1 - 1ª Jornada / 1ª Sessão — 22/03/2019 - 19:15

Prova 1 — Femin., 1500m Livres — Absolutos
22/03/2019 - 19:15 — Resultados

Recorde Regional Absoluto	18:55.48	MARQUES, Mariana Sousa	CNF	Coimbra	30/07/2006
Recorde Regional Sen18	18:55.48	MARQUES, Mariana Sousa	CNF	Coimbra	30/07/2006
Recorde Regional Jun17	19:14.40	TEMPO LIMITE,			
Recorde Regional Jun16	19:14.40	DORIA, Madalena Melim	CDN	Funchal	03/07/2016
Recorde Regional Juv A	19:30.34	AGUILAR, Vera Ines	CDN	Funchal	05/07/2015
Recorde Regional Juv B	20:04.56	GONCALVES, Rita Pinheiro	CDN	Funchal	10/07/2011

TAC Regional Juv B: 21:25.21; Juv A: 21:25.21; Jun: 21:25.21; Sen: 20:54.48 / TAC Nacional Juv B: 18:25.21; Juv A: 18:25.21; Jun: 18:25.21; Sen: 17:54.48

Pontos: FINA 2018

Lugar — Ano — Tempo final — Pts

Prova 2 — Masc., 1500m Livres — Absoluto
22/03/2019 - 19:15 — Resultados

Recorde Regional Absoluto	15:43.81	FRANCO, Paulo Fragueiro	CDN	Faro	18/07/2009
Recorde Regional Sen	15:43.81	FRANCO, Paulo Fragueiro	CDN	Faro	18/07/2009
Recorde Regional Jun18	16:02.73	FRANCO, Paulo Fragueiro	CDN	Limassol (CYP)	16/04/2000
Recorde Regional Jun17	16:05.95	FRANCO, Paulo Fragueiro	CDN	Moscovo (RUS)	17/07/1999
Recorde Regional Juv A	16:54.13	FRANCO, Paulo Fragueiro	CDN	Lisboa	25/01/1998
Recorde Regional Juv B	16:57.41	FREITAS, Tomas Miguel	CDN	Lisboa	09/07/2005
Recorde Regional Inf A	17:10.19	ALMEIDA, Carlos Alexandre	CDN	Restelo	27/07/2003
Recorde Regional Inf B	18:10.64	ALMEIDA, Carlos Alexandre	CDN	Restelo	21/07/2002

TAC Regional Inf B: 23:32.16; Inf A: 23:45.24; Juv B: 21:14.02; Juv A: 29:59.71; Jun: 20:22.98; Sen: 19:51.20 /
TAC Nacional Inf B: 19:37.31; Inf A: 18:41.31; Juv B: 18:14.02; Juv A: 17:59.71; Jun: 17:22.98; Sen: 16:51.20

Pontos: FINA 2018

Lugar — Ano — Tempo final — Pts

Juvenil B, 15 anos

1. FERNANDES, Diogo Henrique — 04 — Naval do Funchal — **18:45.77** — 463

100m:	1:08.15	1:08.15	500m:	6:11.14	1:16.74	900m:	11:13.29	1:15.32	1300m:	16:14.66	1:14.68
200m:	2:23.04	1:14.89	600m:	7:26.47	1:15.33	1000m:	12:29.21	1:15.92	1400m:	17:30.33	1:15.67
300m:	3:38.52	1:15.48	700m:	8:42.24	1:15.77	1100m:	13:44.85	1:15.64	1500m:	18:45.77	1:15.44
400m:	4:54.40	1:15.88	800m:	9:57.97	1:15.73	1200m:	14:59.98	1:15.13			

2. TELES, Artur Corte — 04 — Individual Madeira — **18:45.89** — 463

100m:	1:07.70	1:07.70	500m:	6:07.28	1:15.44	900m:	11:11.01	1:16.15	1300m:	16:14.57	1:16.12
200m:	2:21.01	1:13.31	600m:	7:23.17	1:15.89	1000m:	12:26.81	1:15.80	1400m:	17:30.39	1:15.82
300m:	3:35.76	1:14.75	700m:	8:39.16	1:15.99	1100m:	13:42.72	1:15.91	1500m:	18:45.89	1:15.50
400m:	4:51.84	1:16.08	800m:	9:54.86	1:15.70	1200m:	14:58.45	1:15.73			

Juvenil A, 16 anos

1. LOPES, Pedro Henrique — 03 — Desportivo Sao Roque — **18:10.39** — 509

100m:	1:04.37	1:04.37	500m:	5:47.32	1:11.15	900m:	10:36.64	1:13.19	1300m:	15:36.56	1:16.05
200m:	2:14.70	1:10.33	600m:	6:58.95	1:11.63	1000m:	11:50.57	1:13.93	1400m:	16:53.09	1:16.53
300m:	3:25.31	1:10.61	700m:	8:10.98	1:12.03	1100m:	13:05.29	1:14.72	1500m:	18:10.39	1:17.30
400m:	4:36.17	1:10.86	800m:	9:23.45	1:12.47	1200m:	14:20.51	1:15.22			

Junior, 17 e 18 anos

1. RODRIGUES, Pedro Reis — 02 — Desportivo Sao Roque — **17:09.64** — 605
   Minimo Campeonato Nacional

100m:	1:02.13	1:02.13	500m:	5:35.94	1:09.47	900m:	10:13.76	1:09.58	1300m:	14:51.55	1:09.12
200m:	2:09.94	1:07.81	600m:	6:44.88	1:08.94	1000m:	11:23.85	1:10.09	1400m:	16:00.19	1:08.64
300m:	3:18.04	1:08.10	700m:	7:54.90	1:10.02	1100m:	12:33.36	1:09.51	1500m:	17:09.64	1:09.45
400m:	4:26.47	1:08.43	800m:	9:04.18	1:09.28	1200m:	13:42.43	1:09.07			

Prova 2, Masc., 1500m Livres, Junior, 17 e 18 anos

Lugar		Ano		Tempo final	Pts
2.	DEUS, Andre Portugal	02	Naval do Funchal	**17:45.84**	545

100m:	1:03.96	1:03.96	500m:	5:46.43	1:10.77	900m:	10:32.63	1:10.72	1300m:	15:22.04	1:12.90
200m:	2:13.40	1:09.44	600m:	6:58.18	1:11.75	1000m:	11:44.48	1:11.85	1400m:	16:33.80	1:11.76
300m:	3:24.23	1:10.83	700m:	8:10.03	1:11.85	1100m:	12:56.46	1:11.98	1500m:	17:45.84	1:12.04
400m:	4:35.66	1:11.43	800m:	9:21.91	1:11.88	1200m:	14:09.14	1:12.68			

3.	FERRO, Henrique Martins	01	Naval do Funchal	**18:13.60**	505

100m:	1:05.19	1:05.19	500m:	5:49.32	1:12.10	900m:	10:44.71	1:13.90	1300m:	15:43.21	1:14.87
200m:	2:15.64	1:10.45	600m:	7:02.70	1:13.38	1000m:	11:59.00	1:14.29	1400m:	16:58.60	1:15.39
300m:	3:25.79	1:10.15	700m:	8:16.53	1:13.83	1100m:	13:13.29	1:14.29	1500m:	18:13.60	1:15.00
400m:	4:37.22	1:11.43	800m:	9:30.81	1:14.28	1200m:	14:28.34	1:15.05			

Absoluto, 15 anos e mais velhos

1.	RODRIGUES, Pedro Reis	02	Desportivo Sao Roque	**17:09.64**	605
	Minimo Campeonato Nacional				

100m:	1:02.13	1:02.13	500m:	5:35.94	1:09.47	900m:	10:13.76	1:09.58	1300m:	14:51.55	1:09.12
200m:	2:09.94	1:07.81	600m:	6:44.88	1:08.94	1000m:	11:23.85	1:10.09	1400m:	16:00.19	1:08.64
300m:	3:18.04	1:08.10	700m:	7:54.90	1:10.02	1100m:	12:33.36	1:09.51	1500m:	17:09.64	1:09.45
400m:	4:26.47	1:08.43	800m:	9:04.18	1:09.28	1200m:	13:42.43	1:09.07			

2.	DEUS, Andre Portugal	02	Naval do Funchal	**17:45.84**	545

100m:	1:03.96	1:03.96	500m:	5:46.43	1:10.77	900m:	10:32.63	1:10.72	1300m:	15:22.04	1:12.90
200m:	2:13.40	1:09.44	600m:	6:58.18	1:11.75	1000m:	11:44.48	1:11.85	1400m:	16:33.80	1:11.76
300m:	3:24.23	1:10.83	700m:	8:10.03	1:11.85	1100m:	12:56.46	1:11.98	1500m:	17:45.84	1:12.04
400m:	4:35.66	1:11.43	800m:	9:21.91	1:11.88	1200m:	14:09.14	1:12.68			

3.	LOPES, Pedro Henrique	03	Desportivo Sao Roque	**18:10.39**	509

100m:	1:04.37	1:04.37	500m:	5:47.32	1:11.15	900m:	10:36.64	1:13.19	1300m:	15:36.56	1:16.05
200m:	2:14.70	1:10.33	600m:	6:58.95	1:11.63	1000m:	11:50.57	1:13.93	1400m:	16:53.09	1:16.53
300m:	3:25.31	1:10.61	700m:	8:10.98	1:12.03	1100m:	13:05.29	1:14.72	1500m:	18:10.39	1:17.30
400m:	4:36.17	1:10.86	800m:	9:23.45	1:12.47	1200m:	14:20.51	1:15.22			

4.	FERRO, Henrique Martins	01	Naval do Funchal	**18:13.60**	505

100m:	1:05.19	1:05.19	500m:	5:49.32	1:12.10	900m:	10:44.71	1:13.90	1300m:	15:43.21	1:14.87
200m:	2:15.64	1:10.45	600m:	7:02.70	1:13.38	1000m:	11:59.00	1:14.29	1400m:	16:58.60	1:15.39
300m:	3:25.79	1:10.15	700m:	8:16.53	1:13.83	1100m:	13:13.29	1:14.29	1500m:	18:13.60	1:15.00
400m:	4:37.22	1:11.43	800m:	9:30.81	1:14.28	1200m:	14:28.34	1:15.05			

5.	FERNANDES, Diogo Henrique	04	Naval do Funchal	**18:45.77**	463

100m:	1:08.15	1:08.15	500m:	6:11.14	1:16.74	900m:	11:13.29	1:15.32	1300m:	16:14.66	1:14.68
200m:	2:23.04	1:14.89	600m:	7:26.47	1:15.33	1000m:	12:29.21	1:15.92	1400m:	17:30.33	1:15.67
300m:	3:38.52	1:15.48	700m:	8:42.24	1:15.77	1100m:	13:44.85	1:15.64	1500m:	18:45.77	1:15.44
400m:	4:54.40	1:15.88	800m:	9:57.97	1:15.73	1200m:	14:59.98	1:15.13			

6.	TELES, Artur Corte	04	Individual Madeira	**18:45.89**	463

100m:	1:07.70	1:07.70	500m:	6:07.28	1:15.44	900m:	11:11.01	1:16.15	1300m:	16:14.57	1:16.12
200m:	2:21.01	1:13.31	600m:	7:23.17	1:15.89	1000m:	12:26.81	1:15.80	1400m:	17:30.39	1:15.82
300m:	3:35.76	1:14.75	700m:	8:39.16	1:15.99	1100m:	13:42.72	1:15.91	1500m:	18:45.89	1:15.50
400m:	4:51.84	1:16.08	800m:	9:54.86	1:15.70	1200m:	14:58.45	1:15.73			

Prova 3 | Femin., 50m Costas | Absolutos
22/03/2019 - 19:36 | Resultados

Recorde Regional Absoluto	31.51	QUINTAL, Fabiana Maria	CDN	Funchal	06/06/2009
Recorde Regional Sen	31.51	QUINTAL, Fabiana Maria	CDN	Funchal	06/06/2009
Recorde Regional Jun17	31.61	ROSA, Beatriz Jong		Coimbra	30/03/2017
Recorde Regional Jun16	32.44	AGUILAR, Vera Ines	CDN	Oeiras	07/02/2016
Recorde Regional Juv A	32.40	AGUILAR, Vera Ines	CDN	Coimbra	01/04/2015
Recorde Regional Juv B	33.06	AGUILAR, Vera Ines	CDN	Oeiras	24/07/2014

TAC Regional Juv B: 53.22; Juv A: 53.22; Jun: 53.22; Sen: 52.25 / TAC Nacional Juv B: 33.22; Juv A: 33.22; Jun: 33.22; Sen: 32.25

Pontos: FINA 2018

Lugar		Ano		Tempo final	Pts
Juvenil B, 14 anos					
1.	JARDIM, Teresa Vieira	05	Naval do Funchal	**35.67**	436
2.	LUIS, Mariana Capelo	05	Salesianos do Funchal	**42.50**	258
Juvenil A, 15 anos					
1.	FERREIRA, Maria Leonor	04	Desportivo Nacional	**34.29**	491
2.	GONCALVES, Maria Margarida	04	Naval do Funchal	**34.35**	488
3.	JESUS, Mariana Caires	04	Salesianos do Funchal	**39.16**	329
4.	GOUVEIA, Susana Isabel	04	Salesianos do Funchal	**42.01**	267
Junior, 16 e 17 anos					
1.	SA, Marta Romao	03	Naval do Funchal	**34.71**	473
2.	GONCALVES, Joana Marques	02	Salesianos do Funchal	**38.18**	356
3.	REBELO, Filipa Margarida	03	Salesianos do Funchal	**39.73**	315
4.	PEREIRA, Luisa Tovela	03	Desportivo Nacional	**42.43**	259
5.	LAMEIRAS, Beatriz Andreia	03	Escola O Liceu	**42.71**	254
6.	SILVA, Gabriela Suamade	02	Desportivo Sao Roque	**44.68**	222
Senior, 18 anos e mais velhos					
1.	ROSA, Beatriz Jong	00	Desportivo Nacional	**32.80**	561
2.	LUIS, Jessica Santos	00	Desportivo Sao Roque	**35.38**	447
3.	TELES, Anabela Corte	01	Individual Madeira	**38.90**	336
4.	CRO, Isabel Matilde	00	Escola O Liceu	**42.97**	249
Absoluto, 14 anos e mais velhas					
1.	ROSA, Beatriz Jong	00	Desportivo Nacional	**32.80**	561
2.	FERREIRA, Maria Leonor	04	Desportivo Nacional	**34.29**	491
3.	GONCALVES, Maria Margarida	04	Naval do Funchal	**34.35**	488
4.	SA, Marta Romao	03	Naval do Funchal	**34.71**	473
5.	LUIS, Jessica Santos	00	Desportivo Sao Roque	**35.38**	447
6.	JARDIM, Teresa Vieira	05	Naval do Funchal	**35.67**	436
7.	GONCALVES, Joana Marques	02	Salesianos do Funchal	**38.18**	356
8.	TELES, Anabela Corte	01	Individual Madeira	**38.90**	336
9.	JESUS, Mariana Caires	04	Salesianos do Funchal	**39.16**	329
10.	REBELO, Filipa Margarida	03	Salesianos do Funchal	**39.73**	315
11.	GOUVEIA, Susana Isabel	04	Salesianos do Funchal	**42.01**	267
12.	PEREIRA, Luisa Tovela	03	Desportivo Nacional	**42.43**	259
13.	LUIS, Mariana Capelo	05	Salesianos do Funchal	**42.50**	258
14.	LAMEIRAS, Beatriz Andreia	03	Escola O Liceu	**42.71**	254
15.	CRO, Isabel Matilde	00	Escola O Liceu	**42.97**	249
16.	SILVA, Gabriela Suamade	02	Desportivo Sao Roque	**44.68**	222

Prova 4 | Masc., 50m Costas | Absolutos
22/03/2019 - 19:39 | Resultados

Recorde Regional Absoluto	27.26	FERNANDES, Joao Manuel	CNF	Coimbra	01/04/2015
Recorde Regional Sen	27.78	MARQUES, Miguel Freitas	CDSR	Coimbra	03/04/2015
Recorde Regional Jun18	27.26	FERNANDES, Joao Manuel	CNF	Coimbra	01/04/2015
Recorde Regional Jun17	28.14	FERNANDES, Joao Manuel	CNF	Oeiras	24/07/2014
Recorde Regional Juv A	29.66	CASTRO, Joao Cruz	CDSR	Funchal	01/07/2016
Recorde Regional Juv B	29.92	FERNANDES, Rui Afonso	CDN	Funchal	29/06/2018

TAC Regional Juv B: 49.25; Juv A: 49.25; Jun: 49.25; Sen: 48.32 / TAC Nacional Juv B: 29.25; Juv A: 29.25; Jun: 29.25; Sen: 28.32

Pontos: FINA 2018

Lugar		Ano		Tempo final	Pts
Juvenil B, 15 anos					
1.	CAMACHO, Afonso Caires	04	Naval do Funchal	**30.46**	491
2.	LEAL, Diogo Silva	04	Salesianos do Funchal	**32.23**	414
3.	PEREIRA, Jordao Abreu	04	Salesianos do Funchal	**34.01**	353
4.	FERNANDEZ, Joao Guilherme	04	Salesianos do Funchal	**40.31**	212
Juvenil A, 16 anos					
1.	AGUIAR, Pedro Ferreira	03	Naval do Funchal	**34.82**	329
2.	PARODI, Luis Alexandre	03	Escola O Liceu	**44.69**	155
DSQ	KOVAL, Igor	03	Desportivo Nacional		
	106 - Puxou pela pista separadora - SW 10.6				
Junior, 17 e 18 anos					
1.	SILVA, Joao Jesus	02	Salesianos do Funchal	**30.61**	484
2.	MARCOS, Joao Freitas	01	Individual Madeira	**31.56**	441
3.	FREITAS, Joao Tomas	02	Salesianos do Funchal	**32.05**	422
4.	NASCIMENTO, Diogo Andre	02	Naval do Funchal	**33.60**	366
5.	CALDEIRA, Rodolfo Morais	02	Salesianos do Funchal	**36.48**	286
6.	DINIS, Fernando Jose	02	Desportivo Sao Roque	**48.62**	120
Senior, 19 e mais velhos					
1.	QUINTAL, Nuno Alexandre	99	Desportivo Nacional	**30.57**	486
2.	JORGE, Andre Camara	90	Escola O Liceu	**34.23**	346
	Recorde Nacional de Natação Adaptada - S16				
Absoluto, 15 anos e mais velhos					
1.	CAMACHO, Afonso Caires	04	Naval do Funchal	**30.46**	491
2.	QUINTAL, Nuno Alexandre	99	Desportivo Nacional	**30.57**	486
3.	SILVA, Joao Jesus	02	Salesianos do Funchal	**30.61**	484
4.	MARCOS, Joao Freitas	01	Individual Madeira	**31.56**	441
5.	FREITAS, Joao Tomas	02	Salesianos do Funchal	**32.05**	422
6.	LEAL, Diogo Silva	04	Salesianos do Funchal	**32.23**	414
7.	NASCIMENTO, Diogo Andre	02	Naval do Funchal	**33.60**	366
8.	PEREIRA, Jordao Abreu	04	Salesianos do Funchal	**34.01**	353
9.	JORGE, Andre Camara	90	Escola O Liceu	**34.23**	346
	Recorde Nacional de Natação Adaptada - S16				
10.	AGUIAR, Pedro Ferreira	03	Naval do Funchal	**34.82**	329
11.	CALDEIRA, Rodolfo Morais	02	Salesianos do Funchal	**36.48**	286
12.	FERNANDEZ, Joao Guilherme	04	Salesianos do Funchal	**40.31**	212
13.	PARODI, Luis Alexandre	03	Escola O Liceu	**44.69**	155
14.	DINIS, Fernando Jose	02	Desportivo Sao Roque	**48.62**	120
DSQ	KOVAL, Igor	03	Desportivo Nacional		
	106 - Puxou pela pista separadora - SW 10.6				

Prova 5 — Femin., 200m Mariposa — Absoluto
22/03/2019 - 19:44 — Resultados

Recorde Regional Absoluto	2:22.94	ROSA, Beatriz Jong	CDN	Funchal	22/03/2018
Recorde Regional Sen	2:22.94	ROSA, Beatriz Jong	CDN	Funchal	22/03/2018
Recorde Regional Jun17	2:28.87	VICTOR, Joana Isabel	CDN	Coimbra	30/03/2008
Recorde Regional Jun16	2:27.23	CERDAS, Sara Rodrigues	CNF	Lisboa	28/05/2005
Recorde Regional Juv A	2:27.49	CERDAS, Sara Rodrigues	CNF	Lisboa	29/05/2004
Recorde Regional Juv B	2:31.39	CERDAS, Sara Rodrigues	CNF	Lisboa	18/05/2003
Recorde Regional Inf A	2:33.93	CERDAS, Sara Rodrigues	CNF	Restelo	20/07/2002
Recorde Regional Inf B	2:48.10	VICTOR, Joana Isabel	CDN	Restelo	26/07/2003

TAC Regional Inf B: 4:14.67; Inf A: 4:02.31; Juv B: 3:46.38; Juv A: 3:41.81; Jun: 3:36.86; Sen: 3:28.80 / TAC Nacional Inf B: 3:10.46; Inf A: 2:58.09; Juv B: 2:46.38; Juv A: 2:41.81; Jun: 2:36.36; Sen: 2:28.80

Pontos: FINA 2018

Lugar		Ano		Tempo final	Pts	100m	200m
Juvenil A, 15 anos							
1.	SOUSA, Joana Francisca *Minimo Campeonato Nacional*	04	Desportivo Sao Roque	**2:38.37**	455	1:14.44	1:23.93
2.	CAMACHO, Laura Fernandes	04	Naval do Funchal	**2:52.32**	353	1:18.29	1:34.03
3.	RAMOS, Barbara Emerick	04	Salesianos do Funchal	**2:58.99**	315	1:24.48	1:34.51
Junior, 16 e 17 anos							
1.	FERREIRA, Julia Caldeira	03	Naval do Funchal	**2:36.84**	468	1:14.02	1:22.82
Absoluto, 14 anos e mais velhas							
1.	FERREIRA, Julia Caldeira	03	Naval do Funchal	**2:36.84**	468	1:14.02	1:22.82
2.	SOUSA, Joana Francisca *Minimo Campeonato Nacional*	04	Desportivo Sao Roque	**2:38.37**	455	1:14.44	1:23.93
3.	CAMACHO, Laura Fernandes	04	Naval do Funchal	**2:52.32**	353	1:18.29	1:34.03
4.	RAMOS, Barbara Emerick	04	Salesianos do Funchal	**2:58.99**	315	1:24.48	1:34.51

Prova 6 — Masc., 200m Mariposa — Absoluto
22/03/2019 - 19:48 — Resultados

Recorde Regional Absoluto	2:03.92	GOUVEIA, Pedro Galvao	CDN	Coimbra	30/03/2017
Recorde Regional Sen	2:04.96	FRANCO, Paulo Fragueiro	CDN	Campanha	16/06/2002
Recorde Regional Jun18	2:03.92	GOUVEIA, Pedro Galvao	CDN	Coimbra	30/03/2017
Recorde Regional Jun17	2:07.18	GOUVEIA, Pedro Galvao	CDN	Oeiras	11/03/2016
Recorde Regional Juv A	2:09.98	FRANCO, Paulo Fragueiro	CDN	Praga (CZE)	12/04/1998
Recorde Regional Juv B	2:12.64	FRANCO, Paulo Fragueiro	CDN	Famalicao	27/07/1997
Recorde Regional Inf A	2:15.77	FREITAS, Tomas Miguel	CDN	Povoa do Varzim	25/07/2004
Recorde Regional Inf B	2:23.00	FREITAS, Tomas Miguel	CDN	Restelo	27/07/2003

TAC Regional Inf B: 3:55.10; Inf A: 3:46.34; Juv B: 3:29.53; Juv A: 3:25.43; Jun: 3:15.37; Sen: 3:11.02 / TAC Nacional Inf B: 2:53.26; Inf A: 2:44.87; Juv B: 2:29.53; Juv A: 2:25.43; Jun: 2:15.37; Sen: 2:11.02

Pontos: FINA 2018

Lugar		Ano		Tempo final	Pts	100m	200m
Juvenil B, 15 anos							
1.	ALVES, Paulo Rodrigues *Minimo Campeonato Nacional*	04	Desportivo Nacional	**2:20.58**	499	1:06.26	1:14.32
2.	BARRY, Rafael Francisco *Minimo Campeonato Nacional*	04	Naval do Funchal	**2:28.51**	423	1:09.45	1:19.06
3.	RODRIGUES, Rodrigo Reis *Minimo Campeonato Nacional*	04	Desportivo Sao Roque	**2:29.14**	417	1:10.99	1:18.15

