:45 — Resultados

Recorde Regional Absoluto	1:10.92	QUINTAL, Fabiana Maria	CDN	Guarda	11/12/2010
Recorde Regional Sen	1:10.92	QUINTAL, Fabiana Maria	CDN	Guarda	11/12/2010
Recorde Regional Jun17	1:14.11	ABREU, Laura Catarina	CDWT	Funchal	09/12/2016
Recorde Regional Jun16	1:14.28	ABREU, Laura Catarina	CDN	Porto	12/12/2015
Recorde Regional Juv A	1:13.75	ABREU, Laura Catarina	CDN	Funchal	09/07/2015
Recorde Regional Juv B	1:13.68	ABREU, Laura Catarina	CDN	Tomar	15/12/2013
Recorde Regional Inf A	1:17.24	ABREU, Laura Catarina	CDN	Funchal	24/07/2013
Recorde Regional Inf B	1:22.55	ABREU, Laura Catarina	CDN	Funchal	08/06/2012

TAC Zonal Inf B: 1:35.00; Inf A: 1:30.50; Juv B: 1:24.57; Juv A: 1:22.99 / TAC Nacional Inf B: 1:35.00; Inf A: 1:30.50; Juv B: 1:21.86; Juv A: 1:20.58; Jun: 1:17.66; Sen: 1:15.69

Pontos: FINA 2018

Lugar		Ano		Tempo final	Pts	50m	100m
Infantil B - 12 anos							
1.	GONCALVES, Valentina Jose	07	CD Nacional	**1:29.92**	333	43.07	46.85
	Minimos Campeonato Zonal, Minimos Campeonato Nacional						
2.	CAMARA, Ines Cruz	07	CD Nacional	**1:33.05**	301	43.92	49.13
	Minimos Campeonato Zonal, Minimos Campeonato Nacional						
3.	FIGUEIRA, Madalena Leonor	07	Naval Funchal	**1:36.23**	272	46.37	49.86
4.	MATEUS, Clarisse Vieira	07	CD Nacional	**1:43.06**	221	48.77	54.29
5.	FRANCA, Ines Matos	07	Salesianos	**1:44.28**	213	49.83	54.45
6.	TEMTEM, Sara Maria	07	CD Nacional	**1:44.61**	211	50.94	53.67
7.	FREITAS, Maria Raquel	07	Naval Funchal	**1:48.24**	191	50.84	57.40
8.	PERESTRELO, Laura Vasconc	07	Salesianos	**1:56.74**	152	56.04	1:00.70
9.	ALVES, Beatriz Abreu	07	Naval Funchal	**2:09.19**	112	59.88	1:09.31
10.	GOUVEIA, Ines Mendes	07	Salesianos	**2:13.93**	100	1:05.98	1:07.95
Infantil A - 13 anos							
1.	DEUS, Ines Portugal	06	Naval Funchal	**1:30.16**	330	44.17	45.99
	Minimos Campeonato Zonal, Minimos Campeonato Nacional						
2.	PEREIRA, Joana Marques	06	CD Nacional	**1:31.35**	318	42.79	48.56
3.	DIAS, Julia Alves	06	CD Nacional	**1:31.57**	315	43.49	48.08
4.	FARIA, Laura Pereira	06	Salesianos	**1:39.55**	245	46.49	53.06
DSQ	ABREU, Ana Rodrigues	06	Naval Funchal				
	722 - Tocou com uma mão na parede na viragem aos 75 m - SW 7.6						
Juvenil B - 14 anos							
1.	GOMES, Madalena Sousa	05	Naval Funchal	**1:38.45**	254	45.91	52.54
Juvenil A - 15 anos							
1.	SOUSA, Joana Francisca	04	CD Sao Roque	**1:27.95**	356	41.33	46.62
2.	JESUS, Mariana Caires	04	Salesianos	**1:35.00**	282	44.47	50.53
3.	RODRIGUES, Maria Carolina	04	CD Nacional	**1:35.27**	280	44.36	50.91
4.	ANDRADE, Margarida Fernand	04	Salesianos	**1:39.55**	245	47.10	52.45
5.	ALVES, Carolina Alexandra	04	Naval Funchal	**1:49.22**	186	52.20	57.02

Prova 29, Femin., 100m Bruços

Juniores - 16, 17 anos

1.	OLIVEIRA, Beatriz Camacho	03	Naval Funchal	**1:30.45**	327	42.02	48.43

Seniores - 18 e mais velhos

1.	ALVES, Catarina Andrade	78	CD Nacional	**1:27.28**	364	41.12	46.16
2.	FERREIRA, Fatima Maria	78	CEO Liceu	**1:51.99**	172	53.99	58.00

Prova 30 — Masc., 100m Bruços — Absoluto
01/12/2018 - 17:56 — Resultados

Recorde Regional Absoluto	1:03.47	FIGUEIRA, Andre Temtem	CNF	Funchal	11/07/2009
Recorde Regional Sen	1:04.47	MOURA, Vitor Diogo	CDN	S. Antonio Cavaleiros	19/12/2009
Recorde Regional Jun18	1:03.47	FIGUEIRA, Andre Temtem	CNF	Funchal	11/07/2009
Recorde Regional Jun17	1:06.54	SILVA, Tomas Antonio	CNF	Funchal	10/06/2018
Recorde Regional Juv A	1:06.85	DEUS, Andre Portugal	CNF	Funchal	25/11/2017
Recorde Regional Juv B	1:09.51	MATOS, Rodrigo Vieira	IND_ANMA	Funchal	31/07/2018
Recorde Regional Inf A	1:09.94	ALVES, Paulo Rodrigues	CDN	Funchal	31/07/2018
Recorde Regional Inf B	1:11.63	FREITAS, Tomas Miguel	CDN	Funchal	19/07/2003

TAC Zonal Inf B: 1:27.50; Inf A: 1:22.00; Juv B: 1:15.54; Juv A: 1:14.16 / TAC Nacional Inf B: 1:27.50; Inf A: 1:22.00; Juv B: 1:13.52; Juv A: 1:11.41; Jun: 1:07.63; Sen: 1:05.83

Pontos: FINA 2018

Lugar		Ano		Tempo final	Pts	50m	100m
Infantil B - 13 anos							
1.	MACHADO, Bernardo Magalhaes	06	CD Nacional	**1:27.79**	254	41.17	46.62
2.	SETIM, Joao Oliveira	06	Naval Funchal	**1:33.15**	212	43.85	49.30
3.	NEVES, Joao Pedro	06	CD Sao Roque	**1:38.06**	182	46.83	51.23
4.	SOUSA, Diogo Meneses	06	Naval Funchal	**1:38.22**	181	46.39	51.83
5.	GARANITO, Simao Silva	06	Naval Funchal	**1:48.42**	134	51.21	57.21
Infantil A - 14 anos							
1.	SILVA, Tony Stefano	05	Naval Funchal	**1:21.72**	315	37.51	44.21
	Minimos Campeonato Zonal, Minimos Campeonato Nacional						
2.	SOUSA, Lourenco Quintas	05	Naval Funchal	**1:23.36**	296	39.88	43.48
3.	ALVES, Afonso Pires	05	Salesianos	**1:26.17**	268	42.43	43.74
4.	VOLOZHENIM, Alexandre	05	Naval Funchal	**1:26.31**	267	41.41	44.90
5.	DIAS, Andre Vicente	05	CD Nacional	**1:31.83**	222	44.36	47.47
6.	ALVES, Andre Camara	05	CD Nacional	**1:33.53**	210	43.53	50.00
7.	FREITAS, Diogo Jesus	05	CD Nacional	**1:36.55**	191	45.08	51.47
8.	NUNES, Andre Maltez	05	CD Nacional	**2:01.49**	95	57.99	1:03.50
DSQ	MENDES, Juan Diego	05	CD Nacional				
	719 - Movimento de tesoura com as pernas durante o percurso - SW 7.5						
Juvenil B - 15 anos							
1.	FERNANDES, Martim Pestana	04	Naval Funchal	**1:13.20**	438	35.15	38.05
	Minimos Campeonato Zonal, Minimos Campeonato Nacional						
2.	RODRIGUES, Rodrigo Reis	04	CD Sao Roque	**1:22.56**	305	40.07	42.49
3.	AGUILAR, Luis Santos	04	CD Nacional	**1:27.28**	258	40.96	46.32
4.	GOMES, Alexandre Monteiro	04	Salesianos	**1:30.80**	229	43.51	47.29
5.	GONCALVES, Vitor Afonso	04	Salesianos	**1:33.19**	212	43.68	49.51
6.	PEREIRA, Jordao Abreu	04	Salesianos	**1:35.71**	196	45.33	50.38
7.	PEREIRA, Diogo Gameiro	04	Naval Funchal	**1:41.42**	164	46.79	54.63
8.	FERREIRA, Andre Filipe	04	Naval Funchal	**1:44.18**	152	50.11	54.07
9.	SILVA, Rodrigo Miranda	04	CD Nacional	**2:12.30**	74	1:04.63	1:07.67

