

1 - 1.ª Jornada / Sessão Única

28/02/2020 - 19:15

Prova 1 28/02/2020 - 19:15

Femin., 1500m Livres

Absolutos
Resultados

Recorde Regional Absoluto	18:55.48	MARQUES, Mariana Sousa	CNF	Coimbra	30/07/2006
Recorde Regional Sen	18:55.48	MARQUES, Mariana Sousa	CNF	Coimbra	30/07/2006
Recorde Regional Jun17	19:44.24	DORIA, Madalena Melim	CDN	Funchal	02/07/2017
Recorde Regional Jun16	19:14.40	DORIA, Madalena Melim	CDN	Funchal	03/07/2016
Recorde Regional Juv A	19:30.34	AGUILAR, Vera Ines	CDN	Funchal	05/07/2015
Recorde Regional Juv B	19:33.38	ARAUJO, Maria Clara	CNF	Funchal	07/07/2019

TAC Regional Juv B: 22:32.31; Juv A: 22:22.17; Jun16: 21:23.68; Jun17: 21:18.19; Sen18: 20:50.00; 19 +: 20:44.68 /
TAC Nacionais Juv B: 19:31.32; Juv A: 19:22.17; Jun16: 18:23.68; Jun17: 18:18.29; Sen18: 17:50.00; 19 +: 17:44.68

Pontos: FINA 2019

Lugar Ano Tempo final Pts

Juvenil B, 14 anos

1. SILVA, Silvana Suamade	06	Desportivo Sao Roque	19:45.25	468
100m: 1:14.72 1:14.72	500m: 6:29.13 1:19.36	900m: 11:47.90 1:19.53	1300m: 17:07.04 1:20.15	
200m: 2:33.08 1:18.36	600m: 7:48.37 1:19.24	1000m: 13:07.35 1:19.45	1400m: 18:27.10 1:20.06	
300m: 3:51.24 1:18.16	700m: 9:08.60 1:20.23	1100m: 14:26.93 1:19.58	1500m: 19:45.25 1:18.15	
400m: 5:09.77 1:18.53	800m: 10:28.37 1:19.77	1200m: 15:46.89 1:19.96		
2. CARICHAS, Joana Medeiros	06	Salesianos do Funchal	21:42.02	353
100m: 1:18.37 1:18.37	500m: 7:07.20 1:28.70	900m: 12:57.26 1:27.16	1300m: 18:52.30 1:28.56	
200m: 2:44.24 1:25.87	600m: 8:35.15 1:27.95	1000m: 14:26.16 1:28.90	1400m: 20:19.17 1:26.87	
300m: 4:11.25 1:27.01	700m: 10:02.98 1:27.83	1100m: 15:55.04 1:28.88	1500m: 21:42.02 1:22.85	
400m: 5:38.50 1:27.25	800m: 11:30.10 1:27.12	1200m: 17:23.74 1:28.70		
3. PEREIRA, Joana Marques	06	Salesianos do Funchal	21:46.65	349
100m: 1:18.56 1:18.56	500m: 7:08.68 1:28.90	900m: 12:59.11 1:28.12	1300m: 18:56.90 1:29.59	
200m: 2:44.93 1:26.37	600m: 8:36.65 1:27.97	1000m: 14:27.92 1:28.81	1400m: 20:24.26 1:27.36	
300m: 4:12.10 1:27.17	700m: 10:03.95 1:27.30	1100m: 15:57.24 1:29.32	1500m: 21:46.65 1:22.39	
400m: 5:39.78 1:27.68	800m: 11:30.99 1:27.04	1200m: 17:27.31 1:30.07		

Junior, 16 e 17 anos

1. SOUSA, Joana Francisca	04	Desportivo Sao Roque	19:01.67	524
<i>Recorde Regional</i>				
100m: 1:13.19 1:13.19	500m: 6:21.58 1:16.58	900m: 11:29.43 1:16.47	1300m: 16:34.38 1:15.35	
200m: 2:30.68 1:17.49	600m: 7:38.85 1:17.27	1000m: 12:45.75 1:16.32	1400m: 17:49.38 1:15.00	
300m: 3:47.90 1:17.22	700m: 8:55.69 1:16.84	1100m: 14:02.25 1:16.50	1500m: 19:01.67 1:12.29	
400m: 5:05.00 1:17.10	800m: 10:12.96 1:17.27	1200m: 15:19.03 1:16.78		
2. RAMOS, Barbara Emerick	04	Salesianos do Funchal	20:25.77	423
100m: 1:14.00 1:14.00	500m: 6:37.28 1:21.98	900m: 12:08.52 1:23.04	1300m: 17:42.13 1:23.08	
200m: 2:33.65 1:19.65	600m: 8:00.01 1:22.73	1000m: 13:31.92 1:23.40	1400m: 19:04.31 1:22.18	
300m: 3:54.23 1:20.58	700m: 9:22.55 1:22.54	1100m: 14:55.28 1:23.36	1500m: 20:25.77 1:21.46	
400m: 5:15.30 1:21.07	800m: 10:45.48 1:22.93	1200m: 16:19.05 1:23.77		
3. JESUS, Filipa Mafalda	03	Desportivo Sao Roque	20:41.48	407
100m: 1:16.17 1:16.17	500m: 6:45.19 1:22.83	900m: 12:19.19 1:23.35	1300m: 17:55.09 1:23.95	
200m: 2:37.94 1:21.77	600m: 8:08.23 1:23.04	1000m: 13:42.70 1:23.51	1400m: 19:19.46 1:24.37	
300m: 4:00.06 1:22.12	700m: 9:31.95 1:23.72	1100m: 15:07.26 1:24.56	1500m: 20:41.48 1:22.02	
400m: 5:22.36 1:22.30	800m: 10:55.84 1:23.89	1200m: 16:31.14 1:23.88		
4. PEREIRA, Luisa Tovala	03	Desportivo Nacional	22:56.23	299
<i>FTL</i>				
100m: 1:22.04 1:22.04	500m: 7:27.77 1:33.63	900m: 13:40.18 1:33.43	1300m: 19:55.59 1:33.79	
200m: 2:52.30 1:30.26	600m: 8:59.46 1:31.69	1000m: 15:13.88 1:33.70	1400m: 21:28.44 1:32.85	
300m: 4:22.88 1:30.58	700m: 10:33.43 1:33.97	1100m: 16:47.97 1:34.09	1500m: 22:56.23 1:27.79	
400m: 5:54.14 1:31.26	800m: 12:06.75 1:33.32	1200m: 18:21.80 1:33.83		

Prova 1, Femin., 1500m Livres

Absoluto, 14 anos e mais velhas

1.	SOUZA, Joana Francisca	04	Desportivo Sao Roque	19:01.67	524
	<i>Recorde Regional</i>				
	100m: 1:13.19 1:13.19	500m: 6:21.58 1:16.58	900m: 11:29.43 1:16.47	1300m: 16:34.38 1:15.35	
	200m: 2:30.68 1:17.49	600m: 7:38.85 1:17.27	1000m: 12:45.75 1:16.32	1400m: 17:49.38 1:15.00	
	300m: 3:47.90 1:17.22	700m: 8:55.69 1:16.84	1100m: 14:02.25 1:16.50	1500m: 19:01.67 1:12.29	
	400m: 5:05.00 1:17.10	800m: 10:12.96 1:17.27	1200m: 15:19.03 1:16.78		
2.	SILVA, Silvana Suamade	06	Desportivo Sao Roque	19:45.25	468
	100m: 1:14.72 1:14.72	500m: 6:29.13 1:19.36	900m: 11:47.90 1:19.53	1300m: 17:07.04 1:20.15	
	200m: 2:33.08 1:18.36	600m: 7:48.37 1:19.24	1000m: 13:07.35 1:19.45	1400m: 18:27.10 1:20.06	
	300m: 3:51.24 1:18.16	700m: 9:08.60 1:20.23	1100m: 14:26.93 1:19.58	1500m: 19:45.25 1:18.15	
	400m: 5:09.77 1:18.53	800m: 10:28.37 1:19.77	1200m: 15:46.89 1:19.96		
3.	RAMOS, Barbara Emerick	04	Salesianos do Funchal	20:25.77	423
	100m: 1:14.00 1:14.00	500m: 6:37.28 1:21.98	900m: 12:08.52 1:23.04	1300m: 17:42.13 1:23.08	
	200m: 2:33.65 1:19.65	600m: 8:00.01 1:22.73	1000m: 13:31.92 1:23.40	1400m: 19:04.31 1:22.18	
	300m: 3:54.23 1:20.58	700m: 9:22.55 1:22.54	1100m: 14:55.28 1:23.36	1500m: 20:25.77 1:21.46	
	400m: 5:15.30 1:21.07	800m: 10:45.48 1:22.93	1200m: 16:19.05 1:23.77		
4.	JESUS, Filipa Mafalda	03	Desportivo Sao Roque	20:41.48	407
	100m: 1:16.17 1:16.17	500m: 6:45.19 1:22.83	900m: 12:19.19 1:23.35	1300m: 17:55.09 1:23.95	
	200m: 2:37.94 1:21.77	600m: 8:08.23 1:23.04	1000m: 13:42.70 1:23.51	1400m: 19:19.46 1:24.37	
	300m: 4:00.06 1:22.12	700m: 9:31.95 1:23.72	1100m: 15:07.26 1:24.56	1500m: 20:41.48 1:22.02	
	400m: 5:22.36 1:22.30	800m: 10:55.84 1:23.89	1200m: 16:31.14 1:23.88		
5.	CARICHAS, Joana Medeiros	06	Salesianos do Funchal	21:42.02	353
	100m: 1:18.37 1:18.37	500m: 7:07.20 1:28.70	900m: 12:57.26 1:27.16	1300m: 18:52.30 1:28.56	
	200m: 2:44.24 1:25.87	600m: 8:35.15 1:27.95	1000m: 14:26.16 1:28.90	1400m: 20:19.17 1:26.87	
	300m: 4:11.25 1:27.01	700m: 10:02.98 1:27.83	1100m: 15:55.04 1:28.88	1500m: 21:42.02 1:22.85	
	400m: 5:38.50 1:27.25	800m: 11:30.10 1:27.12	1200m: 17:23.74 1:28.70		
6.	PEREIRA, Joana Marques	06	Salesianos do Funchal	21:46.65	349
	100m: 1:18.56 1:18.56	500m: 7:08.68 1:28.90	900m: 12:59.11 1:28.12	1300m: 18:56.90 1:29.59	
	200m: 2:44.93 1:26.37	600m: 8:36.65 1:27.97	1000m: 14:27.92 1:28.81	1400m: 20:24.26 1:27.36	
	300m: 4:12.10 1:27.17	700m: 10:03.95 1:27.30	1100m: 15:57.24 1:29.32	1500m: 21:46.65 1:22.39	
	400m: 5:39.78 1:27.68	800m: 11:30.99 1:27.04	1200m: 17:27.31 1:30.07		
7.	TELO, Carla Patricia	71	Naval do Funchal	22:42.50	308
	<i>FTL</i>				
	100m: 1:23.71 1:23.71	500m: 7:28.69 1:31.67	900m: 13:34.29 1:31.07	1300m: 19:41.21 1:32.04	
	200m: 2:54.01 1:30.30	600m: 9:00.19 1:31.50	1000m: 15:05.68 1:31.39	1400m: 21:12.87 1:31.66	
	300m: 4:25.23 1:31.22	700m: 10:32.49 1:32.30	1100m: 16:37.53 1:31.85	1500m: 22:42.50 1:29.63	
	400m: 5:57.02 1:31.79	800m: 12:03.22 1:30.73	1200m: 18:09.17 1:31.64		
8.	PEREIRA, Luisa Tovela	03	Desportivo Nacional	22:56.23	299
	<i>FTL</i>				
	100m: 1:22.04 1:22.04	500m: 7:27.77 1:33.63	900m: 13:40.18 1:33.43	1300m: 19:55.59 1:33.79	
	200m: 2:52.30 1:30.26	600m: 8:59.46 1:31.69	1000m: 15:13.88 1:33.70	1400m: 21:28.44 1:32.85	
	300m: 4:22.88 1:30.58	700m: 10:33.43 1:33.97	1100m: 16:47.97 1:34.09	1500m: 22:56.23 1:27.79	
	400m: 5:54.14 1:31.26	800m: 12:06.75 1:33.32	1200m: 18:21.80 1:33.83		

Prova 2 Masc., 1500m Livres Absoluto
28/02/2020 - 19:39 Resultados

Recorde Regional Absoluto	15:43.81	FRANCO, Paulo Fragueiro	CDN	Faro	18/07/2009
Recorde Regional Sen	15:43.81	FRANCO, Paulo Fragueiro	CDN	Faro	18/07/2009
Recorde Regional Jun18	16:02.73	FRANCO, Paulo Fragueiro	CDN	Limassol (CYP)	16/04/2000
Recorde Regional Jun17	16:05.95	FRANCO, Paulo Fragueiro	CDN	Moscovo (RUS)	17/07/1999
Recorde Regional Juv A	16:54.13	FRANCO, Paulo Fragueiro	CDN	Lisboa	25/01/1998
Recorde Regional Juv B	16:57.41	FREITAS, Tomas Miguel	CDN	Lisboa	09/07/2005
Recorde Regional Inf A	17:10.19	ALMEIDA, Carlos Alexandre	CDN	Restelo	27/07/2003
Recorde Regional Inf B	18:10.64	ALMEIDA, Carlos Alexandre	CDN	Restelo	21/07/2002

TAC Regional Inf B: 22:37.31; Inf A: 21:41.31; Juv B: 21:13.53; Juv A: 20:57.51; Jun17: 20:28.37; Jun18: 20:23.15; Sen19: 19:54.95; 20+: 19:49.90 / TAC Nacionais Inf B: 19:37.31; Inf A: 18:41.31; Juv B: 18:13.53; Juv A: 17:57.51; Jun17: 17:28.37; Jun18: 17:23.15; Sen19: 16:54.95; 20+: 16:49.90 / TAC Zonais Inf B: 20:32.16; Inf A: 19:45.24

Pontos: FINA 2019

Lugar Ano Tempo final Pts

Infantil A, 14 anos

1. MACHADO, Bernardo Magalhaes	06	Desportivo Nacional	19:58.57	383
100m: 1:11.95 1:11.95	500m: 6:28.60 1:20.17	900m: 11:51.77 1:21.25	1300m: 17:14.36 1:20.63	
200m: 2:29.89 1:17.94	600m: 7:49.30 1:20.70	1000m: 13:12.39 1:20.62	1400m: 18:35.90 1:21.54	
300m: 3:48.69 1:18.80	700m: 9:09.81 1:20.51	1100m: 14:33.39 1:21.00	1500m: 19:58.57 1:22.67	
400m: 5:08.43 1:19.74	800m: 10:30.52 1:20.71	1200m: 15:53.73 1:20.34		
2. GONCALVES, Martim Luis	06	Desportivo Nacional	20:16.47	367
100m: 1:13.30 1:13.30	500m: 6:37.80 1:21.50	900m: 12:06.62 1:22.97	1300m: 17:33.53 1:21.07	
200m: 2:33.38 1:20.08	600m: 7:59.84 1:22.04	1000m: 13:29.32 1:22.70	1400m: 18:54.97 1:21.44	
300m: 3:54.57 1:21.19	700m: 9:22.07 1:22.23	1100m: 14:51.02 1:21.70	1500m: 20:16.47 1:21.50	
400m: 5:16.30 1:21.73	800m: 10:43.65 1:21.58	1200m: 16:12.46 1:21.44		

Juvenil B, 15 anos

1. OLIVEIRA, Diogo Alexandre	05	Naval do Funchal	17:52.13	536
<i>Tempo de acesso ao Nacional de JUV, JUN e SEN</i>				
100m: 1:05.38 1:05.38	500m: 5:53.06 1:12.40	900m: 10:41.78 1:11.92	1300m: 15:30.27 1:11.85	
200m: 2:16.34 1:10.96	600m: 7:05.52 1:12.46	1000m: 11:53.87 1:12.09	1400m: 16:41.95 1:11.68	
300m: 3:28.26 1:11.92	700m: 8:17.94 1:12.42	1100m: 13:05.85 1:11.98	1500m: 17:52.13 1:10.18	
400m: 4:40.66 1:12.40	800m: 9:29.86 1:11.92	1200m: 14:18.42 1:12.57		

Juvenil A, 16 anos

1. TELES, Artur Corte	04	Salesianos do Funchal	19:25.74	417
100m: 1:07.75 1:07.75	500m: 6:07.55 1:16.25	900m: 11:18.64 1:18.37	1300m: 16:48.78 1:23.11	
200m: 2:21.22 1:13.47	600m: 7:25.33 1:17.78	1000m: 12:40.42 1:21.78	1400m: 18:08.35 1:19.57	
300m: 3:35.59 1:14.37	700m: 8:42.60 1:17.27	1100m: 14:04.27 1:23.85	1500m: 19:25.74 1:17.39	
400m: 4:51.30 1:15.71	800m: 10:00.27 1:17.67	1200m: 15:25.67 1:21.40		
2. AGUILAR, Luis Santos	04	Desportivo Nacional	19:26.93	415
100m: 1:11.45 1:11.45	500m: 6:25.39 1:19.09	900m: 11:41.57 1:18.61	1300m: 16:55.04 1:18.49	
200m: 2:29.49 1:18.04	600m: 7:44.83 1:19.44	1000m: 12:59.41 1:17.84	1400m: 18:12.85 1:17.81	
300m: 3:48.22 1:18.73	700m: 9:04.67 1:19.84	1100m: 14:17.45 1:18.04	1500m: 19:26.93 1:14.08	
400m: 5:06.30 1:18.08	800m: 10:22.96 1:18.29	1200m: 15:36.55 1:19.10		

Junior, 17 e 18 anos

1. RODRIGUES, Pedro Reis	02	Desportivo Sao Roque	17:02.07	618
<i>Tempo de acesso ao Nacional de JUV, JUN e SEN</i>				
100m: 1:02.95 1:02.95	500m: 5:38.72 1:10.12	900m: 10:14.27 1:08.76	1300m: 14:50.49 1:08.65	
200m: 2:11.14 1:08.19	600m: 6:47.86 1:09.14	1000m: 11:23.68 1:09.41	1400m: 15:57.61 1:07.12	
300m: 3:20.03 1:08.89	700m: 7:56.69 1:08.83	1100m: 12:32.91 1:09.23	1500m: 17:02.07 1:04.46	
400m: 4:28.60 1:08.57	800m: 9:05.51 1:08.82	1200m: 13:41.84 1:08.93		

Prova 2, Masc., 1500m Livres, Junior, 17 e 18 anos

Lugar			Ano					Tempo final	Pts
2.	VIEIRA, Emanuel Eloi		03	Desportivo Sao Roque				19:35.99	406
	100m:	1:11.38	1:11.38	500m:	6:22.61	1:17.07	900m:	11:39.77	1:19.76
	200m:	2:30.11	1:18.73	600m:	7:40.75	1:18.14	1000m:	13:00.17	1:20.40
	300m:	3:47.93	1:17.82	700m:	9:00.27	1:19.52	1100m:	14:20.20	1:20.03
	400m:	5:05.54	1:17.61	800m:	10:20.01	1:19.74	1200m:	15:39.69	1:19.49

Absoluto, 15 anos e mais velhos

1.	RODRIGUES, Pedro Reis			02		Desportivo Sao Roque				17:02.07		618
	Tempo de acesso ao Nacional de JUV, JUN e SEN											
	100m:	1:02.95	1:02.95	500m:	5:38.72	1:10.12	900m:	10:14.27	1:08.76	1300m:	14:50.49	1:08.65
	200m:	2:11.14	1:08.19	600m:	6:47.86	1:09.14	1000m:	11:23.68	1:09.41	1400m:	15:57.61	1:07.12
	300m:	3:20.03	1:08.89	700m:	7:56.69	1:08.83	1100m:	12:32.91	1:09.23	1500m:	17:02.07	1:04.46
	400m:	4:28.60	1:08.57	800m:	9:05.51	1:08.82	1200m:	13:41.84	1:08.93			
2.	OLIVEIRA, Diogo Alexandre			05		Naval do Funchal				17:52.13		536
	Tempo de acesso ao Nacional de JUV, JUN e SEN											
	100m:	1:05.38	1:05.38	500m:	5:53.06	1:12.40	900m:	10:41.78	1:11.92	1300m:	15:30.27	1:11.85
	200m:	2:16.34	1:10.96	600m:	7:05.52	1:12.46	1000m:	11:53.87	1:12.09	1400m:	16:41.95	1:11.68
	300m:	3:28.26	1:11.92	700m:	8:17.94	1:12.42	1100m:	13:05.85	1:11.98	1500m:	17:52.13	1:10.18
	400m:	4:40.66	1:12.40	800m:	9:29.86	1:11.92	1200m:	14:18.42	1:12.57			
3.	TELES, Artur Corte			04		Salesianos do Funchal				19:25.74		417
	100m:	1:07.75	1:07.75	500m:	6:07.55	1:16.25	900m:	11:18.64	1:18.37	1300m:	16:48.78	1:23.11
	200m:	2:21.22	1:13.47	600m:	7:25.33	1:17.78	1000m:	12:40.42	1:21.78	1400m:	18:08.35	1:19.57
	300m:	3:35.59	1:14.37	700m:	8:42.60	1:17.27	1100m:	14:04.27	1:23.85	1500m:	19:25.74	1:17.39
	400m:	4:51.30	1:15.71	800m:	10:00.27	1:17.67	1200m:	15:25.67	1:21.40			
4.	AGUILAR, Luis Santos			04		Desportivo Nacional				19:26.93		415
	100m:	1:11.45	1:11.45	500m:	6:25.39	1:19.09	900m:	11:41.57	1:18.61	1300m:	16:55.04	1:18.49
	200m:	2:29.49	1:18.04	600m:	7:44.83	1:19.44	1000m:	12:59.41	1:17.84	1400m:	18:12.85	1:17.81
	300m:	3:48.22	1:18.73	700m:	9:04.67	1:19.84	1100m:	14:17.45	1:18.04	1500m:	19:26.93	1:14.08
	400m:	5:06.30	1:18.08	800m:	10:22.96	1:18.29	1200m:	15:36.55	1:19.10			
5.	VIEIRA, Emanuel Eloi			03		Desportivo Sao Roque				19:35.99		406
	100m:	1:11.38	1:11.38	500m:	6:22.61	1:17.07	900m:	11:39.77	1:19.76	1300m:	16:59.14	1:19.45
	200m:	2:30.11	1:18.73	600m:	7:40.75	1:18.14	1000m:	13:00.17	1:20.40	1400m:	18:19.59	1:20.45
	300m:	3:47.93	1:17.82	700m:	9:00.27	1:19.52	1100m:	14:20.20	1:20.03	1500m:	19:35.99	1:16.40
	400m:	5:05.54	1:17.61	800m:	10:20.01	1:19.74	1200m:	15:39.69	1:19.49			

Prova 3

28/02/2020 - 20:02

Femin., 50m Costas

Absolutos

Resultados

Recorde Regional Absoluto	31.51	QUINTAL, Fabiana Maria	CDN	Funchal	06/06/2009
Recorde Regional Sen	31.51	QUINTAL, Fabiana Maria	CDN	Funchal	06/06/2009
Recorde Regional Jun17	31.61	ROSA, Beatriz Jong	CDWT	Coimbra	30/03/2017
Recorde Regional Jun16	32.44	AGUILAR, Vera Ines	CDN	Oeiras	07/02/2016
Recorde Regional Juv A	32.40	AGUILAR, Vera Ines	CDN	Coimbra	01/04/2015
Recorde Regional Juv B	33.06	AGUILAR, Vera Ines	CDN	Oeiras	24/07/2014

TAC Regional Juv B: 48.25; Juv A: 48.25; Jun16: 48.25; Jun17: 48.08; Sen18: 47.30; 19 +: 47.14 / TAC Nacionais Juv B: 33.25; Juv A: 33.25; Jun16: 33.25; Jun17: 33.08; Sen18: 32.30; 19 +: 32.14

Pontos: FINA 2019

Lugar	Ano		Tempo final	Pts
Juvenil B, 14 anos				
1.	SEQUEIRA, Beatriz Meneses	06 Naval do Funchal	37.91	360
2.	SOUSA, Maria Beatriz	06 Naval do Funchal	39.66	314
3.	ROVERI, Isabel Vasconcelos	06 Naval do Funchal	40.46	296
4.	DIAS, Monica Fernandes	06 Desportivo Sao Roque	40.68	291
5.	DIAS, Magda Fernandes	06 Desportivo Sao Roque	44.93	216

Prova 3, Femin., 50m Costas

Juvenil A, 15 anos

1.	JARDIM, Teresa Vieira	05	Naval do Funchal	35.79	428
2.	NOBREGA, Maria Trindade	05	Desportivo Nacional	43.35	241
3.	ANDRADE, Maria Beatriz	05	Desportivo Nacional	44.60	221
4.	CARDOSO, Isabel Maria	05	Clube Sport Marítimo	45.96	202
5.	DINIS, Maria Antonia	05	Desportivo Nacional	47.36	184

Junior, 16 e 17 anos

1.	GONCALVES, Maria Margarida	04	Naval do Funchal	34.13	493
2.	GOUVEIA, Susana Isabel	04	Salesianos do Funchal	37.96	359
3.	JESUS, Mariana Caires	04	Salesianos do Funchal	39.61	316
4.	ALVES, Carolina Alexandra	04	Naval do Funchal	43.09	245
5.	BAPTISTA, Rita Teixeira FTL	04	Desportivo Nacional	49.19	165
6.	BLANDY, Mischa Blue FTL	04	Salesianos do Funchal	51.05	147

Absoluto, 14 anos e mais velhas

1.	AGUILAR, Vera Ines	00	Desportivo Nacional	33.04	544
2.	BOULHOSA, Carolina Abreu	01	Naval do Funchal	33.22	535
3.	GONCALVES, Maria Margarida	04	Naval do Funchal	34.13	493
4.	JARDIM, Teresa Vieira	05	Naval do Funchal	35.79	428
5.	LUIS, Jessica Santos	00	Desportivo Sao Roque	36.28	411
6.	SEQUEIRA, Beatriz Meneses	06	Naval do Funchal	37.91	360
7.	GOUVEIA, Susana Isabel	04	Salesianos do Funchal	37.96	359
8.	JESUS, Mariana Caires	04	Salesianos do Funchal	39.61	316
9.	SOUSA, Maria Beatriz	06	Naval do Funchal	39.66	314
10.	ROVERI, Isabel Vasconcelos	06	Naval do Funchal	40.46	296
11.	DIAS, Monica Fernandes	06	Desportivo Sao Roque	40.68	291
12.	ALVES, Carolina Alexandra	04	Naval do Funchal	43.09	245
13.	NOBREGA, Maria Trindade	05	Desportivo Nacional	43.35	241
14.	ANDRADE, Maria Beatriz	05	Desportivo Nacional	44.60	221
15.	DIAS, Magda Fernandes	06	Desportivo Sao Roque	44.93	216
16.	CARDOSO, Isabel Maria	05	Clube Sport Marítimo	45.96	202
17.	DINIS, Maria Antonia	05	Desportivo Nacional	47.36	184
18.	BAPTISTA, Rita Teixeira FTL	04	Desportivo Nacional	49.19	165
19.	BLANDY, Mischa Blue FTL	04	Salesianos do Funchal	51.05	147

Prova 4 Masc., 50m Costas Absolutos
28/02/2020 - 20:06 Resultados

Recorde Regional Absoluto	27.26	FERNANDES, Joao Manuel	CNF	Coimbra	01/04/2015
Recorde Regional Sen	27.78	MARQUES, Miguel Freitas	CDSR	Coimbra	03/04/2015
Recorde Regional Jun18	27.26	FERNANDES, Joao Manuel	CNF	Coimbra	01/04/2015
Recorde Regional Jun17	28.14	FERNANDES, Joao Manuel	CNF	Oeiras	24/07/2014
Recorde Regional Juv A	28.32	FERNANDES, Rui Afonso	CDN	Funchal	03/08/2019
Recorde Regional Juv B	29.92	FERNANDES, Rui Afonso	CDN	Funchal	29/06/2018

TAC Regional Juv B: 44.38; Juv A: 44.38; Jun17: 44.38; Jun18: 44.24; Sen19: 43.52; 20 +: 43.37 / TAC Nacionais Juv B: 29.38; Juv A: 29.38; Jun17: 29.38; Jun18: 29.24; Sen19: 28.52; 20 +: 28.37

Pontos: FINA 2019

Lugar	Ano	Tempo final	Pts
Juvenil B, 15 anos			
1. LEITAO, Andre Freitas	05	Naval do Funchal	31.68 434
2. MENDES, Juan Diego	05	Desportivo Nacional	43.24 170

Juvenil A, 16 anos			
1. PEREIRA, Jordao Abreu	04	Salesianos do Funchal	32.93 387
2. MACHADO, Tiago Magalhaes	04	Desportivo Nacional	35.91 298
3. FERNANDEZ, Joao Guilherme	04	Salesianos do Funchal	37.42 263
4. GANANCA, Tiago Rodrigues	04	Naval do Funchal	44.67 155
FTL			

DSQ LEAL, Diogo Silva 04 Salesianos do Funchal
606 - Não rompeu a superfície da água com a cabeça antes dos 15 metros após a partida - SW 6.3

Junior, 17 e 18 anos			
1. SILVA, Joao Jesus	02	Salesianos do Funchal	29.46 540
2. NASCIMENTO, Diogo Andre	02	Naval do Funchal	33.46 369
3. CAMACHO, Joao Simao	03	Desportivo Nacional	35.25 315
4. KOVAL, Igor	03	Desportivo Nacional	39.83 218
5. LUIS, Francisco Sousa	03	Desportivo Nacional	39.93 217

Absoluto, 15 anos e mais velhos			
1. SILVA, Joao Jesus	02	Salesianos do Funchal	29.46 540
2. LEITAO, Andre Freitas	05	Naval do Funchal	31.68 434
3. PEREIRA, Jordao Abreu	04	Salesianos do Funchal	32.93 387
4. NASCIMENTO, Diogo Andre	02	Naval do Funchal	33.46 369
5. CAMACHO, Joao Simao	03	Desportivo Nacional	35.25 315
6. MACHADO, Tiago Magalhaes	04	Desportivo Nacional	35.91 298
7. FERNANDEZ, Joao Guilherme	04	Salesianos do Funchal	37.42 263
8. KOVAL, Igor	03	Desportivo Nacional	39.83 218
9. LUIS, Francisco Sousa	03	Desportivo Nacional	39.93 217
10. MENDES, Juan Diego	05	Desportivo Nacional	43.24 170
11. GANANCA, Tiago Rodrigues	04	Naval do Funchal	44.67 155
FTL			