Prova 6, Masc., 200m Mariposa

Juvenil A, 16 anos

1.	FERNANDES, Rui Afonso *Minimo Campeonato Nacional*	03	Desportivo Nacional	**2:21.55**	488	1:06.06	1:15.49
2.	MATOS, Rodrigo Vieira *Minimo Campeonato Nacional*	03	Individual Madeira	**2:23.73**	466	1:07.95	1:15.78
3.	BAPTISTA, Tiago Ornelas	03	Naval do Funchal	**2:33.72**	381	1:11.37	1:22.35

Junior, 17 e 18 anos

1.	SILVA, Tomas Antonio *Minimo Campeonato Nacional*	01	Naval do Funchal	**2:14.99**	563	1:05.42	1:09.57
2.	GRACA, Fernando Guerreiro	02	Naval do Funchal	**2:15.49**	557	1:03.80	1:11.69

Senior, 19 anos e mais velhos

1.	SILVA, Martim Moniz	99	Naval do Funchal	**2:17.32**	535	1:05.76	1:11.56

Absoluto, 15 anos e mais velhos

1.	SILVA, Tomas Antonio *Minimo Campeonato Nacional*	01	Naval do Funchal	**2:14.99**	563	1:05.42	1:09.57
2.	GRACA, Fernando Guerreiro	02	Naval do Funchal	**2:15.49**	557	1:03.80	1:11.69
3.	SILVA, Martim Moniz	99	Naval do Funchal	**2:17.32**	535	1:05.76	1:11.56
4.	ALVES, Paulo Rodrigues *Minimo Campeonato Nacional*	04	Desportivo Nacional	**2:20.58**	499	1:06.26	1:14.32
5.	FERNANDES, Rui Afonso *Minimo Campeonato Nacional*	03	Desportivo Nacional	**2:21.55**	488	1:06.06	1:15.49
6.	MATOS, Rodrigo Vieira *Minimo Campeonato Nacional*	03	Individual Madeira	**2:23.73**	466	1:07.95	1:15.78
7.	BARRY, Rafael Francisco *Minimo Campeonato Nacional*	04	Naval do Funchal	**2:28.51**	423	1:09.45	1:19.06
8.	RODRIGUES, Rodrigo Reis *Minimo Campeonato Nacional*	04	Desportivo Sao Roque	**2:29.14**	417	1:10.99	1:18.15
9.	BAPTISTA, Tiago Ornelas	03	Naval do Funchal	**2:33.72**	381	1:11.37	1:22.35

Prova 7 | Femin., 100m Livres | Absoluto
22/03/2019 - 20:05 | Resultados

Recorde Regional Absoluto	1:00.73	QUINTAL, Fabiana Maria	CDN	Coimbra	09/04/2010
Recorde Regional Sen	1:00.73	QUINTAL, Fabiana Maria	CDN	Coimbra	09/04/2010
Recorde Regional Jun17	1:02.05	ANDRADE, Rubina Amaro	CDN		01/01/1996
Recorde Regional Jun16	1:01.63	AGUILAR, Vera Ines	CDN	Funchal	11/03/2016
Recorde Regional Juv A	1:01.06	AGUILAR, Vera Ines	CDN	Funchal	14/02/2015
Recorde Regional Juv B	1:02.10	CAIRES, Joana Costa	CNF	Oeiras	29/07/2012
Recorde Regional Inf A	1:02.94	CAIRES, Joana Costa	CNF	Lisboa	23/07/2011
Recorde Regional Inf B	1:05.55	LOPES, Joana Cristina	CNF	Matur	20/07/1992

TAC Regional Inf B: 1:54.46; Inf A: 1:51.40; Juv B: 1:44.61; Juv A: 1:43.52; Jun: 1:41.97; Sen: 1:40.66 / TAC Nacional Inf B: 1:14.46; Inf A: 1:11.40; Juv B: 1:04.61; Juv A: 1:03.52; Jun: 1:01.97; Sen: 1:00.66

Pontos: FINA 2018

Lugar		Ano		Tempo final	Pts
Infantil B, 12 anos					
1.	PERESTRELO, Laura Vasconcelos	07	Salesianos do Funchal	**1:33.18**	170
2.	ERRA, Clara Patricia	07	Salesianos do Funchal	**1:33.78**	167
3.	RINCU, Alexandra	07	Naval do Funchal	**1:45.50**	117
Infantil A, 13 anos					
1.	TEMBE, Ines Afonso	06	Desportivo Nacional	**1:22.37**	247
2.	SOUSA, Maria Beatriz	06	Naval do Funchal	**1:28.15**	201
DSQ	TEIXEIRA, Cristina Martins *403 - Falsa partida - SW 4.4*	06	Desportiva da Camacha		
Juvenil B, 14 anos					
1.	NASCIMENTO, Sofia Alexandre	05	Naval do Funchal	**1:06.07**	479
2.	ARAUJO, Maria Clara	05	Naval do Funchal	**1:08.23**	435
3.	JARDIM, Teresa Vieira	05	Naval do Funchal	**1:09.63**	409
4.	AVEIRO, Leonor Sofia	05	Naval do Funchal	**1:12.05**	369
5.	BELO, Bruna Raquel	05	Desportivo Nacional	**1:12.83**	357
6.	ABREU, Maria Eduarda	05	Desportivo Nacional	**1:16.59**	307
7.	GOMES, Madalena Sousa	05	Naval do Funchal	**1:17.37**	298
8.	LUIS, Mariana Capelo	05	Salesianos do Funchal	**1:19.50**	275
9.	TEIXEIRA, Daniela Nobrega	05	Desportiva da Camacha	**1:28.98**	196
Juvenil A, 15 anos					
1.	OLIVEIRA, Sara Fernandes	04	Salesianos do Funchal	**1:05.11**	500
2.	ANDRADE, Margarida Fernandes	04	Salesianos do Funchal	**1:11.37**	380
3.	SOARES, Ines Silva	04	Desportivo Nacional	**1:13.93**	342
4.	GOUVEIA, Susana Isabel	04	Salesianos do Funchal	**1:18.53**	285
5.	BATISTA, Rita Teixeira	04	Desportivo Nacional	**1:34.40**	164
Junior, 16 e 17 anos					
1.	FERNANDES, Ana Catarina	03	Naval do Funchal	**1:07.88**	442
2.	JESUS, Filipa Mafalda	03	Desportivo Sao Roque	**1:08.12**	437
3.	SA, Marta Romao	03	Naval do Funchal	**1:11.74**	374
4.	LAMEIRAS, Beatriz Andreia	03	Escola O Liceu	**1:11.85**	372
5.	REBELO, Filipa Margarida	03	Salesianos do Funchal	**1:13.08**	354
6.	GONCALVES, Joana Marques	02	Salesianos do Funchal	**1:13.22**	352
7.	LECA, Natasha Maria	03	Desportivo Nacional	**1:14.13**	339
8.	SILVA, Gabriela Suamade	02	Desportivo Sao Roque	**1:16.59**	307
9.	FREITAS, Ana Beatriz	02	Desportivo Nacional	**1:21.16**	258

Prova 7, Femin., 100m Livres

Senior, 18 anos e mais velhos

1.	GOMES, Susana Clara	77	Naval do Funchal	**1:03.07**	551
2.	LUIS, Jessica Santos	00	Desportivo Sao Roque	**1:07.65**	446
3.	TELES, Anabela Corte	01	Individual Madeira	**1:07.84**	442
4.	BOULHOSA, Carolina Abreu	01	Naval do Funchal	**1:21.94**	251
5.	CRO, Isabel Matilde	00	Escola O Liceu	**1:24.81**	226
6.	FERREIRA, Fatima Maria	78	Escola O Liceu	**1:29.54**	192
7.	ABREU, Luana Vasconcelos	01	Escola O Liceu	**1:32.09**	177

Absoluto, 14 anos e mais velhas

1.	GOMES, Susana Clara	77	Naval do Funchal	**1:03.07**	551
2.	OLIVEIRA, Sara Fernandes	04	Salesianos do Funchal	**1:05.11**	500
3.	NASCIMENTO, Sofia Alexandre	05	Naval do Funchal	**1:06.07**	479
4.	LUIS, Jessica Santos	00	Desportivo Sao Roque	**1:07.65**	446
5.	TELES, Anabela Corte	01	Individual Madeira	**1:07.84**	442
6.	FERNANDES, Ana Catarina	03	Naval do Funchal	**1:07.88**	442
7.	JESUS, Filipa Mafalda	03	Desportivo Sao Roque	**1:08.12**	437
8.	ARAUJO, Maria Clara	05	Naval do Funchal	**1:08.23**	435
9.	JARDIM, Teresa Vieira	05	Naval do Funchal	**1:09.63**	409
10.	ANDRADE, Margarida Fernandes	04	Salesianos do Funchal	**1:11.37**	380
11.	SA, Marta Romao	03	Naval do Funchal	**1:11.74**	374
12.	LAMEIRAS, Beatriz Andreia	03	Escola O Liceu	**1:11.85**	372
13.	AVEIRO, Leonor Sofia	05	Naval do Funchal	**1:12.05**	369
14.	BELO, Bruna Raquel	05	Desportivo Nacional	**1:12.83**	357
15.	REBELO, Filipa Margarida	03	Salesianos do Funchal	**1:13.08**	354
16.	GONCALVES, Joana Marques	02	Salesianos do Funchal	**1:13.22**	352
17.	SOARES, Ines Silva	04	Desportivo Nacional	**1:13.93**	342
18.	LECA, Natasha Maria	03	Desportivo Nacional	**1:14.13**	339
19.	SILVA, Gabriela Suamade	02	Desportivo Sao Roque	**1:16.59**	307
	ABREU, Maria Eduarda	05	Desportivo Nacional	**1:16.59**	307
21.	GOMES, Madalena Sousa	05	Naval do Funchal	**1:17.37**	298
22.	GOUVEIA, Susana Isabel	04	Salesianos do Funchal	**1:18.53**	285
23.	LUIS, Mariana Capelo	05	Salesianos do Funchal	**1:19.50**	275
24.	FREITAS, Ana Beatriz	02	Desportivo Nacional	**1:21.16**	258
25.	BOULHOSA, Carolina Abreu	01	Naval do Funchal	**1:21.94**	251
26.	CRO, Isabel Matilde	00	Escola O Liceu	**1:24.81**	226
27.	TEIXEIRA, Daniela Nobrega	05	Desportiva da Camacha	**1:28.98**	196
28.	FERREIRA, Fatima Maria	78	Escola O Liceu	**1:29.54**	192
29.	ABREU, Luana Vasconcelos	01	Escola O Liceu	**1:32.09**	177
30.	BATISTA, Rita Teixeira	04	Desportivo Nacional	**1:34.40**	164

Prova 8 | Masc., 100m Livres | Absoluto
22/03/2019 - 20:15 | Resultados

Recorde Regional Absoluto	50.84	PINTO, Luis Marques	CDN	Coimbra	31/05/2009
Recorde Regional Sen	50.84	PINTO, Luis Marques	CDN	Coimbra	31/05/2009
Recorde Regional Jun18	53.04	CASTRO, Joao Cruz	CDSR	Funchal	22/03/2018
Recorde Regional Jun17	53.00	CASTRO, Joao Cruz	CDSR	Coimbra	28/05/2017
Recorde Regional Juv A	53.61	CASTRO, Joao Cruz	CDSR	Oeiras	24/07/2016
Recorde Regional Juv B	54.43	CASTRO, Joao Cruz	CDSR	Coimbra	26/07/2015
Recorde Regional Inf A	55.80	CASTRO, Joao Cruz	CSM	Loule	20/07/2014
Recorde Regional Inf B	59.05	DEUS, Andre Portugal	CNF	Oeiras	19/07/2015

TAC Regional Inf B: 1:47.83; Inf A: 1:44.26; Juv B: 1:38.28; Juv A: 1:36.97; Jun: 1:34.83; Sen: 1:33.63 / TAC Nacional Inf B: 1:07.83; Inf A: 1:04.26; Juv B: 58.28; Juv A: 56.97; Jun: 54.83; Sen: 53.63

Pontos: FINA 2018

Lugar		Ano		Tempo final	Pts
Infantil B, 13 anos					
1.	GARANITO, Simao Silva	06	Naval do Funchal	**1:16.43**	231
2.	SILVA, Afonso Mar	06	Naval do Funchal	**1:16.60**	229
3.	TEMES, Joao Caires	06	Salesianos do Funchal	**1:21.21**	192
4.	NACHYCHKO, Maximo	06	Naval do Funchal	**1:27.07**	156
5.	FERNANDES, Afonso Freitas	06	Salesianos do Funchal	**1:29.73**	142
6.	STEFLEA, Andre Sergio	06	Desportivo Sao Roque	**1:30.20**	140
7.	FERNANDES, Tiago Flor *FTL*	06	Naval do Funchal	**1:52.77**	71
Infantil A, 14 anos					
1.	FREITAS, Rodrigo Vieira	05	Desportiva da Camacha	**1:08.41**	322
2.	ALVES, Afonso Pires	05	Salesianos do Funchal	**1:09.05**	313
3.	ALVES, Tiago Pires	05	Salesianos do Funchal	**1:11.00**	288
4.	ALVES, Luis Fernandez	05	Desportivo Nacional	**1:17.08**	225
5.	JESUS, Pedro Miguel	05	Salesianos do Funchal	**1:18.45**	213
6.	MENDES, Juan Diego	05	Desportivo Nacional	**1:21.78**	188
7.	NUNES, Andre Maltez	05	Desportivo Nacional	**1:27.09**	156
8.	CORREIA, Rodrigo Ramos	05	Desportivo Nacional	**1:28.35**	149
Juvenil B, 15 anos					
1.	FERREIRA, Leonardo Filipe	04	Naval do Funchal	**1:00.23**	472
2.	FERNANDES, Diogo Henrique	04	Naval do Funchal	**1:01.31**	447
3.	FERNANDES, Martim Pestana	04	Naval do Funchal	**1:03.06**	411
4.	LEAL, Diogo Silva	04	Salesianos do Funchal	**1:03.85**	396
5.	NUNES, Afonso Miguel	04	Salesianos do Funchal	**1:05.08**	374
6.	PEREIRA, Jordao Abreu	04	Salesianos do Funchal	**1:06.03**	358
7.	MACHADO, Tiago Magalhaes	04	Desportivo Nacional	**1:06.36**	353
8.	SILVA, Eduardo Rodrigues	04	Salesianos do Funchal	**1:07.54**	335
9.	GONCALVES, Vitor Afonso	04	Salesianos do Funchal	**1:07.87**	330
10.	AGUILAR, Luis Santos	04	Desportivo Nacional	**1:08.93**	315
11.	GOMES, Alexandre Monteiro	04	Salesianos do Funchal	**1:11.91**	277
12.	FARIA, Helder Rafael	04	Salesianos do Funchal	**1:14.29**	251
13.	GANANCA, Tiago Rodrigues	04	Naval do Funchal	**1:23.72**	175
14.	FERREIRA, Andre Filipe	04	Naval do Funchal	**1:24.29**	172
15.	SILVA, Rodrigo Miranda	04	Desportivo Nacional	**1:31.92**	132
16.	SEMIAO, Francisco Gomes	04	Desportiva da Camacha	**1:32.71**	129

Prova 8, Masc., 100m Livres

Juvenil A, 16 anos

1.	GOMES, Goncalo Camara	03	Naval do Funchal	**57.29**	548
2.	RODRIGUES, Renato Correia	03	Salesianos do Funchal	**59.86**	481
3.	CAMARA, Simao Vieira	03	Desportivo Sao Roque	**1:01.52**	443
4.	MAROTE, Joao Nuno	03	Desportivo Sao Roque	**1:04.71**	380
5.	AGUIAR, Pedro Ferreira	03	Naval do Funchal	**1:04.81**	379
6.	VIEIRA, Emanuel Eloi	03	Desportivo Sao Roque	**1:05.64**	364
7.	ABREU, Nuno Afonso	03	Naval do Funchal	**1:07.26**	339
8.	ABREU, Tiago Gomes	03	Naval do Funchal	**1:13.27**	262
9.	FERNANDES, Goncalo Martim	03	Desportivo Nacional	**1:16.40**	231
10.	PARODI, Luis Alexandre	03	Escola O Liceu	**1:18.17**	216
11.	KOVAL, Igor	03	Desportivo Nacional	**1:22.51**	183

Junior, 17 e 18 anos

1.	RODRIGUES, Pedro Reis	02	Desportivo Sao Roque	**59.34**	494
2.	MARCOS, Joao Freitas	01	Individual Madeira	**59.35**	493
3.	CASTRO, Martim Pereira	02	Escola O Liceu	**1:01.63**	440
4.	FREITAS, Joao Tomas	02	Salesianos do Funchal	**1:03.26**	407
5.	FERNANDES, Pedro Pestana	01	Naval do Funchal	**1:03.62**	400
6.	RAMALHO, Joao Caires	02	Desportivo Nacional	**1:04.79**	379
7.	PRIOSTE, Pedro Danilo	01	Desportivo Sao Roque	**1:05.63**	365
8.	GAMA, Ibrahim Jose	01	Salesianos do Funchal	**1:05.67**	364
9.	BELO, Francisco Miguel	02	Desportivo Nacional	**1:06.26**	354
10.	NUNES, Goncalo Almada	01	Salesianos do Funchal	**1:07.29**	338
11.	NUNES, Henrique Goncalves	02	Escola O Liceu	**1:08.88**	315
12.	FREITAS, Joao Pereira	02	Desportiva da Camacha	**1:18.45**	213
13.	DINIS, Fernando Jose	02	Desportivo Sao Roque	**1:27.74**	152

Senior, 19 anos e mais velhos

1.	MOURA, Vitor Diogo	90	Desportivo Nacional	**55.93**	590
2.	QUINTAL, Nuno Alexandre	99	Desportivo Nacional	**57.86**	532
3.	FERREIRA, Luis Duarte	89	Escola O Liceu	**1:05.53**	366
4.	EULALIO, Hugo Yves	85	Escola O Liceu	**1:08.30**	323
5.	SILVA, Duarte Paulo	72	Escola O Liceu	**1:17.32**	223

Absoluto, 15 anos e mais velhos

1.	MOURA, Vitor Diogo	90	Desportivo Nacional	**55.93**	590
2.	GOMES, Goncalo Camara	03	Naval do Funchal	**57.29**	548
3.	QUINTAL, Nuno Alexandre	99	Desportivo Nacional	**57.86**	532
4.	RODRIGUES, Pedro Reis	02	Desportivo Sao Roque	**59.34**	494
5.	MARCOS, Joao Freitas	01	Individual Madeira	**59.35**	493
6.	RODRIGUES, Renato Correia	03	Salesianos do Funchal	**59.86**	481
7.	FERREIRA, Leonardo Filipe	04	Naval do Funchal	**1:00.23**	472
8.	FERNANDES, Diogo Henrique	04	Naval do Funchal	**1:01.31**	447
9.	CAMARA, Simao Vieira	03	Desportivo Sao Roque	**1:01.52**	443
10.	CASTRO, Martim Pereira	02	Escola O Liceu	**1:01.63**	440
11.	FERNANDES, Martim Pestana	04	Naval do Funchal	**1:03.06**	411
12.	FREITAS, Joao Tomas	02	Salesianos do Funchal	**1:03.26**	407
13.	FERNANDES, Pedro Pestana	01	Naval do Funchal	**1:03.62**	400
14.	LEAL, Diogo Silva	04	Salesianos do Funchal	**1:03.85**	396
15.	MAROTE, Joao Nuno	03	Desportivo Sao Roque	**1:04.71**	380
16.	RAMALHO, Joao Caires	02	Desportivo Nacional	**1:04.79**	379
17.	AGUIAR, Pedro Ferreira	03	Naval do Funchal	**1:04.81**	379

Prova 8, Masc., 100m Livres, Absoluto, 15 anos e mais velhos

Lugar		Ano		Tempo final	Pts
18.	NUNES, Afonso Miguel	04	Salesianos do Funchal	**1:05.08**	374
19.	FERREIRA, Luis Duarte	89	Escola O Liceu	**1:05.53**	366
20.	PRIOSTE, Pedro Danilo	01	Desportivo Sao Roque	**1:05.63**	365
21.	VIEIRA, Emanuel Eloi	03	Desportivo Sao Roque	**1:05.64**	364
22.	GAMA, Ibrahim Jose	01	Salesianos do Funchal	**1:05.67**	364
23.	PEREIRA, Jordao Abreu	04	Salesianos do Funchal	**1:06.03**	358
24.	BELO, Francisco Miguel	02	Desportivo Nacional	**1:06.26**	354
25.	MACHADO, Tiago Magalhaes	04	Desportivo Nacional	**1:06.36**	353
26.	ABREU, Nuno Afonso	03	Naval do Funchal	**1:07.26**	339
27.	NUNES, Goncalo Almada	01	Salesianos do Funchal	**1:07.29**	338
28.	SILVA, Eduardo Rodrigues	04	Salesianos do Funchal	**1:07.54**	335
29.	GONCALVES, Vitor Afonso	04	Salesianos do Funchal	**1:07.87**	330
30.	EULALIO, Hugo Yves	85	Escola O Liceu	**1:08.30**	323
31.	NUNES, Henrique Goncalves	02	Escola O Liceu	**1:08.88**	315
32.	AGUILAR, Luis Santos	04	Desportivo Nacional	**1:08.93**	315
33.	GOMES, Alexandre Monteiro	04	Salesianos do Funchal	**1:11.91**	277
34.	ABREU, Tiago Gomes	03	Naval do Funchal	**1:13.27**	262
35.	FARIA, Helder Rafael	04	Salesianos do Funchal	**1:14.29**	251
36.	FERNANDES, Goncalo Martim	03	Desportivo Nacional	**1:16.40**	231
37.	SILVA, Duarte Paulo	72	Escola O Liceu	**1:17.32**	223
38.	PARODI, Luis Alexandre	03	Escola O Liceu	**1:18.17**	216
39.	FREITAS, Joao Pereira	02	Desportiva da Camacha	**1:18.45**	213
40.	KOVAL, Igor	03	Desportivo Nacional	**1:22.51**	183
41.	GANANCA, Tiago Rodrigues	04	Naval do Funchal	**1:23.72**	175
42.	FERREIRA, Andre Filipe	04	Naval do Funchal	**1:24.29**	172
43.	DINIS, Fernando Jose	02	Desportivo Sao Roque	**1:27.74**	152
44.	SILVA, Rodrigo Miranda	04	Desportivo Nacional	**1:31.92**	132
45.	SEMIAO, Francisco Gomes	04	Desportiva da Camacha	**1:32.71**	129

Prova 9 — Femin., 200m Estilos — Absoluto
22/03/2019 - 20:30 — Resultados

Recorde Regional Absoluto	2:20.84	QUINTAL, Fabiana Maria	CDN	Coimbra	30/05/2009
Recorde Regional Sen	2:20.84	QUINTAL, Fabiana Maria	CDN	Coimbra	30/05/2009
Recorde Regional Jun17	2:31.69	ROSA, Beatriz Jong	CDWT	Coimbra	30/03/2017
Recorde Regional Jun16	2:32.15	ABREU, Laura Catarina	CDN	Funchal	27/02/2016
Recorde Regional Juv A	2:32.53	ROSA, Beatriz Jong	CDN	Funchal	05/07/2015
Recorde Regional Juv B	2:32.87	CAIRES, Joana Costa	CNF	Povoa de Varzim	24/03/2012
Recorde Regional Inf A	2:34.63	CAIRES, Joana Costa	CNF	Lisboa	23/07/2011
Recorde Regional Inf B	2:38.31	LOPES, Joana Cristina	CNF	Las Palmas (ESP)	09/07/1992

TAC Regional Inf B: 4:03.60; Inf A: 3:55.44; Juv B: 3:38.83; Juv A: 3:37.34; Jun: 3:33.45; Sen: 3:29.09 / TAC Nacional Inf B: 2:56.26; Inf A: 2:47.31; Juv B: 2:38.83; Juv A: 2:37.34; Jun: 2:33.45; Sen: 2:29.09