Prova 30, Masc., 100m Bruços

Juvenil A - 16 anos

1.	MATOS, Rodrigo Vieira	03	Naval Funchal	**1:09.00**	523		32.83	36.17
	Minimos Campeonato Zonal, Minimos Campeonato Nacional							
2.	CAMARA, Simao Vieira	03	CD Sao Roque	**1:16.27**	387		35.80	40.47
3.	OLIVEIRA, Jose Alexandre	03	CEO Liceu	**1:20.87**	325		38.44	42.43
4.	VIEIRA, Emanuel Eloi	03	CD Sao Roque	**1:21.06**	322		37.72	43.34
5.	RODRIGUES, Renato Correia	03	Salesianos	**1:21.76**	314		38.15	43.61
6.	MELIM, Bruno Pontes	03	Salesianos	**1:26.68**	264		40.67	46.01
7.	FERNANDES, Goncalo Martim	03	CD Nacional	**1:36.39**	192		46.39	50.00
DSQ	AGUIAR, Pedro Ferreira	03	Naval Funchal					
	724 - Não tocou com as mãos na parede separadas ou simultaneamente na viragem aos 50 m - SW 7.6							
DSQ	KOVAL, Igor	03	CD Nacional					
	718 - Movimento vertical de pernas durante o percurso - SW 7.5							

Juniores - 17, 18 anos

1.	FERNANDES, Pedro Pestana	01	Naval Funchal	**1:09.63**	509		33.05	36.58
2.	CASTRO, Martim Pereira	02	CEO Liceu	**1:11.74**	465		34.52	37.22
3.	RODRIGUES, Pedro Reis	02	CD Sao Roque	**1:12.82**	445		34.36	38.46
4.	PAULOS, Francisco Silva	02	Naval Funchal	**1:13.06**	440		33.93	39.13
5.	FREITAS, Joao Tomas	02	Salesianos	**1:16.92**	377		36.03	40.89
6.	CARREIRA, Lourenco Venanci	02	CS Maritimo	**1:38.12**	182		44.55	53.57

Seniores - 19 e mais velhos

1.	MOURA, Vitor Diogo	90	CD Nacional	**1:09.31**	516		31.95	37.36
2.	FERREIRA, Antonio Duarte	98	CEO Liceu	**1:29.99**	235		42.89	47.10

Prova 31 — Femin., 200m Livres — Absoluto

01/12/2018 - 18:09 — Resultados

Recorde Regional Absoluto	2:07.77	QUINTAL, Fabiana Maria	CDN	Funchal	22/11/2009
Recorde Regional Sen	2:07.77	QUINTAL, Fabiana Maria	CDN	Funchal	22/11/2009
Recorde Regional Jun17	2:10.62	ABREU, Laura Catarina	CDWT	Funchal	19/11/2016
Recorde Regional Jun16	2:09.59	AGUILAR, Vera Ines	CDN	Funchal	29/07/2016
Recorde Regional Juv A	2:09.23	ABREU, Laura Catarina	CDN	Funchal	10/07/2015
Recorde Regional Juv B	2:11.89	ANDRADE, Rubina Amaro	CDN	Algés	26/02/1993
Recorde Regional Inf A	2:14.71	CAIRES, Joana Costa	CNF	Sines	13/03/2011
Recorde Regional Inf B	2:23.45	ABREU, Laura Catarina	CDN	Funchal	13/07/2012

TAC Zonal Inf B: 2:38.00; Inf A: 2:31.00; Juv B: 2:25.23; Juv A: 2:21.16 / TAC Nacional Inf B: 2:33.75; Inf A: 2:21.88; Juv B: 2:18.64; Juv A: 2:15.89; Jun: 2:11.68; Sen: 2:08.60

Pontos: FINA 2018

Lugar		Ano		Tempo final	Pts	50m	100m	150m	200m
Infantil B - 12 anos									
1.	RODRIGUES, Laura Sofia	07	Salesianos	**2:41.86**	317	36.74	40.54	43.18	41.40
2.	GONCALVES, Valentina J	07	CD Nacional	**2:44.56**	302	37.40	42.25	43.39	41.52
3.	MATEUS, Clarisse Vieira	07	CD Nacional	**2:59.24**	233	41.25	45.93	46.77	45.29
4.	RODRIGUES, Beatriz Men	07	Naval Funchal	**3:29.52**	146	45.63	53.27	56.49	54.13
Infantil A - 13 anos									
1.	FREITAS, Beatriz Rodrigu	06	Naval Funchal	**2:30.62**	394	34.43	38.92	39.71	37.56
	Minimos Campeonato Zonal								
2.	FREITAS, Margarida Ram	06	CD Nacional	**2:35.95**	355	35.45	39.86	41.80	38.84
3.	CANADA, Maria Elvira	06	CD Nacional	**2:41.66**	318	37.32	41.95	42.75	39.64
4.	SOUSA, Ivana Valentina	06	CD Nacional	**2:56.15**	246	40.28	45.85	47.07	42.95
5.	BAPTISTA, C.	06	Naval Funchal	**3:09.18**	198	43.11	47.98	49.60	48.49
6.	TEMBE, Ines Afonso	06	CD Nacional	**3:17.69**	174	44.52	50.66	53.11	49.40

Prova 31, Femin., 200m Livres

Juvenil B - 14 anos

1.	JARDIM, Teresa Vieira	05	Naval Funchal	**2:28.21**	413	33.71	38.44	38.89	37.17
2.	AVEIRO, Leonor Sofia	05	Naval Funchal	**2:30.51**	394	34.76	38.60	39.99	37.16
3.	LUIS, Mariana Capelo	05	Salesianos	**2:56.82**	243	39.88	44.97	46.33	45.64
4.	ABREU, Maria Eduarda	05	CD Nacional	**2:58.26**	237	42.30	45.75	46.93	43.28
5.	BARROS, Ana Carolina	05	Salesianos	**3:02.09**	223	40.34	47.33	48.41	46.01
6.	CARDOSO, Isabel Maria	05	CS Maritimo	**3:06.76**	206	44.20	48.36	49.05	45.15
7.	DINIS, Maria Antonia	05	CD Nacional	**3:24.68**	157	44.80	51.58	55.34	52.96
DSQ	SILVA, Maria Fabiana	05	CD Nacional						
	403 - Falsa partida - SW 4.4								

Juvenil A - 15 anos

1.	CAMACHO, Laura Fernan	04	Naval Funchal	**2:24.70**	444	33.22	37.03	38.03	36.42
2.	OLIVEIRA, Sara Fernande	04	Salesianos	**2:27.49**	419	33.41	38.23	39.79	36.06
3.	SOUSA, Joana Francisca	04	CD Sao Roque	**2:27.68**	418	32.87	37.79	38.97	38.05
4.	FREITAS, Beatriz Castro	04	Naval Funchal	**2:40.88**	323	35.62	40.56	43.01	41.69
5.	SOARES, Ines Silva	04	CD Nacional	**2:44.39**	303	37.55	41.50	42.97	42.37
6.	AGUIAR, Leonor Nobrega	04	CEO Liceu	**3:22.18**	162	46.98	50.48	52.93	51.79

Juniores - 16, 17 anos

1.	GONCALVES, Joana Marc	02	Salesianos	**2:29.14**	405	33.86	37.68	39.17	38.43
2.	BETENCOURT, A.	03	Naval Funchal	**2:31.98**	383	33.82	38.02	40.17	39.97
3.	JESUS, Filipa Mafalda	03	CD Sao Roque	**2:32.39**	380	35.33	38.76	39.98	38.32
4.	LAMEIRAS, Beatriz Andrei	03	CEO Liceu	**2:38.17**	340	34.50	40.40	42.09	41.18
5.	BARROS, Margarida Nun	02	Salesianos	**2:43.95**	305	36.44	42.55	43.83	41.13
6.	LECA, Natasha Maria	03	CD Nacional	**2:52.45**	262	38.63	45.15	45.95	42.72

Seniores - 18 e mais velhos

1.	LUIS, Jessica Santos	00	CD Sao Roque	**2:26.35**	429	32.69	37.52	38.82	37.32
2.	HERNANDEZ, M.	99	CS Maritimo	**2:37.07**	347	33.74	39.58	41.81	41.94
3.	CRO, Isabel Matilde	00	CEO Liceu	**3:07.32**	204	41.35	46.78	50.62	48.57

Prova 32 — Masc., 200m Livres — Absoluto
01/12/2018 - 18:28 — Resultados

Recorde Regional Absoluto	1:46.65	PINTO, Luis Marques	CDN	Stockholm (SWE)	11/11/2009
Recorde Regional Sen	1:46.65	PINTO, Luis Marques	CDN	Stockholm (SWE)	11/11/2009
Recorde Regional Jun18	1:50.17	CASTRO, Joao Cruz	CDSR	Porto	10/12/2017
Recorde Regional Jun17	1:51.83	CASTRO, Joao Cruz	CDSR	Funchal	27/07/2017
Recorde Regional Juv A	1:54.07	CASTRO, Joao Cruz	CDSR	Funchal	28/07/2016
Recorde Regional Juv B	1:55.77	CASTRO, Joao Cruz	CDSR	Funchal	10/07/2015
Recorde Regional Inf A	1:59.62	FERNANDES, Joao Vitor	CSM	Funchal	09/07/2014
Recorde Regional Inf B	2:07.17	FREITAS, Tomas Miguel	CDN	Funchal	19/07/2003

TAC Zonal Inf B: 2:26.50; Inf A: 2:20.20; Juv B: 2:10.76; Juv A: 2:08.36 / TAC Nacional Inf B: 2:20.33; Inf A: 2:11.45; Juv B: 2:05.62; Juv A: 2:02.03; Jun: 1:57.21; Sen: 1:54.59