DSQ LEAL, Diogo Silva 04 Salesianos do Funchal
606 - Não rompeu a superfície da água com a cabeça antes dos 15 metros após a partida - SW 6.3

Prova 5 Femin., 200m Mariposa Absoluto
28/02/2020 - 20:09 Resultados

Recorde Regional Absoluto	2:22.94	ROSA, Beatriz Jong	CDN	Funchal	22/03/2018
Recorde Regional Sen	2:22.94	ROSA, Beatriz Jong	CDN	Funchal	22/03/2018
Recorde Regional Jun17	2:28.87	VICTOR, Joana Isabel	CDN	Coimbra	30/03/2008
Recorde Regional Jun16	2:27.23	CERDAS, Sara Rodrigues	CNF	Lisboa	28/05/2005
Recorde Regional Juv A	2:27.49	CERDAS, Sara Rodrigues	CNF	Lisboa	29/05/2004
Recorde Regional Juv B	2:31.39	CERDAS, Sara Rodrigues	CNF	Lisboa	18/05/2003
Recorde Regional Inf A	2:33.93	CERDAS, Sara Rodrigues	CNF	Restelo	20/07/2002
Recorde Regional Inf B	2:48.10	VICTOR, Joana Isabel	CDN	Restelo	26/07/2003

TAC Regional Inf B: 4:10.46; Inf A: 3:58.09; Juv B: 3:44.09; Juv A: 3:42.17; Jun16: 3:35.23; Jun17: 3:34.45; Sen18: 3:27.06; 19+: 3:26.33 / TAC Nacionais Inf B: 3:10.46; Inf A: 2:58.09; Juv B: 2:44.09; Juv A: 2:42.17; Jun16: 2:35.23; Jun17: 2:34.45; Sen18: 2:27.06; 19+: 2:26.33 / TAC Zonais Inf A: 3:02.31; Inf B: 3:14.67

Pontos: FINA 2019

Lugar	Ano	Tempo final	Pts	50m	100m	150m	200m
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Infantil B, 12 anos

1. ALVES, Juliana Rodrigues	08	Desportivo Nacional	3:13.25	250	39.67	48.69	52.94	51.95
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Tempo de acesso ao Camp. Zonal de Infantis

Infantil A, 13 anos

1. CAMARA, Ines Cruz	07	Desportivo Nacional	2:55.39	334	35.86	42.96	48.48	48.09
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Tempo de acesso ao Camp. Nacional de Infantis, Tempo de acesso ao Camp. Zonal de Infantis

Juvenil B, 14 anos

1. SOUSA, Ivana Valentina	06	Desportivo Nacional	2:55.38	335	36.98	45.80	47.08	45.52
2. JARDIM, Lara Filipa	06	Naval do Funchal	3:00.61	306	34.75	44.31	48.68	52.87
3. TEMBE, Ines Afonso	06	Desportivo Nacional	3:02.08	299	38.16	47.07	49.24	47.61

Junior, 16 e 17 anos

1. CAMACHO, Laura Fernan	04	Naval do Funchal	2:50.70	363	34.21	40.35	45.31	50.83
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Absoluto, 14 anos e mais velhas

1. CAMACHO, Laura Fernan	04	Naval do Funchal	2:50.70	363	34.21	40.35	45.31	50.83
2. SOUSA, Ivana Valentina	06	Desportivo Nacional	2:55.38	335	36.98	45.80	47.08	45.52
3. JARDIM, Lara Filipa	06	Naval do Funchal	3:00.61	306	34.75	44.31	48.68	52.87
4. TEMBE, Ines Afonso	06	Desportivo Nacional	3:02.08	299	38.16	47.07	49.24	47.61

Prova 6 Masc., 200m Mariposa Absoluto
28/02/2020 - 20:14 Resultados

Recorde Regional Absoluto	2:03.92	GOUVEIA, Pedro Galvao	CDN	Coimbra	30/03/2017
Recorde Regional Sen	2:04.96	FRANCO, Paulo Fragueiro	CDN	Campanha	16/06/2002
Recorde Regional Jun18	2:03.92	GOUVEIA, Pedro Galvao	CDN	Coimbra	30/03/2017
Recorde Regional Jun17	2:07.18	GOUVEIA, Pedro Galvao	CDN	Oeiras	11/03/2016
Recorde Regional Juv A	2:09.98	FRANCO, Paulo Fragueiro	CDN	Praga (CZE)	12/04/1998
Recorde Regional Juv B	2:12.64	FRANCO, Paulo Fragueiro	CDN	Famalicão	27/07/1997
Recorde Regional Inf A	2:15.77	FREITAS, Tomas Miguel	CDN	Povoa do Varzim	25/07/2004
Recorde Regional Inf B	2:23.00	FREITAS, Tomas Miguel	CDN	Restelo	27/07/2003

TAC Regional Inf B: 3:53.26; Inf A: 3:44.87; Juv B: 3:28.48; Juv A: 3:24.83; Jun17: 3:15.75; Jun18: 3:15.08; Sen19: 3:11.21;
20+: 3:10.56 / TAC Nacionais Inf B: 2:53.26; Inf A: 2:44.87; Juv B: 2:28.48; Juv A: 2:24.83; Jun17: 2:15.75; Jun18: 2:15.08;
Sen19: 2:11.21; 20+: 2:10.56 / TAC Zonais Inf B: 2:55.10; Inf A: 2:46.34

Pontos: FINA 2019

Lugar	Ano		Tempo final	Pts	50m	100m	150m	200m
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Infantil B, 13 anos

1. COSTA, Guilherme Corte	07	Desportivo Nacional	3:08.09	208	38.89	47.02	50.67	51.51
2. VIEIRA, Luis Henrique	07	Desportivo Nacional	3:32.36	144	46.35	55.29	58.06	52.66

Juvenil A, 16 anos

1. BARRY, Rafael Francisco	04	Naval do Funchal	2:29.16	417	30.85	36.22	39.39	42.70
2. SILVA, Eduardo Rodrigues	04	Salesianos do Funchal	2:34.26	377	33.47	37.37	40.11	43.31

Junior, 17 e 18 anos

1. GRACA, Fernando Guerre	02	Naval do Funchal	2:20.48	500	29.85	34.03	37.46	39.14
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Absoluto, 15 anos e mais velhos

1. SILVA, Tomas Antonio	01	Naval do Funchal	2:09.39	640	28.09	33.58	34.35	33.37
<i>Tempo de acesso ao Nacional de JUV, JUN e SEN</i>								
2. GRACA, Fernando Guerre	02	Naval do Funchal	2:20.48	500	29.85	34.03	37.46	39.14
3. FERRO, Henrique Martins	01	Naval do Funchal	2:22.61	478	29.76	35.12	38.26	39.47
4. BARRY, Rafael Francisco	04	Naval do Funchal	2:29.16	417	30.85	36.22	39.39	42.70
5. SILVA, Eduardo Rodrigues	04	Salesianos do Funchal	2:34.26	377	33.47	37.37	40.11	43.31

Prova 7 Femin., 100m Livres

28/02/2020 - 20:29 Absoluto
Resultados

Recorde Regional Absoluto	1:00.73	QUINTAL, Fabiana Maria	CDN	Coimbra	09/04/2010
Recorde Regional Sen	1:00.73	QUINTAL, Fabiana Maria	CDN	Coimbra	09/04/2010
Recorde Regional Jun17	1:02.05	ANDRADE, Rubina Amaro	CDN		01/01/1996
Recorde Regional Jun16	1:01.63	AGUILAR, Vera Ines	CDN	Funchal	11/03/2016
Recorde Regional Juv A	1:01.06	AGUILAR, Vera Ines	CDN	Funchal	14/02/2015
Recorde Regional Juv B	1:02.10	CAIRES, Joana Costa	CNF	Oeiras	29/07/2012
Recorde Regional Inf A	1:02.94	CAIRES, Joana Costa	CNF	Lisboa	23/07/2011
Recorde Regional Inf B	1:05.55	LOPES, Joana Cristina	CNF	Matur	20/07/1992

TAC Regional Inf B: 1:44.20; Inf A: 1:41.15; Juv B: 1:34.54; Juv A: 1:33.41; Jun16: 1:32.09; Jun17: 1:31.78; Sen18: 1:30.77;
19+: 1:30.47 / TAC Nacionais Inf B: 1:14.20; Inf A: 1:11.15; Juv B: 1:04.54; Juv A: 1:03.41; Jun16: 1:02.09; Jun17: 1:01.78;
Sen18: 1:00.77; 19+: 1:00.47 / TAC Zonais Inf A: 1:11.40; Inf B: 1:14.46

Pontos: FINA 2019

Lugar	Ano		Tempo final	Pts	50m	100m
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Infantil B, 12 anos

1. ANDRADE, Matilde Sousa	08	Naval do Funchal	1:12.76	358	34.83	37.93
<i>Tempo de acesso ao Camp. Nacional de Infantis, Tempo de acesso ao Camp. Zonal de Infantis</i>						
2. PEREIRA, Julia Freitas	08	Naval do Funchal	1:18.88	281	37.19	41.69
3. SILVA, Carolina Pestana	08	Naval do Funchal	1:19.82	271	38.33	41.49
4. PEREIRA, Maria Clara	08	Salesianos do Funchal	1:22.89	242	39.71	43.18
5. SOARES, Leonor Silva	08	Desportivo Nacional	1:30.10	189	41.60	48.50

Prova 7, Femin., 100m Livres, Infantil B, 12 anos

Lugar	Ano		Tempo final	Pts	50m	100m	
6.	ALVES, Margarida Jesus	08	Desportivo Nacional	1:31.26	181	42.24	49.02
7.	NOBREGA, Sara Francisca	08	Desportivo Sao Roque	1:35.15	160	43.52	51.63
8.	MACEDO, Diana Camacho	08	Naval do Funchal	1:35.41	159	44.33	51.08
9.	QUINTAL, Madalena Saldanha	08	Naval do Funchal	1:36.65	153	44.06	52.59

Infantil A, 13 anos

1.	FREITAS, Maria Raquel	07	Naval do Funchal	1:19.86	271	37.12	42.74
2.	TEMTEM, Sara Maria	07	Desportivo Nacional	1:21.17	258	39.71	41.46
3.	ERRA, Clara Patricia	07	Salesianos do Funchal	1:26.34	214	41.98	44.36
4.	RODRIGUES, Ines Costa	07	Desportivo Nacional	1:33.91	166	45.48	48.43
5.	GOUVEIA, Ines Mendes	07	Salesianos do Funchal	1:34.44	164	46.98	47.46
DSQ	RODRIGUES, Beatriz Mendes	07	Naval do Funchal				
403 - Falsa partida - SW 4.4							

Juvenil B, 14 anos

1.	FREITAS, Margarida Ramos	06	Desportivo Nacional	1:08.23	435	32.49	35.74
2.	FREITAS, Beatriz Rodrigues	06	Naval do Funchal	1:08.41	431	33.24	35.17
3.	ABREU, Ana Rodrigues	06	Naval do Funchal	1:10.77	390	33.50	37.27
4.	FERRO, Maria Leonor	06	Naval do Funchal	1:10.99	386	34.20	36.79
5.	FARIA, Laura Pereira	06	Salesianos do Funchal	1:11.07	385	34.44	36.63
6.	CANADA, Maria Elvira	06	Desportivo Nacional	1:11.21	382	34.44	36.77
7.	ROVERI, Isabel Vasconcelos	06	Naval do Funchal	1:12.46	363	34.48	37.98
8.	BAPTISTA, Constanca Ornelas	06	Naval do Funchal	1:12.80	358	35.06	37.74
9.	DIAS, Monica Fernandes	06	Desportivo Sao Roque	1:14.77	330	36.08	38.69
10.	SOUSA, Maria Beatriz	06	Naval do Funchal	1:17.90	292	36.85	41.05
DSQ	DIAS, Magda Fernandes	06	Desportivo Sao Roque				
403 - Falsa partida - SW 4.4							

Juvenil A, 15 anos

1.	NASCIMENTO, Sofia Alexandre	05	Naval do Funchal	1:05.62	489	31.16	34.46
2.	ARAUJO, Maria Clara	05	Naval do Funchal	1:05.92	482	31.47	34.45
3.	BELO, Bruna Raquel	05	Desportivo Nacional	1:10.37	396	33.40	36.97
4.	ABREU, Maria Eduarda	05	Desportivo Nacional	1:11.26	382	34.30	36.96
5.	GOMES, Madalena Sousa	05	Naval do Funchal	1:12.25	366	34.01	38.24
6.	CARDOSO, Isabel Maria	05	Clube Sport Maritimo	1:19.55	274	38.37	41.18
7.	BARROS, Ana Carolina	05	Salesianos do Funchal	1:21.50	255	37.67	43.83
8.	NOBREGA, Maria Trindade	05	Desportivo Nacional	1:24.83	226	40.19	44.64
9.	ANDRADE, Maria Beatriz	05	Desportivo Nacional	1:27.87	203	41.96	45.91
DSQ	SILVA, Maria Fabiana	05	Desportivo Nacional				
403 - Falsa partida - SW 4.4							

Junior, 16 e 17 anos

1.	SOUSA, Joana Francisca	04	Desportivo Sao Roque	1:05.44	493	31.39	34.05
2.	OLIVEIRA, Sara Fernandes	04	Salesianos do Funchal	1:05.84	484	31.47	34.37
3.	ANDRADE, Margarida Fernand	04	Salesianos do Funchal	1:10.22	399	33.49	36.73
4.	LECA, Natasha Maria	03	Desportivo Nacional	1:10.24	398	33.29	36.95
5.	JESUS, Filipa Mafalda	03	Desportivo Sao Roque	1:10.72	390	34.30	36.42
6.	REBELO, Filipa Margarida	03	Escola O Liceu	1:10.80	389	35.22	35.58
7.	ALVES, Carolina Alexandra	04	Naval do Funchal	1:19.90	271	38.30	41.60
8.	BAPTISTA, Rita Teixeira	04	Desportivo Nacional	1:32.11	176	42.77	49.34
FTL							
9.	BLANDY, Mischa Blue	04	Salesianos do Funchal	1:38.19	146	46.95	51.24
FTL							

Prova 7, Femin., 100m Livres

Absoluto, 14 anos e mais velhas

1.	AGUILAR, Vera Ines	00	Desportivo Nacional	1:02.71	560	29.87	32.84
2.	GOMES, Susana Clara	77	Naval do Funchal	1:03.38	543	30.03	33.35
3.	BOULHOSA, Carolina Abreu	01	Naval do Funchal	1:04.57	513	30.96	33.61
4.	SOUZA, Joana Francisca	04	Desportivo Sao Roque	1:05.44	493	31.39	34.05
5.	NASCIMENTO, Sofia Alexandre	05	Naval do Funchal	1:05.62	489	31.16	34.46
6.	OLIVEIRA, Sara Fernandes	04	Salesianos do Funchal	1:05.84	484	31.47	34.37
7.	ARAUJO, Maria Clara	05	Naval do Funchal	1:05.92	482	31.47	34.45
8.	FREITAS, Margarida Ramos	06	Desportivo Nacional	1:08.23	435	32.49	35.74
9.	FREITAS, Beatriz Rodrigues	06	Naval do Funchal	1:08.41	431	33.24	35.17
10.	LUIS, Jessica Santos	00	Desportivo Sao Roque	1:09.87	405	33.42	36.45
11.	ANDRADE, Margarida Fernandez	04	Salesianos do Funchal	1:10.22	399	33.49	36.73
12.	LECA, Natasha Maria	03	Desportivo Nacional	1:10.24	398	33.29	36.95
13.	BELO, Bruna Raquel	05	Desportivo Nacional	1:10.37	396	33.40	36.97
14.	JESUS, Filipa Mafalda	03	Desportivo Sao Roque	1:10.72	390	34.30	36.42
15.	ABREU, Ana Rodrigues	06	Naval do Funchal	1:10.77	390	33.50	37.27
16.	REBELO, Filipa Margarida	03	Escola O Liceu	1:10.80	389	35.22	35.58
17.	FERRO, Maria Leonor	06	Naval do Funchal	1:10.99	386	34.20	36.79
18.	FARIA, Laura Pereira	06	Salesianos do Funchal	1:11.07	385	34.44	36.63
19.	CANADA, Maria Elvira	06	Desportivo Nacional	1:11.21	382	34.44	36.77
20.	ABREU, Maria Eduarda	05	Desportivo Nacional	1:11.26	382	34.30	36.96
21.	GOMES, Madalena Sousa	05	Naval do Funchal	1:12.25	366	34.01	38.24
22.	HERNANDEZ, Marcelis Natividad	99	Clube Sport Maritimo	1:12.44	363	33.74	38.70
23.	ROVERI, Isabel Vasconcelos	06	Naval do Funchal	1:12.46	363	34.48	37.98
24.	BAPTISTA, Constanca Ornelas	06	Naval do Funchal	1:12.80	358	35.06	37.74
25.	DIAS, Monica Fernandes	06	Desportivo Sao Roque	1:14.77	330	36.08	38.69
26.	VICTOR, Joana Isabel	91	Salesianos do Funchal	1:15.21	325	36.11	39.10
27.	SOUZA, Maria Beatriz	06	Naval do Funchal	1:17.90	292	36.85	41.05
28.	CARDOSO, Isabel Maria	05	Clube Sport Maritimo	1:19.55	274	38.37	41.18
29.	ALVES, Carolina Alexandra	04	Naval do Funchal	1:19.90	271	38.30	41.60
30.	BARROS, Ana Carolina	05	Salesianos do Funchal	1:21.50	255	37.67	43.83
31.	NOBREGA, Maria Trindade	05	Desportivo Nacional	1:24.83	226	40.19	44.64
32.	ANDRADE, Maria Beatriz	05	Desportivo Nacional	1:27.87	203	41.96	45.91
33.	BAPTISTA, Rita Teixeira	04	Desportivo Nacional	1:32.11	176	42.77	49.34
FTL							
34.	BLANDY, Mischa Blue	04	Salesianos do Funchal	1:38.19	146	46.95	51.24
FTL							
DSQ	SILVA, Maria Fabiana	05	Desportivo Nacional				
403 - Falsa partida - SW 4.4							
DSQ	DIAS, Magda Fernandes	06	Desportivo Sao Roque				
403 - Falsa partida - SW 4.4							

Prova 8 Masc., 100m Livres Absoluto
28/02/2020 - 20:42 Resultados

Recorde Regional Absoluto	50.84	PINTO, Luis Marques	CDN	Coimbra	31/05/2009
Recorde Regional Sen	50.84	PINTO, Luis Marques	CDN	Coimbra	31/05/2009
Recorde Regional Jun18	53.04	CASTRO, Joao Cruz	CDSR	Funchal	22/03/2018
Recorde Regional Jun17	53.00	CASTRO, Joao Cruz	CDSR	Coimbra	28/05/2017
Recorde Regional Juv A	53.61	CASTRO, Joao Cruz	CDSR	Oeiras	24/07/2016
Recorde Regional Juv B	54.43	CASTRO, Joao Cruz	CDSR	Coimbra	26/07/2015
Recorde Regional Inf A	55.80	CASTRO, Joao Cruz	CSM	Loule	20/07/2014
Recorde Regional Inf B	59.05	DEUS, Andre Portugal	CNF	Oeiras	19/07/2015

TAC Regional Inf B: 1:37.53; Inf A: 1:34.00; Juv B: 1:28.35; Juv A: 1:26.90; Jun17: 1:25.08; Jun18: 1:24.80; Sen19: 1:23.92;
20+: 1:23.65 / TAC Nacionais Inf B: 1:07.53; Inf A: 1:04.00; Juv B: 58.35; Juv A: 56.90; Jun17: 55.08; Jun18: 54.80; Sen19: 53.92;
20+: 53.65 / TAC Zonais Inf B: 1:07.83; Inf A: 1:04.26

Pontos: FINA 2019

Lugar Ano Tempo final Pts 50m 100m

Infantil B, 13 anos

1.	NEVES, Tiago Brazao	07	Naval do Funchal	1:07.34	338	32.66	34.68
<i>Tempo de acesso ao Camp. Nacional de Infantis, Tempo de acesso ao Camp. Zonal de Infantis</i>							
2.	PEREIRA, Lucas Santos	07	Naval do Funchal	1:08.86	316	33.39	35.47
3.	ALMEIDA, Joao Francisco	07	Naval do Funchal	1:09.94	301	32.86	37.08
4.	ARAUJO, Joao Caldeira	07	Naval do Funchal	1:11.90	277	33.98	37.92
5.	OLIVEIRA, Afonso Miguel	07	Salesianos do Funchal	1:13.85	256	34.25	39.60
6.	SMIRNOV, Dmytro	07	Desportivo Sao Roque	1:14.34	251	34.77	39.57
7.	SOSA, Simao Henrique	07	Desportivo Nacional	1:17.10	225	35.90	41.20
8.	FERNANDES, Afonso Berimba	07	Salesianos do Funchal	1:17.48	221	37.74	39.74
9.	ALVES, Diogo Basilio	07	Salesianos do Funchal	1:17.83	218	38.50	39.33
10.	BARBOSA, Joao Camacho	07	Desportivo Nacional	1:20.48	198	38.69	41.79
11.	NUNES, Henrique Dias	07	Desportivo Nacional	1:22.64	182	38.72	43.92
12.	CARVALHO, Joaquim Eduardo	07	Naval do Funchal	1:23.15	179	39.72	43.43

Infantil A, 14 anos

1.	PAULOS, Joao Afonso	06	Naval do Funchal	1:03.74	398	30.22	33.52
<i>Tempo de acesso ao Camp. Nacional de Infantis, Tempo de acesso ao Camp. Zonal de Infantis</i>							
2.	SETIM, Joao Oliveira	06	Naval do Funchal	1:04.74	380	31.16	33.58
3.	FERRAZ, Luis Afonso	06	Naval do Funchal	1:04.90	377	31.77	33.13
4.	PITA, Pedro Miguel	06	Naval do Funchal	1:04.92	377	30.48	34.44
5.	GARANITO, Simao Silva	06	Naval do Funchal	1:05.10	374	31.23	33.87
6.	ABREU, Joao Francisco	06	Naval do Funchal	1:06.35	353	31.86	34.49
7.	SILVA, Joao Luis	06	Escola O Liceu	1:06.79	346	33.16	33.63
8.	SILVA, Afonso Mar	06	Naval do Funchal	1:08.40	322	32.69	35.71
9.	CAIRES, Joao Gomes	06	Naval do Funchal	1:11.15	286	35.02	36.13
10.	ALVES, Pedro Miguel	06	Desportivo Nacional	1:11.38	283	33.70	37.68
11.	TEMES, Joao Caires	06	Salesianos do Funchal	1:13.87	256	35.90	37.97
12.	CASTRO, Mateus Pereira	06	Escola O Liceu	1:16.03	234	35.91	40.12
13.	NACHYCHKO, Maximo	06	Naval do Funchal	1:16.26	232	35.96	40.30
14.	VIEIRA, Tiago Pestana	06	Naval do Funchal	1:19.88	202	34.95	44.93
15.	STEFLEA, Andre Sergio	06	Desportivo Sao Roque	1:20.17	200	37.85	42.32
16.	CARREIRA, Ernani Afonso	06	Desportivo Nacional	1:22.82	181	39.56	43.26

Juvenil B, 15 anos

1.	RODRIGUES, Joao Luis	05	Naval do Funchal	1:00.14	474	29.13	31.01
2.	VOLOZHENIN, Alexandre	05	Naval do Funchal	1:01.21	450	29.06	32.15
3.	LEITAO, Andre Freitas	05	Naval do Funchal	1:02.63	420	29.89	32.74
4.	SILVA, Tony Stefano	05	Naval do Funchal	1:03.32	406	28.63	34.69
5.	SOSA, Lourenco Quintas	05	Naval do Funchal	1:03.70	399	29.44	34.26
6.	ALVES, Tiago Pires	05	Salesianos do Funchal	1:03.78	397	30.86	32.92
7.	ALVES, Afonso Pires	05	Salesianos do Funchal	1:04.68	381	30.40	34.28
8.	ALVES, Luis Fernandez	05	Desportivo Nacional	1:09.86	302	33.14	36.72
9.	SOSA, Luis Miguel	05	Clube Sport Maritimo	1:13.65	258	35.96	37.69

Prova 8, Masc., 100m Livres, Juvenil B, 15 anos

Lugar		Ano		Tempo final	Pts	50m	100m
10.	MENDES, Juan Diego	05	Desportivo Nacional	1:15.79	237	36.93	38.86
11.	NUNES, Andre Maltez	05	Desportivo Nacional	1:18.91	210	37.80	41.11
12.	CORREIA, Rodrigo Ramos	05	Desportivo Nacional	1:21.94	187	38.25	43.69
DSQ	SANTOS, Nuno Goncalo	05	Desportivo Sao Roque				
403 - Falsa partida - SW 4.4							

Juvenil A, 16 anos

1.	FERNANDES, Diogo Henrique	04	Naval do Funchal	56.96	558	27.41	29.55
2.	RODRIGUES, Rodrigo Reis	04	Desportivo Sao Roque	1:00.09	475	28.97	31.12
3.	FERNANDES, Martim Pestana	04	Naval do Funchal	1:00.44	467	29.30	31.14
4.	MACHADO, Tiago Magalhaes	04	Desportivo Nacional	1:03.52	402	29.97	33.55
5.	NUNES, Afonso Miguel	04	Salesianos do Funchal	1:03.72	398	30.92	32.80
6.	GOMES, Alexandre Monteiro	04	Salesianos do Funchal	1:04.03	393	30.07	33.96
7.	URDANETA, Lisandro Alberto	04	Desportivo Nacional	1:12.15	274	32.53	39.62
8.	GANANCA, Tiago Rodrigues	04	Naval do Funchal	1:18.42	214	37.89	40.53

Junior, 17 e 18 anos

1.	DEUS, Andre Portugal	02	Naval do Funchal	55.96	589	27.64	28.32
2.	GOMES, Goncalo Camara	03	Naval do Funchal	56.29	578	27.50	28.79
3.	RODRIGUES, Pedro Reis	02	Desportivo Sao Roque	56.72	565	27.41	29.31
4.	OLIVEIRA, Pedro Freitas	02	Naval do Funchal	59.28	495	27.98	31.30
5.	RODRIGUES, Renato Correia	03	Salesianos do Funchal	59.37	493	28.34	31.03
6.	CASTRO, Martim Pereira	02	Escola O Liceu	59.61	487	28.93	30.68
7.	BAPTISTA, Tiago Ornelas	03	Naval do Funchal	1:01.05	453	28.95	32.10
8.	LOPES, Pedro Henrique	03	Desportivo Sao Roque	1:01.06	453	28.96	32.10
9.	AGUIAR, Pedro Ferreira	03	Naval do Funchal	1:01.69	439	29.30	32.39
10.	FARIA, Joao Pedro	03	Naval do Funchal	1:02.07	431	29.37	32.70
11.	CALDEIRA, Rodolfo Moraes	02	Salesianos do Funchal	1:02.51	422	28.66	33.85
12.	VIEIRA, Emanuel Eloi	03	Desportivo Sao Roque	1:04.53	384	30.95	33.58
13.	CAMACHO, Joao Simao	03	Desportivo Nacional	1:04.57	383	30.65	33.92
14.	ABREU, Nuno Afonso	03	Naval do Funchal	1:04.79	379	29.95	34.84
15.	NASCIMENTO, Diogo Andre	02	Naval do Funchal	1:05.03	375	30.73	34.30
16.	BELO, Francisco Miguel	02	Desportivo Nacional	1:06.07	357	30.73	35.34
17.	RAMALHO, Joao Caires	02	Desportivo Sao Roque	1:07.62	333	31.70	35.92
18.	LUIS, Francisco Sousa	03	Desportivo Nacional	1:07.64	333	33.47	34.17
19.	KOVAL, Igor	03	Desportivo Nacional	1:13.94	255	35.08	38.86

Absoluto, 15 anos e mais velhos

1.	DEUS, Andre Portugal	02	Naval do Funchal	55.96	589	27.64	28.32
2.	GOMES, Goncalo Camara	03	Naval do Funchal	56.29	578	27.50	28.79
3.	RODRIGUES, Pedro Reis	02	Desportivo Sao Roque	56.72	565	27.41	29.31
4.	FERNANDES, Diogo Henrique	04	Naval do Funchal	56.96	558	27.41	29.55
5.	OLIVEIRA, Pedro Freitas	02	Naval do Funchal	59.28	495	27.98	31.30
6.	RODRIGUES, Renato Correia	03	Salesianos do Funchal	59.37	493	28.34	31.03
7.	CASTRO, Martim Pereira	02	Escola O Liceu	59.61	487	28.93	30.68
8.	RODRIGUES, Rodrigo Reis	04	Desportivo Sao Roque	1:00.09	475	28.97	31.12
9.	RODRIGUES, Joao Luis	05	Naval do Funchal	1:00.14	474	29.13	31.01
10.	FERNANDES, Martim Pestana	04	Naval do Funchal	1:00.44	467	29.30	31.14
11.	BAPTISTA, Tiago Ornelas	03	Naval do Funchal	1:01.05	453	28.95	32.10
12.	LOPES, Pedro Henrique	03	Desportivo Sao Roque	1:01.06	453	28.96	32.10
13.	VOLOZHENIN, Alexandre	05	Naval do Funchal	1:01.21	450	29.06	32.15
14.	AGUIAR, Pedro Ferreira	03	Naval do Funchal	1:01.69	439	29.30	32.39
15.	FARIA, Joao Pedro	03	Naval do Funchal	1:02.07	431	29.37	32.70
16.	CALDEIRA, Rodolfo Moraes	02	Salesianos do Funchal	1:02.51	422	28.66	33.85
17.	LEITAO, Andre Freitas	05	Naval do Funchal	1:02.63	420	29.89	32.74
18.	SILVA, Tony Stefano	05	Naval do Funchal	1:03.32	406	28.63	34.69
19.	MACHADO, Tiago Magalhaes	04	Desportivo Nacional	1:03.52	402	29.97	33.55