Pontos: FINA 2018

Lugar		Ano		Tempo final	Pts	100m	200m
Infantil B, 12 anos							
1.	RODRIGUES, Laura Sofia *Minimo Campeonato Nacional*	07	Salesianos do Funchal	**2:54.03**	380	1:26.11	1:27.92
2.	FRANCA, Ines Matos	07	Salesianos do Funchal	**3:10.39**	290	1:31.36	1:39.03
3.	FREITAS, Maria Raquel	07	Naval do Funchal	**3:34.91**	202	1:43.96	1:50.95
Infantil A, 13 anos							
1.	SILVA, Silvana Suamade	06	Desportivo Sao Roque	**2:53.96**	381	1:22.13	1:31.83
2.	CARICHAS, Joana Medeiros	06	Salesianos do Funchal	**3:06.59**	308	1:28.19	1:38.40
3.	BAPTISTA, Constanca Ornelas	06	Naval do Funchal	**3:33.89**	205	1:44.12	1:49.77

Prova 9, Femin., 200m Estilos, Infantil A, 13 anos

Lugar		Ano		Tempo final	Pts	100m	200m
DSQ	FARIA, Laura Pereira	06	Salesianos do Funchal				
	724 - Não tocou com as mãos na parede separadas ou simultaneamente na viragem aos 150 m - SW 7.6						

Juvenil B, 14 anos

1.	BARROS, Ana Carolina	05	Salesianos do Funchal	**3:27.89**	223	1:39.63	1:48.26

Juvenil A, 15 anos

1.	FERREIRA, Maria Leonor	04	Desportivo Nacional	**2:41.16**	479	1:17.04	1:24.12
2.	SOUSA, Joana Francisca	04	Desportivo Sao Roque	**2:42.91**	463	1:16.62	1:26.29
3.	GONCALVES, Maria Margarida	04	Naval do Funchal	**2:44.21**	453	1:15.40	1:28.81
4.	JESUS, Mariana Caires	04	Salesianos do Funchal	**3:05.78**	312	1:28.97	1:36.81

Senior, 18 anos e mais velhos

1.	ROSA, Beatriz Jong	00	Desportivo Nacional	**2:36.88**	519	1:10.51	1:26.37
2.	BOULHOSA, Carolina Abreu	01	Naval do Funchal	**3:19.81**	251	1:35.45	1:44.36

Absoluto, 14 anos e mais velhas

1.	ROSA, Beatriz Jong	00	Desportivo Nacional	**2:36.88**	519	1:10.51	1:26.37
2.	FERREIRA, Maria Leonor	04	Desportivo Nacional	**2:41.16**	479	1:17.04	1:24.12
3.	SOUSA, Joana Francisca	04	Desportivo Sao Roque	**2:42.91**	463	1:16.62	1:26.29
4.	GONCALVES, Maria Margarida	04	Naval do Funchal	**2:44.21**	453	1:15.40	1:28.81
5.	JESUS, Mariana Caires	04	Salesianos do Funchal	**3:05.78**	312	1:28.97	1:36.81
6.	BOULHOSA, Carolina Abreu	01	Naval do Funchal	**3:19.81**	251	1:35.45	1:44.36
7.	BARROS, Ana Carolina	05	Salesianos do Funchal	**3:27.89**	223	1:39.63	1:48.26

2 - 2ª Jornada / 1ª Sessão — 23/03/2019 - 9:15

Prova 10 — Masc., 800m Livres — Absolutos
23/03/2019 - 9:15 — Resultados

Recorde Regional Absoluto	8:17.83	FRANCO, Paulo Fragueiro	CDN	Faro	21/07/2009
Recorde Regional Sen	8:17.83	FRANCO, Paulo Fragueiro	CDN	Faro	21/07/2009
Recorde Regional Jun18	8:31.46	FRANCO, Paulo Fragueiro	CDN	Luxemburgo (LUX)	28/01/2000
Recorde Regional Jun17	8:33.32	FRANCO, Paulo Fragueiro	CDN	Famalicao	08/08/1999
Recorde Regional Juv A	8:58.16	FRANCO, Paulo Fragueiro	CDN	Lisboa	25/01/1998
Recorde Regional Juv B	8:58.79	FRANCO, Paulo Fragueiro	CDN	Famalicao	24/07/1997

TAC Regional Juv B: 10:40.65; Juv A: 10:40.65; Jun: 10:40.65; Sen: 10:30.68 / TAC Nacional Juv B: 8:40.65; Juv A: 8:40.65; Jun: 8:40.65; Sen: 8:30.68

Pontos: FINA 2018

Lugar		Ano		Tempo final	Pts

Juvenil B, 15 anos

1. NUNES, Afonso Miguel — 04 — Salesianos do Funchal — **10:29.53** — 370

100m:	1:09.78	1:09.78	300m:	3:49.97	1:20.97	500m:	6:32.70	1:21.28	700m:	9:12.57	1:19.47
200m:	2:29.00	1:19.22	400m:	5:11.42	1:21.45	600m:	7:53.10	1:20.40	800m:	10:29.53	1:16.96

Juvenil A, 16 anos

1. CAMACHO, Joao Simao — 03 — Clube Sport Maritimo — **12:43.54** — 207
   FTL

100m:	1:26.58	1:26.58	300m:	4:41.03	1:38.18	500m:	7:59.39	1:38.71	700m:	11:11.47	1:35.57
200m:	3:02.85	1:36.27	400m:	6:20.68	1:39.65	600m:	9:35.90	1:36.51	800m:	12:43.54	1:32.07

Junior, 17 e 18 anos

1. DEUS, Andre Portugal — 02 — Naval do Funchal — **9:07.86** — 562

100m:	1:04.31	1:04.31	300m:	3:21.06	1:08.60	500m:	5:40.16	1:09.37	700m:	8:00.52	1:09.89
200m:	2:12.46	1:08.15	400m:	4:30.79	1:09.73	600m:	6:50.63	1:10.47	800m:	9:07.86	1:07.34

Absoluto, 15 anos e mais velhos

1. DEUS, Andre Portugal — 02 — Naval do Funchal — **9:07.86** — 562

100m:	1:04.31	1:04.31	300m:	3:21.06	1:08.60	500m:	5:40.16	1:09.37	700m:	8:00.52	1:09.89
200m:	2:12.46	1:08.15	400m:	4:30.79	1:09.73	600m:	6:50.63	1:10.47	800m:	9:07.86	1:07.34

2. NUNES, Afonso Miguel — 04 — Salesianos do Funchal — **10:29.53** — 370

100m:	1:09.78	1:09.78	300m:	3:49.97	1:20.97	500m:	6:32.70	1:21.28	700m:	9:12.57	1:19.47
200m:	2:29.00	1:19.22	400m:	5:11.42	1:21.45	600m:	7:53.10	1:20.40	800m:	10:29.53	1:16.96

3. CAMACHO, Joao Simao — 03 — Clube Sport Maritimo — **12:43.54** — 207
   FTL

100m:	1:26.58	1:26.58	300m:	4:41.03	1:38.18	500m:	7:59.39	1:38.71	700m:	11:11.47	1:35.57
200m:	3:02.85	1:36.27	400m:	6:20.68	1:39.65	600m:	9:35.90	1:36.51	800m:	12:43.54	1:32.07

Prova 11 — Femin., 800m Livres — Absoluto
23/03/2019 - 9:27 — Resultados

Recorde Regional Absoluto	9:23.39	ANDRADE, Rubina Amaro	CDN	Coimbra	06/08/1995
Recorde Regional Sen	9:30.57	ANDRADE, Rubina Amaro	CDN	Lisboa	03/08/1997
Recorde Regional Jun17	9:23.70	ANDRADE, Rubina Amaro	CDN	Famalicao	04/08/1996
Recorde Regional Jun16	9:23.39	ANDRADE, Rubina Amaro	CDN	Coimbra	06/08/1995
Recorde Regional Juv A	9:26.04	ANDRADE, Rubina Amaro	CDN	Nicosia (CYP)	23/04/1994
Recorde Regional Juv B	9:27.06	ANDRADE, Rubina Amaro	CDN	Chiasso (SUI)	11/06/1993
Recorde Regional Inf A	9:48.78	ANDRADE, Rubina Amaro	CDN	Aveiro	08/08/1992
Recorde Regional Inf B	10:17.67	ANDRADE, Rubina Amaro	CDN	Braga	27/07/1991

TAC Regional Inf B: 13:49.92; Inf A: 12:57.90; Juv B: 12:19.83; Juv A: 12:07.20; Jun: 11:51.26; Sen: 11:31.77 /
TAC Nacional Inf B: 10:54.94; Inf A: 10:24.93; Juv B: 10:19.83; Juv A: 10:07.20; Jun: 9:51.26; Sen: 9:31.77

Pontos: FINA 2018

Lugar		Ano		Tempo final	Pts

Juvenil B, 14 anos

1. ARAUJO, Maria Clara — 05 — Naval do Funchal — **10:26.88** — 462

100m:	1:11.97	1:11.97	300m:	3:49.64	1:19.34	500m:	6:29.23	1:19.68	700m:	9:09.57	1:20.22
200m:	2:30.30	1:18.33	400m:	5:09.55	1:19.91	600m:	7:49.35	1:20.12	800m:	10:26.88	1:17.31

Juvenil A, 15 anos

1. RAMOS, Barbara Emerick — 04 — Salesianos do Funchal — **10:42.24** — 430

100m:	1:16.14	1:16.14	300m:	3:57.69	1:20.82	500m:	6:40.40	1:21.54	700m:	9:23.87	1:21.68
200m:	2:36.87	1:20.73	400m:	5:18.86	1:21.17	600m:	8:02.19	1:21.79	800m:	10:42.24	1:18.37

Junior, 16 e 17 anos

1. JESUS, Filipa Mafalda — 03 — Desportivo Sao Roque — **11:07.19** — 383

100m:	1:18.52	1:18.52	300m:	4:06.30	1:23.95	500m:	6:55.32	1:25.14	700m:	9:44.08	1:23.97
200m:	2:42.35	1:23.83	400m:	5:30.18	1:23.88	600m:	8:20.11	1:24.79	800m:	11:07.19	1:23.11

2. LAMEIRAS, Beatriz Andreia — 03 — Escola O Liceu — **12:00.91** — 304
FTL

100m:	1:23.02	1:23.02	300m:	4:28.53	1:34.22	500m:	7:33.91	1:32.74	700m:	10:33.21	1:28.30
200m:	2:54.31	1:31.29	400m:	6:01.17	1:32.64	600m:	9:04.91	1:31.00	800m:	12:00.91	1:27.70

Senior, 18 anos e mais velhos

1. LUIS, Jessica Santos — 00 — Desportivo Sao Roque — **10:37.25** — 440

100m:	1:12.41	1:12.41	300m:	3:52.75	1:20.59	500m:	6:36.97	1:22.76	700m:	9:19.44	1:22.36
200m:	2:32.16	1:19.75	400m:	5:14.21	1:21.46	600m:	7:57.08	1:20.11	800m:	10:37.25	1:17.81

2. TELES, Anabela Corte — 01 — Individual Madeira — **10:55.76** — 404

100m:	1:15.01	1:15.01	300m:	3:59.67	1:22.44	500m:	6:45.65	1:23.25	700m:	9:33.59	1:24.01
200m:	2:37.23	1:22.22	400m:	5:22.40	1:22.73	600m:	8:09.58	1:23.93	800m:	10:55.76	1:22.17

Absoluto, 14 anos e mais velhas

1. ARAUJO, Maria Clara — 05 — Naval do Funchal — **10:26.88** — 462

100m:	1:11.97	1:11.97	300m:	3:49.64	1:19.34	500m:	6:29.23	1:19.68	700m:	9:09.57	1:20.22
200m:	2:30.30	1:18.33	400m:	5:09.55	1:19.91	600m:	7:49.35	1:20.12	800m:	10:26.88	1:17.31

2. LUIS, Jessica Santos — 00 — Desportivo Sao Roque — **10:37.25** — 440

100m:	1:12.41	1:12.41	300m:	3:52.75	1:20.59	500m:	6:36.97	1:22.76	700m:	9:19.44	1:22.36
200m:	2:32.16	1:19.75	400m:	5:14.21	1:21.46	600m:	7:57.08	1:20.11	800m:	10:37.25	1:17.81

3. RAMOS, Barbara Emerick — 04 — Salesianos do Funchal — **10:42.24** — 430

100m:	1:16.14	1:16.14	300m:	3:57.69	1:20.82	500m:	6:40.40	1:21.54	700m:	9:23.87	1:21.68
200m:	2:36.87	1:20.73	400m:	5:18.86	1:21.17	600m:	8:02.19	1:21.79	800m:	10:42.24	1:18.37

4. TELES, Anabela Corte — 01 — Individual Madeira — **10:55.76** — 404

100m:	1:15.01	1:15.01	300m:	3:59.67	1:22.44	500m:	6:45.65	1:23.25	700m:	9:33.59	1:24.01
200m:	2:37.23	1:22.22	400m:	5:22.40	1:22.73	600m:	8:09.58	1:23.93	800m:	10:55.76	1:22.17

Prova 11, Femin., 800m Livres, Absoluto, 14 anos e mais velhas

Lugar		Ano		Tempo final	Pts
5.	JESUS, Filipa Mafalda	03	Desportivo Sao Roque	**11:07.19**	383
	100m: 1:18.52 1:18.52 300m: 4:06.30 1:23.95 500m: 6:55.32 1:25.14 700m: 9:44.08 1:23.97				
	200m: 2:42.35 1:23.83 400m: 5:30.18 1:23.88 600m: 8:20.11 1:24.79 800m: 11:07.19 1:23.11				
6.	LAMEIRAS, Beatriz Andreia *FTL*	03	Escola O Liceu	**12:00.91**	304
	100m: 1:23.02 1:23.02 300m: 4:28.53 1:34.22 500m: 7:33.91 1:32.74 700m: 10:33.21 1:28.30				
	200m: 2:54.31 1:31.29 400m: 6:01.17 1:32.64 600m: 9:04.91 1:31.00 800m: 12:00.91 1:27.70				

Prova 12 — Masc., 100m Costas — Absoluto
23/03/2019 - 9:39 — Resultados

Recorde Regional Absoluto	58.98	MARQUES, Miguel Freitas	CSM	Oeiras	27/07/2014
Recorde Regional Sen	59.76	PINTO, Luis Marques	CDN	Funchal	06/06/2009
Recorde Regional Jun18	58.98	MARQUES, Miguel Freitas	CSM	Oeiras	27/07/2014
Recorde Regional Jun17	1:00.88	FERNANDES, Joao Manuel	CNF	Oeiras	26/07/2014
Recorde Regional Juv A	1:01.58	MARQUES, Miguel Freitas	CSM	Oeiras	28/07/2012
Recorde Regional Juv B	1:02.38	FERNANDES, Rui Afonso	CDN	Oeiras	28/07/2018
Recorde Regional Inf A	1:06.62	GOMES, Henrique Santos	CNF	Loule	18/07/2014
Recorde Regional Inf B	1:10.58	CAMACHO, Afonso Caires	CNF	Funchal	18/03/2017

TAC Regional Inf B: 1:58.54; Inf A: 1:54.15; Juv B: 1:46.92; Juv A: 1:45.57; Jun: 1:42.81; Sen: 1:40.89 / TAC Nacional Inf B: 1:18.54; Inf A: 1:14.15; Juv B: 1:06.92; Juv A: 1:05.57; Jun: 1:02.81; Sen: 1:00.89

Pontos: FINA 2018

Lugar		Ano		Tempo final	Pts
Infantil B, 13 anos					
1.	GARANITO, Simao Silva	06	Naval do Funchal	**1:28.10**	203
2.	STEFLEA, Andre Sergio	06	Desportivo Sao Roque	**1:55.06**	91
Infantil A, 14 anos					
1.	BOULHOSA, Rodrigo Abreu	05	Naval do Funchal	**1:22.79**	245
2.	ALVES, Luis Fernandez	05	Desportivo Nacional	**1:36.06**	157
3.	MENDES, Juan Diego	05	Desportivo Nacional	**1:49.41**	106
4.	CORREIA, Rodrigo Ramos	05	Desportivo Nacional	**1:50.52**	103
Juvenil B, 15 anos					
1.	CAMACHO, Afonso Caires *Minimo Campeonato Nacional*	04	Naval do Funchal	**1:05.96**	485
2.	LEAL, Diogo Silva	04	Salesianos do Funchal	**1:08.96**	425
3.	PEREIRA, Jordao Abreu	04	Salesianos do Funchal	**1:11.42**	382
4.	TELES, Artur Corte	04	Individual Madeira	**1:12.65**	363
5.	FERREIRA, Leonardo Filipe	04	Naval do Funchal	**1:14.70**	334
6.	SILVA, Eduardo Rodrigues	04	Salesianos do Funchal	**1:19.00**	282
7.	AGUILAR, Luis Santos	04	Desportivo Nacional	**1:19.04**	282
8.	GONCALVES, Vitor Afonso	04	Salesianos do Funchal	**1:21.05**	261
9.	GOMES, Alexandre Monteiro	04	Salesianos do Funchal	**1:26.34**	216
10.	FARIA, Helder Rafael	04	Salesianos do Funchal	**1:34.25**	166
Juvenil A, 16 anos					
1.	FERNANDES, Rui Afonso *Minimo Campeonato Nacional*	03	Desportivo Nacional	**1:03.60**	541
2.	CAMARA, Simao Vieira	03	Desportivo Sao Roque	**1:09.13**	421
3.	MELIM, Bruno Pontes	03	Salesianos do Funchal	**1:16.14**	315
4.	AGUIAR, Pedro Ferreira	03	Naval do Funchal	**1:17.95**	294

Prova 12, Masc., 100m Costas, Juvenil A, 16 anos

Lugar		Ano		Tempo final	Pts
5.	VIEIRA, Emanuel Eloi	03	Desportivo Sao Roque	**1:18.18**	291
6.	ABREU, Tiago Gomes	03	Naval do Funchal	**1:32.04**	178
7.	FREITAS, Francisco Santos	03	Santanense	**1:33.39**	171
DSQ	GOMES, Goncalo Camara	03	Naval do Funchal		
	606 - Não rompeu a superfície da água com a cabeça antes dos 15 metros após a partida - SW 6.3				

Junior, 17 e 18 anos

1.	SILVA, Joao Jesus	02	Salesianos do Funchal	**1:04.85**	511
2.	NASCIMENTO, Diogo Andre	02	Naval do Funchal	**1:11.57**	380
3.	NUNES, Goncalo Almada	01	Salesianos do Funchal	**1:19.51**	277

Absoluto, 15 anos e mais velhos

1.	FERNANDES, Rui Afonso *Minimo Campeonato Nacional*	03	Desportivo Nacional	**1:03.60**	541
2.	SILVA, Joao Jesus	02	Salesianos do Funchal	**1:04.85**	511
3.	CAMACHO, Afonso Caires *Minimo Campeonato Nacional*	04	Naval do Funchal	**1:05.96**	485
4.	LEAL, Diogo Silva	04	Salesianos do Funchal	**1:08.96**	425
5.	CAMARA, Simao Vieira	03	Desportivo Sao Roque	**1:09.13**	421
6.	PEREIRA, Jordao Abreu	04	Salesianos do Funchal	**1:11.42**	382
7.	NASCIMENTO, Diogo Andre	02	Naval do Funchal	**1:11.57**	380
8.	TELES, Artur Corte	04	Individual Madeira	**1:12.65**	363
9.	FERREIRA, Leonardo Filipe	04	Naval do Funchal	**1:14.70**	334
10.	MELIM, Bruno Pontes	03	Salesianos do Funchal	**1:16.14**	315
11.	AGUIAR, Pedro Ferreira	03	Naval do Funchal	**1:17.95**	294
12.	VIEIRA, Emanuel Eloi	03	Desportivo Sao Roque	**1:18.18**	291
13.	SILVA, Eduardo Rodrigues	04	Salesianos do Funchal	**1:19.00**	282
14.	AGUILAR, Luis Santos	04	Desportivo Nacional	**1:19.04**	282
15.	NUNES, Goncalo Almada	01	Salesianos do Funchal	**1:19.51**	277
16.	GONCALVES, Vitor Afonso	04	Salesianos do Funchal	**1:21.05**	261
17.	GOMES, Alexandre Monteiro	04	Salesianos do Funchal	**1:26.34**	216
18.	ABREU, Tiago Gomes	03	Naval do Funchal	**1:32.04**	178
19.	FREITAS, Francisco Santos	03	Santanense	**1:33.39**	171
20.	FARIA, Helder Rafael	04	Salesianos do Funchal	**1:34.25**	166
DSQ	GOMES, Goncalo Camara	03	Naval do Funchal		
	606 - Não rompeu a superfície da água com a cabeça antes dos 15 metros após a partida - SW 6.3				

Prova 13 | Femin., 100m Costas | Absoluto
23/03/2019 - 9:49 | Resultados

Recorde Regional Absoluto	1:06.63	QUINTAL, Fabiana Maria	CDN	Funchal	06/06/2009
Recorde Regional Sen	1:06.63	QUINTAL, Fabiana Maria	CDN	Funchal	06/06/2009
Recorde Regional Jun17	1:08.30	ROSA, Beatriz Jong	CDWT	Coimbra	31/03/2017
Recorde Regional Jun16	1:09.92	FREITAS, Monica Alexandra	CDN	Olivais	14/05/1989
Recorde Regional Juv A	1:09.27	ROSA, Beatriz Jong	CDN	Coimbra	25/07/2015
Recorde Regional Juv B	1:11.35	NUNES, Jeanette Vilarejo	CNF	Olivais	30/01/1994
Recorde Regional Inf A	1:14.31	ENCARNAÇÃO, Fabia Micaela	CDN	Lisboa	16/05/1998
Recorde Regional Inf B	1:15.90	LOPES, Joana Cristina	CNF	Evora	25/07/1992

TAC Regional Inf B: 2:05.68; Inf A: 2:00.07; Juv B: 1:53.94; Juv A: 1:53.34; Jun: 1:50.89; Sen: 1:49.09 / TAC Nacional Inf B: 1:25.68; Inf A: 1:20.07; Juv B: 1:13.94; Juv A: 1:13.34; Jun: 1:10.89; Sen: 1:09.09

Pontos: FINA 2018

Lugar		Ano		Tempo final	Pts
Infantil B, 12 anos					
1.	FRANCA, Ines Matos	07	Salesianos do Funchal	**1:33.19**	242
Infantil A, 13 anos					
1.	CARICHAS, Joana Medeiros	06	Salesianos do Funchal	**1:21.41**	363
2.	SOUSA, Maria Beatriz	06	Naval do Funchal	**1:30.54**	264
3.	FARIA, Laura Pereira	06	Salesianos do Funchal	**1:31.63**	254
4.	DIAS, Monica Fernandes	06	Desportivo Sao Roque	**1:35.09**	228
5.	TEMBE, Ines Afonso	06	Desportivo Nacional	**1:38.47**	205
6.	BAPTISTA, Constanca Ornelas	06	Naval do Funchal	**1:39.89**	196
Juvenil B, 14 anos					
1.	JARDIM, Teresa Vieira	05	Naval do Funchal	**1:17.24**	425
2.	AVEIRO, Leonor Sofia	05	Naval do Funchal	**1:22.22**	352
3.	LUIS, Mariana Capelo	05	Salesianos do Funchal	**1:30.13**	267
4.	BARROS, Ana Carolina	05	Salesianos do Funchal	**1:37.25**	213
5.	CARDOSO, Isabel Maria	05	Clube Sport Maritimo	**1:37.40**	212
Juvenil A, 15 anos					
1.	FERREIRA, Maria Leonor *Minimo Campeonato Nacional*	04	Desportivo Nacional	**1:12.25**	520
2.	GONCALVES, Maria Margarida *Minimo Campeonato Nacional*	04	Naval do Funchal	**1:13.28**	498
3.	SOUSA, Joana Francisca	04	Desportivo Sao Roque	**1:14.04**	483
4.	OLIVEIRA, Sara Fernandes	04	Salesianos do Funchal	**1:18.82**	400
5.	CAMACHO, Laura Fernandes	04	Naval do Funchal	**1:18.93**	398
6.	JESUS, Mariana Caires	04	Salesianos do Funchal	**1:27.13**	296
7.	SOARES, Ines Silva	04	Desportivo Nacional	**1:32.51**	247
Junior, 16 e 17 anos					
1.	SA, Marta Romao	03	Naval do Funchal	**1:16.48**	438
2.	PEREIRA, Luisa Tovela	03	Desportivo Nacional	**1:31.07**	259
Absoluto, 14 anos e mais velhas					
1.	FERREIRA, Maria Leonor *Minimo Campeonato Nacional*	04	Desportivo Nacional	**1:12.25**	520
2.	GONCALVES, Maria Margarida *Minimo Campeonato Nacional*	04	Naval do Funchal	**1:13.28**	498
3.	SOUSA, Joana Francisca	04	Desportivo Sao Roque	**1:14.04**	483