Pontos: FINA 2018

Lugar		Ano		Tempo final	Pts	50m	100m	150m	200m
Infantil B - 13 anos									
1.	PITA, Pedro Miguel	06	Naval Funchal	**2:29.09**	296	34.17	38.75	39.64	36.53
2.	MACHADO, B.	06	CD Nacional	**2:29.38**	294	34.17	38.90	39.81	36.50
3.	GONCALVES, Martim Luis	06	CD Nacional	**2:37.50**	251	36.29	40.72	41.23	39.26
4.	FERRAZ, Luis Afonso	06	Naval Funchal	**2:38.86**	244	37.27	41.05	41.69	38.85
5.	NEVES, Joao Pedro	06	CD Sao Roque	**2:47.18**	209	36.84	42.81	43.85	43.68
6.	SILVA, Joao Luis	06	CEO Liceu	**2:58.54**	172	39.77	50.08	47.79	40.90
7.	VIEIRA, Rodrigo Leal	06	AD Machico	**3:06.37**	151	40.80	47.27	49.95	48.35
8.	CASTRO, Mateus Pereira	06	CEO Liceu	**3:29.70**	106	45.98	55.89	55.51	52.32

Prova 32, Masc., 200m Livres

Infantil A - 14 anos

1.	RODRIGUES, Joao Luis	05	Naval Funchal	**2:19.81**	359	30.84	35.83	37.16	35.98
	Minimos Campeonato Zonal								
2.	GOUVEIA, Luis Galvao	05	CD Nacional	**2:20.53**	353	31.97	36.57	37.08	34.91
3.	SANTOS, Nuno Goncalo	05	CD Sao Roque	**2:20.99**	350	31.55	36.28	37.39	35.77
4.	SOUSA, Lourenco Quintas	05	Naval Funchal	**2:25.86**	316	32.78	37.22	38.44	37.42
5.	ALVES, Tiago Pires	05	Salesianos	**2:35.65**	260	35.78	39.49	40.60	39.78
6.	FREITAS, Diogo Jesus	05	CD Nacional	**2:36.87**	254	35.05	39.75	41.88	40.19
7.	ALVES, Andre Camara	05	CD Nacional	**2:42.06**	230	35.89	41.74	43.04	41.39
8.	BOULHOSA, Rodrigo Abre	05	Naval Funchal	**2:53.01**	189	38.46	44.27	46.02	44.26
9.	MENDES, Juan Diego	05	CD Nacional	**3:01.40**	164	41.46	47.46	46.91	45.57
10.	RIBEIRO, Joao Pedro	05	AD Machico	**3:11.70**	139	40.74	47.74	52.17	51.05
11.	NUNES, Andre Maltez	05	CD Nacional	**3:12.59**	137	45.42	49.70	51.35	46.12

Juvenil B - 15 anos

1.	ALVES, Paulo Rodrigues	04	CD Nacional	**2:06.90**	480	29.47	33.86	31.67	31.90
	Minimos Campeonato Zonal								
2.	BARRY, Rafael Francisco	04	Naval Funchal	**2:07.75**	470	28.49	32.06	33.44	33.76
	Minimos Campeonato Zonal								
3.	FERNANDES, Diogo Henr	04	Naval Funchal	**2:12.59**	420	30.01	33.63	34.65	34.30
4.	CAMACHO, Afonso Caires	04	Naval Funchal	**2:12.65**	420	29.70	34.24	35.70	33.01
5.	LEAL, Diogo Silva	04	Salesianos	**2:20.17**	356	31.77	36.07	37.50	34.83
6.	NUNES, Afonso Miguel	04	Salesianos	**2:21.90**	343	31.93	35.41	37.56	37.00
7.	TELES, Artur Corte	04	CD Sao Roque	**2:27.46**	306	32.55	37.95	39.40	37.56
8.	SILVA, Eduardo Rodrigues	04	Salesianos	**2:33.03**	273	34.81	39.32	40.12	38.78
9.	GOMES, Alexandre Montei	04	Salesianos	**2:35.79**	259	38.48	40.67	40.56	36.08
10.	MACHADO, Tiago Magalh	04	CD Nacional	**2:35.99**	258	32.92	39.97	42.47	40.63
11.	SILVA, Rodrigo Miranda	04	CD Nacional	**3:13.87**	134	45.33	48.80	51.11	48.63

Juvenil A - 16 anos

1.	GOMES, Goncalo Camara	03	Naval Funchal	**2:05.18**	500	28.85	31.86	32.69	31.78
	Minimos Campeonato Zonal								
2.	SOUSA, Pedro Afonso	03	CD Nacional	**2:10.90**	437	30.27	33.66	34.45	32.52
3.	BAPTISTA, Tiago Ornelas	03	Naval Funchal	**2:11.00**	436	30.40	33.66	33.86	33.08
4.	LOPES, Pedro Henrique	03	CD Sao Roque	**2:14.43**	403	29.99	33.80	35.10	35.54
5.	MELIM, Bruno Pontes	03	Salesianos	**2:19.51**	361	32.01	35.93	36.80	34.77
6.	OLIVEIRA, Jose Alexandre	03	CEO Liceu	**2:22.11**	341	33.69	36.70	36.96	34.76
7.	ABREU, Tiago Gomes	03	Naval Funchal	**2:48.79**	204	38.29	43.74	44.39	42.37
8.	FERNANDES, Goncalo Ma	03	CD Nacional	**3:06.12**	152	40.84	47.92	50.52	46.84
9.	KOVAL, Igor	03	CD Nacional	**3:12.96**	136	40.99	49.30	54.49	48.18

Juniores - 17, 18 anos

1.	FERRO, Henrique Martins	01	Naval Funchal	**2:02.10**	539	28.27	31.20	31.72	30.91
2.	RAMALHO, Joao Caires	02	CD Nacional	**2:17.19**	380	29.76	34.29	36.79	36.35
3.	PRIOSTE, Pedro Danilo	01	CD Sao Roque	**2:22.37**	340	31.29	36.13	37.96	36.99
4.	GAMA, Ibrahim Jose	01	Salesianos	**2:22.55**	338	32.70	36.28	37.25	36.32
5.	FERREIRA, Rodrigo Nobr	01	AD Machico	**2:26.45**	312	32.04	36.67	39.68	38.06
6.	DINIS, Fernando Jose	02	CD Sao Roque	**3:02.05**	162	44.29	43.92	46.91	46.93

Seniores - 19 e mais velhos

1.	CAMARA, Duarte Miguel	75	CD Nacional	**2:44.47**	220	36.18	41.13	44.04	43.12
2.	FREITAS, Eduardo Luis	99	AD Machico	**2:59.37**	170	35.53	44.16	50.24	49.44

Prova 33 — Femin., 100m Estilos — 16 anos e mais velhos
01/12/2018 - 18:52 — Resultados

Recorde Regional Absoluto	1:05.01	QUINTAL, Fabiana Maria	CDN	Leiria	06/12/2009
Recorde Regional Sen	1:05.01	QUINTAL, Fabiana Maria	CDN	Leiria	06/12/2009
Recorde Regional Jun17	1:10.03	SOUSA, Susana Margarida	CFU	M. Campo	13/03/1994
Recorde Regional Jun16	1:08.36	ABREU, Laura Catarina	CDN	Funchal	14/11/2015

TAC Nacional Jun: 1:10.69; Sen: 1:08.67

Pontos: FINA 2018

Lugar		Ano		Tempo final	Pts	50m	100m
Juniores - 16, 17 anos							
1.	LAMEIRAS, Beatriz Andreia	03	CEO Liceu	**1:27.52**	269	41.97	45.55
2.	PEREIRA, Luisa Tovela	03	CD Nacional	**1:31.88**	232	43.75	48.13
3.	FERNANDES, Francisca Olivei	02	CD Nacional	**1:33.02**	224	42.70	50.32
Seniores - 18 e mais velhos							
1.	HERNANDEZ, Marcelis Nativid	99	CS Maritimo	**1:24.02**	304	38.79	45.23
2.	CRO, Isabel Matilde	00	CEO Liceu	**1:40.99**	175	42.96	58.03

Prova 34 — Masc., 100m Estilos — 17 anos e mais velhos
01/12/2018 - 18:55 — Resultados

Recorde Regional Absoluto	57.76	MARQUES, Miguel Freitas	JACL	Funchal	29/07/2016
Recorde Regional Sen	57.76	MARQUES, Miguel Freitas	JACL	Funchal	29/07/2016
Recorde Regional Jun18	59.61	MARQUES, Miguel Freitas	CSM	Felgueiras	20/12/2013
Recorde Regional Jun17	1:00.04	SILVA, Tomas Antonio	CNF	Funchal	26/03/2018