Prova 8, Masc., 100m Livres, Absoluto, 15 anos e mais velhos

Lugar		Ano		Tempo final	Pts	50m	100m
20.	SOUSA, Lourenco Quintas	05	Naval do Funchal	1:03.70	399	29.44	34.26
21.	NUNES, Afonso Miguel	04	Salesianos do Funchal	1:03.72	398	30.92	32.80
22.	ALVES, Tiago Pires	05	Salesianos do Funchal	1:03.78	397	30.86	32.92
23.	GOMES, Alexandre Monteiro	04	Salesianos do Funchal	1:04.03	393	30.07	33.96
24.	VIEIRA, Duarte Nuno	95	Salesianos do Funchal	1:04.35	387	30.19	34.16
25.	VIEIRA, Emanuel Eloi	03	Desportivo Sao Roque	1:04.53	384	30.95	33.58
26.	CAMACHO, Joao Simao	03	Desportivo Nacional	1:04.57	383	30.65	33.92
27.	ALVES, Afonso Pires	05	Salesianos do Funchal	1:04.68	381	30.40	34.28
28.	ABREU, Nuno Afonso	03	Naval do Funchal	1:04.79	379	29.95	34.84
29.	NASCIMENTO, Diogo Andre	02	Naval do Funchal	1:05.03	375	30.73	34.30
30.	BELO, Francisco Miguel	02	Desportivo Nacional	1:06.07	357	30.73	35.34
31.	FERREIRA, Luis Duarte	89	Escola O Liceu	1:06.30	354	31.34	34.96
32.	RAMALHO, Joao Caires	02	Desportivo Sao Roque	1:07.62	333	31.70	35.92
33.	LUIS, Francisco Sousa	03	Desportivo Nacional	1:07.64	333	33.47	34.17
34.	VASCONCELOS, Samuel Antoi	01	Desportivo Sao Roque	1:08.45	321	32.14	36.31
35.	ALVES, Luis Fernandez	05	Desportivo Nacional	1:09.86	302	33.14	36.72
36.	SOUSA, Tiago Ferreira	91	Desportivo Nacional	1:12.04	276	25.59	46.45
37.	URDANETA, Lisandro Alberto	04	Desportivo Nacional	1:12.15	274	32.53	39.62
38.	SOUSA, Luis Miguel	05	Clube Sport Maritimo	1:13.65	258	35.96	37.69
39.	KOVAL, Igor	03	Desportivo Nacional	1:13.94	255	35.08	38.86
40.	MENDES, Juan Diego	05	Desportivo Nacional	1:15.79	237	36.93	38.86
41.	GANANCA, Tiago Rodrigues	04	Naval do Funchal	1:18.42	214	37.89	40.53
42.	NUNES, Andre Maltez	05	Desportivo Nacional	1:18.91	210	37.80	41.11
43.	CORREIA, Rodrigo Ramos	05	Desportivo Nacional	1:21.94	187	38.25	43.69
DSQ	SANTOS, Nuno Goncalo	05	Desportivo Sao Roque				
403 - Falsa partida - SW 4.4							

Prova 9

Femin., 200m Estilos

Absoluto

28/02/2020 - 21:00

Resultados

Recorde Regional Absoluto	2:20.84	QUINTAL, Fabiana Maria	CDN	Coimbra	30/05/2009
Recorde Regional Sen	2:20.84	QUINTAL, Fabiana Maria	CDN	Coimbra	30/05/2009
Recorde Regional Jun17	2:31.69	ROSA, Beatriz Jong	CDWT	Coimbra	30/03/2017
Recorde Regional Jun16	2:32.15	ABREU, Laura Catarina	CDN	Funchal	27/02/2016
Recorde Regional Juv A	2:32.53	ROSA, Beatriz Jong	CDN	Funchal	05/07/2015
Recorde Regional Juv B	2:32.87	CAIRES, Joana Costa	CNF	Povoa de Varzim	24/03/2012
Recorde Regional Inf A	2:34.63	CAIRES, Joana Costa	CNF	Lisboa	23/07/2011
Recorde Regional Inf B	2:38.31	LOPES, Joana Cristina	CNF	Las Palmas (ESP)	09/07/1992

TAC Regional Inf B: 3:56.26; Inf A: 3:47.31; Juv B: 3:38.88; Juv A: 3:37.21; Jun16: 3:33.36; Jun17: 3:32.59; Sen18: 3:29.00;
19+: 3:28.26 / TAC Nacionais Inf B: 2:56.26; Inf A: 2:47.31; Juv B: 2:38.88; Juv A: 2:37.21; Jun16: 2:33.36; Jun17: 2:32.59;
Sen18: 2:29.00; 19+: 2:28.26 / TAC Zonais Inf A: 2:55.44; Inf B: 3:03.60

Pontos: FINA 2019

Lugar	Ano		Tempo final	Pts	50m	100m	150m	200m	
Infantil B, 12 anos									
1.	ROCHA, Vitoria Maria	08	Salesianos do Funchal	3:30.13	216	53.36	52.74	57.54	46.49
DSQ	BAPTISTA, Ines Sande	08	Desportivo Nacional						
901 - Ordem incorrecta no estilo de nadar - SW 9.1									

Infantil A, 13 anos

1.	RODRIGUES, Laura Sofia	07	Salesianos do Funchal	2:43.49	459	35.38	42.36	46.50	39.25
Tempo de acesso ao Camp. Nacional de Infantis, Tempo de acesso ao Camp. Zonal de Infantis									
2.	GONCALVES, Valentina Jo	07	Desportivo Nacional	2:50.51	404	37.37	44.61	48.34	40.19
Tempo de acesso ao Camp. Zonal de Infantis									
3.	NETO, Leonor Rodrigues	07	Naval do Funchal	2:51.62	396	36.67	44.59	50.65	39.71
Tempo de acesso ao Camp. Zonal de Infantis									
4.	FIGUEIRA, Madalena Leor	07	Naval do Funchal	3:09.99	292	41.00	53.03	52.78	43.18

Prova 9, Femin., 200m Estilos, Infantil A, 13 anos

Lugar	Ano		Tempo final	Pts	50m	100m	150m	200m
5. ERRA, Clara Patricia	07	Salesianos do Funchal	3:33.44	206	52.84	53.91	59.08	47.61
DSQ MATEUS, Clarisse Vieira	07	Desportivo Nacional						
701 - Mais de uma pernada de golfinho durante a braçada submarina - SW 7.1								

Juvenil B, 14 anos

1. DIAS, Julia Alves	06	Desportivo Nacional	2:41.88	472	34.84	41.68	48.91	36.45
2. DEUS, Ines Portugal	06	Naval do Funchal	2:42.56	466	34.81	42.05	48.10	37.60
3. SEQUEIRA, Beatriz Mene	06	Naval do Funchal	2:44.80	448	36.66	42.91	46.68	38.55

Absoluto, 14 anos e mais velhas

1. DIAS, Julia Alves	06	Desportivo Nacional	2:41.88	472	34.84	41.68	48.91	36.45
2. DEUS, Ines Portugal	06	Naval do Funchal	2:42.56	466	34.81	42.05	48.10	37.60
3. SEQUEIRA, Beatriz Mene	06	Naval do Funchal	2:44.80	448	36.66	42.91	46.68	38.55
4. CRO, Isabel Matilde	00	Escola O Liceu	3:25.79	230	37.62	52.41	1:05.55	50.21

2 - 2.^a Jornada / 1.^a Sessão

29/02/2020 - 9:15

Prova 10	Masc., 800m Livres					Absolutos
29/02/2020 - 9:15						Resultados
Recorde Regional Absoluto	8:17.83	FRANCO, Paulo Fragueiro	CDN	Faro		21/07/2009
Recorde Regional Sen	8:17.83	FRANCO, Paulo Fragueiro	CDN	Faro		21/07/2009
Recorde Regional Jun18	8:31.46	FRANCO, Paulo Fragueiro	CDN	Luxemburgo (LUX)		28/01/2000
Recorde Regional Jun17	8:33.32	FRANCO, Paulo Fragueiro	CDN	Famalicao		08/08/1999
Recorde Regional Juv A	8:58.16	FRANCO, Paulo Fragueiro	CDN	Lisboa		25/01/1998
Recorde Regional Juv B	8:58.79	FRANCO, Paulo Fragueiro	CDN	Famalicao		24/07/1997
TAC Regional Juv B: 11:27.74; Juv A: 11:19.38; Jun17: 10:40.58; Jun18: 10:37.99; Sen19: 10:30.27; 20 +: 10:27.73 /						
TAC Nacionais Juv B: 9:27.74; Juv A: 9:19.38; Jun17: 8:40.58; Jun18: 8:37.99; Sen19: 8:30.27; 20 +: 8:27.73						

Pontos: FINA 2019

Lugar	Ano	Tempo final	Pts
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Juvenil B, 15 anos

1. SANTOS, Nuno Goncalo	05	Desportivo Sao Roque	10:00.80	426
100m: 1:09.18 1:09.18	300m: 3:40.83 1:16.30	500m: 6:14.29 1:17.37	700m: 8:48.08 1:16.23	
200m: 2:24.53 1:15.35	400m: 4:56.92 1:16.09	600m: 7:31.85 1:17.56	800m: 10:00.80 1:12.72	

Juvenil A, 16 anos

1. FERNANDES, Diogo Henrique	04	Naval do Funchal	9:45.71	459
100m: 1:06.08 1:06.08	300m: 3:33.31 1:13.62	500m: 6:02.28 1:14.56	700m: 8:32.12 1:15.13	
200m: 2:19.69 1:13.61	400m: 4:47.72 1:14.41	600m: 7:16.99 1:14.71	800m: 9:45.71 1:13.59	
2. SILVA, Eduardo Rodrigues	04	Salesianos do Funchal	10:09.83	407
100m: 1:12.38 1:12.38	300m: 3:46.06 1:16.65	500m: 6:20.02 1:16.97	700m: 8:55.09 1:17.26	
200m: 2:29.41 1:17.03	400m: 5:03.05 1:16.99	600m: 7:37.83 1:17.81	800m: 10:09.83 1:14.74	

Junior, 17 e 18 anos

1. DEUS, Andre Portugal	02	Naval do Funchal	9:04.60	572
100m: 1:03.58 1:03.58	300m: 3:21.68 1:09.39	500m: 5:40.41 1:09.56	700m: 7:58.87 1:08.77	
200m: 2:12.29 1:08.71	400m: 4:30.85 1:09.17	600m: 6:50.10 1:09.69	800m: 9:04.60 1:05.73	
2. BELO, Francisco Miguel	02	Desportivo Nacional	10:18.27	391
100m: 1:11.95 1:11.95	300m: 3:46.50 1:17.95	500m: 6:23.92 1:18.78	700m: 9:01.60 1:18.99	
200m: 2:28.55 1:16.60	400m: 5:05.14 1:18.64	600m: 7:42.61 1:18.69	800m: 10:18.27 1:16.67	

Absoluto, 15 anos e mais velhos

1. DEUS, Andre Portugal	02	Naval do Funchal	9:04.60	572
100m: 1:03.58 1:03.58	300m: 3:21.68 1:09.39	500m: 5:40.41 1:09.56	700m: 7:58.87 1:08.77	
200m: 2:12.29 1:08.71	400m: 4:30.85 1:09.17	600m: 6:50.10 1:09.69	800m: 9:04.60 1:05.73	
2. FERNANDES, Diogo Henrique	04	Naval do Funchal	9:45.71	459
100m: 1:06.08 1:06.08	300m: 3:33.31 1:13.62	500m: 6:02.28 1:14.56	700m: 8:32.12 1:15.13	
200m: 2:19.69 1:13.61	400m: 4:47.72 1:14.41	600m: 7:16.99 1:14.71	800m: 9:45.71 1:13.59	
3. SANTOS, Nuno Goncalo	05	Desportivo Sao Roque	10:00.80	426
100m: 1:09.18 1:09.18	300m: 3:40.83 1:16.30	500m: 6:14.29 1:17.37	700m: 8:48.08 1:16.23	
200m: 2:24.53 1:15.35	400m: 4:56.92 1:16.09	600m: 7:31.85 1:17.56	800m: 10:00.80 1:12.72	
4. VIEIRA, Duarte Nuno	95	Salesianos do Funchal	10:03.90	419
100m: 1:09.09 1:09.09	300m: 3:41.43 1:16.21	500m: 6:14.94 1:16.98	700m: 8:51.56 1:18.23	
200m: 2:25.22 1:16.13	400m: 4:57.96 1:16.53	600m: 7:33.33 1:18.39	800m: 10:03.90 1:12.34	
5. SILVA, Eduardo Rodrigues	04	Salesianos do Funchal	10:09.83	407
100m: 1:12.38 1:12.38	300m: 3:46.06 1:16.65	500m: 6:20.02 1:16.97	700m: 8:55.09 1:17.26	
200m: 2:29.41 1:17.03	400m: 5:03.05 1:16.99	600m: 7:37.83 1:17.81	800m: 10:09.83 1:14.74	
6. BELO, Francisco Miguel	02	Desportivo Nacional	10:18.27	391
100m: 1:11.95 1:11.95	300m: 3:46.50 1:17.95	500m: 6:23.92 1:18.78	700m: 9:01.60 1:18.99	
200m: 2:28.55 1:16.60	400m: 5:05.14 1:18.64	600m: 7:42.61 1:18.69	800m: 10:18.27 1:16.67	

Prova 11 Femin., 800m Livres Absoluto
29/02/2020 - 9:27 Resultados

Recorde Regional Absoluto	9:23.39	ANDRADE, Rubina Amaro	CDN	Coimbra	06/08/1995
Recorde Regional Sen	9:30.57	ANDRADE, Rubina Amaro	CDN	Lisboa	03/08/1997
Recorde Regional Jun17	9:23.70	ANDRADE, Rubina Amaro	CDN	Famalicão	04/08/1996
Recorde Regional Jun16	9:23.39	ANDRADE, Rubina Amaro	CDN	Coimbra	06/08/1995
Recorde Regional Juv A	9:26.04	ANDRADE, Rubina Amaro	CDN	Nicosia (CYP)	23/04/1994
Recorde Regional Juv B	9:27.06	ANDRADE, Rubina Amaro	CDN	Chiasso (SUI)	11/06/1993
Recorde Regional Inf A	9:48.78	ANDRADE, Rubina Amaro	CDN	Aveiro	08/08/1992
Recorde Regional Inf B	10:17.67	ANDRADE, Rubina Amaro	CDN	Braga	27/07/1991

TAC Regional Inf B: 12:54.94; Inf A: 12:24.93; Juv B: 12:13.85; Juv A: 12:08.62; Jun16: 11:50.21; Jun17: 11:47.28; Sen18: 11:33.40; 19+: 11:30.55 / TAC Nacionais Inf B: 10:54.94; Inf A: 10:24.93; Juv B: 10:13.85; Juv A: 10:08.62; Jun16: 9:50.21; Jun17: 9:47.28; Sen18: 9:33.40; 19+: 9:30.55 / TAC Zonais Inf A: 10:57.90; Inf B: 11:49.92

Pontos: FINA 2019

Lugar Ano Tempo final Pts

Infantil B, 12 anos

1. BAPTISTA, Ines Sande	08	Desportivo Nacional	12:47.58	251
100m: 1:26.93 1:26.93	300m: 4:39.87 1:37.13	500m: 7:57.58 1:38.82	700m: 11:13.10 1:37.63	
200m: 3:02.74 1:35.81	400m: 6:18.76 1:38.89	600m: 9:35.47 1:37.89	800m: 12:47.58 1:34.48	

Infantil A, 13 anos

1. CAMARA, Ines Cruz	07	Desportivo Nacional	10:53.63	408
<i>Tempo de acesso ao Camp. Zonal de Infantis</i>				
100m: 1:16.74 1:16.74	300m: 4:01.00 1:22.01	500m: 6:47.49 1:23.51	700m: 9:33.47 1:22.76	
200m: 2:38.99 1:22.25	400m: 5:23.98 1:22.98	600m: 8:10.71 1:23.22	800m: 10:53.63 1:20.16	
2. RODRIGUES, Laura Sofia	07	Salesianos do Funchal	11:01.00	394
100m: 1:16.40 1:16.40	300m: 4:03.83 1:24.21	500m: 6:52.03 1:23.48	700m: 9:40.07 1:24.02	
200m: 2:39.62 1:23.22	400m: 5:28.55 1:24.72	600m: 8:16.05 1:24.02	800m: 11:01.00 1:20.93	
3. MATEUS, Clarisse Vieira	07	Desportivo Nacional	11:51.43	316
100m: 1:24.52 1:24.52	300m: 4:24.83 1:29.97	500m: 7:26.06 1:30.41	700m: 10:25.66 1:30.57	
200m: 2:54.86 1:30.34	400m: 5:55.65 1:30.82	600m: 8:55.09 1:29.03	800m: 11:51.43 1:25.77	
4. GONCALVES, Valentina Jose	07	Desportivo Nacional	12:07.17	296
100m: 1:22.32 1:22.32	300m: 4:27.32 1:32.38	500m: 7:33.33 1:33.35	700m: 10:38.49 1:32.37	
200m: 2:54.94 1:32.62	400m: 5:59.98 1:32.66	600m: 9:06.12 1:32.79	800m: 12:07.17 1:28.68	
5. TEMTEM, Sara Maria	07	Desportivo Nacional	12:23.80	276
100m: 1:26.94 1:26.94	300m: 4:34.66 1:34.17	500m: 7:44.77 1:34.37	700m: 10:54.41 1:33.62	
200m: 3:00.49 1:33.55	400m: 6:10.40 1:35.74	600m: 9:20.79 1:36.02	800m: 12:23.80 1:29.39	

Juvenil B, 14 anos

1. SILVA, Silvana Suamade	06	Desportivo Sao Roque	10:18.16	482
100m: 1:14.09 1:14.09	300m: 3:49.74 1:17.56	500m: 6:25.60 1:17.76	700m: 9:01.67 1:18.29	
200m: 2:32.18 1:18.09	400m: 5:07.84 1:18.10	600m: 7:43.38 1:17.78	800m: 10:18.16 1:16.49	
2. FREITAS, Margarida Ramos	06	Desportivo Nacional	10:36.03	442
100m: 1:14.16 1:14.16	300m: 3:55.32 1:20.95	500m: 6:37.22 1:20.72	700m: 9:18.48 1:20.57	
200m: 2:34.37 1:20.21	400m: 5:16.50 1:21.18	600m: 7:57.91 1:20.69	800m: 10:36.03 1:17.55	
3. FREITAS, Beatriz Rodrigues	06	Naval do Funchal	10:42.02	430
100m: 1:14.35 1:14.35	300m: 3:53.37 1:20.32	500m: 6:37.24 1:22.33	700m: 9:21.51 1:22.47	
200m: 2:33.05 1:18.70	400m: 5:14.91 1:21.54	600m: 7:59.04 1:21.80	800m: 10:42.02 1:20.51	
4. FERRO, Maria Leonor	06	Naval do Funchal	11:10.27	378
100m: 1:16.99 1:16.99	300m: 4:05.91 1:24.43	500m: 6:55.61 1:24.69	700m: 9:46.78 1:25.24	
200m: 2:41.48 1:24.49	400m: 5:30.92 1:25.01	600m: 8:21.54 1:25.93	800m: 11:10.27 1:23.49	

Prova 11, Femin., 800m Livres

Juvenil A, 15 anos

1. ARAUJO, Maria Clara	05	Naval do Funchal	10:27.58	460
100m: 1:11.62 1:11.62	300m: 3:48.22 1:18.69	500m: 6:25.71 1:19.91	700m: 9:08.02 1:21.18	
200m: 2:29.53 1:17.91	400m: 5:05.80 1:17.58	600m: 7:46.84 1:21.13	800m: 10:27.58 1:19.56	
2. BELO, Bruna Raquel	05	Desportivo Nacional	10:56.51	402
100m: 1:17.10 1:17.10	300m: 4:01.33 1:22.59	500m: 6:48.12 1:23.76	700m: 9:36.14 1:23.86	
200m: 2:38.74 1:21.64	400m: 5:24.36 1:23.03	600m: 8:12.28 1:24.16	800m: 10:56.51 1:20.37	

Junior, 16 e 17 anos

1. SOUSA, Joana Francisca	04	Desportivo Sao Roque	10:02.73	520
100m: 1:10.45 1:10.45	300m: 3:43.40 1:17.22	500m: 6:16.20 1:16.37	700m: 8:48.49 1:15.76	
200m: 2:26.18 1:15.73	400m: 4:59.83 1:16.43	600m: 7:32.73 1:16.53	800m: 10:02.73 1:14.24	
2. CAMACHO, Laura Fernandes	04	Naval do Funchal	10:43.28	428
100m: 1:13.90 1:13.90	300m: 3:54.09 1:20.24	500m: 6:38.11 1:22.97	700m: 9:23.52 1:22.40	
200m: 2:33.85 1:19.95	400m: 5:15.14 1:21.05	600m: 8:01.12 1:23.01	800m: 10:43.28 1:19.76	
3. RAMOS, Barbara Emerick	04	Salesianos do Funchal	10:53.96	407
100m: 1:16.42 1:16.42	300m: 4:01.19 1:22.80	500m: 6:46.87 1:23.09	700m: 9:33.12 1:22.91	
200m: 2:38.39 1:21.97	400m: 5:23.78 1:22.59	600m: 8:10.21 1:23.34	800m: 10:53.96 1:20.84	
4. JESUS, Filipa Mafalda	03	Desportivo Sao Roque	11:00.76	394
100m: 1:16.48 1:16.48	300m: 4:05.13 1:24.43	500m: 6:52.96 1:23.48	700m: 9:40.57 1:23.77	
200m: 2:40.70 1:24.22	400m: 5:29.48 1:24.35	600m: 8:16.80 1:23.84	800m: 11:00.76 1:20.19	
5. LECA, Natasha Maria	03	Desportivo Nacional	11:47.76	321
FTL				
100m: 1:17.32 1:17.32	300m: 4:13.71 1:29.02	500m: 7:18.55 1:32.67	700m: 10:21.41 1:30.50	
200m: 2:44.69 1:27.37	400m: 5:45.88 1:32.17	600m: 8:50.91 1:32.36	800m: 11:47.76 1:26.35	
6. PEREIRA, Luisa Tovela	03	Desportivo Nacional	12:10.71	292
FTL				
100m: 1:24.41 1:24.41	300m: 4:26.80 1:31.83	500m: 7:31.89 1:33.85	700m: 10:39.86 1:34.03	
200m: 2:54.97 1:30.56	400m: 5:58.04 1:31.24	600m: 9:05.83 1:33.94	800m: 12:10.71 1:30.85	

Absoluto, 14 anos e mais velhas

1. SOUSA, Joana Francisca	04	Desportivo Sao Roque	10:02.73	520
100m: 1:10.45 1:10.45	300m: 3:43.40 1:17.22	500m: 6:16.20 1:16.37	700m: 8:48.49 1:15.76	
200m: 2:26.18 1:15.73	400m: 4:59.83 1:16.43	600m: 7:32.73 1:16.53	800m: 10:02.73 1:14.24	
2. SILVA, Silvana Suamade	06	Desportivo Sao Roque	10:18.16	482
100m: 1:14.09 1:14.09	300m: 3:49.74 1:17.56	500m: 6:25.60 1:17.76	700m: 9:01.67 1:18.29	
200m: 2:32.18 1:18.09	400m: 5:07.84 1:18.10	600m: 7:43.38 1:17.78	800m: 10:18.16 1:16.49	
3. ARAUJO, Maria Clara	05	Naval do Funchal	10:27.58	460
100m: 1:11.62 1:11.62	300m: 3:48.22 1:18.69	500m: 6:25.71 1:19.91	700m: 9:08.02 1:21.18	
200m: 2:29.53 1:17.91	400m: 5:05.80 1:17.58	600m: 7:46.84 1:21.13	800m: 10:27.58 1:19.56	
4. FREITAS, Margarida Ramos	06	Desportivo Nacional	10:36.03	442
100m: 1:14.16 1:14.16	300m: 3:55.32 1:20.95	500m: 6:37.22 1:20.72	700m: 9:18.48 1:20.57	
200m: 2:34.37 1:20.21	400m: 5:16.50 1:21.18	600m: 7:57.91 1:20.69	800m: 10:36.03 1:17.55	
5. LUIS, Jessica Santos	00	Desportivo Sao Roque	10:36.49	441
100m: 1:13.60 1:13.60	300m: 3:56.17 1:21.35	500m: 6:38.43 1:21.66	700m: 9:19.21 1:20.13	
200m: 2:34.82 1:21.22	400m: 5:16.77 1:20.60	600m: 7:59.08 1:20.65	800m: 10:36.49 1:17.28	
6. FREITAS, Beatriz Rodrigues	06	Naval do Funchal	10:42.02	430
100m: 1:14.35 1:14.35	300m: 3:53.37 1:20.32	500m: 6:37.24 1:22.33	700m: 9:21.51 1:22.47	
200m: 2:33.05 1:18.70	400m: 5:14.91 1:21.54	600m: 7:59.04 1:21.80	800m: 10:42.02 1:20.51	
7. CAMACHO, Laura Fernandes	04	Naval do Funchal	10:43.28	428
100m: 1:13.90 1:13.90	300m: 3:54.09 1:20.24	500m: 6:38.11 1:22.97	700m: 9:23.52 1:22.40	
200m: 2:33.85 1:19.95	400m: 5:15.14 1:21.05	600m: 8:01.12 1:23.01	800m: 10:43.28 1:19.76	

Prova 11, Femin., 800m Livres, Absoluto, 14 anos e mais velhas

Lugar	Ano	Tempo final	Pts
8. RAMOS, Barbara Emerick	04 Salesianos do Funchal	10:53.96	407
100m: 1:16.42 1:16.42	300m: 4:01.19 1:22.80	500m: 6:46.87 1:23.09	700m: 9:33.12 1:22.91
200m: 2:38.39 1:21.97	400m: 5:23.78 1:22.59	600m: 8:10.21 1:23.34	800m: 10:53.96 1:20.84
9. BELO, Bruna Raquel	05 Desportivo Nacional	10:56.51	402
100m: 1:17.10 1:17.10	300m: 4:01.33 1:22.59	500m: 6:48.12 1:23.76	700m: 9:36.14 1:23.86
200m: 2:38.74 1:21.64	400m: 5:24.36 1:23.03	600m: 8:12.28 1:24.16	800m: 10:56.51 1:20.37
10. JESUS, Filipa Mafalda	03 Desportivo Sao Roque	11:00.76	394
100m: 1:16.48 1:16.48	300m: 4:05.13 1:24.43	500m: 6:52.96 1:23.48	700m: 9:40.57 1:23.77
200m: 2:40.70 1:24.22	400m: 5:29.48 1:24.35	600m: 8:16.80 1:23.84	800m: 11:00.76 1:20.19
11. FERRO, Maria Leonor	06 Naval do Funchal	11:10.27	378
100m: 1:16.99 1:16.99	300m: 4:05.91 1:24.43	500m: 6:55.61 1:24.69	700m: 9:46.78 1:25.24
200m: 2:41.48 1:24.49	400m: 5:30.92 1:25.01	600m: 8:21.54 1:25.93	800m: 11:10.27 1:23.49
12. LECA, Natasha Maria	03 Desportivo Nacional	11:47.76	321
FTL			
100m: 1:17.32 1:17.32	300m: 4:13.71 1:29.02	500m: 7:18.55 1:32.67	700m: 10:21.41 1:30.50
200m: 2:44.69 1:27.37	400m: 5:45.88 1:32.17	600m: 8:50.91 1:32.36	800m: 11:47.76 1:26.35
13. PEREIRA, Luisa Tovela	03 Desportivo Nacional	12:10.71	292
FTL			
100m: 1:24.41 1:24.41	300m: 4:26.80 1:31.83	500m: 7:31.89 1:33.85	700m: 10:39.86 1:34.03
200m: 2:54.97 1:30.56	400m: 5:58.04 1:31.24	600m: 9:05.83 1:33.94	800m: 12:10.71 1:30.85
EXH VERES, Laura	05 Hungary	9:03.95	707
100m: 1:04.21 1:04.21	300m: 3:21.87 1:08.45	500m: 5:38.94 1:08.73	700m: 7:56.88 1:08.44
200m: 2:13.42 1:09.21	400m: 4:30.21 1:08.34	600m: 6:48.44 1:09.50	800m: 9:03.95 1:07.07
EXH CSULAK, Lia	05 Hungary	9:17.91	656
100m: 1:07.85 1:07.85	300m: 3:29.56 1:10.31	500m: 5:49.92 1:10.10	700m: 8:10.20 1:10.30
200m: 2:19.25 1:11.40	400m: 4:39.82 1:10.26	600m: 6:59.90 1:09.98	800m: 9:17.91 1:07.71

Prova 12

29/02/2020 - 10:04

Masc., 100m Costas

Absoluto
Resultados

Recorde Regional Absoluto	58.98	MARQUES, Miguel Freitas	CSM	Oeiras	27/07/2014
Recorde Regional Sen	59.76	PINTO, Luis Marques	CDN	Funchal	06/06/2009
Recorde Regional Jun18	58.98	MARQUES, Miguel Freitas	CSM	Oeiras	27/07/2014
Recorde Regional Jun17	1:00.88	FERNANDES, Joao Manuel	CNF	Oeiras	26/07/2014
Recorde Regional Juv A	1:01.58	MARQUES, Miguel Freitas	CSM	Oeiras	28/07/2012
Recorde Regional Juv B	1:02.38	FERNANDES, Rui Afonso	CDN	Oeiras	28/07/2018
Recorde Regional Inf A	1:06.62	GOMES, Henrique Santos	CNF	Loule	18/07/2014
Recorde Regional Inf B	1:08.50	CAMACHO, Afonso Caires	CNF	Vila Franca de Xira	21/05/2017

TAC Regional Inf B: 1:48.27; Inf A: 1:43.85; Juv B: 1:36.80; Juv A: 1:35.48; Jun17: 1:33.38; Jun18: 1:33.06; Sen19: 1:31.33;
20+: 1:31.02 / TAC Nacionais Inf B: 1:18.27; Inf A: 1:13.85; Juv B: 1:06.80; Juv A: 1:05.48; Jun17: 1:03.38; Jun18: 1:03.06;
Sen19: 1:01.33; 20+: 1:01.02 / TAC Zonais Inf B: 1:18.54; Inf A: 1:14.15

Pontos: FINA 2019

Lugar	Ano	Tempo final	Pts	50m	100m
Infantil B, 13 anos					
1. OLIVEIRA, Afonso Miguel	07 Salesianos do Funchal	1:19.58	276	38.15	41.43
2. ARAUJO, Joao Caldeira	07 Naval do Funchal	1:20.29	269	38.72	41.57
3. ALMEIDA, Joao Francisco	07 Naval do Funchal	1:23.82	236	41.12	42.70
4. SMIRNOV, Dmytro	07 Desportivo Sao Roque	1:26.35	216	40.96	45.39
PEREIRA, Lucas Santos	07 Naval do Funchal	1:26.35	216	42.23	44.12
6. COSTA, Guilherme Corte	07 Desportivo Nacional	1:29.96	191	43.22	46.74
7. SOUSA, Simao Henrique	07 Desportivo Nacional	1:31.90	179	45.02	46.88
8. NUNES, Henrique Dias	07 Desportivo Nacional	1:32.41	176	45.19	47.22
9. BARBOSA, Joao Camacho	07 Desportivo Nacional	1:37.04	152	47.70	49.34