Prova 13, Femin., 100m Costas, Absoluto, 14 anos e mais velhas

Lugar		Ano		Tempo final	Pts
4.	SA, Marta Romao	03	Naval do Funchal	**1:16.48**	438
5.	JARDIM, Teresa Vieira	05	Naval do Funchal	**1:17.24**	425
6.	OLIVEIRA, Sara Fernandes	04	Salesianos do Funchal	**1:18.82**	400
7.	CAMACHO, Laura Fernandes	04	Naval do Funchal	**1:18.93**	398
8.	AVEIRO, Leonor Sofia	05	Naval do Funchal	**1:22.22**	352
9.	JESUS, Mariana Caires	04	Salesianos do Funchal	**1:27.13**	296
10.	LUIS, Mariana Capelo	05	Salesianos do Funchal	**1:30.13**	267
11.	PEREIRA, Luisa Tovela	03	Desportivo Nacional	**1:31.07**	259
12.	SOARES, Ines Silva	04	Desportivo Nacional	**1:32.51**	247
13.	BARROS, Ana Carolina	05	Salesianos do Funchal	**1:37.25**	213
14.	CARDOSO, Isabel Maria	05	Clube Sport Maritimo	**1:37.40**	212

Prova 14 — Masc., 50m Livres — Absolutos
23/03/2019 - 9:56 — Resultados

Recorde Regional Absoluto	23.63	GONZALEZ, Hugo Miguel	CDN	Campanha	21/06/2003
Recorde Regional Sen	23.63	GONZALEZ, Hugo Miguel	CDN	Campanha	21/06/2003
Recorde Regional Jun18	24.50	CASTRO, Joao Cruz	CDSR	Funchal	23/03/2018
Recorde Regional Jun17	24.40	CASTRO, Joao Cruz	CDSR	Coimbra	31/03/2017
Recorde Regional Juv A	25.05	CASTRO, Joao Cruz	CDSR	Coimbra	29/05/2016
Recorde Regional Juv B	25.87	CASTRO, Joao Cruz	CDSR	Funchal	06/06/2015

TAC Regional Juv B: 45.23; Juv A: 45.23; Jun: 45.23; Sen: 44.92 / TAC Nacional Juv B: 25.23; Juv A: 25.23; Jun: 25.23; Sen: 24.92

Pontos: FINA 2018

Lugar		Ano		Tempo final	Pts
Juvenil B, 15 anos					
1.	BARRY, Rafael Francisco	04	Naval do Funchal	**27.08**	460
2.	FERNANDES, Diogo Henrique	04	Naval do Funchal	**27.43**	442
3.	CAMACHO, Afonso Caires	04	Naval do Funchal	**27.99**	416
4.	MACHADO, Tiago Magalhaes	04	Desportivo Nacional	**29.78**	346
5.	SILVA, Rodrigo Miranda	04	Desportivo Nacional	**38.47**	160
DSQ	FERREIRA, Andre Filipe *403 - Falsa partida - SW 4.4*	04	Naval do Funchal		
Juvenil A, 16 anos					
1.	BAPTISTA, Tiago Ornelas	03	Naval do Funchal	**28.69**	387
2.	ABREU, Nuno Afonso	03	Naval do Funchal	**30.15**	333
3.	FERNANDES, Goncalo Martim	03	Desportivo Nacional	**33.76**	237
4.	FREITAS, Francisco Santos	03	Santanense	**34.27**	227
	KOVAL, Igor	03	Desportivo Nacional	**34.27**	227
Junior, 17 e 18 anos					
1.	GRACA, Fernando Guerreiro	02	Naval do Funchal	**26.61**	485
2.	FERRO, Henrique Martins	01	Naval do Funchal	**26.91**	469
3.	RODRIGUES, Pedro Reis	02	Desportivo Sao Roque	**27.47**	441
4.	FREITAS, Joao Tomas	02	Salesianos do Funchal	**28.76**	384
5.	CALDEIRA, Rodolfo Morais	02	Salesianos do Funchal	**29.10**	371
6.	NUNES, Henrique Goncalves	02	Escola O Liceu	**30.21**	331
7.	DINIS, Fernando Jose	02	Desportivo Sao Roque	**37.12**	178

Prova 14, Masc., 50m Livres

Senior, 19 e mais velhos

1.	MOURA, Vitor Diogo	90	Desportivo Nacional	**25.38**	559
2.	SOUSA, Tiago Ferreira	91	Desportivo Nacional	**25.45**	554
3.	QUINTAL, Nuno Alexandre	99	Desportivo Nacional	**25.80**	532
4.	SILVA, Martim Moniz	99	Naval do Funchal	**27.96**	418
5.	EULALIO, Hugo Yves	85	Escola O Liceu	**30.31**	328
6.	SILVA, Duarte Paulo	72	Escola O Liceu	**33.19**	250

Absoluto, 15 anos e mais velhos

1.	MOURA, Vitor Diogo	90	Desportivo Nacional	**25.38**	559
2.	SOUSA, Tiago Ferreira	91	Desportivo Nacional	**25.45**	554
3.	QUINTAL, Nuno Alexandre	99	Desportivo Nacional	**25.80**	532
4.	GRACA, Fernando Guerreiro	02	Naval do Funchal	**26.61**	485
5.	FERRO, Henrique Martins	01	Naval do Funchal	**26.91**	469
6.	BARRY, Rafael Francisco	04	Naval do Funchal	**27.08**	460
7.	FERNANDES, Diogo Henrique	04	Naval do Funchal	**27.43**	442
8.	RODRIGUES, Pedro Reis	02	Desportivo Sao Roque	**27.47**	441
9.	SILVA, Martim Moniz	99	Naval do Funchal	**27.96**	418
10.	CAMACHO, Afonso Caires	04	Naval do Funchal	**27.99**	416
11.	BAPTISTA, Tiago Ornelas	03	Naval do Funchal	**28.69**	387
12.	FREITAS, Joao Tomas	02	Salesianos do Funchal	**28.76**	384
13.	CALDEIRA, Rodolfo Morais	02	Salesianos do Funchal	**29.10**	371
14.	MACHADO, Tiago Magalhaes	04	Desportivo Nacional	**29.78**	346
15.	ABREU, Nuno Afonso	03	Naval do Funchal	**30.15**	333
16.	NUNES, Henrique Goncalves	02	Escola O Liceu	**30.21**	331
17.	EULALIO, Hugo Yves	85	Escola O Liceu	**30.31**	328
18.	SILVA, Duarte Paulo	72	Escola O Liceu	**33.19**	250
19.	FERNANDES, Goncalo Martim	03	Desportivo Nacional	**33.76**	237
20.	FREITAS, Francisco Santos	03	Santanense	**34.27**	227
	KOVAL, Igor	03	Desportivo Nacional	**34.27**	227
22.	DINIS, Fernando Jose	02	Desportivo Sao Roque	**37.12**	178
23.	SILVA, Rodrigo Miranda	04	Desportivo Nacional	**38.47**	160
DSQ	FERREIRA, Andre Filipe	04	Naval do Funchal		
	403 - Falsa partida - SW 4.4				

Prova 15 — Femin., 50m Livres — Absolutos
23/03/2019 - 10:01 — Resultados

Recorde Regional Absoluto	27.47	QUINTAL, Fabiana Maria	CDN	Coimbra	29/07/2010
Recorde Regional Sen	27.47	QUINTAL, Fabiana Maria	CDN	Coimbra	29/07/2010
Recorde Regional Jun17	28.11	AGUILAR, Vera Ines	CDN	Coimbra	31/03/2017
Recorde Regional Jun16	28.18	BOULHOSA, Carolina Abreu	CNF	Coimbra	31/03/2017
Recorde Regional Juv A	28.01	AGUILAR, Vera Ines	CDN	Coimbra	03/04/2015
Recorde Regional Juv B	28.51	AGUILAR, Vera Ines	CDN	Coimbra	05/04/2014

TAC Regional Juv B: 48.76; Juv A: 48.76; Jun: 48.76; Sen: 48.19 / TAC Nacional Juv B: 28.76; Juv A: 28.76; Jun: 28.76; Sen: 28.19

Pontos: FINA 2018

Lugar		Ano		Tempo final	Pts

Juvenil B, 14 anos

1.	NASCIMENTO, Sofia Alexandre	05	Naval do Funchal	**30.97**	446
2.	ABREU, Maria Eduarda	05	Desportivo Nacional	**34.80**	314

Prova 15, Femin., 50m Livres

Juvenil A, 15 anos

1.	ANDRADE, Margarida Fernandes	04	Salesianos do Funchal	**32.32**	392
2.	SOARES, Ines Silva	04	Desportivo Nacional	**33.91**	340
3.	GOUVEIA, Susana Isabel	04	Salesianos do Funchal	**34.93**	311

Junior, 16 e 17 anos

1.	FERREIRA, Julia Caldeira	03	Naval do Funchal	**31.10**	440
2.	JESUS, Filipa Mafalda	03	Desportivo Sao Roque	**31.50**	424
3.	LECA, Natasha Maria	03	Desportivo Nacional	**32.79**	376
4.	LAMEIRAS, Beatriz Andreia	03	Escola O Liceu	**33.03**	368
5.	BETENCOURT, Ana Margarida	03	Naval do Funchal	**33.17**	363
6.	GONCALVES, Joana Marques	02	Salesianos do Funchal	**33.54**	351
7.	SILVA, Gabriela Suamade	02	Desportivo Sao Roque	**34.22**	330
8.	PEREIRA, Luisa Tovela	03	Desportivo Nacional	**35.34**	300
DSQ	REBELO, Filipa Margarida	03	Salesianos do Funchal		
	403 - Falsa partida - SW 4.4				

Senior, 18 anos e mais velhos

1.	ROSA, Beatriz Jong	00	Desportivo Nacional	**28.33**	583
2.	GOMES, Susana Clara	77	Naval do Funchal	**28.82**	554
3.	BOULHOSA, Carolina Abreu	01	Naval do Funchal	**29.74**	504
4.	LUIS, Jessica Santos	00	Desportivo Sao Roque	**31.48**	425
5.	CRO, Isabel Matilde	00	Escola O Liceu	**35.85**	287
6.	FERREIRA, Fatima Maria	78	Escola O Liceu	**38.32**	235
7.	SILVA, Cristina Paula	75	Escola O Liceu	**43.03**	166
8.	ABREU, Luana Vasconcelos	01	Escola O Liceu	**43.44**	161

Absoluto, 14 anos e mais velhas

1.	ROSA, Beatriz Jong	00	Desportivo Nacional	**28.33**	583
2.	GOMES, Susana Clara	77	Naval do Funchal	**28.82**	554
3.	BOULHOSA, Carolina Abreu	01	Naval do Funchal	**29.74**	504
4.	NASCIMENTO, Sofia Alexandre	05	Naval do Funchal	**30.97**	446
5.	FERREIRA, Julia Caldeira	03	Naval do Funchal	**31.10**	440
6.	LUIS, Jessica Santos	00	Desportivo Sao Roque	**31.48**	425
7.	JESUS, Filipa Mafalda	03	Desportivo Sao Roque	**31.50**	424
8.	ANDRADE, Margarida Fernandes	04	Salesianos do Funchal	**32.32**	392
9.	LECA, Natasha Maria	03	Desportivo Nacional	**32.79**	376
10.	LAMEIRAS, Beatriz Andreia	03	Escola O Liceu	**33.03**	368
11.	BETENCOURT, Ana Margarida	03	Naval do Funchal	**33.17**	363
12.	GONCALVES, Joana Marques	02	Salesianos do Funchal	**33.54**	351
13.	SOARES, Ines Silva	04	Desportivo Nacional	**33.91**	340
14.	SILVA, Gabriela Suamade	02	Desportivo Sao Roque	**34.22**	330
15.	ABREU, Maria Eduarda	05	Desportivo Nacional	**34.80**	314
16.	GOUVEIA, Susana Isabel	04	Salesianos do Funchal	**34.93**	311
17.	PEREIRA, Luisa Tovela	03	Desportivo Nacional	**35.34**	300
18.	CRO, Isabel Matilde	00	Escola O Liceu	**35.85**	287
19.	FERREIRA, Fatima Maria	78	Escola O Liceu	**38.32**	235
20.	SILVA, Cristina Paula	75	Escola O Liceu	**43.03**	166
21.	ABREU, Luana Vasconcelos	01	Escola O Liceu	**43.44**	161
DSQ	REBELO, Filipa Margarida	03	Salesianos do Funchal		
	403 - Falsa partida - SW 4.4				

Prova 16 | Masc., 100m Bruços | Absoluto
23/03/2019 - 10:15 | Resultados

Recorde Regional Absoluto	1:05.96	FIGUEIRA, Andre Temtem	CNF	Faro	18/07/2009
Recorde Regional Sen	1:07.30	MOURA, Vitor Diogo	CDN	Oeiras	26/07/2012
Recorde Regional Jun18	1:05.96	FIGUEIRA, Andre Temtem	CNF	Faro	18/07/2009
Recorde Regional Jun17	1:07.65	SILVA, Tomas Antonio	CNF	Oeiras	26/07/2018
Recorde Regional Juv A	1:11.42	FREITAS, Tomas Miguel	CDN	Coimbra	29/07/2006
Recorde Regional Juv B	1:08.89	DEUS, Andre Portugal	CNF	Oeiras	20/07/2017
Recorde Regional Inf A	1:12.62	DEUS, Andre Portugal	CNF	Famalicao	16/07/2016
Recorde Regional Inf B	1:14.51	FREITAS, Tomas Miguel	CDN	Rio Maior	03/08/2003

TAC Regional Inf B: 2:10.12; Inf A: 2:04.46; Juv B: 1:56.66; Juv A: 1:54.51; Jun: 1:50.62; Sen: 1:48.06 / TAC Nacional Inf B: 1:30.12; Inf A: 1:24.46; Juv B: 1:16.66; Juv A: 1:14.51; Jun: 1:10.62; Sen: 1:08.06

Pontos: FINA 2018

Lugar		Ano		Tempo final	Pts
Infantil B, 13 anos					
1.	SILVA, Afonso Mar	06	Naval do Funchal	**1:36.24**	209
2.	TEMES, Joao Caires	06	Salesianos do Funchal	**1:46.00**	156
3.	FERNANDES, Afonso Freitas	06	Salesianos do Funchal	**1:51.29**	135
4.	NACHYCHKO, Maximo	06	Naval do Funchal	**1:52.10**	132
Infantil A, 14 anos					
1.	ALVES, Tiago Pires *Minimo Campeonato Nacional*	05	Salesianos do Funchal	**1:24.27**	311
2.	BOULHOSA, Rodrigo Abreu	05	Naval do Funchal	**1:37.93**	198
3.	ALVES, Luis Fernandez	05	Desportivo Nacional	**1:40.16**	185
4.	JESUS, Pedro Miguel	05	Salesianos do Funchal	**1:41.24**	179
5.	CORREIA, Rodrigo Ramos	05	Desportivo Nacional	**1:45.22**	160
Juvenil B, 15 anos					
1.	ALVES, Paulo Rodrigues *Minimo Campeonato Nacional*	04	Desportivo Nacional	**1:12.03**	498
2.	FERNANDES, Martim Pestana *Minimo Campeonato Nacional*	04	Naval do Funchal	**1:12.36**	492
3.	BARRY, Rafael Francisco *Minimo Campeonato Nacional*	04	Naval do Funchal	**1:15.84**	427
4.	SILVA, Eduardo Rodrigues	04	Salesianos do Funchal	**1:30.62**	250
5.	AGUILAR, Luis Santos	04	Desportivo Nacional	**1:31.02**	247
6.	GONCALVES, Vitor Afonso	04	Salesianos do Funchal	**1:34.02**	224
7.	GOMES, Alexandre Monteiro	04	Salesianos do Funchal	**1:34.04**	224
8.	FARIA, Helder Rafael	04	Salesianos do Funchal	**1:36.04**	210
9.	MACHADO, Tiago Magalhaes	04	Desportivo Nacional	**1:37.43**	201
10.	FERNANDEZ, Joao Guilherme	04	Salesianos do Funchal	**1:45.09**	160
11.	GANANCA, Tiago Rodrigues	04	Naval do Funchal	**1:51.57**	134
Juvenil A, 16 anos					
1.	MATOS, Rodrigo Vieira	03	Individual Madeira	**1:14.52**	450
2.	LOPES, Pedro Henrique	03	Desportivo Sao Roque	**1:17.02**	408
3.	CAMARA, Simao Vieira	03	Desportivo Sao Roque	**1:21.11**	349
4.	VIEIRA, Emanuel Eloi	03	Desportivo Sao Roque	**1:21.99**	338
5.	RODRIGUES, Renato Correia	03	Salesianos do Funchal	**1:24.09**	313
6.	MELIM, Bruno Pontes	03	Salesianos do Funchal	**1:25.92**	293
7.	AGUIAR, Pedro Ferreira	03	Naval do Funchal	**1:26.84**	284
8.	FERNANDES, Goncalo Martim	03	Desportivo Nacional	**1:41.17**	180

Prova 16, Masc., 100m Bruços

Junior, 17 e 18 anos

1.	FERNANDES, Pedro Pestana	01	Naval do Funchal	**1:12.65**	486
2.	PAULOS, Francisco Silva	02	Naval do Funchal	**1:14.25**	455
3.	CASTRO, Martim Pereira	02	Escola O Liceu	**1:14.77**	446
4.	MARCOS, Joao Freitas	01	Individual Madeira	**1:15.04**	441
5.	FERRO, Henrique Martins	01	Naval do Funchal	**1:20.35**	359
6.	FREITAS, Joao Tomas	02	Salesianos do Funchal	**1:20.68**	355
7.	NUNES, Goncalo Almada	01	Salesianos do Funchal	**1:36.70**	206

Senior, 19 anos e mais velhos

1.	MOURA, Vitor Diogo	90	Desportivo Nacional	**1:11.10**	518
2.	FERREIRA, Luis Duarte	89	Escola O Liceu	**1:16.82**	411

Absoluto, 15 anos e mais velhos

1.	MOURA, Vitor Diogo	90	Desportivo Nacional	**1:11.10**	518
2.	ALVES, Paulo Rodrigues *Minimo Campeonato Nacional*	04	Desportivo Nacional	**1:12.03**	498
3.	FERNANDES, Martim Pestana *Minimo Campeonato Nacional*	04	Naval do Funchal	**1:12.36**	492
4.	FERNANDES, Pedro Pestana	01	Naval do Funchal	**1:12.65**	486
5.	PAULOS, Francisco Silva	02	Naval do Funchal	**1:14.25**	455
6.	MATOS, Rodrigo Vieira	03	Individual Madeira	**1:14.52**	450
7.	CASTRO, Martim Pereira	02	Escola O Liceu	**1:14.77**	446
8.	MARCOS, Joao Freitas	01	Individual Madeira	**1:15.04**	441
9.	BARRY, Rafael Francisco *Minimo Campeonato Nacional*	04	Naval do Funchal	**1:15.84**	427
10.	FERREIRA, Luis Duarte	89	Escola O Liceu	**1:16.82**	411
11.	LOPES, Pedro Henrique	03	Desportivo Sao Roque	**1:17.02**	408
12.	FERRO, Henrique Martins	01	Naval do Funchal	**1:20.35**	359
13.	FREITAS, Joao Tomas	02	Salesianos do Funchal	**1:20.68**	355
14.	CAMARA, Simao Vieira	03	Desportivo Sao Roque	**1:21.11**	349
15.	VIEIRA, Emanuel Eloi	03	Desportivo Sao Roque	**1:21.99**	338
16.	RODRIGUES, Renato Correia	03	Salesianos do Funchal	**1:24.09**	313
17.	MELIM, Bruno Pontes	03	Salesianos do Funchal	**1:25.92**	293
18.	AGUIAR, Pedro Ferreira	03	Naval do Funchal	**1:26.84**	284
19.	SILVA, Eduardo Rodrigues	04	Salesianos do Funchal	**1:30.62**	250
20.	AGUILAR, Luis Santos	04	Desportivo Nacional	**1:31.02**	247
21.	GONCALVES, Vitor Afonso	04	Salesianos do Funchal	**1:34.02**	224
22.	GOMES, Alexandre Monteiro	04	Salesianos do Funchal	**1:34.04**	224
23.	FARIA, Helder Rafael	04	Salesianos do Funchal	**1:36.04**	210
24.	NUNES, Goncalo Almada	01	Salesianos do Funchal	**1:36.70**	206
25.	MACHADO, Tiago Magalhaes	04	Desportivo Nacional	**1:37.43**	201
26.	FERNANDES, Goncalo Martim	03	Desportivo Nacional	**1:41.17**	180
27.	FERNANDEZ, Joao Guilherme	04	Salesianos do Funchal	**1:45.09**	160
28.	GANANCA, Tiago Rodrigues	04	Naval do Funchal	**1:51.57**	134

Prova 17 | Femin., 100m Bruços | Absoluto
23/03/2019 - 10:26 | Resultados

Recorde Regional Absoluto	1:13.39	QUINTAL, Fabiana Maria	CDN	Faro	18/07/2009
Recorde Regional Sen	1:13.39	QUINTAL, Fabiana Maria	CDN	Faro	18/07/2009
Recorde Regional Jun17	1:16.93	MARQUES, Mariana Sousa	CNF	Lisboa	28/05/2005
Recorde Regional Jun16	1:15.42	ABREU, Laura Catarina	CDN	Oeiras	07/02/2016
Recorde Regional Juv A	1:14.35	ABREU, Laura Catarina	CDN	Coimbra	23/07/2015
Recorde Regional Juv B	1:15.14	ABREU, Laura Catarina	CDN	Oeiras	24/07/2014
Recorde Regional Inf A	1:19.63	CAIRES, Joana Costa	CNF	Lisboa	24/07/2011
Recorde Regional Inf B	1:24.46	ABREU, Laura Catarina	CDN	Rio Maior	22/07/2012

TAC Regional Inf B: 2:17.85; Inf A: 2:13.21; Juv B: 2:04.70; Juv A: 2:03.71; Jun: 2:00.38; Sen: 1:57.77 / TAC Nacional Inf B: 1:37.85; Inf A: 1:33.21; Juv B: 1:24.70; Juv A: 1:23.71; Jun: 1:20.38; Sen: 1:17.77

Pontos: FINA 2018

Lugar		Ano		Tempo final	Pts
Infantil B, 12 anos					
1.	RODRIGUES, Laura Sofia *Minimo Campeonato Nacional*	07	Salesianos do Funchal	**1:27.63**	391
2.	FRANCA, Ines Matos	07	Salesianos do Funchal	**1:44.80**	229
3.	FREITAS, Maria Raquel	07	Naval do Funchal	**1:46.19**	220
4.	ERRA, Clara Patricia	07	Salesianos do Funchal	**1:49.04**	203
5.	PERESTRELO, Laura Vasconcelos	07	Salesianos do Funchal	**1:52.23**	186
DSQ	RINCU, Alexandra	07	Naval do Funchal		
	720 - Toque alternado na viragem aos 50 m - SW 7.6				
Infantil A, 13 anos					
1.	FARIA, Laura Pereira	06	Salesianos do Funchal	**1:42.91**	241
Juvenil B, 14 anos					
1.	ABREU, Maria Eduarda	05	Desportivo Nacional	**1:38.44**	276
2.	GOMES, Madalena Sousa	05	Naval do Funchal	**1:43.17**	240
Junior, 16 e 17 anos					
1.	FERNANDES, Ana Catarina	03	Naval do Funchal	**1:22.68**	466
2.	REBELO, Filipa Margarida	03	Salesianos do Funchal	**1:33.75**	320
3.	SILVA, Gabriela Suamade	02	Desportivo Sao Roque	**1:39.91**	264
Senior, 18 anos e mais velhos					
1.	FERREIRA, Fatima Maria	78	Escola O Liceu	**1:56.12**	168
Absoluto, 14 anos e mais velhas					
1.	FERNANDES, Ana Catarina	03	Naval do Funchal	**1:22.68**	466
2.	REBELO, Filipa Margarida	03	Salesianos do Funchal	**1:33.75**	320
3.	ABREU, Maria Eduarda	05	Desportivo Nacional	**1:38.44**	276
4.	SILVA, Gabriela Suamade	02	Desportivo Sao Roque	**1:39.91**	264
5.	GOMES, Madalena Sousa	05	Naval do Funchal	**1:43.17**	240
6.	FERREIRA, Fatima Maria	78	Escola O Liceu	**1:56.12**	168