TAC Nacional Jun: 1:01.70; Sen: 1:00.00

Pontos: FINA 2018

Lugar		Ano		Tempo final	Pts	50m	100m
Juniores - 17, 18 anos							
1.	CASTRO, Martim Pereira	02	CEO Liceu	**1:06.55**	431	31.81	34.74
2.	FREITAS, Joao Tomas	02	Salesianos	**1:07.55**	412	30.37	37.18
3.	CALDEIRA, Rodolfo Morais	02	Salesianos	**1:16.76**	281	35.13	41.63
Seniores - 19 e mais velhos							
1.	QUINTAL, Nuno Alexandre	99	CD Nacional	**1:04.50**	474	29.73	34.77
2.	MARQUES, Ruben Jose	94	CEO Liceu	**1:05.96**	443	29.87	36.09
3.	JORGE, Andre Camara	90	CEO Liceu	**1:05.99**	442	31.33	34.66
4.	SILVA, Joao Pedro	83	Naval Funchal	**1:06.74**	428	31.57	35.17
5.	FERREIRA, Antonio Duarte	98	CEO Liceu	**1:25.38**	204	40.83	44.55

4 - 3ª Jornada / Sessão Única 02/12/2018 - 9:15

Prova 35 | Femin., 400m Estilos | Absoluto
02/12/2018 - 9:15 | Resultados

Recorde Regional Absoluto	5:00.24	QUINTAL, Fabiana Maria	CDN	Funchal	19/02/2009
Recorde Regional Sen	5:00.24	QUINTAL, Fabiana Maria	CDN	Funchal	19/02/2009
Recorde Regional Jun17	5:20.63	QUINTAL, Fabiana Maria	CDN	Funchal	01/03/2001
Recorde Regional Jun16	5:14.13	FERNANDES, Isabel Catarina	CNF	Funchal	17/06/2006
Recorde Regional Juv A	5:21.90	ANDRADE, Rubina Amaro	CDN	Funchal	08/12/1993
Recorde Regional Juv B	5:19.80	SOUSA, Susana Margarida	CFU	Funchal	27/06/1991
Recorde Regional Inf A	5:18.10	CAIRES, Joana Costa	CNF	Sines	11/03/2011
Recorde Regional Inf B	5:36.11	FERNANDES, Catarina Isabel	CNF	Funchal	05/07/2002

TAC Zonal Inf B: 6:23.00; Inf A: 6:03.50; Juv B: 5:47.14; Juv A: 5:37.41 / TAC Nacional Inf B: 6:03.61; Inf A: 5:46.71; Juv B: 5:32.00; Juv A: 5:26.20; Jun: 5:19.73; Sen: 5:09.44

Pontos: FINA 2018

Lugar		Ano		Tempo final	Pts

Infantil B - 12 anos

1. RODRIGUES, Laura Sofia — 07 — Salesianos — **6:18.57** — 320
   Minimos Campeonato Zonal

50m:	44.64	44.64	150m:	2:24.26	47.27	250m:	3:58.45	47.88	350m:	5:35.23	46.42
100m:	1:36.99	52.35	200m:	3:10.57	46.31	300m:	4:48.81	50.36	400m:	6:18.57	43.34

2. FRANCA, Ines Matos — 07 — Salesianos — **6:42.54** — 266

50m:	44.61	44.61	150m:	2:30.79	50.87	250m:	4:18.67	57.14	350m:	5:59.85	43.69
100m:	1:39.92	55.31	200m:	3:21.53	50.74	300m:	5:16.16	57.49	400m:	6:42.54	42.69

Infantil A - 13 anos

1. DEUS, Ines Portugal — 06 — Naval Funchal — **5:51.51** — 399
   Minimos Campeonato Zonal

50m:	39.38	39.38	150m:	2:11.58	45.33	250m:	3:44.78	48.08	350m:	5:13.54	39.71
100m:	1:26.25	46.87	200m:	2:56.70	45.12	300m:	4:33.83	49.05	400m:	5:51.51	37.97

2. DIAS, Julia Alves — 06 — CD Nacional — **5:58.95** — 375
   Minimos Campeonato Zonal

50m:	39.06	39.06	150m:	2:08.40	45.28	250m:	3:44.33	50.23	350m:	5:18.33	41.94
100m:	1:23.12	44.06	200m:	2:54.10	45.70	300m:	4:36.39	52.06	400m:	5:58.95	40.62

3. FARIA, Laura Pereira — 06 — Salesianos — **7:12.07** — 215

50m:	49.11	49.11	150m:	2:46.85	52.91	250m:	4:40.54	58.00	350m:	6:26.80	48.99
100m:	1:53.94	1:04.83	200m:	3:42.54	55.69	300m:	5:37.81	57.27	400m:	7:12.07	45.27

Juniores - 16, 17 anos

1. SILVA, Gabriela Suamade — 02 — CD Sao Roque — **6:41.27** — 268

50m:	42.06	42.06	150m:	2:27.48	52.38	250m:	4:13.55	54.69	350m:	5:55.86	46.69
100m:	1:35.10	53.04	200m:	3:18.86	51.38	300m:	5:09.17	55.62	400m:	6:41.27	45.41

Prova 36 | Masc., 400m Estilos | Absoluto
02/12/2018 - 9:24 | Resultados

Recorde Regional Absoluto	4:23.27	FRANCO, Paulo Fragueiro	CDN	Felgueiras	22/11/2002
Recorde Regional Sen	4:23.27	FRANCO, Paulo Fragueiro	CDN	Felgueiras	22/11/2002
Recorde Regional Jun18	4:27.91	FRANCO, Paulo Fragueiro	CDN	Mealhada	23/03/2000
Recorde Regional Jun17	4:32.64	SILVA, Tomas Antonio	CNF	Funchal	26/03/2018
Recorde Regional Juv A	4:41.24	ALMEIDA, Carlos Alexandre	CDN	Funchal	05/06/2005
Recorde Regional Juv B	4:37.30	FREITAS, Tomas Miguel	CDN	Funchal	16/07/2005
Recorde Regional Inf A	4:40.32	FREITAS, Tomas Miguel	CDN	Funchal	09/07/2004
Recorde Regional Inf B	4:53.36	FREITAS, Tomas Miguel	CDN	Funchal	11/07/2003

TAC Zonal Inf B: 5:50.00; Inf A: 5:35.00; Juv B: 5:18.95; Juv A: 5:13.10 / TAC Nacional Inf B: 5:41.48; Inf A: 5:20.42; Juv B: 5:03.73; Juv A: 4:56.53; Jun: 4:45.97; Sen: 4:39.69

Pontos: FINA 2018

Lugar		Ano		Tempo final	Pts

Infantil B - 13 anos

1. MACHADO, Bernardo Magalhaes — 06 — CD Nacional — **6:00.22** — 279

50m:	36.86	36.86	150m:	2:10.82	47.28	250m:	3:46.49	50.58	350m:	5:18.92	41.71
100m:	1:23.54	46.68	200m:	2:55.91	45.09	300m:	4:37.21	50.72	400m:	6:00.22	41.30

2. GONCALVES, Martim Luis — 06 — CD Nacional — **6:33.70** — 214

50m:	40.57	40.57	150m:	2:22.62	50.11	250m:	4:09.46	55.64	350m:	5:50.00	43.29
100m:	1:32.51	51.94	200m:	3:13.82	51.20	300m:	5:06.71	57.25	400m:	6:33.70	43.70

Infantil A - 14 anos

1. OLIVEIRA, Diogo Alexandre — 05 — Naval Funchal — **5:18.46** — 404
Minimos Campeonato Zonal, Minimos Campeonato Nacional

50m:	32.88	32.88	150m:	1:52.13	41.49	250m:	3:18.95	46.21	350m:	4:43.07	36.50
100m:	1:10.64	37.76	200m:	2:32.74	40.61	300m:	4:06.57	47.62	400m:	5:18.46	35.39

2. RODRIGUES, Joao Luis — 05 — Naval Funchal — **5:29.12** — 366
Minimos Campeonato Zonal

50m:	33.58	33.58	150m:	1:55.77	42.85	250m:	3:27.06	48.51	350m:	4:52.65	37.62
100m:	1:12.92	39.34	200m:	2:38.55	42.78	300m:	4:15.03	47.97	400m:	5:29.12	36.47

3. FREITAS, Diogo Jesus — 05 — CD Nacional — **6:17.25** — 243

50m:	38.02	38.02	150m:	2:18.08	51.15	250m:	4:00.09	54.39	350m:	5:37.32	42.33
100m:	1:26.93	48.91	200m:	3:05.70	47.62	300m:	4:54.99	54.90	400m:	6:17.25	39.93

4. ALVES, Andre Camara — 05 — CD Nacional — **6:26.70** — 225

50m:	39.55	39.55	150m:	2:20.33	50.44	250m:	4:02.85	54.02	350m:	5:45.03	45.47
100m:	1:29.89	50.34	200m:	3:08.83	48.50	300m:	4:59.56	56.71	400m:	6:26.70	41.67

Juvenil B - 15 anos

1. FERREIRA, Leonardo Filipe — 04 — Naval Funchal — **5:24.57** — 381

50m:	31.72	31.72	150m:	1:52.96	43.06	250m:	3:20.46	46.38	350m:	4:46.59	38.41
100m:	1:09.90	38.18	200m:	2:34.08	41.12	300m:	4:08.18	47.72	400m:	5:24.57	37.98

2. FERNANDES, Martim Pestana — 04 — Naval Funchal — **5:25.29** — 379

50m:	36.12	36.12	150m:	2:01.32	43.44	250m:	3:27.70	43.02	350m:	4:48.49	37.47
100m:	1:17.88	41.76	200m:	2:44.68	43.36	300m:	4:11.02	43.32	400m:	5:25.29	36.80