Prova 12, Masc., 100m Costas, Infantil B, 13 anos

Lugar	Ano		Tempo final	Pts	50m	100m
10.	NUNES, Duarte Costa	07 Salesianos do Funchal	1:44.08	123	50.16	53.92

Infantil A, 14 anos

1.	PITA, Pedro Miguel	06 Naval do Funchal	1:10.34	400	33.98	36.36
<i>Tempo de acesso ao Camp. Nacional de Infantis, Tempo de acesso ao Camp. Zonal de Infantis</i>						
2.	GONCALVES, Martim Luis	06 Desportivo Nacional	1:15.33	326	36.80	38.53
3.	ALVES, Pedro Miguel	06 Desportivo Nacional	1:15.97	317	37.20	38.77
4.	ABREU, Joao Francisco	06 Naval do Funchal	1:16.15	315	36.79	39.36
5.	MACHADO, Bernardo Magalhaes	06 Desportivo Nacional	1:16.82	307	37.36	39.46
6.	SILVA, Joao Luis	06 Escola O Liceu	1:17.79	296	37.87	39.92
7.	FERRAZ, Luis Afonso	06 Naval do Funchal	1:19.02	282	38.54	40.48
8.	CAIRES, Joao Gomes	06 Naval do Funchal	1:21.62	256	40.09	41.53
9.	GARANITO, Simao Silva	06 Naval do Funchal	1:23.01	243	40.48	42.53
10.	TEMES, Joao Caires	06 Salesianos do Funchal	1:25.83	220	42.51	43.32
11.	STEFLEA, Andre Sergio	06 Desportivo Sao Roque	1:27.86	205	42.23	45.63
12.	VIEIRA, Tiago Pestana	06 Naval do Funchal	1:29.34	195	42.51	46.83
13.	CARREIRA, Ernani Afonso	06 Desportivo Nacional	1:34.28	166	46.01	48.27

Juvenil B, 15 anos

1.	RODRIGUES, Joao Luis	05 Naval do Funchal	1:07.77	447	32.22	35.55
2.	LEITAO, Andre Freitas	05 Naval do Funchal	1:10.81	392	34.18	36.63

Juvenil A, 16 anos

1.	TELES, Artur Corte	04 Salesianos do Funchal	1:09.07	423	33.26	35.81
2.	LEAL, Diogo Silva	04 Salesianos do Funchal	1:09.65	412	33.85	35.80
3.	PEREIRA, Jordao Abreu	04 Salesianos do Funchal	1:10.08	405	34.92	35.16
4.	AGUILAR, Luis Santos	04 Desportivo Nacional	1:16.20	315	36.07	40.13

Junior, 17 e 18 anos

1.	GOMES, Goncalo Camara	03 Naval do Funchal	1:03.60	541	30.63	32.97
2.	SILVA, Joao Jesus	02 Salesianos do Funchal	1:03.67	540	30.27	33.40
3.	RODRIGUES, Pedro Reis	02 Desportivo Sao Roque	1:05.61	493	31.74	33.87
4.	NASCIMENTO, Diogo Andre	02 Naval do Funchal	1:11.44	382	34.21	37.23
5.	VIEIRA, Emanuel Eloi	03 Desportivo Sao Roque	1:16.84	307	37.17	39.67

Absoluto, 15 anos e mais velhos

1.	GOMES, Goncalo Camara	03 Naval do Funchal	1:03.60	541	30.63	32.97
2.	SILVA, Joao Jesus	02 Salesianos do Funchal	1:03.67	540	30.27	33.40
3.	RODRIGUES, Pedro Reis	02 Desportivo Sao Roque	1:05.61	493	31.74	33.87
4.	RODRIGUES, Joao Luis	05 Naval do Funchal	1:07.77	447	32.22	35.55
5.	TELES, Artur Corte	04 Salesianos do Funchal	1:09.07	423	33.26	35.81
6.	LEAL, Diogo Silva	04 Salesianos do Funchal	1:09.65	412	33.85	35.80
7.	PEREIRA, Jordao Abreu	04 Salesianos do Funchal	1:10.08	405	34.92	35.16
8.	LEITAO, Andre Freitas	05 Naval do Funchal	1:10.81	392	34.18	36.63
9.	NASCIMENTO, Diogo Andre	02 Naval do Funchal	1:11.44	382	34.21	37.23
10.	AGUILAR, Luis Santos	04 Desportivo Nacional	1:16.20	315	36.07	40.13
11.	VIEIRA, Emanuel Eloi	03 Desportivo Sao Roque	1:16.84	307	37.17	39.67

Prova 13

Femin., 100m Costas

Absoluto

29/02/2020 - 10:15

Resultados

Recorde Regional Absoluto	1:06.63	QUINTAL, Fabiana Maria	CDN	Funchal	06/06/2009
Recorde Regional Sen	1:06.63	QUINTAL, Fabiana Maria	CDN	Funchal	06/06/2009
Recorde Regional Jun17	1:08.30	ROSA, Beatriz Jong	CDWT	Coimbra	31/03/2017
Recorde Regional Jun16	1:09.92	FREITAS, Monica Alexandra	CDN	Olivais	14/05/1989
Recorde Regional Juv A	1:09.27	ROSA, Beatriz Jong	CDN	Coimbra	25/07/2015
Recorde Regional Juv B	1:11.35	NUNES, Jeanette Vilejo	CNF	Olivais	30/01/1994
Recorde Regional Inf A	1:13.06	COSTA, Maria Jardim	CDN	Funchal	15/06/2019
Recorde Regional Inf B	1:15.90	LOPES, Joana Cristina	CNF	Evora	25/07/1992

TAC Regional Inf B: 1:55.30; Inf A: 1:49.77; Juv B: 1:43.81; Juv A: 1:43.08; Jun16: 1:41.12; Jun17: 1:40.77; Sen18: 1:39.27;
19+: 1:38.93 / TAC Nacionais Inf B: 1:25.30; Inf A: 1:19.77; Juv B: 1:13.81; Juv A: 1:13.08; Jun16: 1:11.12; Jun17: 1:10.77;
Sen18: 1:09.27; 19+: 1:08.93 / TAC Zonais Inf A: 1:20.07; Inf B: 1:25.68

Pontos: FINA 2019

Lugar	Ano	Tempo final	Pts	50m	100m
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Infantil B, 12 anos

1.	ANDRADE, Matilde Sousa	08	Naval do Funchal	1:25.21	315	41.63	43.58
<i>Tempo de acesso ao Camp. Nacional de Infantis, Tempo de acesso ao Camp. Zonal de Infantis</i>							
2.	SILVA, Carolina Pestana	08	Naval do Funchal	1:26.82	298	41.91	44.91
3.	SOARES, Leonor Silva	08	Desportivo Nacional	1:32.16	249	44.94	47.22
4.	ALVES, Juliana Rodrigues	08	Desportivo Nacional	1:32.71	244	45.89	46.82
5.	ALVES, Margarida Jesus	08	Desportivo Nacional	1:35.78	222	46.67	49.11
6.	NOBREGA, Sara Francisca	08	Desportivo Sao Roque	1:45.54	165	51.04	54.50
7.	QUINTAL, Madalena Saldanha	08	Naval do Funchal	1:57.67	119	57.61	1:00.06
FTL							

DSQ MACEDO, Diana Camacho 08 Naval do Funchal
105 - Não tocou na parede na viragem aos 50 metros - SW 10.4

Infantil A, 13 anos

1.	NETO, Leonor Rodrigues	07	Naval do Funchal	1:20.09	379	38.23	41.86
2.	ERRA, Clara Patricia	07	Salesianos do Funchal	1:34.04	234	46.00	48.04
3.	FIGUEIRA, Madalena Leonor	07	Naval do Funchal	1:34.05	234	46.39	47.66
4.	RODRIGUES, Ines Costa	07	Desportivo Nacional	1:40.56	191	49.35	51.21
DSQ	RODRIGUES, Beatriz Mendes	07	Naval do Funchal				
403 - Falsa partida - SW 4.4							

Juvenil B, 14 anos

1.	DIAS, Julia Alves	06	Desportivo Nacional	1:15.98	444	36.91	39.07
2.	DEUS, Ines Portugal	06	Naval do Funchal	1:16.93	428	37.01	39.92
3.	JARDIM, Lara Filipa	06	Naval do Funchal	1:17.01	427	36.73	40.28
4.	CANADA, Maria Elvira	06	Desportivo Nacional	1:18.31	406	37.91	40.40
5.	CARICHAS, Joana Medeiros	06	Salesianos do Funchal	1:21.55	359	38.80	42.75
6.	PEREIRA, Joana Marques	06	Salesianos do Funchal	1:23.58	334	40.74	42.84
7.	FARIA, Laura Pereira	06	Salesianos do Funchal	1:24.06	328	40.95	43.11
8.	SOUZA, Maria Beatriz	06	Naval do Funchal	1:24.60	322	41.24	43.36
9.	SOUZA, Ivana Valentina	06	Desportivo Nacional	1:24.87	319	42.19	42.68
10.	TEMBE, Ines Afonso	06	Desportivo Nacional	1:30.75	261	43.69	47.06

Juvenil A, 15 anos

1.	JARDIM, Teresa Vieira	05	Naval do Funchal	1:17.68	416	36.63	41.05
2.	ABREU, Maria Eduarda	05	Desportivo Nacional	1:26.07	306	41.88	44.19
3.	CARDOSO, Isabel Maria	05	Clube Sport Marítimo	1:35.79	221	47.40	48.39
4.	BARROS, Ana Carolina	05	Salesianos do Funchal	1:36.24	218	47.18	49.06

Prova 13, Femin., 100m Costas

Junior, 16 e 17 anos

1. GONCALVES, Maria Margarida 04	Naval do Funchal	1:15.42	454	36.18	39.24
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Absoluto, 14 anos e mais velhas

1. BOULHOSA, Carolina Abreu 01	Naval do Funchal	1:13.12	499	35.11	38.01
2. GONCALVES, Maria Margarida 04	Naval do Funchal	1:15.42	454	36.18	39.24
3. DIAS, Julia Alves 06	Desportivo Nacional	1:15.98	444	36.91	39.07
4. DEUS, Ines Portugal 06	Naval do Funchal	1:16.93	428	37.01	39.92
5. JARDIM, Lara Filipa 06	Naval do Funchal	1:17.01	427	36.73	40.28
6. JARDIM, Teresa Vieira 05	Naval do Funchal	1:17.68	416	36.63	41.05
7. CANADA, Maria Elvira 06	Desportivo Nacional	1:18.31	406	37.91	40.40
8. CARICHAS, Joana Medeiros 06	Salesianos do Funchal	1:21.55	359	38.80	42.75
9. PEREIRA, Joana Marques 06	Salesianos do Funchal	1:23.58	334	40.74	42.84
10. FARIA, Laura Pereira 06	Salesianos do Funchal	1:24.06	328	40.95	43.11
11. SOUSA, Maria Beatriz 06	Naval do Funchal	1:24.60	322	41.24	43.36
12. SOUSA, Ivana Valentina 06	Desportivo Nacional	1:24.87	319	42.19	42.68
13. ABREU, Maria Eduarda 05	Desportivo Nacional	1:26.07	306	41.88	44.19
14. TEMBE, Ines Afonso 06	Desportivo Nacional	1:30.75	261	43.69	47.06
15. CARDOSO, Isabel Maria 05	Clube Sport Marítimo	1:35.79	221	47.40	48.39
16. BARROS, Ana Carolina 05	Salesianos do Funchal	1:36.24	218	47.18	49.06

Prova 14

Masc., 50m Livres

Absolutos

29/02/2020 - 10:25

Resultados

Recorde Regional Absoluto	23.63	GONZALEZ, Hugo Miguel	CDN	Campanha	21/06/2003
Recorde Regional Sen	23.63	GONZALEZ, Hugo Miguel	CDN	Campanha	21/06/2003
Recorde Regional Jun18	24.50	CASTRO, Joao Cruz	CDSR	Funchal	23/03/2018
Recorde Regional Jun17	24.40	CASTRO, Joao Cruz	CDSR	Coimbra	31/03/2017
Recorde Regional Juv A	25.05	CASTRO, Joao Cruz	CDSR	Coimbra	29/05/2016
Recorde Regional Juv B	25.87	CASTRO, Joao Cruz	CDSR	Funchal	06/06/2015

TAC Regional Juv B: 40.30; Juv A: 40.30; Jun17: 40.30; Jun18: 40.17; Sen19: 39.66; 20 +: 39.53 / TAC Nacionais Juv B: 25.30; Juv A: 25.30; Jun17: 25.30; Jun18: 25.17; Sen19: 24.66; 20 +: 24.53

Pontos: FINA 2019

Lugar	Ano		Tempo final	Pts
Juvenil B, 15 anos				
1. LEITAO, Andre Freitas	05	Naval do Funchal	28.40	399
2. ALVES, Luis Fernandez	05	Desportivo Nacional	30.92	309
3. SOUSA, Luis Miguel	05	Clube Sport Marítimo	32.45	267
4. MENDES, Juan Diego	05	Desportivo Nacional	33.47	243
5. CORREIA, Rodrigo Ramos	05	Desportivo Nacional	34.61	220
6. NUNES, Andre Maltez	05	Desportivo Nacional	35.92	197

Juvenil A, 16 anos

1. GOMES, Alexandre Monteiro	04	Salesianos do Funchal	27.97	417
2. MACHADO, Tiago Magalhaes	04	Desportivo Nacional	28.55	392
3. BARRY, Rafael Francisco	04	Naval do Funchal	28.64	389
4. URDANETA, Lisandro Alberto	04	Desportivo Nacional	30.43	324
5. FERNANDEZ, Joao Guilherme	04	Salesianos do Funchal	31.16	302
6. GANANCA, Tiago Rodrigues	04	Naval do Funchal	35.00	213

Prova 14, Masc., 50m Livres

Junior, 17 e 18 anos

1. RODRIGUES, Renato Correia	03	Salesianos do Funchal	26.82	473
2. OLIVEIRA, Pedro Freitas	02	Naval do Funchal	26.97	466
3. CALDEIRA, Rodolfo Morais	02	Salesianos do Funchal	28.18	408
4. MELIM, Bruno Pontes	03	Salesianos do Funchal	28.32	402
5. FARIA, Joao Pedro	03	Naval do Funchal	28.45	397
6. CAMACHO, Joao Simao	03	Desportivo Nacional	28.56	392
7. ABREU, Nuno Afonso	03	Naval do Funchal	28.85	380
8. LUIS, Francisco Sousa	03	Desportivo Nacional	29.03	373
9. KOVAL, Igor	03	Desportivo Nacional	30.31	328

Absoluto, 15 anos e mais velhos

1. QUINTAL, Nuno Alexandre	99	Desportivo Nacional	25.46	553
2. RODRIGUES, Renato Correia	03	Salesianos do Funchal	26.82	473
3. OLIVEIRA, Pedro Freitas	02	Naval do Funchal	26.97	466
4. GOMES, Alexandre Monteiro	04	Salesianos do Funchal	27.97	417
5. CALDEIRA, Rodolfo Morais	02	Salesianos do Funchal	28.18	408
6. MELIM, Bruno Pontes	03	Salesianos do Funchal	28.32	402
7. LEITAO, Andre Freitas	05	Naval do Funchal	28.40	399
8. FARIA, Joao Pedro	03	Naval do Funchal	28.45	397
9. MACHADO, Tiago Magalhaes	04	Desportivo Nacional	28.55	392
10. CAMACHO, Joao Simao	03	Desportivo Nacional	28.56	392
11. BARRY, Rafael Francisco	04	Naval do Funchal	28.64	389
12. ABREU, Nuno Afonso	03	Naval do Funchal	28.85	380
13. LUIS, Francisco Sousa	03	Desportivo Nacional	29.03	373
14. VASCONCELOS, Samuel Antonio	01	Desportivo Sao Roque	30.22	331
15. KOVAL, Igor	03	Desportivo Nacional	30.31	328
16. URDANETA, Lisandro Alberto	04	Desportivo Nacional	30.43	324
17. ALVES, Luis Fernandez	05	Desportivo Nacional	30.92	309
18. FERNANDEZ, Joao Guilherme	04	Salesianos do Funchal	31.16	302
19. SOUSA, Luis Miguel	05	Clube Sport Maritimo	32.45	267
20. MENDES, Juan Diego	05	Desportivo Nacional	33.47	243
21. CORREIA, Rodrigo Ramos	05	Desportivo Nacional	34.61	220
22. GANANCA, Tiago Rodrigues	04	Naval do Funchal	35.00	213
23. NUNES, Andre Maltez	05	Desportivo Nacional	35.92	197

Prova 15 Femin., 50m Livres Absolutos
29/02/2020 - 10:29 Resultados

Recorde Regional Absoluto	27.47	QUINTAL, Fabiana Maria	CDN	Coimbra	29/07/2010
Recorde Regional Sen	27.47	QUINTAL, Fabiana Maria	CDN	Coimbra	29/07/2010
Recorde Regional Jun17	28.11	AGUILAR, Vera Ines	CDN	Coimbra	31/03/2017
Recorde Regional Jun16	28.18	BOULHOSA, Carolina Abreu	CNF	Coimbra	31/03/2017
Recorde Regional Juv A	28.01	AGUILAR, Vera Ines	CDN	Coimbra	03/04/2015
Recorde Regional Juv B	28.51	AGUILAR, Vera Ines	CDN	Coimbra	05/04/2014

TAC Regional Juv B: 43.85; Juv A: 43.85; Jun16: 43.85; Jun17: 43.71; Sen18: 43.25; 19 +: 43.11 / TAC Nacionais Juv B: 28.85; Juv A: 28.85; Jun16: 28.85; Jun17: 28.71; Sen18: 28.25; 19 +: 28.11

Pontos: FINA 2019

Lugar	Ano	Tempo final	Pts
Juvenil B, 14 anos			
1. ROVERI, Isabel Vasconcelos	06	Naval do Funchal	33.32 358
2. BAPTISTA, Constanca Ornelas	06	Naval do Funchal	34.16 332
3. DIAS, Magda Fernandes	06	Desportivo Sao Roque	36.04 283

Juvenil A, 15 anos			
1. NASCIMENTO, Sofia Alexandre	05	Naval do Funchal	30.46 469
2. SILVA, Maria Fabiana	05	Desportivo Nacional	34.41 325
3. ANDRADE, Maria Beatriz	05	Desportivo Nacional	36.36 275
4. NOBREGA, Maria Trindade	05	Desportivo Nacional	36.41 274
5. CARDOSO, Isabel Maria	05	Clube Sport Maritimo	37.57 250
6. DINIS, Maria Antonia	05	Desportivo Nacional	41.18 189

Junior, 16 e 17 anos			
1. OLIVEIRA, Sara Fernandes	04	Salesianos do Funchal	30.13 484
2. REBELO, Filipa Margarida	03	Escola O Liceu	31.45 426
3. LECA, Natasha Maria	03	Desportivo Nacional	32.07 402
4. JESUS, Filipa Mafalda	03	Desportivo Sao Roque	32.60 382
5. ALVES, Carolina Alexandra	04	Naval do Funchal	35.41 298
6. BLANDY, Mischa Blue	04	Salesianos do Funchal	43.20 164

Absoluto, 14 anos e mais velhas			
1. AGUILAR, Vera Ines	00	Desportivo Nacional	28.72 559
2. GOMES, Susana Clara	77	Naval do Funchal	28.90 549
3. OLIVEIRA, Sara Fernandes	04	Salesianos do Funchal	30.13 484
4. BOULHOSA, Carolina Abreu	01	Naval do Funchal	30.29 477
5. NASCIMENTO, Sofia Alexandre	05	Naval do Funchal	30.46 469
6. REBELO, Filipa Margarida	03	Escola O Liceu	31.45 426
7. LUIS, Jessica Santos	00	Desportivo Sao Roque	31.56 421
8. LECA, Natasha Maria	03	Desportivo Nacional	32.07 402
9. JESUS, Filipa Mafalda	03	Desportivo Sao Roque	32.60 382
10. ROVERI, Isabel Vasconcelos	06	Naval do Funchal	33.32 358
11. BAPTISTA, Constanca Ornelas	06	Naval do Funchal	34.16 332
12. SILVA, Maria Fabiana	05	Desportivo Nacional	34.41 325
13. VICTOR, Joana Isabel	91	Salesianos do Funchal	34.47 323
14. CRO, Isabel Matilde	00	Escola O Liceu	34.65 318
15. ALVES, Carolina Alexandra	04	Naval do Funchal	35.41 298
16. DIAS, Magda Fernandes	06	Desportivo Sao Roque	36.04 283
17. ANDRADE, Maria Beatriz	05	Desportivo Nacional	36.36 275
18. NOBREGA, Maria Trindade	05	Desportivo Nacional	36.41 274
19. CARDOSO, Isabel Maria	05	Clube Sport Maritimo	37.57 250
20. DINIS, Maria Antonia	05	Desportivo Nacional	41.18 189
21. BLANDY, Mischa Blue	04	Salesianos do Funchal	43.20 164

Prova 16 Masc., 100m Bruços Absoluto
29/02/2020 - 10:42 Resultados

Recorde Regional Absoluto	1:05.65	SILVA, Tomas Antonio	CNF	Funchal	01/08/2019
Recorde Regional Sen	1:07.30	MOURA, Vitor Diogo	CDN	Oeiras	26/07/2012
Recorde Regional Jun18	1:05.65	SILVA, Tomas Antonio	CNF	Funchal	01/08/2019
Recorde Regional Jun17	1:07.65	SILVA, Tomas Antonio	CNF	Oeiras	26/07/2018
Recorde Regional Juv A	1:09.14	FERNANDES, Martim Pestana	CNF	Funchal	22/02/2020
Recorde Regional Juv B	1:08.07	ALVES, Paulo Rodrigues	CDN	Funchal	01/08/2019
Recorde Regional Inf A	1:12.62	DEUS, Andre Portugal	CNF	Famalicao	16/07/2016
Recorde Regional Inf B	1:14.51	FREITAS, Tomas Miguel	CDN	Rio Maior	03/08/2003

TAC Regional Inf B: 1:59.82; Inf A: 1:54.16; Juv B: 1:46.38; Juv A: 1:44.46; Jun17: 1:40.97; Jun18: 1:40.62; Sen19: 1:38.49;
20 +: 1:38.15 / TAC Nacionais Inf B: 1:29.82; Inf A: 1:24.16; Juv B: 1:16.38; Juv A: 1:14.46; Jun17: 1:10.97; Jun18: 1:10.62;
Sen19: 1:08.49; 20 +: 1:08.15 / TAC Zonais Inf B: 1:30.12; Inf A: 1:24.46

Pontos: FINA 2019

Lugar	Ano		Tempo final	Pts	50m	100m
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Infantil B, 13 anos

1.	SOUSA, Simao Henrique	07	Desportivo Nacional	1:29.34	261	41.42	47.92
<i>Tempo de acesso ao Camp. Nacional de Infantis, Tempo de acesso ao Camp. Zonal de Infantis</i>							
2.	NEVES, Tiago Brazao	07	Naval do Funchal	1:31.31	244	44.03	47.28
3.	SMIRNOV, Dmytro	07	Desportivo Sao Roque	1:37.58	200	47.13	50.45
4.	OLIVEIRA, Afonso Miguel	07	Salesianos do Funchal	1:38.79	193	47.37	51.42
5.	NUNES, Henrique Dias	07	Desportivo Nacional	1:49.06	143	51.76	57.30
6.	CARVALHO, Joaquim Eduardo	07	Naval do Funchal	1:50.05	139	51.60	58.45
7.	VIEIRA, Luis Henrique	07	Desportivo Nacional	2:00.00	107	57.53	1:02.47
FTL							

Infantil A, 14 anos

1.	SETIM, Joao Oliveira	06	Naval do Funchal	1:26.75	285	41.06	45.69
2.	SILVA, Afonso Mar	06	Naval do Funchal	1:30.33	252	42.59	47.74
3.	CASTRO, Mateus Pereira	06	Escola O Liceu	1:34.93	217	44.75	50.18
4.	NACHYCHKO, Maximo	06	Naval do Funchal	1:35.28	215	43.90	51.38
5.	TEMES, Joao Caires	06	Salesianos do Funchal	1:42.04	175	49.57	52.47
6.	CARREIRA, Ernani Afonso	06	Desportivo Nacional	1:47.73	148	50.93	56.80

Juvenil B, 15 anos

1.	SILVA, Tony Stefano	05	Naval do Funchal	1:16.63	413	34.77	41.86
2.	ALVES, Afonso Pires	05	Salesianos do Funchal	1:18.69	382	36.45	42.24
3.	ALVES, Tiago Pires	05	Salesianos do Funchal	1:20.68	354	38.01	42.67
4.	SOUZA, Lourenco Quintas	05	Naval do Funchal	1:22.83	327	38.15	44.68
5.	VOLOZHENIN, Alexandre	05	Naval do Funchal	1:25.92	293	39.73	46.19
6.	CORREIA, Rodrigo Ramos	05	Desportivo Nacional	1:38.49	194	44.79	53.70

Juvenil A, 16 anos

1.	FERNANDES, Martim Pestana	04	Naval do Funchal	1:10.01	542	33.24	36.77
<i>Tempo de acesso ao Nacional de JUV, JUN e SEN</i>							
2.	RODRIGUES, Rodrigo Reis	04	Desportivo Sao Roque	1:15.83	426	35.63	40.20
3.	AGUILAR, Luis Santos	04	Desportivo Nacional	1:22.90	326	37.76	45.14
4.	URDANETA, Lisandro Alberto	04	Desportivo Nacional	1:38.09	197	45.38	52.71
5.	FERNANDEZ, Joao Guilherme	04	Salesianos do Funchal	1:38.77	193	46.14	52.63

Junior, 17 e 18 anos

1.	MATOS, Rodrigo Vieira	03	Naval do Funchal	1:12.95	479	34.11	38.84
2.	PAULOS, Francisco Silva	02	Naval do Funchal	1:13.30	472	33.66	39.64
3.	CASTRO, Martim Pereira	02	Escola O Liceu	1:15.32	435	34.80	40.52
4.	LOPES, Pedro Henrique	03	Desportivo Sao Roque	1:19.26	373	36.65	42.61
5.	AGUIAR, Pedro Ferreira	03	Naval do Funchal	1:19.66	368	36.86	42.80
6.	VIEIRA, Emanuel Eloi	03	Desportivo Sao Roque	1:19.83	365	37.37	42.46

Prova 16, Masc., 100m Bruços, Junior, 17 e 18 anos

Lugar	Ano		Tempo final	Pts	50m	100m
7.	CAMACHO, Joao Simao	03 Desportivo Nacional	1:34.98	217	45.72	49.26
DSQ	LUIS, Francisco Sousa	03 Desportivo Nacional				

722 - Tocou com uma mão na parede na viragem aos 50 m - SW 7.6

Absoluto, 15 anos e mais velhos

1.	FERNANDES, Martim Pestana	04 Naval do Funchal	1:10.01	542	33.24	36.77
	Tempo de acesso ao Nacional de JUV, JUN e SEN					
2.	MATOS, Rodrigo Vieira	03 Naval do Funchal	1:12.95	479	34.11	38.84
3.	PAULOS, Francisco Silva	02 Naval do Funchal	1:13.30	472	33.66	39.64
4.	CASTRO, Martim Pereira	02 Escola O Liceu	1:15.32	435	34.80	40.52
5.	RODRIGUES, Rodrigo Reis	04 Desportivo Sao Roque	1:15.83	426	35.63	40.20
6.	SILVA, Luis Pedro	98 Desportivo Nacional	1:16.31	418	34.90	41.41
7.	SILVA, Tony Stefano	05 Naval do Funchal	1:16.63	413	34.77	41.86
8.	ALVES, Afonso Pires	05 Salesianos do Funchal	1:18.69	382	36.45	42.24
9.	LOPES, Pedro Henrique	03 Desportivo Sao Roque	1:19.26	373	36.65	42.61
10.	FERREIRA, Luis Duarte	89 Escola O Liceu	1:19.43	371	37.88	41.55
11.	AGUIAR, Pedro Ferreira	03 Naval do Funchal	1:19.66	368	36.86	42.80
12.	VIEIRA, Emanuel Eloi	03 Desportivo Sao Roque	1:19.83	365	37.37	42.46
13.	ALVES, Tiago Pires	05 Salesianos do Funchal	1:20.68	354	38.01	42.67
14.	SOUZA, Lourenco Quintas	05 Naval do Funchal	1:22.83	327	38.15	44.68
15.	AGUILAR, Luis Santos	04 Desportivo Nacional	1:22.90	326	37.76	45.14
16.	VOLOZHENIN, Alexandre	05 Naval do Funchal	1:25.92	293	39.73	46.19
17.	CAMACHO, Joao Simao	03 Desportivo Nacional	1:34.98	217	45.72	49.26
18.	URDANETA, Lisandro Alberto	04 Desportivo Nacional	1:38.09	197	45.38	52.71
19.	CORREIA, Rodrigo Ramos	05 Desportivo Nacional	1:38.49	194	44.79	53.70
20.	FERNANDEZ, Joao Guilherme	04 Salesianos do Funchal	1:38.77	193	46.14	52.63
DSQ	LUIS, Francisco Sousa	03 Desportivo Nacional				

722 - Tocou com uma mão na parede na viragem aos 50 m - SW 7.6

Prova 17

Femin., 100m Bruços

Absoluto

29/02/2020 - 10:54

Resultados

Recorde Regional Absoluto	1:13.39	QUINTAL, Fabiana Maria	CDN	Faro	18/07/2009
Recorde Regional Sen	1:13.39	QUINTAL, Fabiana Maria	CDN	Faro	18/07/2009
Recorde Regional Jun17	1:16.93	MARQUES, Mariana Sousa	CNF	Lisboa	28/05/2005
Recorde Regional Jun16	1:15.42	ABREU, Laura Catarina	CDN	Oeiras	07/02/2016
Recorde Regional Juv A	1:14.35	ABREU, Laura Catarina	CDN	Coimbra	23/07/2015
Recorde Regional Juv B	1:15.14	ABREU, Laura Catarina	CDN	Oeiras	24/07/2014
Recorde Regional Inf A	1:19.63	CAIRES, Joana Costa	CNF	Lisboa	24/07/2011
Recorde Regional Inf B	1:21.92	RODRIGUES, Laura Sofia	JACL	Funchal	05/07/2019