Prova 18 — Masc., 400m Estilos — Absoluto
23/03/2019 - 10:32 — Resultados

Recorde Regional Absoluto	4:31.80	FRANCO, Paulo Fragueiro	CDN	Jamor	29/07/2004
Recorde Regional Sen	4:31.80	FRANCO, Paulo Fragueiro	CDN	Jamor	29/07/2004
Recorde Regional Jun18	4:35.59	FRANCO, Paulo Fragueiro	CDN	Limassol (CYP)	16/04/2000
Recorde Regional Jun17	4:34.60	FRANCO, Paulo Fragueiro	CDN	Famalicao	05/08/1999
Recorde Regional Juv A	4:46.62	FREITAS, Tomas Miguel	CDN	Coimbra	28/07/2006
Recorde Regional Juv B	4:44.63	FREITAS, Tomas Miguel	CDN	Povoa do Varzim	11/03/2005
Recorde Regional Inf A	4:46.20	FREITAS, Tomas Miguel	CDN	Povoa do Varzim	23/07/2004
Recorde Regional Inf B	4:59.28	FREITAS, Tomas Miguel	CDN	Restelo	25/07/2003

TAC Regional Inf B: 7:17.00; Inf A: 7:01.70; Juv B: 6:34.55; Juv A: 6:26.23; Jun: 6:15.96; Sen: 6:06.31 / TAC Nacional Inf B: 5:53.41; Inf A: 5:31.59; Juv B: 5:14.55; Juv A: 5:06.23; Jun: 4:55.96; Sen: 4:46.31

Pontos: FINA 2018

Lugar		Ano		Tempo final	Pts	100m	200m	300m	400m

Juvenil B, 15 anos

1.	RODRIGUES, Rodrigo	Re04	Desportivo Sao Roque	**5:18.01**	450	1:13.48	1:20.78	1:33.00	1:10.75

50m: — 150m: — 250m: — 350m:
100m: 1:13.48 — 200m: 2:34.26 — 300m: 4:07.26 — 400m: 5:18.01

Junior, 17 e 18 anos

1.	SILVA, Tomas Antonio	01	Naval do Funchal	**4:43.63**	635	1:06.28	1:12.67	1:19.81	1:04.87
	Minimo Campeonato Nacional								

50m: — 150m: — 250m: — 350m:
100m: 1:06.28 — 200m: 2:18.95 — 300m: 3:38.76 — 400m: 4:43.63

2.	RODRIGUES, Pedro Reis	02	Desportivo Sao Roque	**5:05.20**	509	1:10.60	1:17.37	1:28.33	1:08.90

50m: — 150m: — 250m: — 350m:
100m: 1:10.60 — 200m: 2:27.97 — 300m: 3:56.30 — 400m: 5:05.20

Absoluto, 15 anos e mais velhos

1.	SILVA, Tomas Antonio	01	Naval do Funchal	**4:43.63**	635	1:06.28	1:12.67	1:19.81	1:04.87
	Minimo Campeonato Nacional								

50m: — 150m: — 250m: — 350m:
100m: 1:06.28 — 200m: 2:18.95 — 300m: 3:38.76 — 400m: 4:43.63

2.	RODRIGUES, Pedro Reis	02	Desportivo Sao Roque	**5:05.20**	509	1:10.60	1:17.37	1:28.33	1:08.90

50m: — 150m: — 250m: — 350m:
100m: 1:10.60 — 200m: 2:27.97 — 300m: 3:56.30 — 400m: 5:05.20

3.	RODRIGUES, Rodrigo	Re04	Desportivo Sao Roque	**5:18.01**	450	1:13.48	1:20.78	1:33.00	1:10.75

50m: — 150m: — 250m: — 350m:
100m: 1:13.48 — 200m: 2:34.26 — 300m: 4:07.26 — 400m: 5:18.01

3 - 2ª Jornada / 2ª Sessão — 23/03/2019 - 16:30

Prova 19 — Masc., 100m Mariposa — Absoluto
23/03/2019 - 16:30 — Resultados

Recorde Regional Absoluto	56.49	CAMACHO, Paulo Antonio	CNF	Restelo	23/07/1993
Recorde Regional Sen	56.49	CAMACHO, Paulo Antonio	CNF	Restelo	23/07/1993
Recorde Regional Jun18	56.74	GOUVEIA, Pedro Galvao	CDN	Coimbra	27/05/2017
Recorde Regional Jun17	57.17	SEQUEIRA, Afonso Meneses	CNF	Oeiras	23/07/2016
Recorde Regional Juv A	58.49	SEQUEIRA, Afonso Meneses	CNF	Coimbra	30/05/2015
Recorde Regional Juv B	59.81	VARGAS, Henrique Luis	CNF	Famalicao	20/07/2013
Recorde Regional Inf A	1:02.42	CASTANHEIRO, Vitor Goncalo	CDN	S. Joao da Madeira	22/07/2006
Recorde Regional Inf B	1:04.44	VARGAS, Henrique Luis	CNF	Lisboa	23/07/2011

TAC Regional Inf B: 1:59.83; Inf A: 1:54.78; Juv B: 1:44.49; Juv A: 1:42.58; Jun: 1:39.76; Sen: 1:38.20 / TAC Nacional Inf B: 1:19.83; Inf A: 1:14.78; Juv B: 1:04.49; Juv A: 1:02.58; Jun: 59.76; Sen: 58.20

Pontos: FINA 2018

Lugar		Ano		Tempo final	Pts
Infantil B, 13 anos					
1.	TEMES, Joao Caires	06	Salesianos do Funchal	**1:44.71**	107
Infantil A, 14 anos					
1.	ALVES, Tiago Pires	05	Salesianos do Funchal	**1:20.07**	240
Juvenil B, 15 anos					
1.	ALVES, Paulo Rodrigues *Minimo Campeonato Nacional*	04	Desportivo Nacional	**1:02.10**	516
2.	LEAL, Diogo Silva	04	Salesianos do Funchal	**1:06.16**	426
3.	FERREIRA, Leonardo Filipe	04	Naval do Funchal	**1:08.11**	391
4.	RODRIGUES, Rodrigo Reis	04	Desportivo Sao Roque	**1:10.70**	349
5.	PEREIRA, Jordao Abreu	04	Salesianos do Funchal	**1:12.16**	329
6.	MACHADO, Tiago Magalhaes	04	Desportivo Nacional	**1:14.76**	295
7.	TELES, Artur Corte	04	Individual Madeira	**1:20.48**	237
Juvenil A, 16 anos					
1.	FERNANDES, Rui Afonso *Minimo Campeonato Nacional*	03	Desportivo Nacional	**1:01.93**	520
2.	MATOS, Rodrigo Vieira	03	Individual Madeira	**1:06.69**	416
3.	BAPTISTA, Tiago Ornelas	03	Naval do Funchal	**1:07.58**	400
4.	RODRIGUES, Renato Correia	03	Salesianos do Funchal	**1:08.45**	385
5.	ABREU, Nuno Afonso	03	Naval do Funchal	**1:17.08**	270
6.	CAMACHO, Joao Simao	03	Clube Sport Maritimo	**1:24.40**	205
Junior, 17 e 18 anos					
1.	GRACA, Fernando Guerreiro	02	Naval do Funchal	**1:00.92**	546
2.	SILVA, Tomas Antonio	01	Naval do Funchal	**1:00.93**	546
3.	FERRO, Henrique Martins	01	Naval do Funchal	**1:02.75**	500
4.	DEUS, Andre Portugal	02	Naval do Funchal	**1:05.08**	448
Senior, 19 anos e mais velhos					
1.	SILVA, Martim Moniz	99	Naval do Funchal	**1:01.04**	543
2.	QUINTAL, Nuno Alexandre	99	Desportivo Nacional	**1:04.72**	456

Prova 19, Masc., 100m Mariposa

Absoluto, 15 anos e mais velhos

1.	GRACA, Fernando Guerreiro	02	Naval do Funchal	**1:00.92**	546
2.	SILVA, Tomas Antonio	01	Naval do Funchal	**1:00.93**	546
3.	SILVA, Martim Moniz	99	Naval do Funchal	**1:01.04**	543
4.	FERNANDES, Rui Afonso *Minimo Campeonato Nacional*	03	Desportivo Nacional	**1:01.93**	520
5.	ALVES, Paulo Rodrigues *Minimo Campeonato Nacional*	04	Desportivo Nacional	**1:02.10**	516
6.	FERRO, Henrique Martins	01	Naval do Funchal	**1:02.75**	500
7.	QUINTAL, Nuno Alexandre	99	Desportivo Nacional	**1:04.72**	456
8.	DEUS, Andre Portugal	02	Naval do Funchal	**1:05.08**	448
9.	LEAL, Diogo Silva	04	Salesianos do Funchal	**1:06.16**	426
10.	MATOS, Rodrigo Vieira	03	Individual Madeira	**1:06.69**	416
11.	BAPTISTA, Tiago Ornelas	03	Naval do Funchal	**1:07.58**	400
12.	FERREIRA, Leonardo Filipe	04	Naval do Funchal	**1:08.11**	391
13.	RODRIGUES, Renato Correia	03	Salesianos do Funchal	**1:08.45**	385
14.	RODRIGUES, Rodrigo Reis	04	Desportivo Sao Roque	**1:10.70**	349
15.	PEREIRA, Jordao Abreu	04	Salesianos do Funchal	**1:12.16**	329
16.	MACHADO, Tiago Magalhaes	04	Desportivo Nacional	**1:14.76**	295
17.	ABREU, Nuno Afonso	03	Naval do Funchal	**1:17.08**	270
18.	TELES, Artur Corte	04	Individual Madeira	**1:20.48**	237
19.	CAMACHO, Joao Simao	03	Clube Sport Maritimo	**1:24.40**	205

Prova 20 — Femin., 100m Mariposa — Absoluto
23/03/2019 - 16:36 — Resultados

Recorde Regional Absoluto	1:03.25	OLIM, Carlota Freitas	CNF	Faro	20/07/2009
Recorde Regional Sen	1:04.74	OLIM, Carlota Freitas	CNF	Oeiras	28/07/2012
Recorde Regional Jun17	1:06.27	OLIM, Carlota Freitas	CNF	Coimbra	11/04/2010
Recorde Regional Jun16	1:03.25	OLIM, Carlota Freitas	CNF	Faro	20/07/2009
Recorde Regional Juv A	1:06.30	ROSA, Beatriz Jong	CDN	Funchal	04/07/2015
Recorde Regional Juv B	1:07.58	BOULHOSA, Carolina Abreu	CNF	Coimbra	25/07/2015
Recorde Regional Inf A	1:09.93	ROSA, Beatriz Jong	CDN	S. Joao da Madeira	14/07/2013
Recorde Regional Inf B	1:12.42	LOPES, Joana Cristina	CNF	Olivais	22/06/1992

TAC Regional Inf B: 2:07.55; Inf A: 2:02.40; Juv B: 1:51.98; Juv A: 1:51.32; Jun: 1:48.40; Sen: 1:46.44 / TAC Nacional Inf B: 1:27.55; Inf A: 1:22.40; Juv B: 1:11.98; Juv A: 1:11.32; Jun: 1:08.40; Sen: 1:06.44

Pontos: FINA 2018

Lugar		Ano		Tempo final	Pts

Infantil B, 12 anos

1.	RODRIGUES, Laura Sofia	07	Salesianos do Funchal	**1:30.47**	230
2.	FREITAS, Maria Raquel	07	Naval do Funchal	**1:49.19**	131

Infantil A, 13 anos

1.	CARICHAS, Joana Medeiros	06	Salesianos do Funchal	**1:30.65**	229
2.	TEMBE, Ines Afonso	06	Desportivo Nacional	**1:34.92**	199
3.	FARIA, Laura Pereira	06	Salesianos do Funchal	**1:35.19**	197
4.	BAPTISTA, Constanca Ornelas	06	Naval do Funchal	**1:46.28**	142

Juvenil B, 14 anos

1.	AVEIRO, Leonor Sofia	05	Naval do Funchal	**1:17.46**	367
2.	NASCIMENTO, Sofia Alexandre	05	Naval do Funchal	**1:21.58**	314

Prova 20, Femin., 100m Mariposa

Juvenil A, 15 anos

1.	SOUSA, Joana Francisca	04	Desportivo Sao Roque	**1:13.38**	432
2.	CAMACHO, Laura Fernandes	04	Naval do Funchal	**1:16.22**	385
3.	GONCALVES, Maria Margarida	04	Naval do Funchal	**1:19.22**	343

Junior, 16 e 17 anos

1.	FERREIRA, Julia Caldeira	03	Naval do Funchal	**1:10.54**	486
2.	JESUS, Filipa Mafalda	03	Desportivo Sao Roque	**1:23.99**	288

Senior, 18 anos e mais velhos

1.	ROSA, Beatriz Jong	00	Desportivo Nacional	**1:08.04**	542
2.	GOMES, Susana Clara	77	Naval do Funchal	**1:08.57**	529
3.	BOULHOSA, Carolina Abreu	01	Naval do Funchal	**1:23.76**	290
4.	HERNANDEZ, Marcelis Nativid	99	Clube Sport Maritimo	**1:30.69**	228
5.	TELES, Anabela Corte	01	Individual Madeira	**1:30.82**	227

Absoluto, 14 anos e mais velhas

1.	ROSA, Beatriz Jong	00	Desportivo Nacional	**1:08.04**	542
2.	GOMES, Susana Clara	77	Naval do Funchal	**1:08.57**	529
3.	FERREIRA, Julia Caldeira	03	Naval do Funchal	**1:10.54**	486
4.	SOUSA, Joana Francisca	04	Desportivo Sao Roque	**1:13.38**	432
5.	CAMACHO, Laura Fernandes	04	Naval do Funchal	**1:16.22**	385
6.	AVEIRO, Leonor Sofia	05	Naval do Funchal	**1:17.46**	367
7.	GONCALVES, Maria Margarida	04	Naval do Funchal	**1:19.22**	343
8.	NASCIMENTO, Sofia Alexandre	05	Naval do Funchal	**1:21.58**	314
9.	BOULHOSA, Carolina Abreu	01	Naval do Funchal	**1:23.76**	290
10.	JESUS, Filipa Mafalda	03	Desportivo Sao Roque	**1:23.99**	288
11.	HERNANDEZ, Marcelis Nativid	99	Clube Sport Maritimo	**1:30.69**	228
12.	TELES, Anabela Corte	01	Individual Madeira	**1:30.82**	227

Prova 21 — Masc., 50m Bruços — Absolutos
23/03/2019 - 16:43 — Resultados

Recorde Regional Absoluto	29.74	MARQUES, Miguel Freitas	INDMAD	Coimbra	24/07/2015
Recorde Regional Sen	29.74	MARQUES, Miguel Freitas	INDMAD	Coimbra	24/07/2015
Recorde Regional Jun18	29.80	FIGUEIRA, Andre Temtem	CNF	Faro	19/07/2009
Recorde Regional Jun17	31.58	COSTA, Mario Martins	CSM	Faro	19/07/2009
Recorde Regional Juv A	32.83	DEUS, Andre Portugal	CNF	Funchal	04/05/2018
Recorde Regional Juv B	31.49	DEUS, Andre Portugal	CNF	Coimbra	27/05/2017

TAC Regional Juv B: 52.01; Juv A: 52.01; Jun: 52.01; Sen: 50.95 / TAC Nacional Juv B: 32.01; Juv A: 32.01; Jun: 32.01; Sen: 30.95

Pontos: FINA 2018

Lugar		Ano		Tempo final	Pts

Juvenil B, 15 anos

1.	FERREIRA, Andre Filipe	04	Naval do Funchal	**50.97**	131

Juvenil A, 16 anos

1.	VIEIRA, Emanuel Eloi	03	Desportivo Sao Roque	**37.38**	334
2.	AGUIAR, Pedro Ferreira	03	Naval do Funchal	**38.01**	318
3.	MELIM, Bruno Pontes	03	Salesianos do Funchal	**38.62**	303
4.	FERNANDES, Goncalo Martim	03	Desportivo Nacional	**42.72**	224

Prova 21, Masc., 50m Bruços

Junior, 17 e 18 anos

1.	MARCOS, Joao Freitas	01	Individual Madeira	**33.62**	459
2.	CASTRO, Martim Pereira	02	Escola O Liceu	**33.69**	456
3.	PAULOS, Francisco Silva	02	Naval do Funchal	**33.70**	456
4.	FREITAS, Joao Tomas	02	Salesianos do Funchal	**38.27**	311

Senior, 19 e mais velhos

1.	MOURA, Vitor Diogo	90	Desportivo Nacional	**31.43**	562
2.	SOUSA, Tiago Ferreira	91	Desportivo Nacional	**32.80**	495
3.	QUINTAL, Nuno Alexandre	99	Desportivo Nacional	**34.88**	411
4.	FERREIRA, Luis Duarte	89	Escola O Liceu	**35.33**	396

Absoluto, 15 anos e mais velhos

1.	MOURA, Vitor Diogo	90	Desportivo Nacional	**31.43**	562
2.	SOUSA, Tiago Ferreira	91	Desportivo Nacional	**32.80**	495
3.	MARCOS, Joao Freitas	01	Individual Madeira	**33.62**	459
4.	CASTRO, Martim Pereira	02	Escola O Liceu	**33.69**	456
5.	PAULOS, Francisco Silva	02	Naval do Funchal	**33.70**	456
6.	QUINTAL, Nuno Alexandre	99	Desportivo Nacional	**34.88**	411
7.	FERREIRA, Luis Duarte	89	Escola O Liceu	**35.33**	396
8.	VIEIRA, Emanuel Eloi	03	Desportivo Sao Roque	**37.38**	334
9.	AGUIAR, Pedro Ferreira	03	Naval do Funchal	**38.01**	318
10.	FREITAS, Joao Tomas	02	Salesianos do Funchal	**38.27**	311
11.	MELIM, Bruno Pontes	03	Salesianos do Funchal	**38.62**	303
12.	FERNANDES, Goncalo Martim	03	Desportivo Nacional	**42.72**	224
13.	FERREIRA, Andre Filipe	04	Naval do Funchal	**50.97**	131

Prova 22 — Femin., 50m Bruços — Absolutos
23/03/2019 - 16:46 — Resultados

Recorde Regional Absoluto	33.95	QUINTAL, Fabiana Maria	CDN	Coimbra	30/07/2010
Recorde Regional Sen	33.95	QUINTAL, Fabiana Maria	CDN	Coimbra	30/07/2010
Recorde Regional Jun17	34.92	ABREU, Laura Catarina	CDWT	Coimbra	01/04/2017
Recorde Regional Jun16	34.67	ABREU, Laura Catarina	CDN	Funchal	23/01/2016
Recorde Regional Juv A	34.45	ABREU, Laura Catarina	CDN	Funchal	14/02/2015
Recorde Regional Juv B	34.80	ABREU, Laura Catarina	CDN	Oeiras	25/07/2014

TAC Regional Juv B: 56.95; Juv A: 56.95; Jun: 56.95; Sen: 55.66 / TAC Nacional Juv B: 36.95; Juv A: 36.95; Jun: 36.95; Sen: 35.66

Pontos: FINA 2018

Lugar		Ano		Tempo final	Pts

Juvenil B, 14 anos

1.	LUIS, Mariana Capelo	05	Salesianos do Funchal	**44.04**	297
2.	ABREU, Maria Eduarda	05	Desportivo Nacional	**44.48**	288
3.	GOMES, Madalena Sousa	05	Naval do Funchal	**48.13**	227
4.	BARROS, Ana Carolina	05	Salesianos do Funchal	**54.74**	154

Juvenil A, 15 anos

1.	OLIVEIRA, Sara Fernandes	04	Salesianos do Funchal	**43.25**	314
2.	GOUVEIA, Susana Isabel	04	Salesianos do Funchal	**45.51**	269
3.	SOARES, Ines Silva	04	Desportivo Nacional	**48.93**	216
4.	BATISTA, Rita Teixeira *FTL*	04	Desportivo Nacional	**1:05.24**	91

Prova 22, Femin., 50m Bruços

Junior, 16 e 17 anos

1.	FERNANDES, Ana Catarina	03	Naval do Funchal	**37.29**	490
2.	REBELO, Filipa Margarida	03	Salesianos do Funchal	**38.97**	429
3.	LECA, Natasha Maria	03	Desportivo Nacional	**42.90**	321
4.	SILVA, Gabriela Suamade	02	Desportivo Sao Roque	**45.72**	265
5.	BETENCOURT, Ana Margarida	03	Naval do Funchal	**45.92**	262
6.	GONCALVES, Joana Marques	02	Salesianos do Funchal	**47.46**	237
7.	PEREIRA, Luisa Tovela	03	Desportivo Nacional	**47.76**	233

Senior, 18 anos e mais velhos

1.	ROSA, Beatriz Jong	00	Desportivo Nacional	**41.22**	362
2.	LUIS, Jessica Santos	00	Desportivo Sao Roque	**42.26**	336
3.	FERREIRA, Fatima Maria	78	Escola O Liceu	**50.10**	202

Absoluto, 14 anos e mais velhas

1.	FERNANDES, Ana Catarina	03	Naval do Funchal	**37.29**	490
2.	REBELO, Filipa Margarida	03	Salesianos do Funchal	**38.97**	429
3.	ROSA, Beatriz Jong	00	Desportivo Nacional	**41.22**	362
4.	LUIS, Jessica Santos	00	Desportivo Sao Roque	**42.26**	336
5.	LECA, Natasha Maria	03	Desportivo Nacional	**42.90**	321
6.	OLIVEIRA, Sara Fernandes	04	Salesianos do Funchal	**43.25**	314
7.	LUIS, Mariana Capelo	05	Salesianos do Funchal	**44.04**	297
8.	ABREU, Maria Eduarda	05	Desportivo Nacional	**44.48**	288
9.	GOUVEIA, Susana Isabel	04	Salesianos do Funchal	**45.51**	269
10.	SILVA, Gabriela Suamade	02	Desportivo Sao Roque	**45.72**	265
11.	BETENCOURT, Ana Margarida	03	Naval do Funchal	**45.92**	262
12.	GONCALVES, Joana Marques	02	Salesianos do Funchal	**47.46**	237
13.	PEREIRA, Luisa Tovela	03	Desportivo Nacional	**47.76**	233
14.	GOMES, Madalena Sousa	05	Naval do Funchal	**48.13**	227
15.	SOARES, Ines Silva	04	Desportivo Nacional	**48.93**	216
16.	FERREIRA, Fatima Maria	78	Escola O Liceu	**50.10**	202
17.	BARROS, Ana Carolina	05	Salesianos do Funchal	**54.74**	154
18.	BATISTA, Rita Teixeira	04	Desportivo Nacional	**1:05.24**	91
	FTL				

Prova 23 | Masc., 200m Estilos | Absoluto
23/03/2019 - 16:51 | Resultados

Recorde Regional Absoluto	2:10.47	MENDONCA, Duarte Alves	CDN	Famalicao	06/08/1999
Recorde Regional Sen	2:10.47	MENDONCA, Duarte Alves	CDN	Famalicao	06/08/1999
Recorde Regional Jun18	2:12.25	FREITAS, Tomas Miguel	CDN	Lisboa	27/07/2008
Recorde Regional Jun17	2:11.49	SILVA, Tomas Antonio	CNF	Funchal	24/03/2018
Recorde Regional Juv A	2:15.68	FREITAS, Tomas Miguel	CDN	Coimbra	30/07/2006
Recorde Regional Juv B	2:16.23	FREITAS, Tomas Miguel	CDN	Funchal	03/04/2005
Recorde Regional Inf A	2:17.91	FREITAS, Tomas Miguel	CDN	Povoa do Varzim	25/07/2004
Recorde Regional Inf B	2:23.06	FREITAS, Tomas Miguel	CDN	Rio Maior	01/08/2003

TAC Regional Inf B: 3:48.30; Inf A: 3:41.16; Juv B: 3:25.36; Juv A: 3:22.00; Jun: 3:17.44; Sen: 3:13.65 / TAC Nacional Inf B: 2:45.64; Inf A: 2:36.20; Juv B: 2:25.36; Juv A: 2:22.00; Jun: 2:17.44; Sen: 2:13.65