Prova 37 — Femin., 100m Mariposa — Absoluto
02/12/2018 - 9:31 — Resultados

Recorde Regional Absoluto	1:03.45	OLIM, Carlota Freitas	CNF	S. Antonio Cavaleiros	20/12/2009
Recorde Regional Sen	1:03.70	ROSA, Beatriz Jong	CDN	Porto	09/12/2017
Recorde Regional Jun17	1:03.45	OLIM, Carlota Freitas	CNF	S. Antonio Cavaleiros	20/12/2009
Recorde Regional Jun16	1:04.75	ROSA, Beatriz Jong	CDN	Porto	12/12/2015
Recorde Regional Juv A	1:05.15	ROSA, Beatriz Jong	CDN	Funchal	11/07/2015
Recorde Regional Juv B	1:07.65	ROSA, Beatriz Jong	CDN	Tomar	15/12/2013
Recorde Regional Inf A	1:09.65	ROSA, Beatriz Jong	CDN	Funchal	24/07/2013
Recorde Regional Inf B	1:11.10	LOPES, Joana Cristina	CNF	Funchal	18/07/1992

TAC Zonal Inf B: 1:25.00; Inf A: 1:20.00; Juv B: 1:12.70; Juv A: 1:11.34 / TAC Nacional Inf B: 1:25.00; Inf A: 1:20.00; Juv B: 1:10.71; Juv A: 1:09.53; Jun: 1:07.38; Sen: 1:05.67

Pontos: FINA 2018

Lugar		Ano		Tempo final	Pts	50m	100m
Infantil B - 12 anos							
1.	CAMARA, Ines Cruz	07	CD Nacional	**1:20.53**	311	37.07	43.46
	Minimos Campeonato Zonal, Minimos Campeonato Nacional						
Infantil A - 13 anos							
1.	SILVA, Silvana Suamade	06	CD Sao Roque	**1:19.68**	321	37.69	41.99
	Minimos Campeonato Zonal, Minimos Campeonato Nacional						
2.	FERRO, Maria Leonor	06	Naval Funchal	**1:20.44**	312	37.50	42.94
3.	SOUSA, Ivana Valentina	06	CD Nacional	**1:23.28**	281	40.06	43.22
4.	PEREIRA, Joana Marques	06	CD Nacional	**1:28.49**	235	40.18	48.31
5.	TEMBE, Ines Afonso	06	CD Nacional	**1:44.34**	143	48.73	55.61
6.	BAPTISTA, Constanca Ornelas	06	Naval Funchal	**2:00.11**	93	54.88	1:05.23
Juvenil B - 14 anos							
1.	AVEIRO, Leonor Sofia	05	Naval Funchal	**1:19.68**	321	37.06	42.62
2.	GOMES, Madalena Sousa	05	Naval Funchal	**1:39.56**	165	46.15	53.41
Juvenil A - 15 anos							
1.	SOUSA, Joana Francisca	04	CD Sao Roque	**1:14.14**	399	35.01	39.13
2.	RAMOS, Barbara Emerick	04	Salesianos	**1:18.75**	333	38.28	40.47
3.	CAMACHO, Laura Fernandes	04	Naval Funchal	**1:19.61**	322	37.60	42.01
4.	OLIVEIRA, Sara Fernandes	04	Salesianos	**1:23.43**	280	37.25	46.18
5.	FREITAS, Beatriz Castro	04	Naval Funchal	**1:25.47**	260	38.56	46.91
6.	JESUS, Mariana Caires	04	Salesianos	**1:26.69**	249	38.94	47.75
7.	ANDRADE, Margarida Fernand	04	Salesianos	**1:28.77**	232	39.88	48.89
8.	RODRIGUES, Maria Carolina	04	CD Nacional	**1:40.67**	159	41.65	59.02
9.	AGUIAR, Leonor Nobrega	04	CEO Liceu	**2:00.08**	94	57.71	1:02.37
Juniores - 16, 17 anos							
1.	JESUS, Filipa Mafalda	03	CD Sao Roque	**1:24.98**	265	41.57	43.41
2.	GONCALVES, Joana Marques	02	Salesianos	**1:26.77**	249	37.10	49.67
Seniores - 18 e mais velhos							
1.	HERNANDEZ, Marcelis Nativid	99	CS Maritimo	**1:32.06**	208	40.60	51.46
2.	CRO, Isabel Matilde	00	CEO Liceu	**1:47.65**	130	46.87	1:00.78

Prova 38 — Masc., 100m Mariposa — Absoluto
02/12/2018 - 9:38 — Resultados

Recorde Regional Absoluto	55.09	SEQUEIRA, Afonso Meneses	CNF	Funchal	10/12/2016
Recorde Regional Sen	55.34	FRANCO, Joao Fragueiro	CNF	S. Antonio Cavaleiros	20/12/2009
Recorde Regional Jun18	55.09	SEQUEIRA, Afonso Meneses	CNF	Funchal	10/12/2016
Recorde Regional Jun17	56.11	SEQUEIRA, Afonso Meneses	CNF	Porto	12/12/2015
Recorde Regional Juv A	58.04	SEQUEIRA, Afonso Meneses	CNF	Leiria	13/12/2014
Recorde Regional Juv B	58.96	VARGAS, Henrique Luis	CNF	Funchal	24/07/2013
Recorde Regional Inf A	1:01.59	CAIRES, Nuno Costa	CNF	Funchal	12/07/2008
Recorde Regional Inf B	1:04.84	CASTRO, Joao Cruz	CSM	Funchal	24/07/2013

TAC Zonal Inf B: 1:17.50; Inf A: 1:12.60; Juv B: 1:06.27; Juv A: 1:05.09 / TAC Nacional Inf B: 1:17.50; Inf A: 1:12.60; Juv B: 1:03.30; Juv A: 1:01.43; Jun: 58.57; Sen: 57.23

Pontos: FINA 2018

Lugar		Ano		Tempo final	Pts	50m	100m
Infantil B - 13 anos							
1.	PAULOS, Joao Afonso	06	Naval Funchal	**1:15.01**	263	34.64	40.37
	Minimos Campeonato Zonal, Minimos Campeonato Nacional						
2.	ABREU, Joao Francisco	06	Naval Funchal	**1:21.52**	205	38.06	43.46
3.	FERRAZ, Luis Afonso	06	Naval Funchal	**1:26.84**	169	40.87	45.97
4.	SILVA, Joao Luis	06	CEO Liceu	**1:45.25**	95	46.99	58.26
Infantil A - 14 anos							
1.	GOUVEIA, Luis Galvao	05	CD Nacional	**1:09.84**	326	34.05	35.79
	Minimos Campeonato Zonal, Minimos Campeonato Nacional						
2.	DIAS, Andre Vicente	05	CD Nacional	**1:14.48**	269	32.54	41.94
3.	VOLOZHENIM, Alexandre	05	Naval Funchal	**1:18.64**	228	35.47	43.17
4.	ALVES, Tiago Pires	05	Salesianos	**1:21.20**	207	37.62	43.58
5.	ALVES, Afonso Pires	05	Salesianos	**1:25.04**	180	41.41	43.63
Juvenil B - 15 anos							
1.	BARRY, Rafael Francisco	04	Naval Funchal	**1:04.79**	408	29.42	35.37
	Minimos Campeonato Zonal						
2.	FERREIRA, Leonardo Filipe	04	Naval Funchal	**1:11.41**	305	31.68	39.73
3.	GOMES, Alexandre Monteiro	04	Salesianos	**1:15.35**	259	36.08	39.27
4.	MACHADO, Tiago Magalhaes	04	CD Nacional	**1:20.26**	214	34.95	45.31
5.	PEREIRA, Diogo Gameiro	04	Naval Funchal	**1:34.37**	132	41.57	52.80
Juvenil A - 16 anos							
1.	SOUSA, Pedro Afonso	03	CD Nacional	**1:02.65**	451	29.36	33.29
	Minimos Campeonato Zonal						
2.	MATOS, Rodrigo Vieira	03	Naval Funchal	**1:03.33**	437	29.80	33.53
	Minimos Campeonato Zonal						
3.	BAPTISTA, Tiago Ornelas	03	Naval Funchal	**1:05.84**	389	30.70	35.14
4.	CAMARA, Simao Vieira	03	CD Sao Roque	**1:08.55**	345	32.04	36.51
5.	MELIM, Bruno Pontes	03	Salesianos	**1:13.68**	277	34.14	39.54
6.	VIEIRA, Emanuel Eloi	03	CD Sao Roque	**1:25.20**	179	38.20	47.00
Juniores - 17, 18 anos							
1.	ALVES, Afonso Pinto	02	Naval Funchal	**1:00.81**	494	28.44	32.37
2.	FERRO, Henrique Martins	01	Naval Funchal	**1:01.01**	489	28.70	32.31
3.	GRACA, Fernando Guerreiro	02	Naval Funchal	**1:02.87**	447	29.54	33.33
4.	SEQUEIRA, Pedro Meneses	01	Naval Funchal	**1:04.35**	417	28.53	35.82
5.	RODRIGUES, Pedro Reis	02	CD Sao Roque	**1:05.96**	387	30.52	35.44

Prova 38, Masc., 100m Mariposa

Seniores - 19 e mais velhos

1.	QUINTAL, Nuno Alexandre	99	CD Nacional	**1:02.60**	453	28.68	33.92

Prova 39 — Femin., 50m Bruços — 16 anos e mais velhos
02/12/2018 - 9:46 — Resultados