TAC Regional Inf B: 2:07.55; Inf A: 2:03.00; Juv B: 1:54.46; Juv A: 1:53.43; Jun16: 1:50.51; Jun17: 1:50.11; Sen18: 1:47.95; 19+: 1:47.57 / TAC Nacionais Inf B: 1:37.55; Inf A: 1:33.21; Juv B: 1:24.46; Juv A: 1:23.43; Jun16: 1:20.51; Jun17: 1:20.11; Sen18: 1:17.95; 19+: 1:17.57 / TAC Zonais Inf A: 1:33.21; Inf B: 1:37.85

Pontos: FINA 2019

Lugar	Ano		Tempo final	Pts	50m	100m
Infantil B, 12 anos						
1.	BAPTISTA, Ines Sande	08 Desportivo Nacional	1:39.14	270	48.06	51.08
2.	PEREIRA, Julia Freitas	08 Naval do Funchal	1:40.36	260	47.86	52.50
3.	PEREIRA, Maria Clara	08 Salesianos do Funchal	1:40.54	259	47.92	52.62
4.	ROCHA, Vitoria Maria	08 Salesianos do Funchal	1:45.18	226	50.61	54.57
5.	SOARES, Leonor Silva	08 Desportivo Nacional	1:46.26	219	50.88	55.38
6.	ALVES, Margarida Jesus	08 Desportivo Nacional	1:57.21	163	55.32	1:01.89
DSQ	NOBREGA, Sara Francisca	08 Desportivo Sao Roque				

722 - Tocou com uma mão na parede na viragem aos 50 m - SW 7.6

Prova 17, Femin., 100m Bruços

Infantil A, 13 anos

1.	RODRIGUES, Laura Sofia	07	Salesianos do Funchal	1:24.17	442	40.27	43.90
<i>Tempo de acesso ao Camp. Nacional de Infantis, Tempo de acesso ao Camp. Zonal de Infantis</i>							
2.	FIGUEIRA, Madalena Leonor	07	Naval do Funchal	1:33.82	319	44.25	49.57
3.	FREITAS, Maria Raquel	07	Naval do Funchal	1:40.22	262	47.06	53.16
4.	ERRA, Clara Patricia	07	Salesianos do Funchal	1:50.54	195	53.12	57.42
5.	RODRIGUES, Ines Costa	07	Desportivo Nacional	1:56.76	165	56.16	1:00.60

Juvenil B, 14 anos

1.	DEUS, Ines Portugal	06	Naval do Funchal	1:27.25	397	41.56	45.69
2.	SEQUEIRA, Beatriz Meneses	06	Naval do Funchal	1:27.92	388	42.32	45.60
3.	ABREU, Ana Rodrigues	06	Naval do Funchal	1:32.92	328	42.88	50.04

Juvenil A, 15 anos

1.	GOMES, Madalena Sousa	05	Naval do Funchal	1:38.24	278	45.33	52.91
2.	SILVA, Maria Fabiana	05	Desportivo Nacional	1:43.82	235	48.76	55.06
3.	NOBREGA, Maria Trindade	05	Desportivo Nacional	1:56.22	168	55.30	1:00.92

FTL

DSQ ANDRADE, Maria Beatriz 05 Desportivo Nacional
724 - Não tocou com as mãos na parede separadas ou simultaneamente na viragem aos 50 m - SW 7.6

Junior, 16 e 17 anos

1.	FERNANDES, Ana Catarina	03	Naval do Funchal	1:22.14	475	39.31	42.83
2.	GOUVEIA, Susana Isabel	04	Salesianos do Funchal	1:35.94	298	44.96	50.98
3.	OLIVEIRA, Beatriz Camacho	03	Naval do Funchal	1:37.63	283	44.48	53.15
4.	REBELO, Filipa Margarida	03	Escola O Liceu	1:40.37	260	39.72	1:00.65
5.	ALVES, Carolina Alexandra	04	Naval do Funchal	1:43.42	238	48.21	55.21

Absoluto, 14 anos e mais velhas

1.	FERNANDES, Ana Catarina	03	Naval do Funchal	1:22.14	475	39.31	42.83
2.	DEUS, Ines Portugal	06	Naval do Funchal	1:27.25	397	41.56	45.69
3.	SEQUEIRA, Beatriz Meneses	06	Naval do Funchal	1:27.92	388	42.32	45.60
4.	ABREU, Ana Rodrigues	06	Naval do Funchal	1:32.92	328	42.88	50.04
5.	GOUVEIA, Susana Isabel	04	Salesianos do Funchal	1:35.94	298	44.96	50.98
6.	OLIVEIRA, Beatriz Camacho	03	Naval do Funchal	1:37.63	283	44.48	53.15
7.	GOMES, Madalena Sousa	05	Naval do Funchal	1:38.24	278	45.33	52.91
8.	REBELO, Filipa Margarida	03	Escola O Liceu	1:40.37	260	39.72	1:00.65
9.	ALVES, Carolina Alexandra	04	Naval do Funchal	1:43.42	238	48.21	55.21
10.	SILVA, Maria Fabiana	05	Desportivo Nacional	1:43.82	235	48.76	55.06
11.	NOBREGA, Maria Trindade	05	Desportivo Nacional	1:56.22	168	55.30	1:00.92

FTL

DSQ ANDRADE, Maria Beatriz 05 Desportivo Nacional
724 - Não tocou com as mãos na parede separadas ou simultaneamente na viragem aos 50 m - SW 7.6

Prova 18 Masc., 400m Estilos Absoluto
29/02/2020 - 11:04 Resultados

Recorde Regional Absoluto	4:31.80	FRANCO, Paulo Fragueiro	CDN	Jamor	29/07/2004
Recorde Regional Sen	4:31.80	FRANCO, Paulo Fragueiro	CDN	Jamor	29/07/2004
Recorde Regional Jun18	4:34.10	SILVA, Tomas Antonio	CNF	Funchal	02/08/2019
Recorde Regional Jun17	4:34.60	FRANCO, Paulo Fragueiro	CDN	Famalicão	05/08/1999
Recorde Regional Juv A	4:46.62	FREITAS, Tomas Miguel	CDN	Coimbra	28/07/2006
Recorde Regional Juv B	4:44.63	FREITAS, Tomas Miguel	CDN	Povoa do Varzim	11/03/2005
Recorde Regional Inf A	4:46.20	FREITAS, Tomas Miguel	CDN	Povoa do Varzim	23/07/2004
Recorde Regional Inf B	4:59.28	FREITAS, Tomas Miguel	CDN	Restelo	25/07/2003

TAC Regional Inf B: 7:23.41; Inf A: 7:01.59; Juv B: 6:44.68; Juv A: 6:36.61; Jun17: 6:26.61; Jun18: 6:25.13; Sen19: 6:16.41; 20+: 6:14.98 / TAC Nacionais Inf B: 5:53.41; Inf A: 5:31.59; Juv B: 5:14.68; Juv A: 5:06.61; Jun17: 4:56.61; Jun18: 4:55.13; Sen19: 4:46.41; 20+: 4:44.98 / TAC Zonais Inf B: 5:57.00; Inf A: 5:41.70

Pontos: FINA 2019

Lugar	Ano										Tempo final	Pts
Infantil A, 14 anos												
1.	PAULOS, Joao Afonso				06	Naval do Funchal				5:37.96	375	
	Tempo de acesso ao Camp. Zonal de Infantis											
	50m:	33.26	33.26	150m:	1:58.31	45.28	250m:	3:31.35	48.44	350m:	5:00.10	39.35
	100m:	1:13.03	39.77	200m:	2:42.91	44.60	300m:	4:20.75	49.40	400m:	5:37.96	37.86
2.	GONCALVES, Martim Luis				06	Desportivo Nacional				5:40.16	368	
	Tempo de acesso ao Camp. Zonal de Infantis											
	50m:	33.79	33.79	150m:	1:58.46	44.12	250m:	3:33.54	52.37	350m:	5:03.77	38.96
	100m:	1:14.34	40.55	200m:	2:41.17	42.71	300m:	4:24.81	51.27	400m:	5:40.16	36.39
3.	MACHADO, Bernardo Magalhaes				06	Desportivo Nacional				5:41.81	363	
	50m:	33.74	33.74	150m:	2:00.40	45.96	250m:	3:32.45	47.65	350m:	5:03.57	40.87
	100m:	1:14.44	40.70	200m:	2:44.80	44.40	300m:	4:22.70	50.25	400m:	5:41.81	38.24
4.	ALVES, Pedro Miguel				06	Desportivo Nacional				6:12.49	280	
	50m:	41.98	41.98	150m:	2:21.51	44.95	250m:	3:56.35	50.94	350m:	5:30.76	43.15
	100m:	1:36.56	54.58	200m:	3:05.41	43.90	300m:	4:47.61	51.26	400m:	6:12.49	41.73

Juvenil B, 15 anos

DSQ OLIVEIRA, Diogo Alexandre 05 Naval do Funchal
609 - Não terminou percurso de costas na posição dorsal - SW 6.5

Junior, 17 e 18 anos

1. RODRIGUES, Pedro Reis	02	Desportivo Sao Roque	4:57.28	551	
50m: 32.14 32.14	150m: 1:47.90 38.48	250m: 3:08.97 43.16	350m: 4:26.17 33.21		
100m: 1:09.42 37.28	200m: 2:25.81 37.91	300m: 3:52.96 43.99	400m: 4:57.28 31.11		

Absoluto, 15 anos e mais velhos

1. SILVA, Tomas Antonio	01	Naval do Funchal	4:41.99	646	
<i>Tempo de acesso ao Nacional de JUV, JUN e SEN</i>					
50m: 29.18 29.18	150m: 1:40.89 37.18	250m: 2:57.41 39.92	350m: 4:10.23 32.94		
100m: 1:03.71 34.53	200m: 2:17.49 36.60	300m: 3:37.29 39.88	400m: 4:41.99 31.76		
2. RODRIGUES, Pedro Reis	02	Desportivo Sao Roque	4:57.28	551	
50m: 32.14 32.14	150m: 1:47.90 38.48	250m: 3:08.97 43.16	350m: 4:26.17 33.21		
100m: 1:09.42 37.28	200m: 2:25.81 37.91	300m: 3:52.96 43.99	400m: 4:57.28 31.11		

DSQ OLIVEIRA, Diogo Alexandre 05 Naval do Funchal
609 - Não terminou percurso de costas na posição dorsal - SW 6.5

3 - 2.^a Jornada / 2.^a Sessão

29/02/2020 - 16:30

Prova 19 Masc., 100m Mariposa Absoluto
29/02/2020 - 16:30 Resultados

Recorde Regional Absoluto	56.41	SEQUEIRA, Afonso Meneses	CNF	Funchal	03/08/2019
Recorde Regional Sen	56.41	SEQUEIRA, Afonso Meneses	CNF	Funchal	03/08/2019
Recorde Regional Jun18	56.74	GOUVEIA, Pedro Galvao	CDN	Coimbra	27/05/2017
Recorde Regional Jun17	57.17	SEQUEIRA, Afonso Meneses	CNF	Oeiras	23/07/2016
Recorde Regional Juv A	58.49	SEQUEIRA, Afonso Meneses	CNF	Coimbra	30/05/2015
Recorde Regional Juv B	59.81	VARGAS, Henrique Luis	CNF	Famalicão	20/07/2013
Recorde Regional Inf A	1:02.42	CASTANHEIRO, Vitor Goncalo	CDN	S. Joao da Madeira	22/07/2006
Recorde Regional Inf B	1:04.44	VARGAS, Henrique Luis	CNF	Lisboa	23/07/2011

TAC Regional Inf B: 1:49.53; Inf A: 1:44.48; Juv B: 1:34.46; Juv A: 1:32.33; Jun17: 1:29.89; Jun18: 1:29.60; Sen19: 1:28.42;
20+: 1:28.13 / TAC Nacionais Inf B: 1:19.53; Inf A: 1:14.48; Juv B: 1:04.46; Juv A: 1:02.33; Jun17: 59.89; Jun18: 59.60;
Sen19: 58.42; 20+: 58.13 / TAC Zonais Inf B: 1:19.83; Inf A: 1:14.78

Pontos: FINA 2019

Lugar	Ano		Tempo final	Pts	50m	100m
Infantil B, 13 anos						
1.	COSTA, Guilherme Corte	07 Desportivo Nacional	1:19.79	243	36.78	43.01
<i>Tempo de acesso ao Camp. Zonal de Infantis</i>						
2.	PEREIRA, Lucas Santos	07 Naval do Funchal	1:21.95	224	37.06	44.89
3.	FERNANDES, Afonso Berimba	07 Salesianos do Funchal	1:26.44	191	40.03	46.41
4.	VIEIRA, Luis Henrique	07 Desportivo Nacional	1:35.35	142	45.02	50.33
5.	ALVES, Diogo Basilio	07 Salesianos do Funchal	1:35.67	141	44.08	51.59
DSQ	BARBOSA, Joao Camacho	07 Desportivo Nacional				
<i>809 - Movimento alternado de pernas durante o percurso - SW 8.3</i>						

Infantil A, 14 anos

1.	MACHADO, Bernardo Magalhaes	06 Desportivo Nacional	1:09.86	362	32.31	37.55
<i>Tempo de acesso ao Camp. Nacional de Infantis, Tempo de acesso ao Camp. Zonal de Infantis</i>						
2.	ABREU, Joao Francisco	06 Naval do Funchal	1:14.12	303	34.12	40.00
<i>Tempo de acesso ao Camp. Nacional de Infantis, Tempo de acesso ao Camp. Zonal de Infantis</i>						
3.	FERRAZ, Luis Afonso	06 Naval do Funchal	1:14.78	295	35.53	39.25
<i>Tempo de acesso ao Camp. Zonal de Infantis</i>						
4.	SILVA, Afonso Mar	06 Naval do Funchal	1:18.14	259	34.66	43.48
5.	CAIRES, Joao Gomes	06 Naval do Funchal	1:24.39	205	37.69	46.70
6.	STEFLEA, Andre Sergio	06 Desportivo Sao Roque	1:28.05	181	39.37	48.68
7.	TEMES, Joao Caires	06 Salesianos do Funchal	1:30.06	169	40.24	49.82

Juvenil B, 15 anos

1.	OLIVEIRA, Diogo Alexandre	05 Naval do Funchal	1:04.23	466	29.89	34.34
<i>Tempo de acesso ao Nacional de JUV, JUN e SEN</i>						
2.	LEITAO, Andre Freitas	05 Naval do Funchal	1:09.54	367	31.70	37.84
3.	ALVES, Afonso Pires	05 Salesianos do Funchal	1:14.01	305	33.25	40.76
4.	ALVES, Luis Fernandez	05 Desportivo Nacional	1:23.21	214	38.60	44.61

Juvenil A, 16 anos

1.	BARRY, Rafael Francisco	04 Naval do Funchal	1:02.98	494	28.84	34.14
2.	NUNES, Afonso Miguel	04 Salesianos do Funchal	1:07.79	396	31.43	36.36
3.	PEREIRA, Jordao Abreu	04 Salesianos do Funchal	1:09.78	363	32.87	36.91
4.	GOMES, Alexandre Monteiro	04 Salesianos do Funchal	1:10.71	349	34.04	36.67
5.	SILVA, Eduardo Rodrigues	04 Salesianos do Funchal	1:10.72	349	33.38	37.34
6.	TELES, Artur Corte	04 Salesianos do Funchal	1:16.03	281	35.03	41.00

Prova 19, Masc., 100m Mariposa

Junior, 17 e 18 anos

1.	ALVES, Afonso Pinto	02	Naval do Funchal	1:01.62	528	29.06	32.56
2.	GRACA, Fernando Guerreiro	02	Naval do Funchal	1:01.87	522	29.17	32.70
3.	SILVA, Joao Jesus	02	Salesianos do Funchal	1:02.08	516	28.94	33.14
4.	FERNANDES, Rui Afonso	03	Desportivo Nacional	1:04.54	459	29.23	35.31
5.	BAPTISTA, Tiago Ornelas	03	Naval do Funchal	1:04.87	452	30.50	34.37
6.	RODRIGUES, Renato Correia	03	Salesianos do Funchal	1:06.98	411	30.42	36.56
7.	MELIM, Bruno Pontes	03	Salesianos do Funchal	1:07.16	408	31.77	35.39
8.	ABREU, Nuno Afonso	03	Naval do Funchal	1:12.83	320	32.78	40.05
9.	KOVAL, Igor	03	Desportivo Nacional	1:14.84	294	34.91	39.93

Absoluto, 15 anos e mais velhos

1.	SILVA, Tomas Antonio	01	Naval do Funchal	58.68	611	27.70	30.98
2.	ALVES, Afonso Pinto	02	Naval do Funchal	1:01.62	528	29.06	32.56
3.	GRACA, Fernando Guerreiro	02	Naval do Funchal	1:01.87	522	29.17	32.70
4.	SILVA, Joao Jesus	02	Salesianos do Funchal	1:02.08	516	28.94	33.14
5.	FERRO, Henrique Martins	01	Naval do Funchal	1:02.83	498	29.56	33.27
6.	BARRY, Rafael Francisco	04	Naval do Funchal	1:02.98	494	28.84	34.14
7.	OLIVEIRA, Diogo Alexandre	05	Naval do Funchal	1:04.23	466	29.89	34.34
<i>Tempo de acesso ao Nacional de JUV, JUN e SEN</i>							
8.	FERNANDES, Rui Afonso	03	Desportivo Nacional	1:04.54	459	29.23	35.31
9.	BAPTISTA, Tiago Ornelas	03	Naval do Funchal	1:04.87	452	30.50	34.37
10.	RODRIGUES, Renato Correia	03	Salesianos do Funchal	1:06.98	411	30.42	36.56
11.	MELIM, Bruno Pontes	03	Salesianos do Funchal	1:07.16	408	31.77	35.39
12.	VIEIRA, Duarte Nuno	95	Salesianos do Funchal	1:07.46	402	30.97	36.49
13.	NUNES, Afonso Miguel	04	Salesianos do Funchal	1:07.79	396	31.43	36.36
14.	LEITAO, Andre Freitas	05	Naval do Funchal	1:09.54	367	31.70	37.84
15.	PEREIRA, Jordao Abreu	04	Salesianos do Funchal	1:09.78	363	32.87	36.91
16.	GOMES, Alexandre Monteiro	04	Salesianos do Funchal	1:10.71	349	34.04	36.67
17.	SILVA, Eduardo Rodrigues	04	Salesianos do Funchal	1:10.72	349	33.38	37.34
18.	ABREU, Nuno Afonso	03	Naval do Funchal	1:12.83	320	32.78	40.05
19.	ALVES, Afonso Pires	05	Salesianos do Funchal	1:14.01	305	33.25	40.76
20.	KOVAL, Igor	03	Desportivo Nacional	1:14.84	294	34.91	39.93
21.	TELES, Artur Corte	04	Salesianos do Funchal	1:16.03	281	35.03	41.00
22.	ALVES, Luis Fernandez	05	Desportivo Nacional	1:23.21	214	38.60	44.61

Prova 20 Femin., 100m Mariposa Absoluto
29/02/2020 - 16:40 Resultados

Recorde Regional Absoluto	1:03.25	OLIM, Carlota Freitas	CNF	Faro	20/07/2009
Recorde Regional Sen	1:04.74	OLIM, Carlota Freitas	CNF	Oeiras	28/07/2012
Recorde Regional Jun17	1:06.27	OLIM, Carlota Freitas	CNF	Coimbra	11/04/2010
Recorde Regional Jun16	1:03.25	OLIM, Carlota Freitas	CNF	Faro	20/07/2009
Recorde Regional Juv A	1:06.30	ROSA, Beatriz Jong	CDN	Funchal	04/07/2015
Recorde Regional Juv B	1:07.58	BOULHOSA, Carolina Abreu	CNF	Coimbra	25/07/2015
Recorde Regional Inf A	1:09.93	ROSA, Beatriz Jong	CDN	S. Joao da Madeira	14/07/2013
Recorde Regional Inf B	1:12.42	LOPES, Joana Cristina	CNF	Olivais	22/06/1992

TAC Regional Inf B: 1:57.25; Inf A: 1:52.10; Juv B: 1:41.78; Juv A: 1:40.76; Jun16: 1:38.32; Jun17: 1:37.98; Sen18: 1:36.50; 19+: 1:36.17 / TAC Nacionais Inf B: 1:27.25; Inf A: 1:22.10; Juv B: 1:11.78; Juv A: 1:10.76; Jun16: 1:08.32; Jun17: 1:07.98; Sen18: 1:06.50; 19+: 1:06.17 / TAC Zonais Inf A: 1:22.40; Inf B: 1:27.55

Pontos: FINA 2019

Lugar	Ano		Tempo final	Pts	50m	100m
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Infantil B, 12 anos

1.	ANDRADE, Matilde Sousa	08	Naval do Funchal	1:22.86	300	38.51	44.35
<i>Tempo de acesso ao Camp. Nacional de Infantis, Tempo de acesso ao Camp. Zonal de Infantis</i>							
2.	PEREIRA, Maria Clara	08	Salesianos do Funchal	1:46.49	141	47.19	59.30

Juvenil B, 14 anos

1.	JARDIM, Lara Filipa	06	Naval do Funchal	1:16.19	386	34.24	41.95
2.	TEMBE, Ines Afonso	06	Desportivo Nacional	1:18.85	348	37.33	41.52
3.	FERRO, Maria Leonor	06	Naval do Funchal	1:19.90	334	37.43	42.47
4.	SOUSA, Ivana Valentina	06	Desportivo Nacional	1:20.19	331	37.34	42.85
5.	CANADA, Maria Elvira	06	Desportivo Nacional	1:21.51	315	38.23	43.28
6.	BAPTISTA, Constanca Ornelas	06	Naval do Funchal	1:22.22	307	38.48	43.74
7.	FARIA, Laura Pereira	06	Salesianos do Funchal	1:22.94	299	38.12	44.82
8.	PEREIRA, Joana Marques	06	Salesianos do Funchal	1:25.56	272	39.01	46.55
9.	CARICHAS, Joana Medeiros	06	Salesianos do Funchal	1:28.88	243	41.57	47.31

Juvenil A, 15 anos

DSQ JARDIM, Teresa Vieira 05 Naval do Funchal
403 - Falsa partida - SW 4.4

Junior, 16 e 17 anos

1.	SOUSA, Joana Francisca	04	Desportivo Sao Roque	1:12.61	446	33.16	39.45
2.	CAMACHO, Laura Fernandes	04	Naval do Funchal	1:13.94	422	33.90	40.04
3.	OLIVEIRA, Sara Fernandes	04	Salesianos do Funchal	1:14.26	417	34.82	39.44
4.	RAMOS, Barbara Emerick	04	Salesianos do Funchal	1:14.48	413	35.63	38.85

Absoluto, 14 anos e mais velhas

1.	GOMES, Susana Clara	77	Naval do Funchal	1:08.31	535	31.54	36.77
2.	BOULHOSA, Carolina Abreu	01	Naval do Funchal	1:10.72	482	32.51	38.21
3.	SOUSA, Joana Francisca	04	Desportivo Sao Roque	1:12.61	446	33.16	39.45
4.	CAMACHO, Laura Fernandes	04	Naval do Funchal	1:13.94	422	33.90	40.04
5.	OLIVEIRA, Sara Fernandes	04	Salesianos do Funchal	1:14.26	417	34.82	39.44
6.	RAMOS, Barbara Emerick	04	Salesianos do Funchal	1:14.48	413	35.63	38.85
7.	JARDIM, Lara Filipa	06	Naval do Funchal	1:16.19	386	34.24	41.95
8.	TEMBE, Ines Afonso	06	Desportivo Nacional	1:18.85	348	37.33	41.52
9.	FERRO, Maria Leonor	06	Naval do Funchal	1:19.90	334	37.43	42.47
10.	SOUSA, Ivana Valentina	06	Desportivo Nacional	1:20.19	331	37.34	42.85
11.	VICTOR, Joana Isabel	91	Salesianos do Funchal	1:21.11	320	37.98	43.13
12.	CANADA, Maria Elvira	06	Desportivo Nacional	1:21.51	315	38.23	43.28
13.	BAPTISTA, Constanca Ornelas	06	Naval do Funchal	1:22.22	307	38.48	43.74
14.	FARIA, Laura Pereira	06	Salesianos do Funchal	1:22.94	299	38.12	44.82
15.	PEREIRA, Joana Marques	06	Salesianos do Funchal	1:25.56	272	39.01	46.55

Prova 20, Femin., 100m Mariposa, Absoluto, 14 anos e mais velhas

Lugar	Ano		Tempo final	Pts	50m	100m
16.	CARICHAS, Joana Medeiros	06 Salesianos do Funchal	1:28.88	243	41.57	47.31
17.	HERNANDEZ, Marcelis Nativid	99 Clube Sport Marítimo	1:31.34	224	39.83	51.51
18.	CRO, Isabel Matilde	00 Escola O Liceu	1:31.40	223	38.83	52.57
DSQ	JARDIM, Teresa Vieira	05 Naval do Funchal				
403 - Falsa partida - SW 4.4						

Prova 21

Masc., 50m Bruços

Absolutos

29/02/2020 - 16:47

Resultados

Recorde Regional Absoluto	29.74	MARQUES, Miguel Freitas	INDMAD	Coimbra	24/07/2015
Recorde Regional Sen	29.74	MARQUES, Miguel Freitas	INDMAD	Coimbra	24/07/2015
Recorde Regional Jun18	29.80	FIGUEIRA, Andre Temtem	CNF	Faro	19/07/2009
Recorde Regional Jun17	31.58	COSTA, Mario Martins	CSM	Faro	19/07/2009
Recorde Regional Juv A	32.14	FERNANDES, Martim Pestana	CNF	Lisboa	09/02/2020
Recorde Regional Juv B	31.49	DEUS, Andre Portugal	CNF	Coimbra	27/05/2017

TAC Regional Juv B: 47.13; Juv A: 47.13; Jun17: 47.13; Jun18: 46.97; Sen19: 46.10; 20 +: 45.94 / TAC Nacionais Juv B: 32.13; Juv A: 32.13; Jun17: 32.13; Jun18: 31.97; Sen19: 31.10; 20 +: 30.94

Pontos: FINA 2019

Lugar	Ano		Tempo final	Pts
Juvenil B, 15 anos				
1.	SILVA, Tony Stefano	05 Naval do Funchal	33.88	449
2.	SOUSA, Lourenco Quintas	05 Naval do Funchal	38.63	303
3.	VOLOZHENIN, Alexandre	05 Naval do Funchal	39.24	289
4.	CORREIA, Rodrigo Ramos	05 Desportivo Nacional	42.51	227

Juvenil A, 16 anos

1.	FERNANDES, Martim Pestana	04 Naval do Funchal	31.92	537
<i>Recorde Regional, Tempo de acesso ao Nacional de JUV, JUN e SEN</i>				
2.	MACHADO, Tiago Magalhaes	04 Desportivo Nacional	39.24	289
3.	URDANETA, Lisandro Alberto	04 Desportivo Nacional	40.88	255
4.	GANANCA, Tiago Rodrigues	04 Naval do Funchal	46.21	177

Junior, 17 e 18 anos

1.	PAULOS, Francisco Silva	02 Naval do Funchal	32.88	491
2.	MATOS, Rodrigo Vieira	03 Naval do Funchal	33.99	444
3.	LOPES, Pedro Henrique	03 Desportivo Sao Roque	35.53	389
4.	AGUIAR, Pedro Ferreira	03 Naval do Funchal	36.47	360
5.	LUIS, Francisco Sousa	03 Desportivo Nacional	37.89	321
6.	CALDEIRA, Rodolfo Moraes	02 Salesianos do Funchal	39.57	282
7.	FARIA, Joao Pedro	03 Naval do Funchal	39.59	281

Absoluto, 15 anos e mais velhos

1.	FERNANDES, Martim Pestana	04 Naval do Funchal	31.92	537
<i>Recorde Regional, Tempo de acesso ao Nacional de JUV, JUN e SEN</i>				
2.	PAULOS, Francisco Silva	02 Naval do Funchal	32.88	491
3.	SILVA, Luis Pedro	98 Desportivo Nacional	32.98	487
4.	SILVA, Tony Stefano	05 Naval do Funchal	33.88	449
5.	MATOS, Rodrigo Vieira	03 Naval do Funchal	33.99	444
6.	CAMARA, Joao Vieira	97 Escola O Liceu	34.11	440
7.	QUINTAL, Nuno Alexandre	99 Desportivo Nacional	34.48	426
8.	LOPES, Pedro Henrique	03 Desportivo Sao Roque	35.53	389
9.	FERREIRA, Luis Duarte	89 Escola O Liceu	36.43	361
10.	AGUIAR, Pedro Ferreira	03 Naval do Funchal	36.47	360

Prova 21, Masc., 50m Bruços, Absoluto, 15 anos e mais velhos

Lugar	Ano	Tempo final	Pts
11. LUIS, Francisco Sousa	03 Desportivo Nacional	37.89	321
12. SOUSA, Lourenco Quintas	05 Naval do Funchal	38.63	303
13. VOLOZHENIN, Alexandre	05 Naval do Funchal	39.24	289
MACHADO, Tiago Magalhaes	04 Desportivo Nacional	39.24	289
15. CALDEIRA, Rodolfo Moraes	02 Salesianos do Funchal	39.57	282
16. FARIA, Joao Pedro	03 Naval do Funchal	39.59	281
17. URDANETA, Lisandro Alberto	04 Desportivo Nacional	40.88	255
18. CORREIA, Rodrigo Ramos	05 Desportivo Nacional	42.51	227
19. GANANCA, Tiago Rodrigues	04 Naval do Funchal	46.21	177

Prova 22 Femin., 50m Bruços Absolutos
29/02/2020 - 16:51 Resultados

Recorde Regional Absoluto	33.95	QUINTAL, Fabiana Maria	CDN	Coimbra	30/07/2010
Recorde Regional Sen	33.95	QUINTAL, Fabiana Maria	CDN	Coimbra	30/07/2010
Recorde Regional Jun17	34.92	ABREU, Laura Catarina	CDWT	Coimbra	01/04/2017
Recorde Regional Jun16	34.67	ABREU, Laura Catarina	CDN	Funchal	23/01/2016
Recorde Regional Juv A	34.45	ABREU, Laura Catarina	CDN	Funchal	14/02/2015
Recorde Regional Juv B	34.80	ABREU, Laura Catarina	CDN	Oeiras	25/07/2014