Pontos: FINA 2018

Lugar		Ano		Tempo final	Pts	100m	200m
Infantil B, 13 anos							
1.	NACHYCHKO, Maximo *FTL*	06	Naval do Funchal	**3:55.37**	113	1:58.82	1:56.55
Infantil A, 14 anos							
1.	BOULHOSA, Rodrigo Abreu	05	Naval do Funchal	**2:53.11**	285	1:21.43	1:31.68
Juvenil B, 15 anos							
1.	ALVES, Paulo Rodrigues *Minimo Campeonato Nacional*	04	Desportivo Nacional	**2:18.89**	552	1:07.15	1:11.74
2.	BARRY, Rafael Francisco	04	Naval do Funchal	**2:26.95**	466	1:09.75	1:17.20
3.	RODRIGUES, Rodrigo Reis	04	Desportivo Sao Roque	**2:32.79**	415	1:14.20	1:18.59
4.	FERREIRA, Leonardo Filipe	04	Naval do Funchal	**2:38.46**	372	1:15.55	1:22.91
5.	NUNES, Afonso Miguel	04	Salesianos do Funchal	**2:38.75**	370	1:13.86	1:24.89
6.	SILVA, Eduardo Rodrigues	04	Salesianos do Funchal	**2:42.64**	344	1:17.33	1:25.31
7.	FERNANDEZ, Joao Guilherme	04	Salesianos do Funchal	**3:10.15**	215	1:29.28	1:40.87
8.	FARIA, Helder Rafael	04	Salesianos do Funchal	**3:11.29**	211	1:36.37	1:34.92
9.	GANANCA, Tiago Rodrigues *FTL*	04	Naval do Funchal	**3:38.37**	142	1:45.14	1:53.23
Juvenil A, 16 anos							
1.	FERNANDES, Rui Afonso	03	Desportivo Nacional	**2:25.08**	485	1:04.96	1:20.12
2.	MATOS, Rodrigo Vieira	03	Individual Madeira	**2:31.93**	422	1:14.97	1:16.96
3.	CAMARA, Simao Vieira	03	Desportivo Sao Roque	**2:33.16**	412	1:12.33	1:20.83
4.	MELIM, Bruno Pontes	03	Salesianos do Funchal	**2:39.25**	366	1:15.65	1:23.60
Junior, 17 e 18 anos							
1.	RODRIGUES, Pedro Reis	02	Desportivo Sao Roque	**2:21.63**	521	1:07.27	1:14.36
2.	FERNANDES, Pedro Pestana	01	Naval do Funchal	**2:39.33**	366	1:18.54	1:20.79
3.	NUNES, Goncalo Almada	01	Salesianos do Funchal	**2:52.84**	286	1:18.65	1:34.19
4.	CALDEIRA, Rodolfo Morais	02	Salesianos do Funchal	**2:54.54**	278	1:19.14	1:35.40
Absoluto, 15 anos e mais velhos							
1.	ALVES, Paulo Rodrigues *Minimo Campeonato Nacional*	04	Desportivo Nacional	**2:18.89**	552	1:07.15	1:11.74
2.	RODRIGUES, Pedro Reis	02	Desportivo Sao Roque	**2:21.63**	521	1:07.27	1:14.36
3.	FERNANDES, Rui Afonso	03	Desportivo Nacional	**2:25.08**	485	1:04.96	1:20.12
4.	BARRY, Rafael Francisco	04	Naval do Funchal	**2:26.95**	466	1:09.75	1:17.20
5.	MATOS, Rodrigo Vieira	03	Individual Madeira	**2:31.93**	422	1:14.97	1:16.96
6.	RODRIGUES, Rodrigo Reis	04	Desportivo Sao Roque	**2:32.79**	415	1:14.20	1:18.59
7.	CAMARA, Simao Vieira	03	Desportivo Sao Roque	**2:33.16**	412	1:12.33	1:20.83
8.	FERREIRA, Leonardo Filipe	04	Naval do Funchal	**2:38.46**	372	1:15.55	1:22.91

Prova 23, Masc., 200m Estilos, Absoluto, 15 anos e mais velhos

Lugar		Ano		Tempo final	Pts	100m	200m
9.	NUNES, Afonso Miguel	04	Salesianos do Funchal	**2:38.75**	370	1:13.86	1:24.89
10.	MELIM, Bruno Pontes	03	Salesianos do Funchal	**2:39.25**	366	1:15.65	1:23.60
11.	FERNANDES, Pedro Pestana	01	Naval do Funchal	**2:39.33**	366	1:18.54	1:20.79
12.	SILVA, Eduardo Rodrigues	04	Salesianos do Funchal	**2:42.64**	344	1:17.33	1:25.31
13.	NUNES, Goncalo Almada	01	Salesianos do Funchal	**2:52.84**	286	1:18.65	1:34.19
14.	CALDEIRA, Rodolfo Morais	02	Salesianos do Funchal	**2:54.54**	278	1:19.14	1:35.40
15.	FERNANDEZ, Joao Guilherme	04	Salesianos do Funchal	**3:10.15**	215	1:29.28	1:40.87
16.	FARIA, Helder Rafael	04	Salesianos do Funchal	**3:11.29**	211	1:36.37	1:34.92
17.	GANANCA, Tiago Rodrigues *FTL*	04	Naval do Funchal	**3:38.37**	142	1:45.14	1:53.23

Prova 24 — Femin., 400m Estilos — Absoluto

23/03/2019 - 17:02 — Resultados

Recorde Regional Absoluto	5:07.00	QUINTAL, Fabiana Maria	CDN	Coimbra	31/05/2009
Recorde Regional Sen	5:07.00	QUINTAL, Fabiana Maria	CDN	Coimbra	31/05/2009
Recorde Regional Jun17	5:30.47	ROSA, Beatriz Jong	CDWT	Funchal	18/03/2017
Recorde Regional Jun16	5:25.48	CERDAS, Sara Rodrigues	CNF	Funchal	07/07/2005
Recorde Regional Juv A	5:32.07	ROSA, Beatriz Jong	CDN	Funchal	04/07/2015
Recorde Regional Juv B	5:24.54	SOUSA, Susana Margarida	CFU	Olivais	08/08/1991
Recorde Regional Inf A	5:33.79	CORREIA, Marta Corte	CNF	Famalicao	25/07/1997
Recorde Regional Inf B	5:48.91	FERREIRA, Maria Leonor	CDN	Funchal	02/07/2016

TAC Regional Inf B: 7:50.66; Inf A: 7:30.77; Juv B: 7:04.75; Juv A: 7:00.41; Jun: 6:50.09; Sen: 6:38.97 / TAC Nacional Inf B: 6:15.54; Inf A: 5:57.92; Juv B: 5:44.75; Juv A: 5:40.41; Jun: 5:30.09; Sen: 5:18.97

Pontos: FINA 2018

Lugar		Ano		Tempo final	Pts	100m	200m	300m	400m
Infantil A, 13 anos									
1.	SILVA, Silvana Suamade	06	Desportivo Sao Roque	**6:05.00**	388	1:24.87	1:29.44	1:46.61	1:24.08
	50m:		150m:		250m:		350m:		
	100m: 1:24.87		200m: 2:54.31		300m: 4:40.92		400m: 6:05.00		
Juvenil A, 15 anos									
1.	FERREIRA, Maria Leonor *Minimo Campeonato Nacional*	04	Desportivo Nacional	**5:35.12**	502	1:19.34	1:23.59	1:37.26	1:14.93
	50m:		150m:		250m:		350m:		
	100m: 1:19.34		200m: 2:42.93		300m: 4:20.19		400m: 5:35.12		
2.	RAMOS, Barbara Emerick	04	Salesianos do Funchal	**5:57.34**	414	1:19.10	1:33.79	1:46.88	1:17.57
	50m:		150m:		250m:		350m:		
	100m: 1:19.10		200m: 2:52.89		300m: 4:39.77		400m: 5:57.34		
Absoluto, 14 anos e mais velhas									
1.	FERREIRA, Maria Leonor *Minimo Campeonato Nacional*	04	Desportivo Nacional	**5:35.12**	502	1:19.34	1:23.59	1:37.26	1:14.93
	50m:		150m:		250m:		350m:		
	100m: 1:19.34		200m: 2:42.93		300m: 4:20.19		400m: 5:35.12		
2.	RAMOS, Barbara Emerick	04	Salesianos do Funchal	**5:57.34**	414	1:19.10	1:33.79	1:46.88	1:17.57
	50m:		150m:		250m:		350m:		
	100m: 1:19.10		200m: 2:52.89		300m: 4:39.77		400m: 5:57.34		

Prova 25 | Masc., 200m Livres | Absoluto
23/03/2019 - 17:19 | Resultados

Recorde Regional Absoluto	1:50.78	PINTO, Luis Marques	CDN	Faro	19/07/2009
Recorde Regional Sen	1:50.78	PINTO, Luis Marques	CDN	Faro	19/07/2009
Recorde Regional Jun18	1:53.84	CASTRO, Joao Cruz	CDSR	Funchal	24/03/2018
Recorde Regional Jun17	1:53.94	CASTRO, Joao Cruz	CDSR	Porto	03/06/2017
Recorde Regional Juv A	1:55.96	CASTRO, Joao Cruz	CDSR	Oeiras	22/07/2016
Recorde Regional Juv B	1:58.42	CASTRO, Joao Cruz	CDSR	Coimbra	24/07/2015
Recorde Regional Inf A	2:02.04	CASTRO, Joao Cruz	CSM	Loule	19/07/2014
Recorde Regional Inf B	2:10.64	SOUSA, Pedro Afonso	CDN	Famalicao	16/07/2016

TAC Regional Inf B: 3:29.43; Inf A: 3:23.00; Juv B: 3:07.76; Juv A: 3:04.66; Jun: 3:00.10; Sen: 2:56.94 / TAC Nacional Inf B: 2:23.99; Inf A: 2:14.92; Juv B: 2:07.76; Juv A: 2:04.66; Jun: 2:00.10; Sen: 1:56.94

Pontos: FINA 2018

Lugar		Ano		Tempo final	Pts	100m	200m
Infantil B, 13 anos							
1.	GARANITO, Simao Silva	06	Naval do Funchal	**2:39.30**	262	1:18.04	1:21.26
2.	SILVA, Afonso Mar	06	Naval do Funchal	**2:53.31**	203	1:22.22	1:31.09
3.	TEMES, Joao Caires	06	Salesianos do Funchal	**3:01.89**	176	1:33.61	1:28.28
4.	STEFLEA, Andre Sergio	06	Desportivo Sao Roque	**3:19.92**	132	1:34.16	1:45.76
5.	CARREIRA, Ernani Afonso *FTL*	06	Clube Sport Maritimo	**3:50.86**	86	1:50.86	2:00.00
Infantil A, 14 anos							
1.	ALVES, Tiago Pires	05	Salesianos do Funchal	**2:35.14**	284	1:14.30	1:20.84
2.	NUNES, Andre Maltez	05	Desportivo Nacional	**3:01.65**	177	1:29.98	1:31.67
3.	MENDES, Juan Diego	05	Desportivo Nacional	**3:02.08**	175	1:29.76	1:32.32
4.	ALVES, Luis Fernandez	05	Desportivo Nacional	**3:02.38**	174	1:25.97	1:36.41
5.	CORREIA, Rodrigo Ramos	05	Desportivo Nacional	**3:16.22**	140	1:35.67	1:40.55
Juvenil B, 15 anos							
1.	CAMACHO, Afonso Caires	04	Naval do Funchal	**2:11.32**	468	1:04.12	1:07.20
2.	FERNANDES, Diogo Henrique	04	Naval do Funchal	**2:12.75**	453	1:04.72	1:08.03
3.	FERNANDES, Martim Pestana	04	Naval do Funchal	**2:18.46**	399	1:07.51	1:10.95
4.	TELES, Artur Corte	04	Individual Madeira	**2:19.31**	392	1:07.35	1:11.96
5.	AGUILAR, Luis Santos	04	Desportivo Nacional	**2:25.50**	344	1:10.34	1:15.16
6.	NUNES, Afonso Miguel	04	Salesianos do Funchal	**2:25.69**	343	1:09.22	1:16.47
7.	GONCALVES, Vitor Afonso	04	Salesianos do Funchal	**2:27.01**	334	1:10.55	1:16.46
Juvenil A, 16 anos							
1.	GOMES, Goncalo Camara *Minimo Campeonato Nacional*	03	Naval do Funchal	**2:03.51**	563	59.98	1:03.53
2.	LOPES, Pedro Henrique	03	Desportivo Sao Roque	**2:13.46**	446	1:02.81	1:10.65
3.	RODRIGUES, Renato Correia	03	Salesianos do Funchal	**2:17.02**	412	1:06.39	1:10.63
4.	BAPTISTA, Tiago Ornelas	03	Naval do Funchal	**2:17.35**	409	1:06.37	1:10.98
5.	ABREU, Tiago Gomes	03	Naval do Funchal	**2:45.23**	235	1:19.69	1:25.54
6.	KOVAL, Igor *FTL*	03	Desportivo Nacional	**3:05.24**	166	1:26.30	1:38.94
Junior, 17 e 18 anos							
1.	DEUS, Andre Portugal	02	Naval do Funchal	**2:03.44**	564	1:01.16	1:02.28
2.	SILVA, Tomas Antonio	01	Naval do Funchal	**2:06.77**	520	1:01.29	1:05.48
3.	FERRO, Henrique Martins	01	Naval do Funchal	**2:21.88**	371	1:05.75	1:16.13
4.	GONCALVES, Cesar Rodrigo	02	Clube Sport Maritimo	**2:59.08**	184	1:22.54	1:36.54

Prova 25, Masc., 200m Livres

Senior, 19 anos e mais velhos

1.	QUINTAL, Nuno Alexandre	99	Desportivo Nacional	**2:10.71**	475		1:02.02	1:08.69
2.	FERREIRA, Luis Duarte	89	Escola O Liceu	**2:29.52**	317		1:10.61	1:18.91
3.	EULALIO, Hugo Yves	85	Escola O Liceu	**2:41.17**	253		1:16.69	1:24.48
4.	SILVA, Duarte Paulo	72	Escola O Liceu	**3:03.83**	170		1:27.45	1:36.38
	FTL							

Absoluto, 15 anos e mais velhos

1.	DEUS, Andre Portugal	02	Naval do Funchal	**2:03.44**	564		1:01.16	1:02.28
2.	GOMES, Goncalo Camara	03	Naval do Funchal	**2:03.51**	563		59.98	1:03.53
	Minimo Campeonato Nacional							
3.	SILVA, Tomas Antonio	01	Naval do Funchal	**2:06.77**	520		1:01.29	1:05.48
4.	QUINTAL, Nuno Alexandre	99	Desportivo Nacional	**2:10.71**	475		1:02.02	1:08.69
5.	CAMACHO, Afonso Caires	04	Naval do Funchal	**2:11.32**	468		1:04.12	1:07.20
6.	FERNANDES, Diogo Henrique	04	Naval do Funchal	**2:12.75**	453		1:04.72	1:08.03
7.	LOPES, Pedro Henrique	03	Desportivo Sao Roque	**2:13.46**	446		1:02.81	1:10.65
8.	RODRIGUES, Renato Correia	03	Salesianos do Funchal	**2:17.02**	412		1:06.39	1:10.63
9.	BAPTISTA, Tiago Ornelas	03	Naval do Funchal	**2:17.35**	409		1:06.37	1:10.98
10.	FERNANDES, Martim Pestana	04	Naval do Funchal	**2:18.46**	399		1:07.51	1:10.95
11.	TELES, Artur Corte	04	Individual Madeira	**2:19.31**	392		1:07.35	1:11.96
12.	FERRO, Henrique Martins	01	Naval do Funchal	**2:21.88**	371		1:05.75	1:16.13
13.	AGUILAR, Luis Santos	04	Desportivo Nacional	**2:25.50**	344		1:10.34	1:15.16
14.	NUNES, Afonso Miguel	04	Salesianos do Funchal	**2:25.69**	343		1:09.22	1:16.47
15.	GONCALVES, Vitor Afonso	04	Salesianos do Funchal	**2:27.01**	334		1:10.55	1:16.46
16.	FERREIRA, Luis Duarte	89	Escola O Liceu	**2:29.52**	317		1:10.61	1:18.91
17.	EULALIO, Hugo Yves	85	Escola O Liceu	**2:41.17**	253		1:16.69	1:24.48
18.	ABREU, Tiago Gomes	03	Naval do Funchal	**2:45.23**	235		1:19.69	1:25.54
19.	GONCALVES, Cesar Rodrigo	02	Clube Sport Maritimo	**2:59.08**	184		1:22.54	1:36.54
20.	SILVA, Duarte Paulo	72	Escola O Liceu	**3:03.83**	170		1:27.45	1:36.38
	FTL							
21.	KOVAL, Igor	03	Desportivo Nacional	**3:05.24**	166		1:26.30	1:38.94
	FTL							

Prova 26 — Femin., 400m Livres — Absoluto
23/03/2019 - 17:37 — Resultados

Recorde Regional Absoluto	4:38.61	ANDRADE, Rubina Amaro	CDN		04/08/1995
Recorde Regional Sen	4:41.19	ANDRADE, Rubina Amaro	CDN	Restelo	21/12/1996
Recorde Regional Jun17	4:38.89	ANDRADE, Rubina Amaro	CDN	Famalicao	02/08/1996
Recorde Regional Jun16	4:38.61	ANDRADE, Rubina Amaro	CDN		04/08/1995
Recorde Regional Juv A	4:35.73	ANDRADE, Rubina Amaro	CDN	Greve (DEN)	23/01/1994
Recorde Regional Juv B	4:40.61	ANDRADE, Rubina Amaro	CDN		01/01/1993
Recorde Regional Inf A	4:49.56	ANDRADE, Rubina Amaro	CDN	Matur	21/07/1992
Recorde Regional Inf B	5:04.39	LOPES, Joana Cristina	CNF	Olivais	22/06/1992

TAC Regional Inf B: 7:08.64; Inf A: 6:52.83; Juv B: 6:26.05; Juv A: 6:24.86; Jun: 6:14.93; Sen: 6:06.53 / TAC Nacional Inf B: 5:19.99; Inf A: 5:05.44; Juv B: 4:56.05; Juv A: 4:51.86; Jun: 4:44.93; Sen: 4:36.53

Pontos: FINA 2018

Lugar		Ano		Tempo final	Pts	100m	200m	300m	400m
Infantil A, 13 anos									
1.	TEMBE, Ines Afonso	06	Desportivo Nacional	**6:26.55**	228	1:32.06	1:39.32	1:40.36	1:34.81
	50m:		150m:		250m:		350m:		
	100m: 1:32.06		200m: 3:11.38		300m: 4:51.74		400m: 6:26.55		

Prova 26, Femin., 400m Livres

Juvenil B, 14 anos

1.	ARAUJO, Maria Clara	05	Naval do Funchal	**5:04.07**	470	1:11.73	1:17.98	1:17.99	1:16.37
	50m:		150m:		250m:		350m:		
	100m:	1:11.73	200m:	2:29.71	300m:	3:47.70	400m:	5:04.07	
2.	JARDIM, Teresa Vieira	05	Naval do Funchal	**5:29.04**	371	1:16.85	1:24.89	1:24.77	1:22.53
	50m:		150m:		250m:		350m:		
	100m:	1:16.85	200m:	2:41.74	300m:	4:06.51	400m:	5:29.04	
3.	CARDOSO, Isabel Maria	05	Clube Sport Maritimo	**6:16.46**	247	1:28.36	1:36.33	1:37.77	1:34.00
	50m:		150m:		250m:		350m:		
	100m:	1:28.36	200m:	3:04.69	300m:	4:42.46	400m:	6:16.46	

Juvenil A, 15 anos

1.	CAMACHO, Laura Fernan	04	Naval do Funchal	**5:08.52**	450	1:13.78	1:19.47	1:18.83	1:16.44
	50m:		150m:		250m:		350m:		
	100m:	1:13.78	200m:	2:33.25	300m:	3:52.08	400m:	5:08.52	
2.	ANDRADE, M.	04	Salesianos do Funchal	**5:24.47**	387	1:17.69	1:23.99	1:24.06	1:18.73
	50m:		150m:		250m:		350m:		
	100m:	1:17.69	200m:	2:41.68	300m:	4:05.74	400m:	5:24.47	
3.	OLIVEIRA, Sara Fernande	04	Salesianos do Funchal	**5:29.83**	368	1:16.30	1:25.05	1:25.81	1:22.67
	50m:		150m:		250m:		350m:		
	100m:	1:16.30	200m:	2:41.35	300m:	4:07.16	400m:	5:29.83	
4.	JESUS, Mariana Caires	04	Salesianos do Funchal	**5:37.60**	343	1:17.12	1:28.52	1:30.39	1:21.57
	50m:		150m:		250m:		350m:		
	100m:	1:17.12	200m:	2:45.64	300m:	4:16.03	400m:	5:37.60	
5.	SOARES, Ines Silva	04	Desportivo Nacional	**5:56.93**	290	1:23.18	1:31.56	1:32.33	1:29.86
	50m:		150m:		250m:		350m:		
	100m:	1:23.18	200m:	2:54.74	300m:	4:27.07	400m:	5:56.93	

Junior, 16 e 17 anos

1.	JESUS, Filipa Mafalda	03	Desportivo Sao Roque	**5:23.29**	391	1:16.42	1:23.70	1:22.94	1:20.23
	50m:		150m:		250m:		350m:		
	100m:	1:16.42	200m:	2:40.12	300m:	4:03.06	400m:	5:23.29	
2.	LECA, Natasha Maria	03	Desportivo Nacional	**5:45.38**	320	1:20.37	1:29.27	1:30.60	1:25.14
	50m:		150m:		250m:		350m:		
	100m:	1:20.37	200m:	2:49.64	300m:	4:20.24	400m:	5:45.38	
3.	PEREIRA, Luisa Tovela	03	Desportivo Nacional	**5:46.00**	319	1:19.56	1:29.11	1:31.06	1:26.27
	50m:		150m:		250m:		350m:		
	100m:	1:19.56	200m:	2:48.67	300m:	4:19.73	400m:	5:46.00	
4.	SILVA, Gabriela Suamade	02	Desportivo Sao Roque	**5:54.67**	296	1:21.76	1:31.76	1:32.09	1:29.06
	50m:		150m:		250m:		350m:		
	100m:	1:21.76	200m:	2:53.52	300m:	4:25.61	400m:	5:54.67	

Senior, 18 anos e mais velhos

1.	TELES, Anabela Corte	01	Individual Madeira	**5:11.20**	438	1:14.11	1:19.71	1:19.51	1:17.87
	50m:		150m:		250m:		350m:		
	100m:	1:14.11	200m:	2:33.82	300m:	3:53.33	400m:	5:11.20	
2.	LUIS, Jessica Santos	00	Desportivo Sao Roque	**5:17.11**	414	1:12.61	1:21.37	1:22.23	1:20.90
	50m:		150m:		250m:		350m:		
	100m:	1:12.61	200m:	2:33.98	300m:	3:56.21	400m:	5:17.11	

Absoluto, 14 anos e mais velhas

1.	ARAUJO, Maria Clara	05	Naval do Funchal	**5:04.07**	470	1:11.73	1:17.98	1:17.99	1:16.37
	50m:		150m:		250m:		350m:		
	100m:	1:11.73	200m:	2:29.71	300m:	3:47.70	400m:	5:04.07	
2.	CAMACHO, Laura Fernan	04	Naval do Funchal	**5:08.52**	450	1:13.78	1:19.47	1:18.83	1:16.44
	50m:		150m:		250m:		350m:		
	100m:	1:13.78	200m:	2:33.25	300m:	3:52.08	400m:	5:08.52	