Recorde Regional Absoluto	33.10	QUINTAL, Fabiana Maria	CDN	Guarda	12/12/2010
Recorde Regional Sen	33.10	QUINTAL, Fabiana Maria	CDN	Guarda	12/12/2010
Recorde Regional Jun17	34.07	ABREU, Laura Catarina	CDWT	Funchal	11/12/2016
Recorde Regional Jun16	33.71	ABREU, Laura Catarina	CDN	Porto	13/12/2015

TAC Nacional Jun: 36.21; Sen: 35.01

Pontos: FINA 2018

Lugar		Ano		Tempo final	Pts
Juniores - 16, 17 anos					
1.	REBELO, Filipa Margarida	03	Salesianos	**38.23**	420
2.	OLIVEIRA, Beatriz Camacho	03	Naval Funchal	**41.59**	326
3.	LECA, Natasha Maria	03	CD Nacional	**43.00**	295
4.	BARROS, Margarida Nunes	02	Salesianos	**44.81**	261
5.	SILVA, Gabriela Suamade	02	CD Sao Roque	**44.98**	258
Seniores - 18 e mais velhos					
1.	FERREIRA, Fatima Maria	78	CEO Liceu	**50.53**	182

Prova 40 — Masc., 50m Bruços — 17 anos e mais velhos
02/12/2018 - 9:48 — Resultados

Recorde Regional Absoluto	28.85	MARQUES, Miguel Freitas	CEOL	Funchal	26/03/2018
Recorde Regional Sen	28.85	MARQUES, Miguel Freitas	CEOL	Funchal	26/03/2018
Recorde Regional Jun18	29.26	FIGUEIRA, Andre Temtem	CNF	Funchal	12/07/2009
Recorde Regional Jun17	31.06	SILVA, Tomas Antonio	CNF	Funchal	10/06/2018

TAC Nacional Jun: 31.24; Sen: 30.31

Pontos: FINA 2018

Lugar		Ano		Tempo final	Pts
Juniores - 17, 18 anos					
1.	FERNANDES, Pedro Pestana	01	Naval Funchal	**32.70**	460
2.	PAULOS, Francisco Silva	02	Naval Funchal	**33.84**	415
3.	CALDEIRA, Rodolfo Morais	02	Salesianos	**39.35**	264
Seniores - 19 e mais velhos					
1.	SILVA, Joao Pedro	83	Naval Funchal	**32.07**	488
2.	JORGE, Andre Camara	90	CEO Liceu	**32.08**	487
3.	MARQUES, Ruben Jose	94	CEO Liceu	**33.39**	432
4.	FERREIRA, Antonio Duarte	98	CEO Liceu	**40.86**	235

Prova 41 — Femin., 200m Costas — Absoluto
02/12/2018 - 9:51 — Resultados

Recorde Regional Absoluto	2:21.09	QUINTAL, Fabiana Maria	CDN	Silves	22/12/2007
Recorde Regional Sen	2:21.09	QUINTAL, Fabiana Maria	CDN	Silves	22/12/2007
Recorde Regional Jun17	2:23.46	QUINTAL, Fabiana Maria	CDN	Funchal	03/02/2001
Recorde Regional Jun16	2:25.65	QUINTAL, Fabiana Maria	CDN	Funchal	19/07/2000
Recorde Regional Juv A	2:24.92	ROSA, Beatriz Jong	CDN	Funchal	10/07/2015
Recorde Regional Juv B	2:27.90	NUNES, Joanette Vilarejo	CNF	Funchal	07/07/1994
Recorde Regional Inf A	2:34.04	ENCARNACAO, Fabia Micaela	CDN	Funchal	10/07/1998
Recorde Regional Inf B	2:40.09	REIS, Constantina Isabel	CDN	Funchal	12/07/1996

TAC Zonal Inf B: 3:00.00; Inf A: 2:50.00; Juv B: 2:43.15; Juv A: 2:38.58 / TAC Nacional Inf B: 2:50.16; Inf A: 2:41.55; Juv B: 2:34.71; Juv A: 2:33.30; Jun: 2:28.28; Sen: 2:25.10

Pontos: FINA 2018

Lugar		Ano		Tempo final	Pts	50m	100m	150m	200m
Infantil B - 12 anos									
1.	NETO, Leonor Rodrigues	07	Naval Funchal	**2:53.32**	325	41.26	44.23	44.97	42.86
	Minimos Campeonato Zonal								
2.	RODRIGUES, Laura Sofia	07	Salesianos	**2:55.64**	312	41.80	44.62	45.53	43.69
	Minimos Campeonato Zonal								
3.	CAMARA, Ines Cruz	07	CD Nacional	**2:59.11**	294	42.33	45.62	46.39	44.77
	Minimos Campeonato Zonal								
4.	GONCALVES, Valentina J	07	CD Nacional	**3:01.01**	285	42.15	45.98	47.02	45.86
5.	TEMTEM, Sara Maria	07	CD Nacional	**3:08.99**	251	45.01	48.72	49.43	45.83
6.	MATEUS, Clarisse Vieira	07	CD Nacional	**3:17.94**	218	46.59	50.81	51.36	49.18
7.	FRANCA, Ines Matos	07	Salesianos	**3:19.31**	214	46.67	52.31	52.07	48.26
8.	FIGUEIRA, Madalena Leo	07	Naval Funchal	**3:21.16**	208	48.39	51.46	52.50	48.81
Infantil A - 13 anos									
1.	DEUS, Ines Portugal	06	Naval Funchal	**2:46.63**	366	39.18	42.77	43.68	41.00
	Minimos Campeonato Zonal								
2.	SEQUEIRA, Beatriz Menes	06	Naval Funchal	**2:46.65**	366	39.96	42.42	42.35	41.92
	Minimos Campeonato Zonal								
3.	FREITAS, Margarida Ram	06	CD Nacional	**2:50.05**	344	40.00	42.63	43.46	43.96
4.	JARDIM, Lara Filipa	06	Naval Funchal	**2:51.86**	333	40.48	43.95	45.80	41.63
5.	FREITAS, Beatriz Rodrigu	06	Naval Funchal	**2:53.48**	324	39.61	43.51	46.67	43.69
6.	CANADA, Maria Elvira	06	CD Nacional	**2:58.02**	300	41.95	46.10	46.07	43.90
7.	CARICHAS, Joana Medeir	06	Salesianos	**2:58.78**	296	42.21	46.26	47.50	42.81
8.	ABREU, Ana Rodrigues	06	Naval Funchal	**3:04.02**	271	42.94	46.51	47.42	47.15
9.	PEREIRA, Joana Marques	06	CD Nacional	**3:07.86**	255	43.62	48.19	50.27	45.78
10.	FARIA, Laura Pereira	06	Salesianos	**3:22.16**	205	47.46	52.29	52.66	49.75
DSQ	SOUSA, Maria Beatriz	06	Naval Funchal						
	603 - Após viragem saiu em posição ventral aos 125 m - SW 6.2								
Juvenil B - 14 anos									
1.	ARAUJO, Maria Clara	05	Naval Funchal	**2:45.87**	371	38.97	42.66	42.50	41.74
2.	JARDIM, Teresa Vieira	05	Naval Funchal	**2:48.31**	355	36.14	41.81	46.31	44.05
3.	LUIS, Mariana Capelo	05	Salesianos	**3:09.68**	248	44.39	48.16	49.99	47.14
4.	ABREU, Maria Eduarda	05	CD Nacional	**3:20.34**	210	48.28	52.20	51.20	48.66
5.	BARROS, Ana Carolina	05	Salesianos	**3:26.07**	193	49.79	53.01	53.43	49.84
6.	SILVA, Maria Fabiana	05	CD Nacional	**3:45.61**	147	50.08	56.39	1:01.41	57.73
7.	DINIS, Maria Antonia	05	CD Nacional	**3:48.24**	142	53.25	59.43	1:00.88	54.68

Prova 41, Femin., 200m Costas

Juvenil A - 15 anos

1.	CAMACHO, Laura Fernan	04	Naval Funchal	**2:46.86**	364	39.92	42.57	42.93	41.44
2.	OLIVEIRA, Sara Fernande	04	Salesianos	**2:52.80**	328	40.05	44.61	45.41	42.73
3.	RAMOS, Barbara Emerick	04	Salesianos	**2:53.07**	326	41.27	43.89	44.41	43.50
4.	JESUS, Mariana Caires	04	Salesianos	**3:06.20**	262	41.69	46.86	49.56	48.09
5.	SOARES, Ines Silva	04	CD Nacional	**3:13.36**	234	45.49	48.31	50.39	49.17

Juniores - 16, 17 anos

1.	BETENCOURT, A.	03	Naval Funchal	**2:47.65**	359	38.47	42.08	43.71	43.39
2.	GONCALVES, Joana Marc	02	Salesianos	**2:51.12**	338	40.18	43.52	44.30	43.12
3.	PEREIRA, Luisa Tovela	03	CD Nacional	**3:09.21**	250	44.40	48.46	48.83	47.52
4.	FERNANDES, F.	02	CD Nacional	**3:14.03**	232	45.15	48.24	50.66	49.98