TAC Regional Juv B: 51.97; Juv A: 51.97; Jun16: 51.97; Jun17: 51.79; Sen18: 50.87; 19 +: 50.69 / TAC Nacionais Juv B: 36.97; Juv A: 36.97; Jun16: 36.97; Jun17: 36.79; Sen18: 35.87; 19 +: 35.69

Pontos: FINA 2019

Lugar	Ano	Tempo final	Pts
Juvenil B, 14 anos			
1. ABREU, Ana Rodrigues	06 Naval do Funchal	42.50	331
2. FREITAS, Beatriz Rodrigues	06 Naval do Funchal	43.64	305
3. ROVERI, Isabel Vasconcelos	06 Naval do Funchal	46.02	260
4. SOUSA, Maria Beatriz	06 Naval do Funchal	46.87	246

Juvenil A, 15 anos

1. LUIS, Mariana Capelo	05 Salesianos do Funchal	43.03	318
2. GOMES, Madalena Sousa	05 Naval do Funchal	46.22	257
SILVA, Maria Fabiana	05 Desportivo Nacional	46.22	257
4. ANDRADE, Maria Beatriz	05 Desportivo Nacional	49.89	204

Junior, 16 e 17 anos

1. FERNANDES, Ana Catarina	03 Naval do Funchal	37.03	500
2. REBELO, Filipa Margarida	03 Escola O Liceu	37.47	483
3. GONCALVES, Maria Margarida	04 Naval do Funchal	41.13	365
4. GOUVEIA, Susana Isabel	04 Salesianos do Funchal	43.97	298
5. OLIVEIRA, Beatriz Camacho	03 Naval do Funchal	44.42	289
6. ALVES, Carolina Alexandra	04 Naval do Funchal	48.30	225
7. BLANDY, Mischa Blue	04 Salesianos do Funchal	52.91	171

FTL

Absoluto, 14 anos e mais velhas

1. FERNANDES, Ana Catarina	03 Naval do Funchal	37.03	500
2. REBELO, Filipa Margarida	03 Escola O Liceu	37.47	483
3. AGUILAR, Vera Ines	00 Desportivo Nacional	40.87	372
4. GONCALVES, Maria Margarida	04 Naval do Funchal	41.13	365
5. BOULHOSA, Carolina Abreu	01 Naval do Funchal	42.43	332
6. ABREU, Ana Rodrigues	06 Naval do Funchal	42.50	331
7. LUIS, Mariana Capelo	05 Salesianos do Funchal	43.03	318

Prova 22, Femin., 50m Bruços, Absoluto, 14 anos e mais velhas

Lugar	Ano	Tempo final	Pts
8. FREITAS, Beatriz Rodrigues	06 Naval do Funchal	43.64	305
9. GOUVEIA, Susana Isabel	04 Salesianos do Funchal	43.97	298
10. OLIVEIRA, Beatriz Camacho	03 Naval do Funchal	44.42	289
11. ROVERI, Isabel Vasconcelos	06 Naval do Funchal	46.02	260
12. GOMES, Madalena Sousa	05 Naval do Funchal	46.22	257
SILVA, Maria Fabiana	05 Desportivo Nacional	46.22	257
14. SOUSA, Maria Beatriz	06 Naval do Funchal	46.87	246
15. ALVES, Carolina Alexandra	04 Naval do Funchal	48.30	225
16. ANDRADE, Maria Beatriz	05 Desportivo Nacional	49.89	204
17. NOBREGA, Valeria Cardoso	02 Desportivo Nacional	51.27	188
FTL			
18. BLANDY, Mischa Blue	04 Salesianos do Funchal	52.91	171
FTL			

Prova 23 Masc., 200m Estilos Absoluto
29/02/2020 - 16:56 Resultados

Recorde Regional Absoluto	2:07.28	SILVA, Tomas Antonio	CNF	Funchal	04/08/2019
Recorde Regional Sen	2:10.47	MENDONCA, Duarte Alves	CDN	Famalicao	06/08/1999
Recorde Regional Jun18	2:07.28	SILVA, Tomas Antonio	CNF	Funchal	04/08/2019
Recorde Regional Jun17	2:11.49	SILVA, Tomas Antonio	CNF	Funchal	24/03/2018
Recorde Regional Juv A	2:15.68	FREITAS, Tomas Miguel	CDN	Coimbra	30/07/2006
Recorde Regional Juv B	2:13.25	ALVES, Paulo Rodrigues	CDN	Funchal	04/08/2019
Recorde Regional Inf A	2:17.91	FREITAS, Tomas Miguel	CDN	Povoa do Varzim	25/07/2004
Recorde Regional Inf B	2:23.06	FREITAS, Tomas Miguel	CDN	Rio Maior	01/08/2003

TAC Regional Inf B: 3:45.64; Inf A: 3:36.20; Juv B: 3:25.71; Juv A: 3:22.46; Jun17: 3:17.84; Jun18: 3:17.15; Sen19: 3:13.88;
20+: 3:13.21 / TAC Nacionais Inf B: 2:45.64; Inf A: 2:36.20; Juv B: 2:25.71; Juv A: 2:22.46; Jun17: 2:17.84; Jun18: 2:17.15;
Sen19: 2:13.88; 20+: 2:13.21 / TAC Zonais Inf B: 2:48.30; Inf A: 2:41.16

Pontos: FINA 2019

Lugar	Ano	Tempo final	Pts	50m	100m	150m	200m
Infantil B, 13 anos							
1. NEVES, Tiago Brazao	07 Naval do Funchal	2:48.96	307	38.91	42.97	50.73	36.35
2. ARAUJO, Joao Caldeira	07 Naval do Funchal	2:52.09	290	37.15	44.01	51.94	38.99
3. ALMEIDA, Joao Francisco	07 Naval do Funchal	2:55.22	275	35.11	46.76	52.69	40.66
4. OLIVEIRA, Afonso Miguel	07 Salesianos do Funchal	2:55.65	273	37.85	43.92	55.34	38.54
5. SMIRNOV, Dmytro	07 Desportivo Sao Roque	3:08.76	220	43.01	48.79	53.40	43.56
6. ALVES, Diogo Basilio	07 Salesianos do Funchal	3:12.43	207	44.41	48.58	57.43	42.01

Infantil A, 14 anos

1. GONCALVES, Martim Luis	06 Desportivo Nacional	2:39.55	364	32.59	40.10	50.58	36.28
<i>Tempo de acesso ao Camp. Zonal de Infantis</i>							
2. ABREU, Joao Francisco	06 Naval do Funchal	2:43.71	337	34.61	41.44	50.08	37.58

Juvenil B, 15 anos

1. RODRIGUES, Joao Luis	05 Naval do Funchal	2:28.56	451	31.03	39.47	44.51	33.55
2. ALVES, Afonso Pires	05 Salesianos do Funchal	2:40.07	361	34.86	44.41	45.42	35.38
DSQ OLIVEIRA, Diogo Alexandr	05 Naval do Funchal						
701 - Mais de uma pernada de golfinho durante a braçada submarina - SW 7.1							

Prova 23, Masc., 200m Estilos

Juvenil A, 16 anos

1.	RODRIGUES, Rodrigo Re04	Desportivo Sao Roque	2:20.52	533	30.77	36.89	40.21	32.65
	<i>Tempo de acesso ao Nacional de JUV, JUN e SEN</i>							
2.	FERNANDES, Martim Pes041a	Naval do Funchal	2:28.90	448	32.01	43.22	39.86	33.81
3.	AGUILAR, Luis Santos 04	Desportivo Nacional	2:41.01	354	33.30	42.89	47.30	37.52
4.	FERNANDEZ, Joao Guilher041e	Salesianos do Funchal	2:55.88	272	35.40	45.75	55.38	39.35
DSQ	NUNES, Afonso Miguel 04	Salesianos do Funchal						
	<i>718 - Movimento vertical de pernas durante o percurso - SW 7.5</i>							

Junior, 17 e 18 anos

1.	FERNANDES, Rui Afonso 03	Desportivo Nacional	2:25.21	483	29.72	37.33	46.33	31.83
2.	VIEIRA, Emanuel Eloi 03	Desportivo Sao Roque	2:38.11	374	37.36	41.62	43.98	35.15
3.	CAMACHO, Joao Simao 03	Desportivo Nacional	2:48.01	312	35.56	43.60	52.37	36.48
DSQ	MATOS, Rodrigo Vieira 03	Naval do Funchal						
	<i>608 - Não chegou na posição dorsal - SW 6.5</i>							

Absoluto, 15 anos e mais velhos

1.	SILVA, Tomas Antonio 01	Naval do Funchal	2:12.21	641	28.29	34.48	38.55	30.89
	<i>Tempo de acesso ao Nacional de JUV, JUN e SEN</i>							
2.	RODRIGUES, Rodrigo Re04	Desportivo Sao Roque	2:20.52	533	30.77	36.89	40.21	32.65
	<i>Tempo de acesso ao Nacional de JUV, JUN e SEN</i>							
3.	FERNANDES, Rui Afonso 03	Desportivo Nacional	2:25.21	483	29.72	37.33	46.33	31.83
4.	RODRIGUES, Joao Luis 05	Naval do Funchal	2:28.56	451	31.03	39.47	44.51	33.55
5.	FERNANDES, Martim Pes041a	Naval do Funchal	2:28.90	448	32.01	43.22	39.86	33.81
6.	VIEIRA, Emanuel Eloi 03	Desportivo Sao Roque	2:38.11	374	37.36	41.62	43.98	35.15
7.	ALVES, Afonso Pires 05	Salesianos do Funchal	2:40.07	361	34.86	44.41	45.42	35.38
8.	AGUILAR, Luis Santos 04	Desportivo Nacional	2:41.01	354	33.30	42.89	47.30	37.52
9.	CAMACHO, Joao Simao 03	Desportivo Nacional	2:48.01	312	35.56	43.60	52.37	36.48
10.	FERNANDEZ, Joao Guilher041e	Salesianos do Funchal	2:55.88	272	35.40	45.75	55.38	39.35
DSQ	NUNES, Afonso Miguel 04	Salesianos do Funchal						
	<i>718 - Movimento vertical de pernas durante o percurso - SW 7.5</i>							
DSQ	MATOS, Rodrigo Vieira 03	Naval do Funchal						
	<i>608 - Não chegou na posição dorsal - SW 6.5</i>							
DSQ	OLIVEIRA, Diogo Alexandr05	Naval do Funchal						
	<i>701 - Mais de uma pernada de golfinho durante a braçada submarina - SW 7.1</i>							

Prova 24

Femin., 400m Estilos

Absoluto

29/02/2020 - 17:06

Resultados

Recorde Regional Absoluto	5:07.00	QUINTAL, Fabiana Maria	CDN	Coimbra	31/05/2009
Recorde Regional Sen	5:07.00	QUINTAL, Fabiana Maria	CDN	Coimbra	31/05/2009
Recorde Regional Jun17	5:30.47	ROSA, Beatriz Jong	CDWT	Funchal	18/03/2017
Recorde Regional Jun16	5:25.48	CERDAS, Sara Rodrigues	CNF	Funchal	07/07/2005
Recorde Regional Juv A	5:28.09	FERREIRA, Maria Leonor	CDN	Coimbra	06/04/2019
Recorde Regional Juv B	5:24.54	SOUZA, Susana Margarida	CFU	Olivais	08/08/1991
Recorde Regional Inf A	5:33.79	CORREIA, Marta Corte	CNF	Famalicao	25/07/1997
Recorde Regional Inf B	5:48.91	FERREIRA, Maria Leonor	CDN	Funchal	02/07/2016

TAC Regional Inf B: 7:45.54; Inf A: 7:27.92; Juv B: 7:10.83; Juv A: 7:10.83; Jun16: 6:59.02; Jun17: 6:57.38; Sen18: 6:48.16;
19+: 6:46.57 / TAC Nacionais Inf B: 6:15.54; Inf A: 5:57.92; Juv B: 5:40.83; Juv A: 5:40.83; Jun16: 5:29.02; Jun17: 5:27.38;
Sen18: 5:18.16; 19+: 5:16.57 / TAC Zonais Inf A: 6:10.77; Inf B: 6:30.66

Pontos: FINA 2019

Lugar	Ano	Tempo final	Pts
Infantil B, 12 anos			
1. ALVES, Juliana Rodrigues	08 Desportivo Nacional	6:32.54	312
50m: 40.50 40.50 150m: 2:21.98 52.51 250m: 4:07.76 54.69 350m: 5:49.13 46.62			
100m: 1:29.47 48.97 200m: 3:13.07 51.09 300m: 5:02.51 54.75 400m: 6:32.54 43.41			
2. BAPTISTA, Ines Sande	08 Desportivo Nacional	6:44.00	286
50m: 42.50 42.50 150m: 2:24.13 51.85 250m: 4:12.87 59.48 350m: 5:58.96 48.43			
100m: 1:32.28 49.78 200m: 3:13.39 49.26 300m: 5:10.53 57.66 400m: 6:44.00 45.04			
DSQ SOARES, Leonor Silva	08 Desportivo Nacional		
403 - Falsa partida - SW 4.4			

Infantil A, 13 anos

1. RODRIGUES, Laura Sofia	07 Salesianos do Funchal	5:52.51	431
<i>Tempo de acesso ao Camp. Nacional de Infantis, Tempo de acesso ao Camp. Zonal de Infantis</i>			
50m: 37.79 37.79 150m: 2:09.44 45.53 250m: 3:42.91 49.11 350m: 5:12.77 41.87			
100m: 1:23.91 46.12 200m: 2:53.80 44.36 300m: 4:30.90 47.99 400m: 5:52.51 39.74			
2. CAMARA, Ines Cruz	07 Desportivo Nacional	5:57.60	413
<i>Tempo de acesso ao Camp. Nacional de Infantis, Tempo de acesso ao Camp. Zonal de Infantis</i>			
50m: 36.42 36.42 150m: 2:10.15 48.51 250m: 3:47.06 50.66 350m: 5:17.67 41.72			
100m: 1:21.64 45.22 200m: 2:56.40 46.25 300m: 4:35.95 48.89 400m: 5:57.60 39.93			
3. GONCALVES, Valentina Jose	07 Desportivo Nacional	6:07.04	382
<i>Tempo de acesso ao Camp. Zonal de Infantis</i>			
50m: 38.67 38.67 150m: 2:13.76 46.78 250m: 3:50.23 50.84 350m: 5:25.36 44.64			
100m: 1:26.98 48.31 200m: 2:59.39 45.63 300m: 4:40.72 50.49 400m: 6:07.04 41.68			
4. TEMTEM, Sara Maria	07 Desportivo Nacional	6:46.22	281
50m: 46.01 46.01 150m: 2:31.02 50.90 250m: 4:17.31 57.10 350m: 6:02.64 47.82			
100m: 1:40.12 54.11 200m: 3:20.21 49.19 300m: 5:14.82 57.51 400m: 6:46.22 43.58			
DSQ MATEUS, Clarisse Vieira	07 Desportivo Nacional		
701 - Mais de uma pernada de golfinho durante a braçada submarina - SW 7.1			

Juvenil B, 14 anos

1. DIAS, Julia Alves	06 Desportivo Nacional	5:40.14	480
<i>Tempo de acesso ao Nacional de JUV, JUN e SEN</i>			
50m: 35.45 35.45 150m: 2:00.56 43.38 250m: 3:33.45 50.57 350m: 5:02.70 39.35			
100m: 1:17.18 41.73 200m: 2:42.88 42.32 300m: 4:23.35 49.90 400m: 5:40.14 37.44			
2. SEQUEIRA, Beatriz Meneses	06 Naval do Funchal	5:52.78	430
50m: 36.74 36.74 150m: 2:08.50 44.64 250m: 3:41.55 49.75 350m: 5:12.13 41.28			
100m: 1:23.86 47.12 200m: 2:51.80 43.30 300m: 4:30.85 49.30 400m: 5:52.78 40.65			

Prova 24, Femin., 400m Estilos, Juvenil B, 14 anos

Lugar	Ano	Tempo final	Pts
3. SILVA, Silvana Suamade	06 Desportivo Sao Roque	5:54.59	423
50m: 37.48 37.48 150m: 2:09.68 46.38 250m: 3:44.89 50.16 350m: 5:15.79 39.95			
100m: 1:23.30 45.82 200m: 2:54.73 45.05 300m: 4:35.84 50.95 400m: 5:54.59 38.80			

Absoluto, 14 anos e mais velhas

1. DIAS, Julia Alves	06 Desportivo Nacional	5:40.14	480
<i>Tempo de acesso ao Nacional de JUV, JUN e SEN</i>			
50m: 35.45 35.45 150m: 2:00.56 43.38 250m: 3:33.45 50.57 350m: 5:02.70 39.35			
100m: 1:17.18 41.73 200m: 2:42.88 42.32 300m: 4:23.35 49.90 400m: 5:40.14 37.44			
2. SEQUEIRA, Beatriz Meneses	06 Naval do Funchal	5:52.78	430
50m: 36.74 36.74 150m: 2:08.50 44.64 250m: 3:41.55 49.75 350m: 5:12.13 41.28			
100m: 1:23.86 47.12 200m: 2:51.80 43.30 300m: 4:30.85 49.30 400m: 5:52.78 40.65			
3. SILVA, Silvana Suamade	06 Desportivo Sao Roque	5:54.59	423
50m: 37.48 37.48 150m: 2:09.68 46.38 250m: 3:44.89 50.16 350m: 5:15.79 39.95			
100m: 1:23.30 45.82 200m: 2:54.73 45.05 300m: 4:35.84 50.95 400m: 5:54.59 38.80			
EXH CSULAK, Lia	05 Hungary	5:03.15	678
50m: 32.28 32.28 150m: 1:49.72 40.37 250m: 3:12.13 43.73 350m: 4:30.63 35.16			
100m: 1:09.35 37.07 200m: 2:28.40 38.68 300m: 3:55.47 43.34 400m: 5:03.15 32.52			

Prova 25

Masc., 200m Livres

Absoluto

29/02/2020 - 17:31

Resultados

Recorde Regional Absoluto	1:50.78	PINTO, Luis Marques	CDN	Faro	19/07/2009
Recorde Regional Sen	1:50.78	PINTO, Luis Marques	CDN	Faro	19/07/2009
Recorde Regional Jun18	1:53.84	CASTRO, Joao Cruz	CDSR	Funchal	24/03/2018
Recorde Regional Jun17	1:53.94	CASTRO, Joao Cruz	CDSR	Porto	03/06/2017
Recorde Regional Juv A	1:55.96	CASTRO, Joao Cruz	CDSR	Oeiras	22/07/2016
Recorde Regional Juv B	1:58.42	CASTRO, Joao Cruz	CDSR	Coimbra	24/07/2015
Recorde Regional Inf A	2:02.04	CASTRO, Joao Cruz	CSM	Loule	19/07/2014
Recorde Regional Inf B	2:10.64	SOUZA, Pedro Afonso	CDN	Famalicao	16/07/2016

TAC Regional Inf B: 3:23.99; Inf A: 3:14.92; Juv B: 3:07.95; Juv A: 3:04.22; Jun17: 3:00.36; Jun18: 2:59.76; Sen19: 2:57.29;
20+: 2:56.71 / TAC Nacionais Inf B: 2:23.99; Inf A: 2:14.92; Juv B: 2:07.95; Juv A: 2:04.22; Jun17: 2:00.36; Jun18: 1:59.76;
Sen19: 1:57.29; 20+: 1:56.71 / TAC Zonais Inf B: 2:29.43; Inf A: 2:23.00

Pontos: FINA 2019

Lugar	Ano	Tempo final	Pts	50m	100m	150m	200m
Infantil B, 13 anos							
1. NEVES, Tiago Brazao	07 Naval do Funchal	2:31.06	307	35.01	39.13	39.82	37.10
2. PEREIRA, Lucas Santos	07 Naval do Funchal	2:35.29	283	35.34	40.28	40.66	39.01
3. ALMEIDA, Joao Francisco	07 Naval do Funchal	2:37.39	272	35.19	40.86	42.76	38.58
4. COSTA, Guilherme Corte	07 Desportivo Nacional	2:45.94	232	36.19	44.00	44.14	41.61
5. ALVES, Diogo Basilio	07 Salesianos do Funchal	2:49.70	217	38.71	44.35	44.92	41.72
6. SOUSA, Simao Henrique	07 Desportivo Nacional	2:51.30	211	37.80	44.86	45.86	42.78
7. BARBOSA, Joao Camacho	07 Desportivo Nacional	2:56.84	191	41.92	46.53	47.16	41.23
8. FERNANDES, A.	07 Salesianos do Funchal	2:57.28	190	40.65	47.23	47.36	42.04
9. CARVALHO, J.	07 Naval do Funchal	2:59.41	183	41.04	44.87	45.69	47.81
10. NUNES, Henrique Dias	07 Desportivo Nacional	3:01.41	177	41.77	48.00	48.47	43.17
11. NUNES, Duarte Costa	07 Salesianos do Funchal	3:07.57	160	44.42	48.81	50.26	44.08
12. VIEIRA, Luis Henrique	07 Desportivo Nacional	3:17.10	138	45.56	52.42	50.29	48.83

Prova 25, Masc., 200m Livres

Infantil A, 14 anos

1. PAULOS, Joao Afonso	06	Naval do Funchal	2:19.80	388	31.99	36.71	36.57	34.53
<i>Tempo de acesso ao Camp. Zonal de Infantis</i>								
2. FERRAZ, Luis Afonso	06	Naval do Funchal	2:22.95	363	33.47	36.69	37.53	35.26
<i>Tempo de acesso ao Camp. Zonal de Infantis</i>								
3. PITA, Pedro Miguel	06	Naval do Funchal	2:23.11	362	32.72	37.10	37.21	36.08
4. SETIM, Joao Oliveira	06	Naval do Funchal	2:23.61	358	32.15	36.96	38.84	35.66
5. GARANITO, Simao Silva	06	Naval do Funchal	2:24.44	352	32.62	36.73	38.07	37.02
6. SILVA, Joao Luis	06	Escola O Liceu	2:32.33	300	36.17	40.67	41.70	33.79
7. ALVES, Pedro Miguel	06	Desportivo Nacional	2:35.74	280	34.27	39.68	41.26	40.53
8. SILVA, Afonso Mar	06	Naval do Funchal	2:37.67	270	37.86	41.35	40.96	37.50
9. CAIRES, Joao Gomes	06	Naval do Funchal	2:46.31	230	36.61	44.91	44.60	40.19
10. TEMES, Joao Caires	06	Salesianos do Funchal	2:47.55	225	40.14	45.88	43.32	38.21
11. NACHYCHKO, Maximo	06	Naval do Funchal	2:51.21	211	37.50	43.88	46.52	43.31
12. CASTRO, Mateus Pereira	06	Escola O Liceu	2:51.42	210	38.61	44.83	44.67	43.31
13. STEFLEA, Andre Sergio	06	Desportivo Sao Roque	2:54.17	200	39.06	45.38	45.34	44.39
14. CARREIRA, Ernani Afonsc	06	Desportivo Nacional	3:03.34	172	42.03	47.95	48.18	45.18

Juvenil B, 15 anos

1. OLIVEIRA, Diogo Alexandr	05	Naval do Funchal	2:13.59	445	30.96	33.70	35.40	33.53
2. SANTOS, Nuno Goncalo	05	Desportivo Sao Roque	2:16.92	413	30.98	34.83	35.40	35.71
3. VOLOZHENIN, Alexandre	05	Naval do Funchal	2:19.41	391	32.04	35.97	35.56	35.84
4. SOUSA, Lourenco Quintas	05	Naval do Funchal	2:21.29	376	32.03	36.81	36.81	35.64
5. ALVES, Tiago Pires	05	Salesianos do Funchal	2:21.60	373	32.63	35.84	37.96	35.17
6. SILVA, Tony Stefano	05	Naval do Funchal	2:24.24	353	30.67	36.63	39.13	37.81
7. ALVES, Luis Fernandez	05	Desportivo Nacional	2:36.27	278	34.76	40.95	41.89	38.67
8. NUNES, Andre Maltez	05	Desportivo Nacional	2:51.44	210	39.50	45.33	45.69	40.92
9. MENDES, Juan Diego	05	Desportivo Nacional	2:51.93	208	38.97	45.29	46.26	41.41

Juvenil A, 16 anos

1. RODRIGUES, Rodrigo Re	04	Desportivo Sao Roque	2:08.10	504	29.85	32.89	32.99	32.37
2. FERNANDES, Diogo Henri	04	Naval do Funchal	2:08.41	501	28.65	32.84	33.81	33.11
3. SILVA, Eduardo Rodrigue	04	Salesianos do Funchal	2:25.90	341	34.05	37.47	38.00	36.38
4. URDANETA, Lisandro Albr	04	Desportivo Nacional	2:56.61	192	37.88	46.21	48.05	44.47

Junior, 17 e 18 anos

1. RODRIGUES, Pedro Reis	02	Desportivo Sao Roque	1:59.61	620	28.04	29.88	30.68	31.01
<i>Tempo de acesso ao Nacional de JUV, JUN e SEN</i>								
2. GOMES, Goncalo Camara	03	Naval do Funchal	2:02.27	580	27.77	30.80	31.46	32.24
3. CASTRO, Martim Pereira	02	Escola O Liceu	2:08.47	500	29.50	32.12	33.39	33.46
4. OLIVEIRA, Pedro Freitas	02	Naval do Funchal	2:09.33	490	30.50	33.37	32.40	33.06
5. LOPES, Pedro Henrique	03	Desportivo Sao Roque	2:15.35	427	30.39	34.26	35.17	35.53
6. MELIM, Bruno Pontes	03	Salesianos do Funchal	2:16.47	417	30.75	34.49	36.53	34.70
7. RODRIGUES, Renato Cor	03a	Salesianos do Funchal	2:17.46	408	30.68	35.51	36.86	34.41
8. BELO, Francisco Miguel	02	Desportivo Nacional	2:22.71	365	31.85	35.95	37.54	37.37
9. FARIA, Joao Pedro	03	Naval do Funchal	2:23.47	359	32.06	36.60	37.62	37.19
10. LUIS, Francisco Sousa	03	Desportivo Nacional	2:44.32	239	37.23	41.65	43.32	42.12
DSQ KOVAL, Igor	03	Desportivo Nacional						
<i>403 - Falsa partida - SW 4.4</i>								

Prova 25, Masc., 200m Livres

Absoluto, 15 anos e mais velhos

1. RODRIGUES, Pedro Reis02	Desportivo Sao Roque	1:59.61	620	28.04	29.88	30.68	31.01
<i>Tempo de acesso ao Nacional de JUV, JUN e SEN</i>							
2. GOMES, Goncalo Camara03	Naval do Funchal	2:02.27	580	27.77	30.80	31.46	32.24
3. RODRIGUES, Rodrigo Re04	Desportivo Sao Roque	2:08.10	504	29.85	32.89	32.99	32.37
4. FERNANDES, Diogo Henri04	Naval do Funchal	2:08.41	501	28.65	32.84	33.81	33.11
5. CASTRO, Martim Pereira 02	Escola O Liceu	2:08.47	500	29.50	32.12	33.39	33.46
6. OLIVEIRA, Pedro Freitas 02	Naval do Funchal	2:09.33	490	30.50	33.37	32.40	33.06
7. OLIVEIRA, Diogo Alexandr05	Naval do Funchal	2:13.59	445	30.96	33.70	35.40	33.53
8. LOPES, Pedro Henrique 03	Desportivo Sao Roque	2:15.35	427	30.39	34.26	35.17	35.53
9. MELIM, Bruno Pontes 03	Salesianos do Funchal	2:16.47	417	30.75	34.49	36.53	34.70
10. SANTOS, Nuno Goncalo 05	Desportivo Sao Roque	2:16.92	413	30.98	34.83	35.40	35.71
11. RODRIGUES, Renato Cor03a	Salesianos do Funchal	2:17.46	408	30.68	35.51	36.86	34.41
12. VOLOZHENIN, Alexandre 05	Naval do Funchal	2:19.41	391	32.04	35.97	35.56	35.84
13. SOUSA, Lourenco Quintas05	Naval do Funchal	2:21.29	376	32.03	36.81	36.81	35.64
14. ALVES, Tiago Pires 05	Salesianos do Funchal	2:21.60	373	32.63	35.84	37.96	35.17
15. BELO, Francisco Miguel 02	Desportivo Nacional	2:22.71	365	31.85	35.95	37.54	37.37
16. FARIA, Joao Pedro 03	Naval do Funchal	2:23.47	359	32.06	36.60	37.62	37.19
17. SILVA, Tony Stefano 05	Naval do Funchal	2:24.24	353	30.67	36.63	39.13	37.81
18. SOUSA, Joao Pedro 74	Naval do Funchal	2:24.90	348	31.80	35.67	38.09	39.34
19. SILVA, Eduardo Rodrigue04	Salesianos do Funchal	2:25.90	341	34.05	37.47	38.00	36.38
20. VASCONCELOS, S. 01	Desportivo Sao Roque	2:34.41	288	34.06	38.61	41.02	40.72
21. ALVES, Luis Fernandez 05	Desportivo Nacional	2:36.27	278	34.76	40.95	41.89	38.67
22. LUIS, Francisco Sousa 03	Desportivo Nacional	2:44.32	239	37.23	41.65	43.32	42.12
23. NUNES, Andre Maltez 05	Desportivo Nacional	2:51.44	210	39.50	45.33	45.69	40.92
24. MENDES, Juan Diego 05	Desportivo Nacional	2:51.93	208	38.97	45.29	46.26	41.41
25. URDANETA, Lisandro Alb04	Desportivo Nacional	2:56.61	192	37.88	46.21	48.05	44.47
DSQ KOVAL, Igor 03	Desportivo Nacional						
403 - Falsa partida - SW 4.4							

Prova 26

Femin., 400m Livres

Absoluto

29/02/2020 - 17:55

Resultados

Recorde Regional Absoluto	4:35.73	ANDRADE, Rubina Amaro	CDN	Greve (DEN)	23/01/1994
Recorde Regional Sen	4:41.19	ANDRADE, Rubina Amaro	CDN	Restelo	21/12/1996
Recorde Regional Jun17	4:38.89	ANDRADE, Rubina Amaro	CDN	Famalicao	02/08/1996
Recorde Regional Jun16	4:38.61	ANDRADE, Rubina Amaro	CDN		04/08/1995
Recorde Regional Juv A	4:35.73	ANDRADE, Rubina Amaro	CDN	Greve (DEN)	23/01/1994
Recorde Regional Juv B	4:40.61	ANDRADE, Rubina Amaro	CDN		01/01/1993
Recorde Regional Inf A	4:49.56	ANDRADE, Rubina Amaro	CDN	Matur	21/07/1992
Recorde Regional Inf B	5:04.39	LOPES, Joana Cristina	CNF	Olivais	22/06/1992