Prova 26, Femin., 400m Livres, Absoluto, 14 anos e mais velhas

Lugar		Ano		Tempo final	Pts	100m	200m	300m	400m
3.	TELES, Anabela Corte	01	Individual Madeira	**5:11.20**	438	1:14.11	1:19.71	1:19.51	1:17.87
	50m:		150m:	250m:		350m:			
	100m: 1:14.11		200m: 2:33.82	300m: 3:53.33		400m: 5:11.20			
4.	LUIS, Jessica Santos	00	Desportivo Sao Roque	**5:17.11**	414	1:12.61	1:21.37	1:22.23	1:20.90
	50m:		150m:	250m:		350m:			
	100m: 1:12.61		200m: 2:33.98	300m: 3:56.21		400m: 5:17.11			
5.	JESUS, Filipa Mafalda	03	Desportivo Sao Roque	**5:23.29**	391	1:16.42	1:23.70	1:22.94	1:20.23
	50m:		150m:	250m:		350m:			
	100m: 1:16.42		200m: 2:40.12	300m: 4:03.06		400m: 5:23.29			
6.	ANDRADE, M.	04	Salesianos do Funchal	**5:24.47**	387	1:17.69	1:23.99	1:24.06	1:18.73
	50m:		150m:	250m:		350m:			
	100m: 1:17.69		200m: 2:41.68	300m: 4:05.74		400m: 5:24.47			
7.	JARDIM, Teresa Vieira	05	Naval do Funchal	**5:29.04**	371	1:16.85	1:24.89	1:24.77	1:22.53
	50m:		150m:	250m:		350m:			
	100m: 1:16.85		200m: 2:41.74	300m: 4:06.51		400m: 5:29.04			
8.	OLIVEIRA, Sara Fernande	04	Salesianos do Funchal	**5:29.83**	368	1:16.30	1:25.05	1:25.81	1:22.67
	50m:		150m:	250m:		350m:			
	100m: 1:16.30		200m: 2:41.35	300m: 4:07.16		400m: 5:29.83			
9.	JESUS, Mariana Caires	04	Salesianos do Funchal	**5:37.60**	343	1:17.12	1:28.52	1:30.39	1:21.57
	50m:		150m:	250m:		350m:			
	100m: 1:17.12		200m: 2:45.64	300m: 4:16.03		400m: 5:37.60			
10.	LECA, Natasha Maria	03	Desportivo Nacional	**5:45.38**	320	1:20.37	1:29.27	1:30.60	1:25.14
	50m:		150m:	250m:		350m:			
	100m: 1:20.37		200m: 2:49.64	300m: 4:20.24		400m: 5:45.38			
11.	PEREIRA, Luisa Tovela	03	Desportivo Nacional	**5:46.00**	319	1:19.56	1:29.11	1:31.06	1:26.27
	50m:		150m:	250m:		350m:			
	100m: 1:19.56		200m: 2:48.67	300m: 4:19.73		400m: 5:46.00			
12.	SILVA, Gabriela Suamade	02	Desportivo Sao Roque	**5:54.67**	296	1:21.76	1:31.76	1:32.09	1:29.06
	50m:		150m:	250m:		350m:			
	100m: 1:21.76		200m: 2:53.52	300m: 4:25.61		400m: 5:54.67			
13.	SOARES, Ines Silva	04	Desportivo Nacional	**5:56.93**	290	1:23.18	1:31.56	1:32.33	1:29.86
	50m:		150m:	250m:		350m:			
	100m: 1:23.18		200m: 2:54.74	300m: 4:27.07		400m: 5:56.93			
14.	CARDOSO, Isabel Maria	05	Clube Sport Maritimo	**6:16.46**	247	1:28.36	1:36.33	1:37.77	1:34.00
	50m:		150m:	250m:		350m:			
	100m: 1:28.36		200m: 3:04.69	300m: 4:42.46		400m: 6:16.46			

4 - 3ª Jornada / 1ª Sessão — 24/03/2019 - 9:15

Prova 27 — Femin., 200m Costas — Absoluto
24/03/2019 - 9:15 — Resultados

Recorde Regional Absoluto	2:25.94	QUINTAL, Fabiana Maria	CDN	Coimbra	28/03/2008
Recorde Regional Sen	2:25.94	QUINTAL, Fabiana Maria	CDN	Coimbra	28/03/2008
Recorde Regional Jun17	2:29.82	ROSA, Beatriz Jong	CDWT	Porto	03/06/2017
Recorde Regional Jun16	2:33.16	FREITAS, Monica Alexandra	CDN	Salonica (GRE)	01/01/1989
Recorde Regional Juv A	2:32.09	ROSA, Beatriz Jong	CDN	Coimbra	24/07/2015
Recorde Regional Juv B	2:33.42	FERREIRA, Maria Leonor	CDN	Funchal	11/03/2018
Recorde Regional Inf A	2:41.09	SOUSA, Joana Francisca	CDSR	Loule	15/07/2017
Recorde Regional Inf B	2:45.63	SA, Marta Romao	CNF	Funchal	04/07/2015

TAC Regional Inf B: 4:03.60; Inf A: 3:53.40; Juv B: 3:39.58; Juv A: 3:38.93; Jun: 3:34.42; Sen: 3:29.34 / TAC Nacional Inf B: 2:56.91; Inf A: 2:48.09; Juv B: 2:39.58; Juv A: 2:38.93; Jun: 2:34.42; Sen: 2:29.34

Pontos: FINA 2018

Lugar		Ano		Tempo final	Pts	100m	200m
Infantil B, 12 anos							
DSQ	FRANCA, Ines Matos *403 - Falsa partida - SW 4.4*	07	Salesianos do Funchal				
Infantil A, 13 anos							
1.	CARICHAS, Joana Medeiros	06	Salesianos do Funchal	**2:51.78**	376	1:23.99	1:27.79
2.	SOUSA, Maria Beatriz	06	Naval do Funchal	**3:12.79**	266	1:35.26	1:37.53
Juvenil B, 14 anos							
1.	ARAUJO, Maria Clara	05	Naval do Funchal	**2:50.67**	384	1:22.63	1:28.04
2.	JARDIM, Teresa Vieira	05	Naval do Funchal	**2:54.56**	358	1:23.50	1:31.06
DSQ	CARDOSO, Isabel Maria *403 - Falsa partida - SW 4.4*	05	Clube Sport Maritimo				
Juvenil A, 15 anos							
1.	FERREIRA, Maria Leonor *Minimo Campeonato Nacional*	04	Desportivo Nacional	**2:34.58**	516	1:14.34	1:20.24
2.	SOUSA, Joana Francisca *Minimo Campeonato Nacional*	04	Desportivo Sao Roque	**2:38.54**	479	1:17.09	1:21.45
3.	OLIVEIRA, Sara Fernandes	04	Salesianos do Funchal	**2:52.48**	372	1:24.53	1:27.95
4.	JESUS, Mariana Caires	04	Salesianos do Funchal	**3:08.26**	286	1:32.10	1:36.16
Junior, 16 e 17 anos							
1.	SA, Marta Romao	03	Naval do Funchal	**2:43.36**	437	1:17.75	1:25.61
2.	PEREIRA, Luisa Tovela	03	Desportivo Nacional	**3:15.44**	255	1:36.22	1:39.22
Senior, 18 anos e mais velhos							
1.	TELES, Anabela Corte	01	Individual Madeira	**2:58.39**	336	1:27.08	1:31.31
Absoluto, 14 anos e mais velhas							
1.	FERREIRA, Maria Leonor *Minimo Campeonato Nacional*	04	Desportivo Nacional	**2:34.58**	516	1:14.34	1:20.24
2.	SOUSA, Joana Francisca *Minimo Campeonato Nacional*	04	Desportivo Sao Roque	**2:38.54**	479	1:17.09	1:21.45
3.	SA, Marta Romao	03	Naval do Funchal	**2:43.36**	437	1:17.75	1:25.61
4.	ARAUJO, Maria Clara	05	Naval do Funchal	**2:50.67**	384	1:22.63	1:28.04
5.	OLIVEIRA, Sara Fernandes	04	Salesianos do Funchal	**2:52.48**	372	1:24.53	1:27.95

Prova 27, Femin., 200m Costas, Absoluto, 14 anos e mais velhas

Lugar		Ano		Tempo final	Pts	100m	200m
6.	JARDIM, Teresa Vieira	05	Naval do Funchal	**2:54.56**	358	1:23.50	1:31.06
7.	TELES, Anabela Corte	01	Individual Madeira	**2:58.39**	336	1:27.08	1:31.31
8.	JESUS, Mariana Caires	04	Salesianos do Funchal	**3:08.26**	286	1:32.10	1:36.16
9.	PEREIRA, Luisa Tovela	03	Desportivo Nacional	**3:15.44**	255	1:36.22	1:39.22
DSQ	CARDOSO, Isabel Maria	05	Clube Sport Maritimo				
	403 - Falsa partida - SW 4.4						

Prova 28 — Masc., 200m Costas — Absoluto
24/03/2019 - 9:23 — Resultados

Recorde Regional Absoluto	2:06.37	MELIM, Oscar Ramos	CDN	Faro	19/07/2009
Recorde Regional Sen	2:06.37	MELIM, Oscar Ramos	CDN	Faro	19/07/2009
Recorde Regional Jun18	2:09.13	MELIM, Oscar Ramos	CDN	Lisboa	30/05/2004
Recorde Regional Jun17	2:11.69	MELIM, Oscar Ramos	CDN	Rio Maior	01/08/2003
Recorde Regional Juv A	2:12.11	PEREIRA, Nuno Miguel	CDN	Las Palmas (ESP)	08/07/1992
Recorde Regional Juv B	2:15.57	FERNANDES, Rui Afonso	CDN	Oeiras	27/07/2018
Recorde Regional Inf A	2:21.64	FRIAS, Pedro Daniel	CDN	Povoa do Varzim	24/07/2004
Recorde Regional Inf B	2:30.83	CAMACHO, Afonso Caires	CNF	Funchal	19/03/2017

TAC Regional Inf B: 3:48.30; Inf A: 3:39.12; Juv B: 3:25.37; Juv A: 3:24.02; Jun: 3:18.48; Sen: 3:13.96 / TAC Nacional Inf B: 2:48.30; Inf A: 2:37.32; Juv B: 2:25.37; Juv A: 2:24.02; Jun: 2:18.48; Sen: 2:13.96

Pontos: FINA 2018

Lugar		Ano		Tempo final	Pts	100m	200m
Infantil B, 13 anos							
1.	GARANITO, Simao Silva	06	Naval do Funchal	**3:05.14**	220	1:30.38	1:34.76
Infantil A, 14 anos							
1.	BOULHOSA, Rodrigo Abreu	05	Naval do Funchal	**2:53.88**	266	1:23.96	1:29.92
Juvenil B, 15 anos							
1.	LEAL, Diogo Silva	04	Salesianos do Funchal	**2:30.99**	407	1:12.98	1:18.01
2.	PEREIRA, Jordao Abreu	04	Salesianos do Funchal	**2:31.77**	401	1:15.78	1:15.99
3.	CAMACHO, Afonso Caires	04	Naval do Funchal	**2:32.60**	394	1:13.51	1:19.09
4.	NUNES, Afonso Miguel	04	Salesianos do Funchal	**2:33.55**	387	1:14.66	1:18.89
5.	RODRIGUES, Rodrigo Reis	04	Desportivo Sao Roque	**2:33.92**	384	1:16.10	1:17.82
6.	TELES, Artur Corte	04	Individual Madeira	**2:35.96**	369	1:15.48	1:20.48
Juvenil A, 16 anos							
1.	FERNANDES, Rui Afonso	03	Desportivo Nacional	**2:17.38**	540	1:06.77	1:10.61
	Minimo Campeonato Nacional						
2.	GOMES, Goncalo Camara	03	Naval do Funchal	**2:24.12**	468	1:07.68	1:16.44
3.	CAMARA, Simao Vieira	03	Desportivo Sao Roque	**2:35.58**	372	1:14.95	1:20.63
4.	MELIM, Bruno Pontes	03	Salesianos do Funchal	**2:42.42**	327	1:19.73	1:22.69
Junior, 17 e 18 anos							
1.	SILVA, Joao Jesus	02	Salesianos do Funchal	**2:20.64**	503	1:07.76	1:12.88
2.	RODRIGUES, Pedro Reis	02	Desportivo Sao Roque	**2:23.36**	475	1:08.94	1:14.42
3.	NASCIMENTO, Diogo Andre	02	Naval do Funchal	**2:34.64**	379	1:14.49	1:20.15

Prova 28, Masc., 200m Costas

Absoluto, 15 anos e mais velhos

1.	FERNANDES, Rui Afonso *Minimo Campeonato Nacional*	03	Desportivo Nacional	**2:17.38**	540	1:06.77	1:10.61
2.	SILVA, Joao Jesus	02	Salesianos do Funchal	**2:20.64**	503	1:07.76	1:12.88
3.	RODRIGUES, Pedro Reis	02	Desportivo Sao Roque	**2:23.36**	475	1:08.94	1:14.42
4.	GOMES, Goncalo Camara	03	Naval do Funchal	**2:24.12**	468	1:07.68	1:16.44
5.	LEAL, Diogo Silva	04	Salesianos do Funchal	**2:30.99**	407	1:12.98	1:18.01
6.	PEREIRA, Jordao Abreu	04	Salesianos do Funchal	**2:31.77**	401	1:15.78	1:15.99
7.	CAMACHO, Afonso Caires	04	Naval do Funchal	**2:32.60**	394	1:13.51	1:19.09
8.	NUNES, Afonso Miguel	04	Salesianos do Funchal	**2:33.55**	387	1:14.66	1:18.89
9.	RODRIGUES, Rodrigo Reis	04	Desportivo Sao Roque	**2:33.92**	384	1:16.10	1:17.82
10.	NASCIMENTO, Diogo Andre	02	Naval do Funchal	**2:34.64**	379	1:14.49	1:20.15
11.	CAMARA, Simao Vieira	03	Desportivo Sao Roque	**2:35.58**	372	1:14.95	1:20.63
12.	TELES, Artur Corte	04	Individual Madeira	**2:35.96**	369	1:15.48	1:20.48
13.	MELIM, Bruno Pontes	03	Salesianos do Funchal	**2:42.42**	327	1:19.73	1:22.69

Prova 29 — Femin., 50m Mariposa — Absolutos
24/03/2019 - 9:34 — Resultados

Recorde Regional Absoluto	29.17	OLIM, Carlota Freitas	CNF	Oeiras	24/07/2014
Recorde Regional Sen	29.17	OLIM, Carlota Freitas	CNF	Oeiras	24/07/2014
Recorde Regional Jun17	29.85	ROSA, Beatriz Jong	CDWT	Coimbra	02/04/2017
Recorde Regional Jun16	29.48	ROSA, Beatriz Jong	CDN	Oeiras	13/03/2016
Recorde Regional Juv A	29.76	ROSA, Beatriz Jong	CDN	Funchal	03/07/2015
Recorde Regional Juv B	30.44	ROSA, Beatriz Jong	CDN	Oeiras	24/07/2014

TAC Regional Juv B: 50.68; Juv A: 50.68; Jun: 50.68; Sen: 49.93 / TAC Nacional Juv B: 30.68; Juv A: 30.68; Jun: 30.68; Sen: 29.93

Pontos: FINA 2018

Lugar		Ano		Tempo final	Pts
Juvenil B, 14 anos					
1.	AVEIRO, Leonor Sofia	05	Naval do Funchal	**33.87**	375
2.	NASCIMENTO, Sofia Alexandre	05	Naval do Funchal	**34.60**	351
3.	BARROS, Ana Carolina	05	Salesianos do Funchal	**43.90**	172
Juvenil A, 15 anos					
1.	RAMOS, Barbara Emerick	04	Salesianos do Funchal	**33.83**	376
2.	CAMACHO, Laura Fernandes	04	Naval do Funchal	**35.00**	340
3.	ANDRADE, Margarida Fernandes	04	Salesianos do Funchal	**38.60**	253
Junior, 16 e 17 anos					
1.	FERREIRA, Julia Caldeira	03	Naval do Funchal	**31.72**	456
2.	FERNANDES, Ana Catarina	03	Naval do Funchal	**33.43**	390
3.	JESUS, Filipa Mafalda	03	Desportivo Sao Roque	**36.34**	303
4.	BETENCOURT, Ana Margarida	03	Naval do Funchal	**37.36**	279
5.	REBELO, Filipa Margarida	03	Salesianos do Funchal	**43.56**	176
Senior, 18 anos e mais velhos					
1.	ROSA, Beatriz Jong	00	Desportivo Nacional	**30.50**	513
2.	GOMES, Susana Clara	77	Naval do Funchal	**30.71**	503
3.	BOULHOSA, Carolina Abreu	01	Naval do Funchal	**31.73**	456
4.	CRO, Isabel Matilde	00	Escola O Liceu	**38.19**	261

Prova 29, Femin., 50m Mariposa

Absoluto, 14 anos e mais velhas

1.	ROSA, Beatriz Jong	00	Desportivo Nacional	**30.50**	513
2.	GOMES, Susana Clara	77	Naval do Funchal	**30.71**	503
3.	FERREIRA, Julia Caldeira	03	Naval do Funchal	**31.72**	456
4.	BOULHOSA, Carolina Abreu	01	Naval do Funchal	**31.73**	456
5.	FERNANDES, Ana Catarina	03	Naval do Funchal	**33.43**	390
6.	RAMOS, Barbara Emerick	04	Salesianos do Funchal	**33.83**	376
7.	AVEIRO, Leonor Sofia	05	Naval do Funchal	**33.87**	375
8.	NASCIMENTO, Sofia Alexandre	05	Naval do Funchal	**34.60**	351
9.	CAMACHO, Laura Fernandes	04	Naval do Funchal	**35.00**	340
10.	JESUS, Filipa Mafalda	03	Desportivo Sao Roque	**36.34**	303
11.	BETENCOURT, Ana Margarida	03	Naval do Funchal	**37.36**	279
12.	CRO, Isabel Matilde	00	Escola O Liceu	**38.19**	261
13.	ANDRADE, Margarida Fernandes	04	Salesianos do Funchal	**38.60**	253
14.	REBELO, Filipa Margarida	03	Salesianos do Funchal	**43.56**	176
15.	BARROS, Ana Carolina	05	Salesianos do Funchal	**43.90**	172

Prova 30 — Masc., 50m Mariposa — Absolutos
24/03/2019 - 9:37 — Resultados

Recorde Regional Absoluto	25.38	MARQUES, Miguel Freitas	INDMAD	Coimbra	23/07/2015
Recorde Regional Sen	25.38	MARQUES, Miguel Freitas	INDMAD	Coimbra	23/07/2015
Recorde Regional Jun18	25.84	MARQUES, Miguel Freitas	CSM	Coimbra	04/04/2014
Recorde Regional Jun17	25.97	GOMES, Miguel Camara	CNF	Oeiras	13/03/2016
Recorde Regional Juv A	26.49	VARGAS, Henrique Luis	CNF	Coimbra	04/04/2014
Recorde Regional Juv B	27.58	CAIRES, Nuno Costa	CNF	Faro	20/07/2009

TAC Regional Juv B: 46.81; Juv A: 46.81; Jun: 46.81; Sen: 46.08 / TAC Nacional Juv B: 26.81; Juv A: 26.81; Jun: 26.81; Sen: 26.08

Pontos: FINA 2018

Lugar		Ano		Tempo final	Pts
Juvenil B, 15 anos					
1.	GOMES, Alexandre Monteiro	04	Salesianos do Funchal	**31.78**	351
2.	MACHADO, Tiago Magalhaes	04	Desportivo Nacional	**33.65**	296
3.	FERNANDEZ, Joao Guilherme	04	Salesianos do Funchal	**35.83**	245
4.	GANANCA, Tiago Rodrigues	04	Naval do Funchal	**44.04**	132
Juvenil A, 16 anos					
1.	BAPTISTA, Tiago Ornelas	03	Naval do Funchal	**29.91**	421
2.	RODRIGUES, Renato Correia	03	Salesianos do Funchal	**30.75**	388
3.	ABREU, Nuno Afonso	03	Naval do Funchal	**33.80**	292
DSQ	KOVAL, Igor	03	Desportivo Nacional		
	403 - Falsa partida - SW 4.4				
Junior, 17 e 18 anos					
1.	GRACA, Fernando Guerreiro	02	Naval do Funchal	**27.98**	515
2.	FERRO, Henrique Martins	01	Naval do Funchal	**28.89**	467
3.	MARCOS, Joao Freitas	01	Individual Madeira	**29.15**	455
4.	FREITAS, Joao Tomas	02	Salesianos do Funchal	**30.04**	416
5.	FERNANDES, Pedro Pestana	01	Naval do Funchal	**30.89**	382
6.	CALDEIRA, Rodolfo Morais	02	Salesianos do Funchal	**31.02**	378
7.	NUNES, Henrique Goncalves	02	Escola O Liceu	**31.95**	345
8.	NUNES, Goncalo Almada	01	Salesianos do Funchal	**32.76**	320
9.	DINIS, Fernando Jose	02	Desportivo Sao Roque	**43.14**	140

Prova 30, Masc., 50m Mariposa

Senior, 19 e mais velhos

1.	FERREIRA, Miguel Goncalves	93	Desportivo Nacional	**26.85**	582
2.	MOURA, Vitor Diogo	90	Desportivo Nacional	**27.81**	524
3.	SILVA, Martim Moniz	99	Naval do Funchal	**27.86**	521
4.	QUINTAL, Nuno Alexandre	99	Desportivo Nacional	**28.18**	504
5.	JORGE, Andre Camara	90	Escola O Liceu	**29.90**	422
	Recorde Nacional de Natação Adaptada - S16				
6.	EULALIO, Hugo Yves	85	Escola O Liceu	**33.92**	289

Absoluto, 15 anos e mais velhos

1.	FERREIRA, Miguel Goncalves	93	Desportivo Nacional	**26.85**	582
2.	MOURA, Vitor Diogo	90	Desportivo Nacional	**27.81**	524
3.	SILVA, Martim Moniz	99	Naval do Funchal	**27.86**	521
4.	GRACA, Fernando Guerreiro	02	Naval do Funchal	**27.98**	515
5.	QUINTAL, Nuno Alexandre	99	Desportivo Nacional	**28.18**	504
6.	FERRO, Henrique Martins	01	Naval do Funchal	**28.89**	467
7.	MARCOS, Joao Freitas	01	Individual Madeira	**29.15**	455
8.	JORGE, Andre Camara	90	Escola O Liceu	**29.90**	422
	Recorde Nacional de Natação Adaptada - S16				
9.	BAPTISTA, Tiago Ornelas	03	Naval do Funchal	**29.91**	421
10.	FREITAS, Joao Tomas	02	Salesianos do Funchal	**30.04**	416
11.	RODRIGUES, Renato Correia	03	Salesianos do Funchal	**30.75**	388
12.	FERNANDES, Pedro Pestana	01	Naval do Funchal	**30.89**	382
13.	CALDEIRA, Rodolfo Morais	02	Salesianos do Funchal	**31.02**	378
14.	GOMES, Alexandre Monteiro	04	Salesianos do Funchal	**31.78**	351
15.	NUNES, Henrique Goncalves	02	Escola O Liceu	**31.95**	345
16.	NUNES, Goncalo Almada	01	Salesianos do Funchal	**32.76**	320
17.	MACHADO, Tiago Magalhaes	04	Desportivo Nacional	**33.65**	296
18.	ABREU, Nuno Afonso	03	Naval do Funchal	**33.80**	292
19.	EULALIO, Hugo Yves	85	Escola O Liceu	**33.92**	289
20.	FERNANDEZ, Joao Guilherme	04	Salesianos do Funchal	**35.83**	245
21.	DINIS, Fernando Jose	02	Desportivo Sao Roque	**43.14**	140
22.	GANANCA, Tiago Rodrigues	04	Naval do Funchal	**44.04**	132
DSQ	KOVAL, Igor	03	Desportivo Nacional		
	403 - Falsa partida - SW 4.4				

Prova 31 | Femin., 200m Bruços | Absoluto
24/03/2019 - 9:42 | Resultados

Recorde Regional Absoluto	2:37.87	QUINTAL, Fabiana Maria	CDN	Coimbra	31/07/2010
Recorde Regional Sen	2:37.87	QUINTAL, Fabiana Maria	CDN	Coimbra	31/07/2010
Recorde Regional Jun17	2:45.24	MARQUES, Mariana Sousa	CNF	Funchal	08/07/2005
Recorde Regional Jun16	2:45.52	ABREU, Laura Catarina	CDN	Oeiras	11/03/2016
Recorde Regional Juv A	2:47.95	ABREU, Laura Catarina	CDN	Coimbra	30/05/2015
Recorde Regional Juv B	2:45.80	ABREU, Laura Catarina	CDN	Oeiras	26/07/2014
Recorde Regional Inf A	2:52.09	ABREU, Laura Catarina	CDN	Funchal	27/06/2013
Recorde Regional Inf B	2:59.97	ABREU, Laura Catarina	CDN	Funchal	06/07/2012

TAC Regional Inf B: 4:28.06; Inf A: 4:20.34; Juv B: 4:03.36; Juv A: 4:01.12; Jun: 3:54.20; Sen: 3:46.66 / TAC Nacional Inf B: 3:26.23; Inf A: 3:16.73; Juv B: 3:03.36; Juv A: 3:01.12; Jun: 2:54.20; Sen: 2:46.66

Pontos: FINA 2018

Lugar		Ano		Tempo final	Pts	100m	200m
Infantil B, 12 anos							
1.	RODRIGUES, Laura Sofia *Minimo Campeonato Nacional*	07	Salesianos do Funchal	**3:02.41**	443	1:28.67	1:33.74
Juvenil B, 14 anos							
1.	ARAUJO, Maria Clara	05	Naval do Funchal	**3:19.35**	339	1:35.39	1:43.96
2.	GOMES, Madalena Sousa	05	Naval do Funchal	**3:40.38**	251	1:45.48	1:54.90
Juvenil A, 15 anos							
1.	GONCALVES, Maria Margarida	04	Naval do Funchal	**3:10.36**	390	1:31.47	1:38.89
2.	GOUVEIA, Susana Isabel	04	Salesianos do Funchal	**3:35.04**	270	1:44.02	1:51.02
Junior, 16 e 17 anos							
1.	FERNANDES, Ana Catarina	03	Naval do Funchal	**3:03.11**	438	1:27.29	1:35.82
Absoluto, 14 anos e mais velhas							
1.	FERNANDES, Ana Catarina	03	Naval do Funchal	**3:03.11**	438	1:27.29	1:35.82
2.	GONCALVES, Maria Margarida	04	Naval do Funchal	**3:10.36**	390	1:31.47	1:38.89
3.	ARAUJO, Maria Clara	05	Naval do Funchal	**3:19.35**	339	1:35.39	1:43.96
4.	GOUVEIA, Susana Isabel	04	Salesianos do Funchal	**3:35.04**	270	1:44.02	1:51.02
5.	GOMES, Madalena Sousa	05	Naval do Funchal	**3:40.38**	251	1:45.48	1:54.90