Seniores - 18 e mais velhos

1.	ALVES, Catarina Andrade	78	CD Nacional	**2:56.64**	307	40.00	43.90	45.74	47.00

Prova 42 — Masc., 200m Costas — Absoluto
02/12/2018 - 10:11 — Resultados

Recorde Regional Absoluto	2:02.37	MELIM, Oscar Ramos	CDN	S. Antonio Cavaleiros	20/12/2009
Recorde Regional Sen	2:02.37	MELIM, Oscar Ramos	CDN	S. Antonio Cavaleiros	20/12/2009
Recorde Regional Jun18	2:06.22	MELIM, Oscar Ramos	CDN	Funchal	10/07/2004
Recorde Regional Jun17	2:08.60	GOMES, Henrique Santos	CNF	Funchal	28/07/2017
Recorde Regional Juv A	2:06.70	PEREIRA, Nuno Miguel	CDN	Funchal	16/07/1992
Recorde Regional Juv B	2:08.37	FERNANDES, Rui Afonso	CDN	Funchal	01/08/2018
Recorde Regional Inf A	2:17.56	FREITAS, Tomas Miguel	CDN	Funchal	25/06/2004
Recorde Regional Inf B	2:23.91	FREITAS, Tomas Miguel	CDN	Funchal	28/06/2003

TAC Zonal Inf B: 2:45.00; Inf A: 2:36.00; Juv B: 2:27.99; Juv A: 2:25.28 / TAC Nacional Inf B: 2:39.57; Inf A: 2:29.16; Juv B: 2:21.24; Juv A: 2:17.86; Jun: 2:12.27; Sen: 2:08.46

Pontos: FINA 2018

Lugar		Ano		Tempo final	Pts	50m	100m	150m	200m
Infantil B - 13 anos									
1.	PITA, Pedro Miguel *Minimos Campeonato Zonal*	06	Naval Funchal	**2:41.66**	278	37.81	41.66	42.10	40.09
2.	GARANITO, Simao Silva	06	Naval Funchal	**3:04.58**	187	43.37	46.70	48.33	46.18
3.	SETIM, Joao Oliveira	06	Naval Funchal	**3:12.31**	165	45.30	49.37	50.52	47.12
Infantil A - 14 anos									
1.	GOUVEIA, Luis Galvao *Minimos Campeonato Zonal*	05	CD Nacional	**2:30.38**	346	35.48	38.18	38.91	37.81
2.	SOUSA, Lourenco Quintas	05	Naval Funchal	**2:46.79**	254	38.38	43.17	43.64	41.60
3.	SILVA, Tony Stefano	05	Naval Funchal	**2:51.51**	233	39.98	43.93	45.33	42.27
4.	BOULHOSA, Rodrigo Abre	05	Naval Funchal	**2:56.04**	216	41.17	45.81	45.33	43.73
Juvenil B - 15 anos									
1.	ALVES, Paulo Rodrigues *Minimos Campeonato Zonal, Minimos Campeonato Nacional*	04	CD Nacional	**2:18.63**	442	33.24	35.75	35.07	34.57
2.	CAMACHO, Afonso Caires *Minimos Campeonato Zonal*	04	Naval Funchal	**2:25.64**	381	33.06	36.71	38.61	37.26
3.	RODRIGUES, Rodrigo Re	04	CD Sao Roque	**2:29.32**	354	35.74	38.32	38.70	36.56
4.	LEAL, Diogo Silva	04	Salesianos	**2:29.85**	350	35.14	37.94	39.12	37.65
5.	NUNES, Afonso Miguel	04	Salesianos	**2:30.81**	343	35.03	37.98	39.08	38.72
6.	TELES, Artur Corte	04	CD Sao Roque	**2:38.41**	296	35.89	39.91	41.68	40.93
7.	PEREIRA, Jordao Abreu	04	Salesianos	**2:38.84**	294	38.26	40.71	40.97	38.90

Prova 42, Masc., 200m Costas, Juvenil B - 15 anos

Lugar		Ano		Tempo final	Pts	50m	100m	150m	200m
8.	AGUILAR, Luis Santos	04	CD Nacional	**2:48.72**	245	38.02	43.12	44.54	43.04
9.	SILVA, Eduardo Rodrigues	04	Salesianos	**2:50.44**	238	42.45	43.73	43.63	40.63
10.	GONCALVES, Vitor Afonso	04	Salesianos	**2:54.72**	220	40.30	44.85	45.81	43.76
11.	FERNANDEZ, Joao Guilhe	04	Salesianos	**3:08.23**	176	43.56	48.72	49.50	46.45

Juvenil A - 16 anos

1.	GOMES, Goncalo Camara *Minimos Campeonato Zonal*	03	Naval Funchal	**2:19.92**	430	32.37	35.84	36.12	35.59
2.	LOPES, Pedro Henrique	03	CD Sao Roque	**2:31.82**	336	35.41	37.84	39.76	38.81
3.	OLIVEIRA, Jose Alexandre	03	CEO Liceu	**2:40.22**	286	39.10	40.86	41.17	39.09
4.	ABREU, Tiago Gomes	03	Naval Funchal	**3:06.96**	180	44.49	47.54	48.74	46.19

Juniores - 17, 18 anos

1.	FREITAS, Joao Tomas	02	Salesianos	**2:19.83**	431	32.53	35.46	36.93	34.91
2.	NASCIMENTO, Diogo And	02	Naval Funchal	**2:26.81**	372	33.87	37.05	38.19	37.70

Prova 43 — Femin., 1500m Livres — 16 anos e mais velhos
02/12/2018 - 10:26 — Resultados

Recorde Regional Absoluto	17:37.10	ANDRADE, Rubina Amaro	CDN	Funchal	22/07/1995
Recorde Regional Sen	17:55.74	ANDRADE, Rubina Amaro	CDN	Funchal	13/06/1997
Recorde Regional Jun17	18:32.01	HENRIQUES, Luisa Costa	CNF	Funchal	29/05/2010
Recorde Regional Jun16	17:37.10	ANDRADE, Rubina Amaro	CDN	Funchal	22/07/1995

TAC Nacional Jun: 17:53.53; Sen: 17:31.92

Pontos: FINA 2018

Lugar		Ano		Tempo final	Pts

Seniores - 18 e mais velhos

1. TELES, Anabela Corte — 01 — CD Sao Roque — **20:26.38** — 421

100m:	1:15.81	1:15.81	500m:	6:41.44	1:21.79	900m:	12:11.43	1:22.76	1300m:	17:42.32	1:22.76
200m:	2:36.17	1:20.36	600m:	8:03.64	1:22.20	1000m:	13:33.90	1:22.47	1400m:	19:05.07	1:22.75
300m:	3:57.66	1:21.49	700m:	9:26.03	1:22.39	1100m:	14:56.39	1:22.49	1500m:	20:26.38	1:21.31
400m:	5:19.65	1:21.99	800m:	10:48.67	1:22.64	1200m:	16:19.56	1:23.17			

Prova 44 — Masc., 800m Livres — 17 anos e mais velhos
02/12/2018 - 10:47 — Resultados

Recorde Regional Absoluto	7:59.51	FRANCO, Paulo Fragueiro	CDN	Leiria	06/12/2009
Recorde Regional Sen	7:59.51	FRANCO, Paulo Fragueiro	CDN	Leiria	06/12/2009
Recorde Regional Jun18	8:16.27	GOUVEIA, Pedro Galvao	CDN	Funchal	09/12/2016
Recorde Regional Jun17	8:26.03	GOUVEIA, Pedro Galvao	CDN	Funchal	05/03/2016

TAC Nacional Jun: 8:27.89; Sen: 8:15.49

Pontos: FINA 2018

Lugar		Ano		Tempo final	Pts

Juniores - 17, 18 anos

1. RODRIGUES, Pedro Reis — 02 — CD Sao Roque — **9:03.66** — 542

100m:	1:01.69	1:01.69	300m:	3:16.69	1:07.77	500m:	5:35.16	1:09.54	700m:	7:54.99	1:09.81
200m:	2:08.92	1:07.23	400m:	4:25.62	1:08.93	600m:	6:45.18	1:10.02	800m:	9:03.66	1:08.67

2. OLIVEIRA, Pedro Freitas — 02 — Naval Funchal — **9:05.90** — 535

100m:	1:02.57	1:02.57	300m:	3:18.18	1:07.71	500m:	5:38.37	1:10.73	700m:	7:59.85	1:10.96
200m:	2:10.47	1:07.90	400m:	4:27.64	1:09.46	600m:	6:48.89	1:10.52	800m:	9:05.90	1:06.05

Prova 45 | Femin., 4 x 100m Livres | Absoluto
02/12/2018 - 11:02 | Resultados

Recorde Regional 4:03.77 Clube Naval do Funchal CNF S. Antonio Cavaleiros 19/12/2009

TAC Zonal Inf B: 5:10.00; Inf A: 4:58.00; Juv B: 4:36.71; Juv A: 4:31.62 / TAC Nacional - Estafetas Juv: 4:16.14; Jun: 4:08.82; Sen: 4:03.94