TAC Regional Inf B: 6:49.99; Inf A: 6:35.44; Juv B: 6:24.59; Juv A: 6:22.31; Jun16: 6:14.46; Jun17: 6:13.04; Sen18: 6:07.41; 19+: 6:06.03 / TAC Nacionais Inf B: 5:19.99; Inf A: 5:05.44; Juv B: 4:54.59; Juv A: 4:52.31; Jun16: 4:44.46; Jun17: 4:43.04; Sen18: 4:37.41; 19+: 4:36.03 / TAC Zonais Inf A: 5:22.83; Inf B: 5:38.64

Pontos: FINA 2019

Lugar	Ano	Tempo final	Pts
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Infantil B, 12 anos

1. PEREIRA, Julia Freitas	08	Naval do Funchal	6:03.29	275
50m: 39.27 39.27	150m: 2:11.86 45.63	250m: 3:44.73 46.74	350m: 5:19.33 47.16	
100m: 1:26.23 46.96	200m: 2:57.99 46.13	300m: 4:32.17 47.44	400m: 6:03.29 43.96	

Infantil A, 13 anos

1. NETO, Leonor Rodrigues	07	Naval do Funchal	5:37.72	343
50m: 37.44 37.44	150m: 2:02.16 43.63	250m: 3:29.71 44.42	350m: 4:56.56 43.88	
100m: 1:18.53 41.09	200m: 2:45.29 43.13	300m: 4:12.68 42.97	400m: 5:37.72 41.16	
2. FIGUEIRA, Madalena Leonor	07	Naval do Funchal	5:58.76	286
50m: 38.62 38.62	150m: 2:10.04 45.64	250m: 3:42.98 46.59	350m: 5:16.33 45.82	
100m: 1:24.40 45.78	200m: 2:56.39 46.35	300m: 4:30.51 47.53	400m: 5:58.76 42.43	

Prova 26, Femin., 400m Livres

Juvenil B, 14 anos

1.	FREITAS, Margarida Ramos	06	Desportivo Nacional	5:03.89	471
	50m: 33.99 33.99 150m: 1:50.84 39.01 250m: 3:09.28 38.87 350m: 4:26.90 38.50				
	100m: 1:11.83 37.84 200m: 2:30.41 39.57 300m: 3:48.40 39.12 400m: 5:03.89 36.99				
2.	FREITAS, Beatriz Rodrigues	06	Naval do Funchal	5:09.87	444
	50m: 34.66 34.66 150m: 1:51.60 38.82 250m: 3:10.51 39.70 350m: 4:30.52 40.08				
	100m: 1:12.78 38.12 200m: 2:30.81 39.21 300m: 3:50.44 39.93 400m: 5:09.87 39.35				
3.	DEUS, Ines Portugal	06	Naval do Funchal	5:10.48	441
	50m: 35.17 35.17 150m: 1:52.24 38.79 250m: 3:12.12 40.12 350m: 4:31.66 39.26				
	100m: 1:13.45 38.28 200m: 2:32.00 39.76 300m: 3:52.40 40.28 400m: 5:10.48 38.82				
4.	FERRO, Maria Leonor	06	Naval do Funchal	5:21.78	396
	50m: 35.45 35.45 150m: 1:57.53 42.16 250m: 3:20.52 41.14 350m: 4:42.64 40.64				
	100m: 1:15.37 39.92 200m: 2:39.38 41.85 300m: 4:02.00 41.48 400m: 5:21.78 39.14				
5.	JARDIM, Lara Filipa	06	Naval do Funchal	5:22.83	392
	50m: 35.24 35.24 150m: 1:55.96 40.58 250m: 3:19.43 41.62 350m: 4:42.98 41.30				
	100m: 1:15.38 40.14 200m: 2:37.81 41.85 300m: 4:01.68 42.25 400m: 5:22.83 39.85				
6.	ABREU, Ana Rodrigues	06	Naval do Funchal	5:27.39	376
	50m: 35.49 35.49 150m: 1:57.30 41.31 250m: 3:21.86 42.12 350m: 4:46.13 41.55				
	100m: 1:15.99 40.50 200m: 2:39.74 42.44 300m: 4:04.58 42.72 400m: 5:27.39 41.26				
7.	FARIA, Laura Pereira	06	Salesianos do Funchal	5:29.58	369
	50m: 36.31 36.31 150m: 2:00.75 42.56 250m: 3:26.65 42.67 350m: 4:52.72 42.84				
	100m: 1:18.19 41.88 200m: 2:43.98 43.23 300m: 4:09.88 43.23 400m: 5:29.58 36.86				
8.	CARICHAS, Joana Medeiros	06	Salesianos do Funchal	5:29.79	368
	50m: 36.51 36.51 150m: 2:00.36 42.58 250m: 3:25.79 42.78 350m: 4:51.93 42.59				
	100m: 1:17.78 41.27 200m: 2:43.01 42.65 300m: 4:09.34 43.55 400m: 5:29.79 37.86				
9.	PEREIRA, Joana Marques	06	Salesianos do Funchal	5:33.18	357
	50m: 36.19 36.19 150m: 2:00.12 42.69 250m: 3:27.60 43.96 350m: 4:53.70 42.56				
	100m: 1:17.43 41.24 200m: 2:43.64 43.52 300m: 4:11.14 43.54 400m: 5:33.18 39.48				
10.	DIAS, Monica Fernandes	06	Desportivo Sao Roque	5:41.55	331
	50m: 38.97 38.97 150m: 2:06.29 43.79 250m: 3:33.15 42.67 350m: 4:59.94 42.44				
	100m: 1:22.50 43.53 200m: 2:50.48 44.19 300m: 4:17.50 44.35 400m: 5:41.55 41.61				

Juvenil A, 15 anos

1.	ARAUJO, Maria Clara	05	Naval do Funchal	5:00.37	487
	50m: 33.60 33.60 150m: 1:48.58 38.11 250m: 3:05.48 38.87 350m: 4:23.09 38.65				
	100m: 1:10.47 36.87 200m: 2:26.61 38.03 300m: 3:44.44 38.96 400m: 5:00.37 37.28				
2.	NASCIMENTO, Sofia Alexandre	05	Naval do Funchal	5:10.45	441
	50m: 34.83 34.83 150m: 1:52.65 38.77 250m: 3:12.34 39.55 350m: 4:32.51 39.91				
	100m: 1:13.88 39.05 200m: 2:32.79 40.14 300m: 3:52.60 40.26 400m: 5:10.45 37.94				
3.	BELO, Bruna Raquel	05	Desportivo Nacional	5:15.37	421
	50m: 34.48 34.48 150m: 1:53.01 40.11 250m: 3:14.60 40.74 350m: 4:36.16 40.69				
	100m: 1:12.90 38.42 200m: 2:33.86 40.85 300m: 3:55.47 40.87 400m: 5:15.37 39.21				
4.	ABREU, Maria Eduarda	05	Desportivo Nacional	5:38.73	340
	50m: 37.36 37.36 150m: 2:02.93 43.42 250m: 3:31.33 44.20 350m: 4:58.12 43.26				
	100m: 1:19.51 42.15 200m: 2:47.13 44.20 300m: 4:14.86 43.53 400m: 5:38.73 40.61				
5.	BARROS, Ana Carolina	05	Salesianos do Funchal	6:03.36	275
	50m: 39.23 39.23 150m: 2:08.40 45.41 250m: 3:41.60 47.87 350m: 5:17.88 49.82				
	100m: 1:22.99 43.76 200m: 2:53.73 45.33 300m: 4:28.06 46.46 400m: 6:03.36 45.48				

Prova 26, Femin., 400m Livres

Junior, 16 e 17 anos

1.	SOUSA, Joana Francisca	04	Desportivo Sao Roque	4:56.53	507
	50m: 33.32 33.32	150m: 1:48.10	37.88 250m: 3:03.95	38.00 350m: 4:19.55	37.62
	100m: 1:10.22 36.90	200m: 2:25.95	37.85 300m: 3:41.93	37.98 400m: 4:56.53	36.98
2.	JESUS, Filipa Mafalda	03	Desportivo Sao Roque	5:17.09	414
	50m: 33.76 33.76	150m: 1:53.77	40.92 250m: 3:16.08	41.08 350m: 4:37.89	40.69
	100m: 1:12.85 39.09	200m: 2:35.00	41.23 300m: 3:57.20	41.12 400m: 5:17.09	39.20
3.	LECA, Natasha Maria	03	Desportivo Nacional	5:33.13	357
	50m: 36.54 36.54	150m: 2:01.08	43.38 250m: 3:28.30	43.49 350m: 4:54.35	42.61
	100m: 1:17.70 41.16	200m: 2:44.81	43.73 300m: 4:11.74	43.44 400m: 5:33.13	38.78
4.	PEREIRA, Luisa Tovela	03	Desportivo Nacional	5:54.86	295
	50m: 39.17 39.17	150m: 2:10.04	45.44 250m: 3:41.64	45.40 350m: 5:11.77	44.24
	100m: 1:24.60 45.43	200m: 2:56.24	46.20 300m: 4:27.53	45.89 400m: 5:54.86	43.09

Absoluto, 14 anos e mais velhas

1.	SOUSA, Joana Francisca	04	Desportivo Sao Roque	4:56.53	507
	50m: 33.32 33.32	150m: 1:48.10	37.88 250m: 3:03.95	38.00 350m: 4:19.55	37.62
	100m: 1:10.22 36.90	200m: 2:25.95	37.85 300m: 3:41.93	37.98 400m: 4:56.53	36.98
2.	ARAUJO, Maria Clara	05	Naval do Funchal	5:00.37	487
	50m: 33.60 33.60	150m: 1:48.58	38.11 250m: 3:05.48	38.87 350m: 4:23.09	38.65
	100m: 1:10.47 36.87	200m: 2:26.61	38.03 300m: 3:44.44	38.96 400m: 5:00.37	37.28
3.	FREITAS, Margarida Ramos	06	Desportivo Nacional	5:03.89	471
	50m: 33.99 33.99	150m: 1:50.84	39.01 250m: 3:09.28	38.87 350m: 4:26.90	38.50
	100m: 1:11.83 37.84	200m: 2:30.41	39.57 300m: 3:48.40	39.12 400m: 5:03.89	36.99
4.	LUIS, Jessica Santos	00	Desportivo Sao Roque	5:07.68	453
	50m: 33.81 33.81	150m: 1:52.56	40.12 250m: 3:13.28	40.18 350m: 4:30.65	37.59
	100m: 1:12.44 38.63	200m: 2:33.10	40.54 300m: 3:53.06	39.78 400m: 5:07.68	37.03
5.	FREITAS, Beatriz Rodrigues	06	Naval do Funchal	5:09.87	444
	50m: 34.66 34.66	150m: 1:51.60	38.82 250m: 3:10.51	39.70 350m: 4:30.52	40.08
	100m: 1:12.78 38.12	200m: 2:30.81	39.21 300m: 3:50.44	39.93 400m: 5:09.87	39.35
6.	NASCIMENTO, Sofia Alexandre	05	Naval do Funchal	5:10.45	441
	50m: 34.83 34.83	150m: 1:52.65	38.77 250m: 3:12.34	39.55 350m: 4:32.51	39.91
	100m: 1:13.88 39.05	200m: 2:32.79	40.14 300m: 3:52.60	40.26 400m: 5:10.45	37.94
7.	DEUS, Ines Portugal	06	Naval do Funchal	5:10.48	441
	50m: 35.17 35.17	150m: 1:52.24	38.79 250m: 3:12.12	40.12 350m: 4:31.66	39.26
	100m: 1:13.45 38.28	200m: 2:32.00	39.76 300m: 3:52.40	40.28 400m: 5:10.48	38.82
8.	BELO, Bruna Raquel	05	Desportivo Nacional	5:15.37	421
	50m: 34.48 34.48	150m: 1:53.01	40.11 250m: 3:14.60	40.74 350m: 4:36.16	40.69
	100m: 1:12.90 38.42	200m: 2:33.86	40.85 300m: 3:55.47	40.87 400m: 5:15.37	39.21
9.	JESUS, Filipa Mafalda	03	Desportivo Sao Roque	5:17.09	414
	50m: 33.76 33.76	150m: 1:53.77	40.92 250m: 3:16.08	41.08 350m: 4:37.89	40.69
	100m: 1:12.85 39.09	200m: 2:35.00	41.23 300m: 3:57.20	41.12 400m: 5:17.09	39.20
10.	FERRO, Maria Leonor	06	Naval do Funchal	5:21.78	396
	50m: 35.45 35.45	150m: 1:57.53	42.16 250m: 3:20.52	41.14 350m: 4:42.64	40.64
	100m: 1:15.37 39.92	200m: 2:39.38	41.85 300m: 4:02.00	41.48 400m: 5:21.78	39.14
11.	JARDIM, Lara Filipa	06	Naval do Funchal	5:22.83	392
	50m: 35.24 35.24	150m: 1:55.96	40.58 250m: 3:19.43	41.62 350m: 4:42.98	41.30
	100m: 1:15.38 40.14	200m: 2:37.81	41.85 300m: 4:01.68	42.25 400m: 5:22.83	39.85
12.	ABREU, Ana Rodrigues	06	Naval do Funchal	5:27.39	376
	50m: 35.49 35.49	150m: 1:57.30	41.31 250m: 3:21.86	42.12 350m: 4:46.13	41.55
	100m: 1:15.99 40.50	200m: 2:39.74	42.44 300m: 4:04.58	42.72 400m: 5:27.39	41.26
13.	FARIA, Laura Pereira	06	Salesianos do Funchal	5:29.58	369
	50m: 36.31 36.31	150m: 2:00.75	42.56 250m: 3:26.65	42.67 350m: 4:52.72	42.84
	100m: 1:18.19 41.88	200m: 2:43.98	43.23 300m: 4:09.88	43.23 400m: 5:29.58	36.86

Prova 26, Femin., 400m Livres, Absoluto, 14 anos e mais velhas

Lugar					Ano					Tempo final				Pts
14.	CARICHAS, Joana Medeiros				06	Salesianos do Funchal				5:29.79				368
	50m:	36.51	36.51	150m:	2:00.36	42.58	250m:	3:25.79	42.78	350m:	4:51.93	42.59		
	100m:	1:17.78	41.27	200m:	2:43.01	42.65	300m:	4:09.34	43.55	400m:	5:29.79	37.86		
15.	LECA, Natasha Maria				03	Desportivo Nacional				5:33.13				357
	50m:	36.54	36.54	150m:	2:01.08	43.38	250m:	3:28.30	43.49	350m:	4:54.35	42.61		
	100m:	1:17.70	41.16	200m:	2:44.81	43.73	300m:	4:11.74	43.44	400m:	5:33.13	38.78		
16.	PEREIRA, Joana Marques				06	Salesianos do Funchal				5:33.18				357
	50m:	36.19	36.19	150m:	2:00.12	42.69	250m:	3:27.60	43.96	350m:	4:53.70	42.56		
	100m:	1:17.43	41.24	200m:	2:43.64	43.52	300m:	4:11.14	43.54	400m:	5:33.18	39.48		
17.	ABREU, Maria Eduarda				05	Desportivo Nacional				5:38.73				340
	50m:	37.36	37.36	150m:	2:02.93	43.42	250m:	3:31.33	44.20	350m:	4:58.12	43.26		
	100m:	1:19.51	42.15	200m:	2:47.13	44.20	300m:	4:14.86	43.53	400m:	5:38.73	40.61		
18.	DIAS, Monica Fernandes				06	Desportivo Sao Roque				5:41.55				331
	50m:	38.97	38.97	150m:	2:06.29	43.79	250m:	3:33.15	42.67	350m:	4:59.94	42.44		
	100m:	1:22.50	43.53	200m:	2:50.48	44.19	300m:	4:17.50	44.35	400m:	5:41.55	41.61		
19.	PEREIRA, Luisa Tovela				03	Desportivo Nacional				5:54.86				295
	50m:	39.17	39.17	150m:	2:10.04	45.44	250m:	3:41.64	45.40	350m:	5:11.77	44.24		
	100m:	1:24.60	45.43	200m:	2:56.24	46.20	300m:	4:27.53	45.89	400m:	5:54.86	43.09		
20.	BARROS, Ana Carolina				05	Salesianos do Funchal				6:03.36				275
	50m:	39.23	39.23	150m:	2:08.40	45.41	250m:	3:41.60	47.87	350m:	5:17.88	49.82		
	100m:	1:22.99	43.76	200m:	2:53.73	45.33	300m:	4:28.06	46.46	400m:	6:03.36	45.48		
21.	CRO, Isabel Matilde				00	Escola O Liceu				6:41.24				204
	FTL													
	50m:	42.49	42.49	150m:	2:22.14	51.12	250m:	4:05.97	52.03	350m:	5:50.32	51.95		
	100m:	1:31.02	48.53	200m:	3:13.94	51.80	300m:	4:58.37	52.40	400m:	6:41.24	50.92		

4 - 3.ª Jornada / Sessão Única

01/03/2020 - 9:15

Prova 27

Femin., 200m Costas

Absoluto

01/03/2020 - 9:15

Resultados

Recorde Regional Absoluto	2:25.94	QUINTAL, Fabiana Maria	CDN	Coimbra	28/03/2008
Recorde Regional Sen	2:25.94	QUINTAL, Fabiana Maria	CDN	Coimbra	28/03/2008
Recorde Regional Jun17	2:29.82	ROSA, Beatriz Jong	CDWT	Porto	03/06/2017
Recorde Regional Jun16	2:32.99	FERREIRA, Maria Leonor	CDN	Lisboa	09/02/2020
Recorde Regional Juv A	2:30.28	FERREIRA, Maria Leonor	CDN	Funchal	02/08/2019
Recorde Regional Juv B	2:33.42	FERREIRA, Maria Leonor	CDN	Funchal	11/03/2018
Recorde Regional Inf A	2:41.09	SOUZA, Joana Francisca	CDSR	Loule	15/07/2017
Recorde Regional Inf B	2:45.63	SA, Marta Romao	CNF	Funchal	04/07/2015

TAC Regional Inf B: 3:56.91; Inf A: 3:48.09; Juv B: 3:39.16; Juv A: 3:38.14; Jun16: 3:34.58; Jun17: 3:33.81; Sen18: 3:30.03;
19+: 3:29.28 / TAC Nacionais Inf B: 2:56.91; Inf A: 2:48.09; Juv B: 2:39.16; Juv A: 2:38.14; Jun16: 2:34.58; Jun17: 2:33.81;
Sen18: 2:30.03; 19+: 2:29.28 / TAC Zonais Inf A: 2:53.40; Inf B: 3:03.60

Pontos: FINA 2019

Lugar	Ano	Tempo final	Pts	50m	100m	150m	200m
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Infantil B, 12 anos

1. PEREIRA, Julia Freitas	08	Naval do Funchal	3:03.41	309	43.56	46.12	48.16	45.57
<i>Tempo de acesso ao Camp. Zonal de Infantis</i>								
2. BAPTISTA, Ines Sande	08	Desportivo Nacional	3:05.08	301	42.97	47.95	47.45	46.71
3. SILVA, Carolina Pestana	08	Naval do Funchal	3:05.67	298	44.65	48.59	48.80	43.63
4. NOBREGA, Sara Francisc	08	Desportivo Sao Roque	3:43.24	171	52.21	57.21	59.19	54.63
DSQ SOARES, Leonor Silva	08	Desportivo Nacional						
<i>613 - Efectuou deslizamento após conclusão da braçada na viragem aos 150 m - SW 6.4</i>								
DSQ ANDRADE, Matilde Sousa	08	Naval do Funchal						
<i>613 - Efectuou deslizamento após conclusão da braçada na viragem aos 100 m - SW 6.4</i>								

Infantil A, 13 anos

1. GONCALVES, Valentina Jo	07	Desportivo Nacional	2:55.66	352	40.61	43.79	46.17	45.09
2. NETO, Leonor Rodrigues	07	Naval do Funchal	2:56.28	348	40.49	44.88	45.89	45.02
3. CAMARA, Ines Cruz	07	Desportivo Nacional	2:58.44	336	40.89	45.86	45.80	45.89
4. MATEUS, Clarisse Vieira	07	Desportivo Nacional	3:01.77	317	44.00	47.20	46.04	44.53
5. TEMTEM, Sara Maria	07	Desportivo Nacional	3:09.77	279	45.75	47.98	49.59	46.45
DSQ RODRIGUES, Ines Costa	07	Desportivo Nacional						
<i>614 - Nadador não efectuou viragem aos 50 m após terminar movimento contínuo de braços - SW 6.4</i>								

Juvenil B, 14 anos

1. COSTA, Maria Jardim	06	Desportivo Nacional	2:33.97	523	34.93	38.48	40.03	40.53
<i>Tempo de acesso ao Nacional de JUV, JUN e SEN</i>								
2. DIAS, Julia Alves	06	Desportivo Nacional	2:43.01	440	37.76	41.40	42.41	41.44
3. FREITAS, Margarida Ram	06	Desportivo Nacional	2:45.39	422	39.11	41.26	42.99	42.03
4. JARDIM, Lara Filipa	06	Naval do Funchal	2:45.95	417	38.43	41.86	43.26	42.40
5. CANADA, Maria Elvira	06	Desportivo Nacional	2:48.30	400	39.60	42.89	44.27	41.54
6. CARICHAS, Joana Medeir	06	Salesianos do Funchal	2:53.63	364	40.80	45.27	44.63	42.93
7. PEREIRA, Joana Marques	06	Salesianos do Funchal	2:55.34	354	40.62	44.81	45.61	44.30
8. FARIA, Laura Pereira	06	Salesianos do Funchal	2:57.03	344	40.94	46.45	46.62	43.02
9. SOUSA, Ivana Valentina	06	Desportivo Nacional	2:57.49	341	42.87	44.63	46.00	43.99
10. SOUSA, Maria Beatriz	06	Naval do Funchal	2:59.65	329	42.51	45.51	46.81	44.82
11. TEMBE, Ines Afonso	06	Desportivo Nacional	3:14.25	260	46.15	50.67	51.09	46.34

Juvenil A, 15 anos

1. JARDIM, Teresa Vieira	05	Naval do Funchal	2:49.98	388	38.74	43.07	44.50	43.67
2. ARAUJO, Maria Clara	05	Naval do Funchal	2:50.53	385	38.95	43.26	43.54	44.78
3. ABREU, Maria Eduarda	05	Desportivo Nacional	3:07.75	288	45.06	48.68	48.16	45.85
4. CARDOSO, Isabel Maria	05	Clube Sport Marítimo	3:22.86	228	49.13	51.74	51.70	50.29

Prova 27, Femin., 200m Costas

Junior, 16 e 17 anos

1.	FERREIRA, Maria Leonor	04	Desportivo Nacional	2:30.73	557	34.88	37.94	39.60	38.31
<i>Recorde Regional, Tempo de acesso ao Nacional de JUV, JUN e SEN</i>									
2.	SOUZA, Joana Francisca	04	Desportivo Sao Roque	2:38.75	477	36.84	40.26	40.91	40.74
3.	CAMACHO, Laura Fernan	04	Naval do Funchal	2:41.16	456	38.46	40.25	42.14	40.31
4.	GONCALVES, M.	04	Naval do Funchal	2:43.56	436	37.96	41.01	42.74	41.85
5.	PEREIRA, Luisa Tovela	03	Desportivo Nacional	3:17.75	246	45.52	51.37	50.64	50.22

Absoluto, 14 anos e mais velhas

1.	FERREIRA, Maria Leonor	04	Desportivo Nacional	2:30.73	557	34.88	37.94	39.60	38.31
<i>Recorde Regional, Tempo de acesso ao Nacional de JUV, JUN e SEN</i>									
2.	COSTA, Maria Jardim	06	Desportivo Nacional	2:33.97	523	34.93	38.48	40.03	40.53
<i>Tempo de acesso ao Nacional de JUV, JUN e SEN</i>									
3.	SOUZA, Joana Francisca	04	Desportivo Sao Roque	2:38.75	477	36.84	40.26	40.91	40.74
4.	CAMACHO, Laura Fernan	04	Naval do Funchal	2:41.16	456	38.46	40.25	42.14	40.31
5.	DIAS, Julia Alves	06	Desportivo Nacional	2:43.01	440	37.76	41.40	42.41	41.44
6.	GONCALVES, M.	04	Naval do Funchal	2:43.56	436	37.96	41.01	42.74	41.85
7.	FREITAS, Margarida Ram	06	Desportivo Nacional	2:45.39	422	39.11	41.26	42.99	42.03
8.	JARDIM, Lara Filipa	06	Naval do Funchal	2:45.95	417	38.43	41.86	43.26	42.40
9.	CANADA, Maria Elvira	06	Desportivo Nacional	2:48.30	400	39.60	42.89	44.27	41.54
10.	JARDIM, Teresa Vieira	05	Naval do Funchal	2:49.98	388	38.74	43.07	44.50	43.67
11.	ARAUJO, Maria Clara	05	Naval do Funchal	2:50.53	385	38.95	43.26	43.54	44.78
12.	CARICHAS, Joana Medeir	06	Salesianos do Funchal	2:53.63	364	40.80	45.27	44.63	42.93
13.	PEREIRA, Joana Marques	06	Salesianos do Funchal	2:55.34	354	40.62	44.81	45.61	44.30
14.	FARIA, Laura Pereira	06	Salesianos do Funchal	2:57.03	344	40.94	46.45	46.62	43.02
15.	SOUZA, Ivana Valentina	06	Desportivo Nacional	2:57.49	341	42.87	44.63	46.00	43.99
16.	SOUZA, Maria Beatriz	06	Naval do Funchal	2:59.65	329	42.51	45.51	46.81	44.82
17.	ABREU, Maria Eduarda	05	Desportivo Nacional	3:07.75	288	45.06	48.68	48.16	45.85
18.	TEMBE, Ines Afonso	06	Desportivo Nacional	3:14.25	260	46.15	50.67	51.09	46.34
19.	PEREIRA, Luisa Tovela	03	Desportivo Nacional	3:17.75	246	45.52	51.37	50.64	50.22
20.	CARDOSO, Isabel Maria	05	Clube Sport Maritimo	3:22.86	228	49.13	51.74	51.70	50.29

Prova 28

Masc., 200m Costas

Absoluto

01/03/2020 - 9:36

Resultados

Recorde Regional Absoluto	2:06.37	MELIM, Oscar Ramos	CDN	Faro	19/07/2009
Recorde Regional Sen	2:06.37	MELIM, Oscar Ramos	CDN	Faro	19/07/2009
Recorde Regional Jun18	2:09.13	MELIM, Oscar Ramos	CDN	Lisboa	30/05/2004
Recorde Regional Jun17	2:11.69	MELIM, Oscar Ramos	CDN	Rio Maior	01/08/2003
Recorde Regional Juv A	2:12.11	PEREIRA, Nuno Miguel	CDN	Las Palmas (ESP)	08/07/1992
Recorde Regional Juv B	2:15.57	FERNANDES, Rui Afonso	CDN	Oeiras	27/07/2018
Recorde Regional Inf A	2:21.64	FRIAS, Pedro Daniel	CDN	Povoa do Varzim	24/07/2004
Recorde Regional Inf B	2:30.83	CAMACHO, Afonso Caires	CNF	Funchal	19/03/2017

TAC Regional Inf B: 3:48.30; Inf A: 3:37.32; Juv B: 3:25.55; Juv A: 3:23.35; Jun17: 3:18.87; Jun18: 3:18.18; Sen19: 3:14.66;
20+: 3:13.99 / TAC Nacionais Inf B: 2:48.30; Inf A: 2:37.32; Juv B: 2:25.55; Juv A: 2:23.35; Jun17: 2:18.87; Jun18: 2:18.18;
Sen19: 2:14.66; 20+: 20:13.99 / TAC Zonais Inf B: 2:48.30; Inf A: 2:39.12

Pontos: FINA 2019

Lugar	Ano		Tempo final	Pts	50m	100m	150m	200m	
Infantil B, 13 anos									
1.	OLIVEIRA, Afonso Miguel	07	Salesianos do Funchal	2:52.79	271	39.85	45.11	45.34	42.49
2.	SMIRNOV, Dmytro	07	Desportivo Sao Roque	3:04.58	222	42.22	46.61	49.92	45.83

Prova 28, Masc., 200m Costas

Infantil A, 14 anos

1. PITA, Pedro Miguel	06	Naval do Funchal	2:34.74	378	35.61	39.38	40.72	39.03
<i>Tempo de acesso ao Camp. Nacional de Infantis, Tempo de acesso ao Camp. Zonal de Infantis</i>								
2. MACHADO, B.	06	Desportivo Nacional	2:37.84	356	37.09	40.28	40.64	39.83
<i>Tempo de acesso ao Camp. Zonal de Infantis</i>								
3. GONCALVES, Martim Luis	06	Desportivo Nacional	2:38.28	353	36.53	40.14	42.52	39.09
<i>Tempo de acesso ao Camp. Zonal de Infantis</i>								
4. ALVES, Pedro Miguel	06	Desportivo Nacional	2:42.49	326	38.29	40.59	42.51	41.10
5. STEFLEA, Andre Sergio	06	Desportivo Sao Roque	3:08.45	209	42.80	47.95	49.43	48.27

Juvenil B, 15 anos

1. DIAS, Andre Vicente	05	Desportivo Nacional	2:25.15	458	33.33	36.16	37.69	37.97
<i>Tempo de acesso ao Nacional de JUV, JUN e SEN</i>								
2. GOUVEIA, Luis Galvao	05	Desportivo Nacional	2:26.02	450	33.95	37.46	37.33	37.28
3. RODRIGUES, Joao Luis	05	Naval do Funchal	2:33.24	389	34.34	39.61	40.64	38.65

Juvenil A, 16 anos

1. PEREIRA, Jordao Abreu	04	Salesianos do Funchal	2:29.74	417	35.60	38.35	38.15	37.64
2. NUNES, Afonso Miguel	04	Salesianos do Funchal	2:31.60	402	35.27	38.57	39.23	38.53

Junior, 17 e 18 anos

1.	FERNANDES, Rui Afonso	03	Desportivo Nacional	2:18.08	532	31.87	35.85	36.25	34.11
<i>Tempo de acesso ao Nacional de JUV, JUN e SEN</i>									
2.	SILVA, Joao Jesus	02	Salesianos do Funchal	2:19.17	520	31.98	35.06	36.20	35.93
3.	RODRIGUES, Pedro Reis	02	Desportivo Sao Roque	2:19.41	517	32.92	35.07	36.11	35.31
4.	VIEIRA, Emanuel Eloi	03	Desportivo Sao Roque	2:47.02	300	39.07	42.25	43.81	41.89
DSQ	NASCIMENTO, Diogo And	02	Naval do Funchal						
<i>613 - Efectuou deslizamento após conclusão da braçada na viragem aos 150 m - SW 6.4</i>									