Prova 32 | Masc., 200m Bruços | Absoluto
24/03/2019 - 9:47 | Resultados

Recorde Regional Absoluto	2:25.75	FIGUEIRA, Andre Temtem	CNF	Faro	20/07/2009
Recorde Regional Sen	2:27.23	MOURA, Vitor Diogo	CDN	Rio Maior	01/04/2011
Recorde Regional Jun18	2:25.75	FIGUEIRA, Andre Temtem	CNF	Faro	20/07/2009
Recorde Regional Jun17	2:25.61	SILVA, Tomas Antonio	CNF	Oeiras	28/07/2018
Recorde Regional Juv A	2:31.11	SILVA, Tomas Antonio	CNF	Oeiras	22/07/2017
Recorde Regional Juv B	2:35.47	PEREIRA, Nuno Miguel	CDN	Olivais	10/08/1991
Recorde Regional Inf A	2:37.91	FREITAS, Tomas Miguel	CDN	Povoa Varzim	25/07/2004
Recorde Regional Inf B	2:41.52	FREITAS, Tomas Miguel	CDN	Restelo	27/07/2003

TAC Regional Inf B: 4:14.67; Inf A: 4:04.37; Juv B: 3:48.39; Juv A: 3:44.24; Jun: 3:36.01; Sen: 3:29.76 / TAC Nacional Inf B: 3:13.86; Inf A: 3:04.37; Juv B: 2:48.39; Juv A: 2:44.24; Jun: 2:36.01; Sen: 2:29.76

Pontos: FINA 2018

Lugar		Ano		Tempo final	Pts	100m	200m
Infantil B, 13 anos							
1.	SILVA, Afonso Mar	06	Naval do Funchal	**3:27.89**	226	1:38.13	1:49.76
2.	NACHYCHKO, Maximo	06	Naval do Funchal	**4:08.00**	133	1:59.77	2:08.23
Infantil A, 14 anos							
1.	ALVES, Tiago Pires	05	Salesianos do Funchal	**3:06.42**	313	1:28.71	1:37.71
2.	ALVES, Afonso Pires	05	Salesianos do Funchal	**3:08.40**	303	1:29.79	1:38.61
3.	CORREIA, Rodrigo Ramos	05	Desportivo Nacional	**3:40.65**	189	1:46.08	1:54.57
Juvenil B, 15 anos							
1.	ALVES, Paulo Rodrigues *Minimo Campeonato Nacional*	04	Desportivo Nacional	**2:36.13**	534	1:14.68	1:21.45
2.	FERNANDES, Martim Pestana *Minimo Campeonato Nacional*	04	Naval do Funchal	**2:36.48**	530	1:15.05	1:21.43
3.	BARRY, Rafael Francisco	04	Naval do Funchal	**2:52.42**	396	1:20.50	1:31.92
4.	AGUILAR, Luis Santos	04	Desportivo Nacional	**3:08.77**	302	1:29.71	1:39.06
5.	GONCALVES, Vitor Afonso	04	Salesianos do Funchal	**3:18.53**	259	1:33.20	1:45.33
6.	GOMES, Alexandre Monteiro	04	Salesianos do Funchal	**3:28.00**	225	1:40.78	1:47.22
7.	FARIA, Helder Rafael	04	Salesianos do Funchal	**3:30.76**	217	1:39.72	1:51.04
Juvenil A, 16 anos							
1.	LOPES, Pedro Henrique	03	Desportivo Sao Roque	**2:45.58**	447	1:19.55	1:26.03
2.	MATOS, Rodrigo Vieira	03	Individual Madeira	**2:47.37**	433	1:19.92	1:27.45
3.	VIEIRA, Emanuel Eloi	03	Desportivo Sao Roque	**2:53.64**	388	1:21.69	1:31.95
Junior, 17 e 18 anos							
1.	PAULOS, Francisco Silva	02	Naval do Funchal	**2:43.07**	468	1:16.07	1:27.00
2.	CASTRO, Martim Pereira	02	Escola O Liceu	**2:45.92**	444	1:19.02	1:26.90
3.	FREITAS, Joao Tomas	02	Salesianos do Funchal	**2:57.31**	364	1:25.53	1:31.78
Absoluto, 15 anos e mais velhos							
1.	ALVES, Paulo Rodrigues *Minimo Campeonato Nacional*	04	Desportivo Nacional	**2:36.13**	534	1:14.68	1:21.45
2.	FERNANDES, Martim Pestana *Minimo Campeonato Nacional*	04	Naval do Funchal	**2:36.48**	530	1:15.05	1:21.43
3.	PAULOS, Francisco Silva	02	Naval do Funchal	**2:43.07**	468	1:16.07	1:27.00
4.	LOPES, Pedro Henrique	03	Desportivo Sao Roque	**2:45.58**	447	1:19.55	1:26.03
5.	CASTRO, Martim Pereira	02	Escola O Liceu	**2:45.92**	444	1:19.02	1:26.90
6.	MATOS, Rodrigo Vieira	03	Individual Madeira	**2:47.37**	433	1:19.92	1:27.45
7.	BARRY, Rafael Francisco	04	Naval do Funchal	**2:52.42**	396	1:20.50	1:31.92
8.	VIEIRA, Emanuel Eloi	03	Desportivo Sao Roque	**2:53.64**	388	1:21.69	1:31.95
9.	FREITAS, Joao Tomas	02	Salesianos do Funchal	**2:57.31**	364	1:25.53	1:31.78

Prova 32, Masc., 200m Bruços, Absoluto, 15 anos e mais velhos

Lugar		Ano		Tempo final	Pts	100m	200m
10.	AGUILAR, Luis Santos	04	Desportivo Nacional	**3:08.77**	302	1:29.71	1:39.06
11.	GONCALVES, Vitor Afonso	04	Salesianos do Funchal	**3:18.53**	259	1:33.20	1:45.33
12.	GOMES, Alexandre Monteiro	04	Salesianos do Funchal	**3:28.00**	225	1:40.78	1:47.22
13.	FARIA, Helder Rafael	04	Salesianos do Funchal	**3:30.76**	217	1:39.72	1:51.04

Prova 33 — Femin., 200m Livres — Absoluto
24/03/2019 - 10:09 — Resultados

Recorde Regional Absoluto	2:12.46	AGUILAR, Vera Ines	CDN	Funchal	22/07/2016
Recorde Regional Sen	2:13.28	MELIM, Claudia Sofia	CDN	Jamor	25/07/2002
Recorde Regional Jun17	2:12.84	ROSA, Beatriz Jong	CDWT	Oeiras	18/02/2017
Recorde Regional Jun16	2:12.46	AGUILAR, Vera Ines	CDN	Funchal	22/07/2016
Recorde Regional Juv A	2:14.97	ANDRADE, Rubina Amaro	CDN	Restelo	29/07/1994
Recorde Regional Juv B	2:14.71	ANDRADE, Rubina Amaro	CDN	Istambul (TUR)	08/07/1993
Recorde Regional Inf A	2:17.75	CERDAS, Sara Rodrigues	CNF	Restelo	21/07/2002
Recorde Regional Inf B	2:22.47	VASCONCELOS, Matilde Cotrim	CNF	S. Joao da Madeira	26/07/2009

TAC Regional Inf B: 3:41.16; Inf A: 3:34.02; Juv B: 3:20.29; Juv A: 3:17.65; Jun: 3:13.74; Sen: 3:10.94 / TAC Nacional Inf B: 2:36.81; Inf A: 2:24.66; Juv B: 2:20.29; Juv A: 2:17.65; Jun: 2:13.74; Sen: 2:10.94

Pontos: FINA 2018

Lugar		Ano		Tempo final	Pts	100m	200m
Infantil B, 12 anos							
1.	FRANCA, Ines Matos	07	Salesianos do Funchal	**2:50.81**	289	1:23.27	1:27.54
2.	FREITAS, Maria Raquel	07	Naval do Funchal	**3:12.72**	201	1:31.72	1:41.00
Infantil A, 13 anos							
1.	FARIA, Laura Pereira	06	Salesianos do Funchal	**2:51.44**	286	1:25.55	1:25.89
2.	BAPTISTA, Constanca Ornelas	06	Naval do Funchal	**2:56.30**	263	1:25.95	1:30.35
3.	SOUSA, Maria Beatriz	06	Naval do Funchal	**3:03.49**	233	1:28.24	1:35.25
4.	TEMBE, Ines Afonso	06	Desportivo Nacional	**3:04.24**	230	1:29.60	1:34.64
Juvenil B, 14 anos							
1.	NASCIMENTO, Sofia Alexandre	05	Naval do Funchal	**2:30.29**	424	1:14.07	1:16.22
2.	AVEIRO, Leonor Sofia	05	Naval do Funchal	**2:34.90**	388	1:15.47	1:19.43
3.	ABREU, Maria Eduarda	05	Desportivo Nacional	**2:50.52**	290	1:24.03	1:26.49
4.	BARROS, Ana Carolina	05	Salesianos do Funchal	**2:52.97**	278	1:25.26	1:27.71
5.	LUIS, Mariana Capelo	05	Salesianos do Funchal	**2:53.35**	276	1:23.01	1:30.34
Juvenil A, 15 anos							
1.	RAMOS, Barbara Emerick	04	Salesianos do Funchal	**2:28.68**	438	1:12.73	1:15.95
Junior, 16 e 17 anos							
1.	JESUS, Filipa Mafalda	03	Desportivo Sao Roque	**2:31.95**	411	1:13.95	1:18.00
2.	GONCALVES, Joana Marques	02	Salesianos do Funchal	**2:41.55**	342	1:16.34	1:25.21
3.	REBELO, Filipa Margarida	03	Salesianos do Funchal	**2:49.30**	297	1:24.85	1:24.45
4.	PEREIRA, Luisa Tovela	03	Desportivo Nacional	**2:57.65**	257	1:25.32	1:32.33
Senior, 18 anos e mais velhos							
1.	GOMES, Susana Clara	77	Naval do Funchal	**2:24.83**	474	1:10.62	1:14.21
2.	TELES, Anabela Corte	01	Individual Madeira	**2:26.09**	462	1:11.16	1:14.93
3.	LUIS, Jessica Santos	00	Desportivo Sao Roque	**2:28.37**	441	1:10.53	1:17.84
4.	BOULHOSA, Carolina Abreu	01	Naval do Funchal	**2:52.02**	283	1:21.41	1:30.61
5.	CRO, Isabel Matilde	00	Escola O Liceu	**3:09.81**	210	1:32.09	1:37.72

Prova 33, Femin., 200m Livres

Absoluto, 14 anos e mais velhas

1.	GOMES, Susana Clara	77	Naval do Funchal	**2:24.83**	474	1:10.62	1:14.21
2.	TELES, Anabela Corte	01	Individual Madeira	**2:26.09**	462	1:11.16	1:14.93
3.	LUIS, Jessica Santos	00	Desportivo Sao Roque	**2:28.37**	441	1:10.53	1:17.84
4.	RAMOS, Barbara Emerick	04	Salesianos do Funchal	**2:28.68**	438	1:12.73	1:15.95
5.	NASCIMENTO, Sofia Alexandre	05	Naval do Funchal	**2:30.29**	424	1:14.07	1:16.22
6.	JESUS, Filipa Mafalda	03	Desportivo Sao Roque	**2:31.95**	411	1:13.95	1:18.00
7.	AVEIRO, Leonor Sofia	05	Naval do Funchal	**2:34.90**	388	1:15.47	1:19.43
8.	GONCALVES, Joana Marques	02	Salesianos do Funchal	**2:41.55**	342	1:16.34	1:25.21
9.	REBELO, Filipa Margarida	03	Salesianos do Funchal	**2:49.30**	297	1:24.85	1:24.45
10.	ABREU, Maria Eduarda	05	Desportivo Nacional	**2:50.52**	290	1:24.03	1:26.49
11.	BOULHOSA, Carolina Abreu	01	Naval do Funchal	**2:52.02**	283	1:21.41	1:30.61
12.	BARROS, Ana Carolina	05	Salesianos do Funchal	**2:52.97**	278	1:25.26	1:27.71
13.	LUIS, Mariana Capelo	05	Salesianos do Funchal	**2:53.35**	276	1:23.01	1:30.34
14.	PEREIRA, Luisa Tovela	03	Desportivo Nacional	**2:57.65**	257	1:25.32	1:32.33
15.	CRO, Isabel Matilde	00	Escola O Liceu	**3:09.81**	210	1:32.09	1:37.72

Prova 34 — Masc., 400m Livres — Absoluto
24/03/2019 - 10:25 — Resultados

Recorde Regional Absoluto	3:58.51	FRANCO, Paulo Fragueiro	CDN	Faro	20/07/2009
Recorde Regional Sen	3:58.51	FRANCO, Paulo Fragueiro	CDN	Faro	20/07/2009
Recorde Regional Jun18	4:07.78	GOUVEIA, Pedro Galvao	CDN	Coimbra	02/04/2017
Recorde Regional Jun17	4:07.82	FRANCO, Paulo Fragueiro	CDN	Famalicao	06/08/1999
Recorde Regional Juv A	4:14.87	FRANCO, Paulo Fragueiro	CDN	Jamor	31/07/1998
Recorde Regional Juv B	4:17.97	FREITAS, Tomas Miguel	CDN	Coimbra	23/07/2005
Recorde Regional Inf A	4:25.14	ALMEIDA, Carlos Alexandre	CDN	Restelo	26/07/2003
Recorde Regional Inf B	4:37.33	FRANCO, Paulo Fragueiro	CDN	Olivais	28/07/1995

TAC Regional Inf B: 6:41.10; Inf A: 6:29.37; Juv B: 6:01.87; Juv A: 5:57.75; Jun: 5:47.70; Sen: 5:40.88 / TAC Nacional Inf B: 5:04.76; Inf A: 4:41.70; Juv B: 4:31.87; Juv A: 4:27.75; Jun: 4:17.70; Sen: 4:10.88

Pontos: FINA 2018

Lugar		Ano		Tempo final	Pts	100m	200m	300m	400m

Infantil A, 14 anos

1.	MENDES, Juan Diego	05	Desportivo Nacional	**6:25.61**	185	1:31.32	1:39.98	1:40.05	1:34.26
	50m:		150m:		250m:		350m:		
	100m:	1:31.32	200m:	3:11.30	300m:	4:51.35	400m:	6:25.61	

Juvenil B, 15 anos

1.	FERNANDES, Diogo Henr	04	Naval do Funchal	**4:47.81**	447	1:06.93	1:14.44	1:13.73	1:12.71
	50m:		150m:		250m:		350m:		
	100m:	1:06.93	200m:	2:21.37	300m:	3:35.10	400m:	4:47.81	
2.	FERREIRA, Leonardo Filip	04	Naval do Funchal	**4:54.73**	416	1:06.47	1:14.79	1:18.41	1:15.06
	50m:		150m:		250m:		350m:		
	100m:	1:06.47	200m:	2:21.26	300m:	3:39.67	400m:	4:54.73	
3.	FERNANDEZ, Joao Guilh	04	Salesianos do Funchal	**5:46.69**	255	1:20.26	1:29.14	1:29.96	1:27.33
	50m:		150m:		250m:		350m:		
	100m:	1:20.26	200m:	2:49.40	300m:	4:19.36	400m:	5:46.69	

Juvenil A, 16 anos

1.	GOMES, Goncalo Camara	03	Naval do Funchal	**4:32.85**	524	1:03.16	1:09.15	1:10.62	1:09.92
	50m:		150m:		250m:		350m:		
	100m:	1:03.16	200m:	2:12.31	300m:	3:22.93	400m:	4:32.85	
2.	LOPES, Pedro Henrique	03	Desportivo Sao Roque	**4:41.79**	476	1:04.84	1:12.45	1:14.02	1:10.48
	50m:		150m:		250m:		350m:		
	100m:	1:04.84	200m:	2:17.29	300m:	3:31.31	400m:	4:41.79	
3.	CAMACHO, Joao Simao *FTL*	03	Clube Sport Maritimo	**6:08.01**	213	1:24.86	1:35.51	1:37.06	1:30.58
	50m:		100m:	1:24.86	150m:		200m:	3:00.37	

Prova 34, Masc., 400m Livres, Juvenil A, 16 anos

Lugar		Ano		Tempo final	Pts	100m	200m	300m	400m
	250m:		300m: 4:37.43	350m:			400m: 6:08.01		
4.	FERNANDES, Goncalo M	03	m Desportivo Nacional	**6:16.37**	199	1:25.49	1:36.38	1:40.04	1:34.46
	FTL								
	50m:		150m:	250m:			350m:		
	100m: 1:25.49		200m: 3:01.87	300m: 4:41.91			400m: 6:16.37		

Junior, 17 e 18 anos

1.	RODRIGUES, Pedro Reis	02	Desportivo Sao Roque	**4:20.51**	602	1:02.05	1:06.15	1:06.45	1:05.86
	50m:		150m:	250m:			350m:		
	100m: 1:02.05		200m: 2:08.20	300m: 3:14.65			400m: 4:20.51		
2.	DEUS, Andre Portugal	02	Naval do Funchal	**4:24.55**	575	1:02.21	1:06.99	1:08.39	1:06.96
	50m:		150m:	250m:			350m:		
	100m: 1:02.21		200m: 2:09.20	300m: 3:17.59			400m: 4:24.55		
3.	FERRO, Henrique Martins	01	Naval do Funchal	**4:28.37**	551	1:01.34	1:07.11	1:09.58	1:10.34
	50m:		150m:	250m:			350m:		
	100m: 1:01.34		200m: 2:08.45	300m: 3:18.03			400m: 4:28.37		
4.	CASTRO, Martim Pereira	02	Escola O Liceu	**4:48.15**	445	1:07.74	1:13.58	1:14.37	1:12.46
	50m:		150m:	250m:			350m:		
	100m: 1:07.74		200m: 2:21.32	300m: 3:35.69			400m: 4:48.15		
5.	GONCALVES, Cesar Rod	02	Clube Sport Maritimo	**6:30.26**	179	1:27.17	1:40.77	1:43.77	1:38.55
	FTL								
	50m:		150m:	250m:			350m:		
	100m: 1:27.17		200m: 3:07.94	300m: 4:51.71			400m: 6:30.26		

Senior, 19 anos e mais velhos

1.	JORGE, Andre Camara	90	Escola O Liceu	**5:32.98**	288	1:16.33	1:28.29	1:27.00	1:21.36
	Recorde Nacional Natação Adaptada - S16 (50L - 200L - 400L)								
	50m:		150m:	250m:			350m:		
	100m: 1:16.33		200m: 2:44.62	300m: 4:11.62			400m: 5:32.98		

Absoluto, 15 anos e mais velhos

1.	RODRIGUES, Pedro Reis	02	Desportivo Sao Roque	**4:20.51**	602	1:02.05	1:06.15	1:06.45	1:05.86
	50m:		150m:	250m:			350m:		
	100m: 1:02.05		200m: 2:08.20	300m: 3:14.65			400m: 4:20.51		
2.	DEUS, Andre Portugal	02	Naval do Funchal	**4:24.55**	575	1:02.21	1:06.99	1:08.39	1:06.96
	50m:		150m:	250m:			350m:		
	100m: 1:02.21		200m: 2:09.20	300m: 3:17.59			400m: 4:24.55		
3.	FERRO, Henrique Martins	01	Naval do Funchal	**4:28.37**	551	1:01.34	1:07.11	1:09.58	1:10.34
	50m:		150m:	250m:			350m:		
	100m: 1:01.34		200m: 2:08.45	300m: 3:18.03			400m: 4:28.37		
4.	GOMES, Goncalo Camara	03	Naval do Funchal	**4:32.85**	524	1:03.16	1:09.15	1:10.62	1:09.92
	50m:		150m:	250m:			350m:		
	100m: 1:03.16		200m: 2:12.31	300m: 3:22.93			400m: 4:32.85		
5.	LOPES, Pedro Henrique	03	Desportivo Sao Roque	**4:41.79**	476	1:04.84	1:12.45	1:14.02	1:10.48
	50m:		150m:	250m:			350m:		
	100m: 1:04.84		200m: 2:17.29	300m: 3:31.31			400m: 4:41.79		
6.	FERNANDES, Diogo Hen	04	e Naval do Funchal	**4:47.81**	447	1:06.93	1:14.44	1:13.73	1:12.71
	50m:		150m:	250m:			350m:		
	100m: 1:06.93		200m: 2:21.37	300m: 3:35.10			400m: 4:47.81		
7.	CASTRO, Martim Pereira	02	Escola O Liceu	**4:48.15**	445	1:07.74	1:13.58	1:14.37	1:12.46
	50m:		150m:	250m:			350m:		
	100m: 1:07.74		200m: 2:21.32	300m: 3:35.69			400m: 4:48.15		
8.	FERREIRA, Leonardo Fili	04	Naval do Funchal	**4:54.73**	416	1:06.47	1:14.79	1:18.41	1:15.06
	50m:		150m:	250m:			350m:		
	100m: 1:06.47		200m: 2:21.26	300m: 3:39.67			400m: 4:54.73		

Prova 34, Masc., 400m Livres, Absoluto, 15 anos e mais velhos

Lugar		Ano		Tempo final	Pts	100m	200m	300m	400m
9.	JORGE, Andre Camara	90	Escola O Liceu	**5:32.98**	288	1:16.33	1:28.29	1:27.00	1:21.36
	Recorde Nacional Natação Adaptada - S16 (50L - 200L - 400L)								
	50m:		150m:		250m:		350m:		
	100m: 1:16.33		200m: 2:44.62		300m: 4:11.62		400m: 5:32.98		
10.	FERNANDEZ, Joao Guilh	04	Salesianos do Funchal	**5:46.69**	255	1:20.26	1:29.14	1:29.96	1:27.33
	50m:		150m:		250m:		350m:		
	100m: 1:20.26		200m: 2:49.40		300m: 4:19.36		400m: 5:46.69		
11.	CAMACHO, Joao Simao	03	Clube Sport Maritimo	**6:08.01**	213	1:24.86	1:35.51	1:37.06	1:30.58
	FTL								
	50m:		150m:		250m:		350m:		
	100m: 1:24.86		200m: 3:00.37		300m: 4:37.43		400m: 6:08.01		
12.	FERNANDES, Goncalo M	03	Desportivo Nacional	**6:16.37**	199	1:25.49	1:36.38	1:40.04	1:34.46
	FTL								
	50m:		150m:		250m:		350m:		
	100m: 1:25.49		200m: 3:01.87		300m: 4:41.91		400m: 6:16.37		
13.	GONCALVES, Cesar Rod	02	Clube Sport Maritimo	**6:30.26**	179	1:27.17	1:40.77	1:43.77	1:38.55
	FTL								
	50m:		150m:		250m:		350m:		
	100m: 1:27.17		200m: 3:07.94		300m: 4:51.71		400m: 6:30.26		

1 - 1ª Jornada / 1ª Sessão 22/03/2019 - 19:15

Prova 35 Masc., 1500m Livres Master E (1970-1974)
22/03/2019 - 20:39 Resultados

Recorde Nacional	20:02.29	CARVALHO, Paulo Paula	UDCA	Manchester (GBR)	16/06/2006

Pontos: FINA 2018

Lugar		Ano		Tempo final	Pts
1.	SOUSA, Joao Pedro	74	Naval do Funchal	**19:30.07**	412
	Recorde Nacional - Master				

100m:	1:09.05	1:09.05	500m:	6:17.72	1:18.15	900m:	11:33.62	1:19.31	1300m:	16:53.82	1:20.13
200m:	2:23.88	1:14.83	600m:	7:36.58	1:18.86	1000m:	12:53.29	1:19.67	1400m:	18:13.07	1:19.25
300m:	3:41.24	1:17.36	700m:	8:55.16	1:18.58	1100m:	14:13.29	1:20.00	1500m:	19:30.07	1:17.00
400m:	4:59.57	1:18.33	800m:	10:14.31	1:19.15	1200m:	15:33.69	1:20.40			