Pontos: FINA 2018

Lugar							Tempo final	Pts

Infantil B - 12 anos

1.	CD Nacional 11				CD Nacional			**5:14.23**	283
	GONCALVES, Valentina Jose	+0,61	36.27	1:16.88	MATEUS, Clarisse Vieira	+0,61	39.60	1:22.95	
	CAMARA, Ines Cruz		34.77	1:14.39	TEMTEM, Sara Maria	+0,39	37.40	1:20.01	
2.	Naval Funchal 27				Naval Funchal			**5:43.61**	217
	NETO, Leonor Rodrigues	+0,65	36.31	1:15.90	FREITAS, Maria Raquel	+0,59	40.98	1:31.21	
	FIGUEIRA, Madalena Leonor		37.44	1:19.36	RODRIGUES, Beatriz Mendes		44.56	1:37.14	

Infantil A - 13 anos

1.	Naval Funchal 16				Naval Funchal			**4:43.50**	386
	Minimos Campeonato Zonal								
	SEQUEIRA, Beatriz Meneses	+0,62	33.73	1:10.75	DEUS, Ines Portugal	+0,40	34.17	1:10.90	
	ABREU, Ana Rodrigues	+0,30	33.43	1:10.48	FREITAS, Beatriz Rodrigues		33.45	1:11.37	
2.	CD Nacional 12				CD Nacional			**4:56.40**	338
	Minimos Campeonato Zonal								
	PEREIRA, Joana Marques		35.46	1:14.99	CANADA, Maria Elvira	+0,26	35.38	1:15.24	
	FREITAS, Margarida Ramos	+0,20	35.13	1:14.41	DIAS, Julia Alves	+0,45	34.10	1:11.76	
3.	Naval Funchal 26				Naval Funchal			**5:18.50**	272
	JARDIM, Lara Filipa	+0,74	34.40	1:10.59	SOUSA, Maria Beatriz	+0,26	39.97	1:26.91	
	FERRO, Maria Leonor	+0,17	34.05	1:13.33	BAPTISTA, Constanca Ornelas		42.37	1:27.67	

Juvenil B - 14 anos

1.	CD Nacional 3				CD Nacional			**6:02.19**	185
	SOUSA, Beatriz Maria	+0,69	44.75	1:41.22	SILVA, Maria Fabiana	+0,71	38.67	1:21.33	
	ABREU, Maria Eduarda		39.26	1:21.06	DINIS, Maria Antonia		46.07	1:38.58	

Absoluto - 12 e mais velhos

1.	CD Sao Roque 1				CD Sao Roque			**4:33.32**	431
	LUIS, Jessica Santos	+0,59	31.03	1:05.93	TELES, Anabela Corte	+0,56	33.16	1:09.86	
	SOUSA, Joana Francisca	+0,39	31.10	1:05.77	SILVA, Silvana Suamade	+0,19	34.41	1:11.76	
2.	Salesianos 1				Salesianos			**4:33.72**	429
	OLIVEIRA, Sara Fernandes	+0,62	31.94	1:07.10	GONCALVES, Joana Marques	+0,18	32.53	1:09.60	
	RAMOS, Barbara Emerick	+0,39	32.79	1:08.18	BARROS, Margarida Nunes	+0,22	32.48	1:08.84	
3.	Salesianos 2				Salesianos			**4:50.95**	357
	ANDRADE, Margarida Fernande	+0,66	33.32	1:10.89	REBELO, Filipa Margarida	+0,63	32.87	1:12.07	
	JESUS, Mariana Caires	+0,37	34.79	1:11.85	RODRIGUES, Laura Sofia		36.38	1:16.14	
4.	Salesianos 3				Salesianos			**5:27.85**	249
	CARICHAS, Joana Medeiros	+0,69	37.05	1:17.93	FRANCA, Ines Matos		39.83	1:24.22	
	LUIS, Mariana Capelo		38.49	1:22.00	FARIA, Laura Pereira	+0,48	39.70	1:23.70	
5.	CD Nacional 2				CD Nacional			**5:52.72**	200
	SOARES, Ines Silva	+0,82	36.91	1:15.96	RODRIGUES, Maria Carolina	+0,57	38.70	1:25.12	
	BATISTA, Rita Teixeira		48.55	1:42.65	TEMBE, Ines Afonso	+0,37	41.56	1:28.99	

Prova 46 | Masc., 4 x 100m Livres | Absoluto
02/12/2018 - 11:16 | Resultados

Recorde Regional 3:25.10 Clube Desportivo Nacional CDN S. Antonio Cavaleiros 19/12/2009

TAC Zonal Inf B: 4:43.00; Inf A: 4:32.00; Juv B: 4:18.37; Juv A: 4:08.68 / TAC Nacional - Estafetas Juv: 3:51.30; Jun: 3:41.67; Sen: 3:34.17

Pontos: FINA 2018

Lugar							Tempo final	Pts

Infantil B - 13 anos

1.	Naval Funchal 26				Naval Funchal		**4:45.56**	264
	PAULOS, Joao Afonso	+0,54	31.47	1:07.22	SETIM, Joao Oliveira	+0,54	35.07	1:13.85
	PITA, Pedro Miguel	+0,16	33.58	1:11.73	FERRAZ, Luis Afonso	+0,41	34.88	1:12.76

Infantil A - 14 anos

1.	Naval Funchal 25				Naval Funchal		**4:26.36**	325
	Minimos Campeonato Zonal							
	VOLOZHENIM, Alexandre	+0,74	32.57	1:06.96	OLIVEIRA, Diogo Alexandre	+0,16	29.12	1:01.32
	BOULHOSA, Rodrigo Abreu	+0,49	35.97	1:15.06	RODRIGUES, Joao Luis	+0,37	29.65	1:03.02
2.	CD Nacional 18				CD Nacional		**4:38.62**	284
	FREITAS, Diogo Jesus	+0,89	33.26	1:10.01	GOUVEIA, Luis Galvao	+0,30	30.78	1:03.91
	DIAS, Andre Vicente		33.83	1:09.50	ALVES, Andre Camara	+0,31	34.78	1:15.20

Juvenil B - 15 anos

1.	Naval Funchal 24				Naval Funchal		**3:56.83**	463
	Minimos Campeonato Zonal							
	FERREIRA, Leonardo Filipe	+0,71	28.90	1:00.39	BARRY, Rafael Francisco	+0,33	27.03	57.71
	FERNANDES, Diogo Henrique	+0,32	28.62	1:00.74	CAMACHO, Afonso Caires	0.00	27.26	57.99

Juvenil A - 16 anos

1.	Naval Funchal 23				Naval Funchal		**3:57.63**	458
	Minimos Campeonato Zonal							
	GOMES, Goncalo Camara	+0,65	27.56	56.77	AGUIAR, Pedro Ferreira	+0,40	29.99	1:02.80
	BAPTISTA, Tiago Ornelas	+0,47	23.53	59.87	MATOS, Rodrigo Vieira	+0,39	27.83	58.19

Juniores - 17, 18 anos

DSQ	Naval Funchal 52				Naval Funchal			
	111 - Rendição antecipada do(a) 4 nadador(a) - SW 10.11							
	SEQUEIRA, Pedro Meneses	+0,66	26.97	57.22	OLIVEIRA, Pedro Freitas	+0,06		
	FERRO, Henrique Martins	-0,01			GRACA, Fernando Guerreiro	-0,14		

Absoluto - 13 e mais velhos

1.	Salesianos 1				Salesianos		**4:08.30**	402
	LEAL, Diogo Silva	+0,74	29.96	1:01.64	MELIM, Bruno Pontes	+0,50	31.02	1:03.41
	FREITAS, Joao Tomas	+0,33	28.61	59.98	NUNES, Afonso Miguel	+0,41	30.27	1:03.27
2.	CD Sao Roque 3				CD Sao Roque		**4:09.47**	396
	CAMARA, Simao Vieira	+0,67	28.86	1:00.42	TELES, Artur Corte	+0,57	30.49	1:04.85
	LOPES, Pedro Henrique	+0,42	29.29	1:01.41	RODRIGUES, Rodrigo Reis	+0,16	30.14	1:02.79
3.	CD Nacional 17				CD Nacional		**4:33.80**	300
	QUINTAL, Nuno Alexandre	+0,50	27.33	57.92	GONCALVES, Martim Luis	+0,38	35.57	1:14.53
	MACHADO, Bernardo Magalhae	+0,45	33.55	1:10.73	AGUILAR, Luis Santos	+0,05	32.16	1:10.62
4.	Salesianos 3				Salesianos		**4:50.05**	252
	GONCALVES, Vitor Afonso	+0,74	33.51	1:11.54	ALVES, Afonso Pires	+0,68	36.12	1:15.88
	FERNANDEZ, Joao Guilherme	+0,47	33.42	1:12.98	ALVES, Tiago Pires	+0,19	32.87	1:09.65

Prova 46, Masc., 4 x 100m Livres, Absoluto - 13 e mais velhos

Lugar							Tempo final	Pts
5.	CD Nacional 6				CD Nacional		**5:22.60**	183
	MACHADO, Tiago Magalhaes	+0,58	31.54	1:05.99	NUNES, Andre Maltez		44.50	1:30.77
	MENDES, Juan Diego	+0,75	38.19	1:21.02	KOVAL, Igor	+0,91	40.88	1:24.82
DSQ	Salesianos 2				Salesianos			
	111 - Rendição antecipada do(a) 3 nadador(a) - SW 10.11							
	CALDEIRA, Rodolfo Morais	+0,74	31.28	1:06.75	SILVA, Eduardo Rodrigues	-0,10		
	PEREIRA, Jordao Abreu	+0,63			GOMES, Alexandre Monteiro	+0,28		