Absoluto, 15 anos e mais velhos

1.	FERNANDES, Rui Afonso	03	Desportivo Nacional	2:18.08	532	31.87	35.85	36.25	34.11
<i>Tempo de acesso ao Nacional de JUV, JUN e SEN</i>									
2.	SILVA, Joao Jesus	02	Salesianos do Funchal	2:19.17	520	31.98	35.06	36.20	35.93
3.	RODRIGUES, Pedro Reis	02	Desportivo Sao Roque	2:19.41	517	32.92	35.07	36.11	35.31
4.	DIAS, Andre Vicente	05	Desportivo Nacional	2:25.15	458	33.33	36.16	37.69	37.97
<i>Tempo de acesso ao Nacional de JUV, JUN e SEN</i>									
5.	GOUVEIA, Luis Galvao	05	Desportivo Nacional	2:26.02	450	33.95	37.46	37.33	37.28
6.	PEREIRA, Jordao Abreu	04	Salesianos do Funchal	2:29.74	417	35.60	38.35	38.15	37.64
7.	NUNES, Afonso Miguel	04	Salesianos do Funchal	2:31.60	402	35.27	38.57	39.23	38.53
8.	RODRIGUES, Joao Luis	05	Naval do Funchal	2:33.24	389	34.34	39.61	40.64	38.65
9.	VIEIRA, Emanuel Eloi	03	Desportivo Sao Roque	2:47.02	300	39.07	42.25	43.81	41.89
DSQ	NASCIMENTO, Diogo And	02	Naval do Funchal						
<i>613 - Efectuou deslizamento após conclusão da braçada na viragem aos 150 m - SW 6.4</i>									

Prova 29 Femin., 50m Mariposa Absolutos
01/03/2020 - 9:48 Resultados

Recorde Regional Absoluto	29.17	OLIM, Carlota Freitas	CNF	Oeiras	24/07/2014
Recorde Regional Sen	29.17	OLIM, Carlota Freitas	CNF	Oeiras	24/07/2014
Recorde Regional Jun17	29.85	ROSA, Beatriz Jong	CDWT	Coimbra	02/04/2017
Recorde Regional Jun16	29.48	ROSA, Beatriz Jong	CDN	Oeiras	13/03/2016
Recorde Regional Juv A	29.76	ROSA, Beatriz Jong	CDN	Funchal	03/07/2015
Recorde Regional Juv B	30.44	ROSA, Beatriz Jong	CDN	Oeiras	24/07/2014

TAC Regional Juv B: 45.68; Juv A: 45.68; Jun16: 45.68; Jun17: 45.53; Sen18: 44.96; 19 +: 44.91 / TAC Nacionais Juv B: 30.68; Juv A: 30.68; Jun16: 30.68; Jun17: 30.53; Sen18: 29.96; 19 +: 29.81

Pontos: FINA 2019

Lugar	Ano	Tempo final	Pts
Juvenil B, 14 anos			
1. BAPTISTA, Constanca Ornelas	06 Naval do Funchal	35.25	332
Juvenil A, 15 anos			
1. NASCIMENTO, Sofia Alexandre	05 Naval do Funchal	33.91	373
2. BARROS, Ana Carolina	05 Salesianos do Funchal	44.40	166
Junior, 16 e 17 anos			
1. SOUSA, Joana Francisca	04 Desportivo Sao Roque	32.06	442
2. OLIVEIRA, Sara Fernandes	04 Salesianos do Funchal	32.41	428
3. FERNANDES, Ana Catarina	03 Naval do Funchal	33.06	403
4. RAMOS, Barbara Emerick	04 Salesianos do Funchal	33.82	376
5. REBELO, Filipa Margarida	03 Escola O Liceu	36.93	289
6. JESUS, Filipa Mafalda	03 Desportivo Sao Roque	37.68	272
7. BLANDY, Mischa Blue	04 Salesianos do Funchal	51.26	108
<i>FTL</i>			
Absoluto, 14 anos e mais velhas			
1. AGUILAR, Vera Ines	00 Desportivo Nacional	31.20	480
2. BOULHOSA, Carolina Abreu	01 Naval do Funchal	31.70	457
3. SOUSA, Joana Francisca	04 Desportivo Sao Roque	32.06	442
4. OLIVEIRA, Sara Fernandes	04 Salesianos do Funchal	32.41	428
5. FERNANDES, Ana Catarina	03 Naval do Funchal	33.06	403
6. RAMOS, Barbara Emerick	04 Salesianos do Funchal	33.82	376
7. NASCIMENTO, Sofia Alexandre	05 Naval do Funchal	33.91	373
8. LUIS, Jessica Santos	00 Desportivo Sao Roque	34.69	349
9. BAPTISTA, Constanca Ornelas	06 Naval do Funchal	35.25	332
10. VICTOR, Joana Isabel	91 Salesianos do Funchal	35.94	314
11. CRO, Isabel Matilde	00 Escola O Liceu	36.32	304
12. REBELO, Filipa Margarida	03 Escola O Liceu	36.93	289
13. JESUS, Filipa Mafalda	03 Desportivo Sao Roque	37.68	272
14. BARROS, Ana Carolina	05 Salesianos do Funchal	44.40	166
15. BLANDY, Mischa Blue	04 Salesianos do Funchal	51.26	108
<i>FTL</i>			

Prova 30 Masc., 50m Mariposa Absolutos
01/03/2020 - 9:51 Resultados

Recorde Regional Absoluto	25.36	FERNANDES, Joao Vitor	CEOL	Funchal	01/08/2019
Recorde Regional Sen	25.36	FERNANDES, Joao Vitor	CEOL	Funchal	01/08/2019
Recorde Regional Jun18	25.84	MARQUES, Miguel Freitas	CSM	Coimbra	04/04/2014
Recorde Regional Jun17	25.97	GOMES, Miguel Camara	CNF	Oeiras	13/03/2016
Recorde Regional Juv A	26.49	VARGAS, Henrique Luis	CNF	Coimbra	04/04/2014
Recorde Regional Juv B	27.58	CAIRES, Nuno Costa	CNF	Faro	20/07/2009

TAC Regional Juv B: 41.89; Juv A: 41.89; Jun17: 41.89; Jun18: 41.76; Sen19: 41.25; 20 +: 41.12 / TAC Nacionais Juv B: 26.89; Juv A: 26.89; Jun17: 26.89; Jun18: 26.76; Sen19: 26.25; 20 +: 26.12

Pontos: FINA 2019

Lugar Ano Tempo final Pts

Juvenil B, 15 anos

1. ALVES, Luis Fernandez 05 Desportivo Nacional 36.96 218

Juvenil A, 16 anos

1. BARRY, Rafael Francisco 04 Naval do Funchal 28.40 482
2. GOMES, Alexandre Monteiro 04 Salesianos do Funchal 30.44 391
3. MACHADO, Tiago Magalhaes 04 Desportivo Nacional 30.49 389
4. PEREIRA, Jordao Abreu 04 Salesianos do Funchal 31.63 349
5. SILVA, Eduardo Rodrigues 04 Salesianos do Funchal 32.91 309
6. FERNANDEZ, Joao Guilherme 04 Salesianos do Funchal 34.77 262

Junior, 17 e 18 anos

1. ALVES, Afonso Pinto 02 Naval do Funchal 27.53 529
2. GRACA, Fernando Guerreiro 02 Naval do Funchal 28.42 481
3. RODRIGUES, Renato Correia 03 Salesianos do Funchal 28.76 464
4. FARIA, Joao Pedro 03 Naval do Funchal 29.23 442
5. BAPTISTA, Tiago Ornelas 03 Naval do Funchal 29.45 432
6. MELIM, Bruno Pontes 03 Salesianos do Funchal 30.23 399
7. CAMACHO, Joao Simao 03 Desportivo Nacional 31.83 342
8. KOVAL, Igor 03 Desportivo Nacional 32.20 330
9. ABREU, Nuno Afonso 03 Naval do Funchal 32.29 328
10. LUIS, Francisco Sousa 03 Desportivo Nacional 32.86 311

Absoluto, 15 anos e mais velhos

1. ALVES, Afonso Pinto 02 Naval do Funchal 27.53 529
2. QUINTAL, Nuno Alexandre 99 Desportivo Nacional 28.22 491
3. BARRY, Rafael Francisco 04 Naval do Funchal 28.40 482
4. GRACA, Fernando Guerreiro 02 Naval do Funchal 28.42 481
5. SILVA, Luis Pedro 98 Desportivo Nacional 28.44 480
6. FERRO, Henrique Martins 01 Naval do Funchal 28.50 477
7. RODRIGUES, Renato Correia 03 Salesianos do Funchal 28.76 464
8. FARIA, Joao Pedro 03 Naval do Funchal 29.23 442
9. BAPTISTA, Tiago Ornelas 03 Naval do Funchal 29.45 432
10. MELIM, Bruno Pontes 03 Salesianos do Funchal 30.23 399
11. GOMES, Alexandre Monteiro 04 Salesianos do Funchal 30.44 391
12. MACHADO, Tiago Magalhaes 04 Desportivo Nacional 30.49 389
13. PEREIRA, Jordao Abreu 04 Salesianos do Funchal 31.63 349
14. CAMACHO, Joao Simao 03 Desportivo Nacional 31.83 342
15. KOVAL, Igor 03 Desportivo Nacional 32.20 330
16. ABREU, Nuno Afonso 03 Naval do Funchal 32.29 328
17. LUIS, Francisco Sousa 03 Desportivo Nacional 32.86 311
18. SILVA, Eduardo Rodrigues 04 Salesianos do Funchal 32.91 309
19. FERNANDEZ, Joao Guilherme 04 Salesianos do Funchal 34.77 262
20. ALVES, Luis Fernandez 05 Desportivo Nacional 36.96 218

Prova 31 Femin., 200m Bruços Absoluto
01/03/2020 - 9:54 Resultados

Recorde Regional Absoluto	2:37.87	QUINTAL, Fabiana Maria	CDN	Coimbra	31/07/2010
Recorde Regional Sen	2:37.87	QUINTAL, Fabiana Maria	CDN	Coimbra	31/07/2010
Recorde Regional Jun17	2:45.24	MARQUES, Mariana Sousa	CNF	Funchal	08/07/2005
Recorde Regional Jun16	2:45.52	ABREU, Laura Catarina	CDN	Oeiras	11/03/2016
Recorde Regional Juv A	2:47.95	ABREU, Laura Catarina	CDN	Coimbra	30/05/2015
Recorde Regional Juv B	2:45.80	ABREU, Laura Catarina	CDN	Oeiras	26/07/2014
Recorde Regional Inf A	2:52.09	ABREU, Laura Catarina	CDN	Funchal	27/06/2013
Recorde Regional Inf B	2:59.60	RODRIGUES, Laura Sofia	JACL	Funchal	06/07/2019

TAC Regional Inf B: 4:26.23; Inf A: 4:16.73; Juv B: 4:02.79; Juv A: 4:00.68; Jun16: 3:54.23; Jun17: 3:53.37; Sen18: 3:48.13; 19+: 3:47.29 / TAC Nacionais Inf B: 3:26.23; Inf A: 3:16.73; Juv B: 3:02.79; Juv A: 3:00.68; Jun16: 2:54.23; Jun17: 2:53.37; Sen18: 2:48.13; 19+: 2:47.29 / TAC Zonais Inf A: 3:20.34; Inf B: 3:28.06

Pontos: FINA 2019

Lugar	Ano		Tempo final	Pts	50m	100m	150m	200m	
Infantil B, 12 anos									
1.	ALVES, Juliana Rodrigues	08	Desportivo Nacional	3:28.25	298	47.24	54.55	54.03	52.43
2.	PEREIRA, Maria Clara	08	Salesianos do Funchal	3:36.22	266	48.95	58.36	56.46	52.45
3.	ROCHA, Vitoria Maria	08	Salesianos do Funchal	3:41.46	247	51.06	55.78	57.92	56.70
4.	NOBREGA, Sara Francisc	08	Desportivo Sao Roque	4:16.06	160	57.60	1:07.06	1:07.02	1:04.38

Infantil A, 13 anos

1.	RODRIGUES, Laura Sofia	07	Salesianos do Funchal	2:59.73	463	40.54	46.05	46.89	46.25
<i>Tempo de acesso ao Camp. Nacional de Infantis, Tempo de acesso ao Camp. Zonal de Infantis</i>									
2.	CAMARA, Ines Cruz	07	Desportivo Nacional	3:11.68	382	43.49	48.84	49.78	49.57
<i>Tempo de acesso ao Camp. Nacional de Infantis, Tempo de acesso ao Camp. Zonal de Infantis</i>									
3.	FREITAS, Maria Raquel	07	Naval do Funchal	3:36.53	265	49.03	54.74	56.28	56.48
4.	ERRA, Clara Patricia	07	Salesianos do Funchal	3:41.66	247	51.09	55.38	58.13	57.06

Juvenil B, 14 anos

1.	SILVA, Silvana Suamade	06	Desportivo Sao Roque	3:12.24	378	44.27	49.58	50.83	47.56
2.	SEQUEIRA, Beatriz Mene	06	Naval do Funchal	3:13.02	374	44.26	48.77	50.60	49.39
3.	ABREU, Ana Rodrigues	06	Naval do Funchal	3:18.28	345	44.88	50.07	51.24	52.09

Juvenil A, 15 anos

1.	LUIS, Mariana Capelo	05	Salesianos do Funchal	3:21.61	328	44.09	50.32	53.36	53.84
2.	GOMES, Madalena Sousa	05	Naval do Funchal	3:28.92	295	45.71	52.90	55.93	54.38

Junior, 16 e 17 anos

1.	FERREIRA, Maria Leonor	04	Desportivo Nacional	2:57.74	479	40.67	44.74	46.19	46.14
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Absoluto, 14 anos e mais velhas

1.	FERREIRA, Maria Leonor	04	Desportivo Nacional	2:57.74	479	40.67	44.74	46.19	46.14
2.	SILVA, Silvana Suamade	06	Desportivo Sao Roque	3:12.24	378	44.27	49.58	50.83	47.56
3.	SEQUEIRA, Beatriz Mene	06	Naval do Funchal	3:13.02	374	44.26	48.77	50.60	49.39
4.	ABREU, Ana Rodrigues	06	Naval do Funchal	3:18.28	345	44.88	50.07	51.24	52.09
5.	LUIS, Mariana Capelo	05	Salesianos do Funchal	3:21.61	328	44.09	50.32	53.36	53.84
6.	GOMES, Madalena Sousa	05	Naval do Funchal	3:28.92	295	45.71	52.90	55.93	54.38

Prova 32 Masc., 200m Bruços Absoluto
01/03/2020 - 10:04 Resultados

Recorde Regional Absoluto	2:21.89	SILVA, Tomas Antonio	CNF	Funchal	03/08/2019
Recorde Regional Sen	2:27.23	MOURA, Vitor Diogo	CDN	Rio Maior	01/04/2011
Recorde Regional Jun18	2:21.89	SILVA, Tomas Antonio	CNF	Funchal	03/08/2019
Recorde Regional Jun17	2:25.61	SILVA, Tomas Antonio	CNF	Oeiras	28/07/2018
Recorde Regional Juv A	2:31.11	SILVA, Tomas Antonio	CNF	Oeiras	22/07/2017
Recorde Regional Juv B	2:27.37	ALVES, Paulo Rodrigues	CDN	Funchal	03/08/2019
Recorde Regional Inf A	2:37.91	FREITAS, Tomas Miguel	CDN	Povoa Varzim	25/07/2004
Recorde Regional Inf B	2:41.52	FREITAS, Tomas Miguel	CDN	Restelo	27/07/2003

TAC Regional Inf B: 4:13.86; Inf A: 4:04.37; Juv B: 3:47.91; Juv A: 3:43.93; Jun17: 3:36.29; Jun18: 3:35.51; Sen19: 3:30.61;
20 +: 3:29.86 / TAC Nacionais Inf B: 3:13.86; Inf A: 3:04.37; Juv B: 2:47.91; Juv A: 2:43.93; Jun17: 2:36.29; Jun18: 2:35.51;
Sen19: 2:30.61; 20 +: 2:29.86 / TAC Zonais Inf B: 3:14.67; Inf A: 3:04.37

Pontos: FINA 2019

Lugar	Ano		Tempo final	Pts	50m	100m	150m	200m	
Infantil B, 13 anos									
1.	SOUSA, Simao Henrique	07	Desportivo Nacional	3:16.72	266	44.88	49.03	51.76	51.05
2.	ARAUJO, Joao Caldeira	07	Naval do Funchal	3:21.07	250	44.67	53.00	52.72	50.68
3.	COSTA, Guilherme Corte	07	Desportivo Nacional	3:28.89	222	47.15	53.20	54.18	54.36
4.	CARVALHO, J.	07	Naval do Funchal	3:48.28	170	51.76	58.87	1:00.88	56.77
DSQ	NUNES, Henrique Dias	07	Desportivo Nacional						
403 - Falsa partida - SW 4.4									

Infantil A, 14 anos

1.	PAULOS, Joao Afonso	06	Naval do Funchal	3:07.28	309	41.89	47.65	49.34	48.40
2.	SETIM, Joao Oliveira	06	Naval do Funchal	3:09.65	297	41.71	47.80	49.77	50.37
3.	SILVA, Afonso Mar	06	Naval do Funchal	3:17.14	265	44.66	50.59	52.41	49.48
4.	CASTRO, Mateus Pereira	06	Escola O Liceu	3:24.59	237	44.50	50.76	53.95	55.38
5.	NACHYCHKO, Maximo	06	Naval do Funchal	3:35.20	203	47.37	57.48	56.47	53.88
6.	CARREIRA, Ernani Afonso	06	Desportivo Nacional	3:48.06	171	52.38	58.09	1:01.81	55.78

Juvenil B, 15 anos

1.	GOUVEIA, Luis Galvao	05	Desportivo Nacional	2:45.01	452	37.33	41.50	43.71	42.47
Tempo de acesso ao Nacional de JUV, JUN e SEN									
2.	SILVA, Tony Stefano	05	Naval do Funchal	2:49.71	415	35.44	42.51	45.81	45.95
3.	SOUSA, Lourenco Quintas	05	Naval do Funchal	2:56.02	372	39.09	44.78	45.60	46.55
4.	ALVES, Afonso Pires	05	Salesianos do Funchal	2:58.11	359	39.46	45.60	47.22	45.83
5.	ALVES, Tiago Pires	05	Salesianos do Funchal	3:05.57	318	39.80	45.64	48.69	51.44
6.	VOLOZHENIN, Alexandre	05	Naval do Funchal	3:14.18	277	43.00	49.22	50.48	51.48
7.	CORREIA, Rodrigo Ramo	05	Desportivo Nacional	3:33.08	210	45.60	54.48	58.17	54.83

Juvenil A, 16 anos

1.	FERNANDES, Martim	Pes04	Naval do Funchal	2:32.30	575	34.51	39.31	40.17	38.31
Tempo de acesso ao Nacional de JUV, JUN e SEN									
2.	ALVES, Paulo Rodrigues	04	Desportivo Nacional	2:36.18	533	35.13	40.00	40.32	40.73
Tempo de acesso ao Nacional de JUV, JUN e SEN									
3.	RODRIGUES, Rodrigo	Re04	Desportivo Sao Roque	2:45.65	447	38.73	42.66	42.97	41.29
4.	AGUILAR, Luis Santos	04	Desportivo Nacional	2:55.97	372	39.40	44.02	46.93	45.62
5.	NUNES, Afonso Miquel	04	Salesianos do Funchal	3:03.21	330	41.34	47.86	50.07	43.94

Junior, 17 e 18 anos

1.	PAULOS, Francisco Silva	02	Naval do Funchal	2:39.06	505	35.01	40.23	41.46	42.36
2.	CASTRO, Martim Pereira	02	Escola O Liceu	2:45.29	450	36.81	42.12	43.29	43.07
3.	VIEIRA, Emanuel Eloi	03	Desportivo Sao Roque	2:51.53	402	38.24	44.44	45.14	43.71
4.	LOPES, Pedro Henrique	03	Desportivo Sao Roque	2:55.11	378	37.24	43.97	46.25	47.65
DSQ	FERNANDES, Rui Afonso	03	Desportivo Nacional						
718 - Movimento vertical de pernas durante o percurso - SW 7.5									

Prova 32, Masc., 200m Bruços

Absoluto, 15 anos e mais velhos

1.	SILVA, Tomas Antonio	01	Naval do Funchal	2:29.52	608	34.22	39.02	38.08	38.20
<i>Tempo de acesso ao Nacional de JUV, JUN e SEN</i>									
2.	FERNANDES, Martim Pes04	04	Naval do Funchal	2:32.30	575	34.51	39.31	40.17	38.31
<i>Tempo de acesso ao Nacional de JUV, JUN e SEN</i>									
3.	ALVES, Paulo Rodrigues	04	Desportivo Nacional	2:36.18	533	35.13	40.00	40.32	40.73
<i>Tempo de acesso ao Nacional de JUV, JUN e SEN</i>									
4.	PAULOS, Francisco Silva	02	Naval do Funchal	2:39.06	505	35.01	40.23	41.46	42.36
5.	GOUVEIA, Luis Galvao	05	Desportivo Nacional	2:45.01	452	37.33	41.50	43.71	42.47
<i>Tempo de acesso ao Nacional de JUV, JUN e SEN</i>									
6.	CASTRO, Martim Pereira	02	Escola O Liceu	2:45.29	450	36.81	42.12	43.29	43.07
7.	RODRIGUES, Rodrigo Re04	04	Desportivo Sao Roque	2:45.65	447	38.73	42.66	42.97	41.29
8.	SILVA, Tony Stefano	05	Naval do Funchal	2:49.71	415	35.44	42.51	45.81	45.95
9.	VIEIRA, Emanuel Eloi	03	Desportivo Sao Roque	2:51.53	402	38.24	44.44	45.14	43.71
10.	LOPES, Pedro Henrique	03	Desportivo Sao Roque	2:55.11	378	37.24	43.97	46.25	47.65
11.	AGUILAR, Luis Santos	04	Desportivo Nacional	2:55.97	372	39.40	44.02	46.93	45.62
12.	SOUZA, Lourenco Quintas	05	Naval do Funchal	2:56.02	372	39.09	44.78	45.60	46.55
13.	FERREIRA, Luis Duarte	89	Escola O Liceu	2:57.49	363	39.67	46.40	46.82	44.60
14.	ALVES, Afonso Pires	05	Salesianos do Funchal	2:58.11	359	39.46	45.60	47.22	45.83
15.	NUNES, Afonso Miguel	04	Salesianos do Funchal	3:03.21	330	41.34	47.86	50.07	43.94
16.	ALVES, Tiago Pires	05	Salesianos do Funchal	3:05.57	318	39.80	45.64	48.69	51.44
17.	VOLOZHENIN, Alexandre	05	Naval do Funchal	3:14.18	277	43.00	49.22	50.48	51.48
18.	CORREIA, Rodrigo Ramo	05	Desportivo Nacional	3:33.08	210	45.60	54.48	58.17	54.83
DSQ	FERNANDES, Rui Afonso	03	Desportivo Nacional						
<i>718 - Movimento vertical de pernas durante o percurso - SW 7.5</i>									

Prova 33

Femin., 200m Livres

Absoluto

01/03/2020 - 10:30

Resultados

Recorde Regional Absoluto	2:12.46	AGUILAR, Vera Ines	CDN	Funchal	22/07/2016
Recorde Regional Sen	2:13.28	MELIM, Claudia Sofia	CDN	Jamor	25/07/2002
Recorde Regional Jun17	2:12.84	ROSA, Beatriz Jong	CDWT	Oeiras	18/02/2017
Recorde Regional Jun16	2:12.46	AGUILAR, Vera Ines	CDN	Funchal	22/07/2016
Recorde Regional Juv A	2:14.97	ANDRADE, Rubina Amaro	CDN	Restelo	29/07/1994
Recorde Regional Juv B	2:14.71	ANDRADE, Rubina Amaro	CDN	Istambul (TUR)	08/07/1993
Recorde Regional Inf A	2:17.75	CERDAS, Sara Rodrigues	CNF	Restelo	21/07/2002
Recorde Regional Inf B	2:22.47	VASCONCELOS, Matilde Cotrim	CNF	S. Joao da Madeira	26/07/2009

TAC Regional Inf B: 3:36.81; Inf A: 3:24.66; Juv B: 3:19.84; Juv A: 3:17.61; Jun16: 3:14.12; Jun17: 3:13.45; Sen18: 3:11.05; 19 +: 3:10.40 / TAC Nacionais Inf B: 2:36.81; Inf A: 2:24.66; Juv B: 2:19.84; Juv A: 2:17.61; Jun16: 2:14.12; Jun17: 2:13.45; Sen18: 2:11.05; 19 +: 2:10.40 / TAC Zonais Inf A: 2:34.02; Inf B: 2:41.16

Pontos: FINA 2019

Lugar	Ano	Tempo final	Pts	50m	100m	150m	200m
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Infantil B, 12 anos

1.	ANDRADE, Matilde Sousa	08	Naval do Funchal	2:41.05	345	36.46	41.58	42.38	40.63
<i>Tempo de acesso ao Camp. Zonal de Infantis</i>									
2.	PEREIRA, Julia Freitas	08	Naval do Funchal	2:52.22	282	38.94	44.99	45.65	42.64
3.	ALVES, Juliana Rodrigues	08	Desportivo Nacional	2:56.07	264	40.01	45.74	46.48	43.84
4.	SILVA, Carolina Pestana	08	Naval do Funchal	3:00.00	247	40.70	47.24	48.23	43.83
5.	PEREIRA, Maria Clara	08	Salesianos do Funchal	3:01.55	240	42.34	48.15	49.12	41.94
6.	ROCHA, Vitoria Maria	08	Salesianos do Funchal	3:13.29	199	44.46	50.35	51.91	46.57
7.	ALVES, Margarida Jesus	08	Desportivo Nacional	3:14.42	196	43.22	49.82	52.73	48.65

Prova 33, Femin., 200m Livres

Infantil A, 13 anos

1. NETO, Leonor Rodrigues 07	Naval do Funchal	2:40.22	350	35.03	41.02	41.28	42.89
2. GONCALVES, Valentina Jo07	Desportivo Nacional	2:40.33	349	35.72	41.33	42.20	41.08
3. MATEUS, Clarisse Vieira 07	Desportivo Nacional	2:49.30	297	39.26	44.55	43.95	41.54
4. TEMTEM, Sara Maria 07	Desportivo Nacional	2:49.87	294	40.60	44.04	44.13	41.10
5. FIGUEIRA, Madalena Leor07	Naval do Funchal	2:51.21	287	36.75	44.42	46.22	43.82
6. RODRIGUES, Beatriz Mer07s	Naval do Funchal	3:05.20	227	40.10	48.36	50.89	45.85
7. RODRIGUES, Ines Costa 07	Desportivo Nacional	3:22.56	173	47.62	53.29	53.93	47.72

Juvenil B, 14 anos

1. COSTA, Maria Jardim 06	Desportivo Nacional	2:20.64	518	31.73	36.10	36.41	36.40
2. DEUS, Ines Portugal 06	Naval do Funchal	2:25.98	463	32.94	36.72	37.89	38.43
3. FREITAS, Margarida Ram06	Desportivo Nacional	2:27.65	448	33.49	37.25	39.07	37.84
4. SILVA, Silvana Suamade 06	Desportivo Sao Roque	2:30.20	425	34.75	37.91	39.37	38.17
5. DIAS, Julia Alves 06	Desportivo Nacional	2:30.25	425	34.52	39.02	40.02	36.69
6. FREITAS, Beatriz Rodrigui06	Naval do Funchal	2:32.06	410	33.88	37.94	40.12	40.12
7. FERRO, Maria Leonor 06	Naval do Funchal	2:34.50	391	34.77	39.59	40.47	39.67
8. CANADA, Maria Elvira 06	Desportivo Nacional	2:34.59	390	35.73	40.02	40.69	38.15
9. BAPTISTA, C. 06	Naval do Funchal	2:39.92	352	37.64	41.84	40.92	39.52
10. DIAS, Monica Fernandes 06	Desportivo Sao Roque	2:40.85	346	35.84	41.00	42.59	41.42
11. SOUSA, Ivana Valentina 06	Desportivo Nacional	2:41.36	343	37.25	41.49	42.57	40.05
12. ROVERI, Isabel Vasconce06s	Naval do Funchal	2:42.30	337	37.65	41.30	42.01	41.34
13. TEMBE, Ines Afonso 06	Desportivo Nacional	2:50.17	292	37.73	43.21	44.58	44.65
14. DIAS, Magda Fernandes 06	Desportivo Sao Roque	2:55.60	266	38.45	44.83	47.12	45.20

Juvenil A, 15 anos

1. ARAUJO, Maria Clara 05	Naval do Funchal	2:26.56	458	33.26	37.58	38.49	37.23
2. ABREU, Maria Eduarda 05	Desportivo Nacional	2:37.60	368	36.37	40.42	40.81	40.00
3. BARROS, Ana Carolina 05	Salesianos do Funchal	2:51.11	287	39.30	44.59	46.57	40.65
4. SILVA, Maria Fabiana 05	Desportivo Nacional	2:56.22	263	38.32	44.59	47.55	45.76
5. NOBREGA, Maria Trindadi05	Desportivo Nacional	3:12.35	202	41.82	49.86	51.12	49.55

Junior, 16 e 17 anos

1. JESUS, Filipa Mafalda 03	Desportivo Sao Roque	2:30.60	422	33.78	38.83	39.68	38.31
2. OLIVEIRA, Sara Fernande04	Salesianos do Funchal	2:31.25	416	34.45	38.93	40.73	37.14
3. LECA, Natasha Maria 03	Desportivo Nacional	2:35.46	383	34.95	39.38	40.89	40.24
4. GOUVEIA, Susana Isabel 04	Salesianos do Funchal	2:37.51	369	36.23	41.10	41.85	38.33
5. ANDRADE, M. 04	Salesianos do Funchal	2:43.59	329	35.76	41.30	44.63	41.90
6. REBELO, Filipa Margarida03	Escola O Liceu	2:45.99	315	35.77	42.15	45.46	42.61
7. PEREIRA, Luisa Tovela 03	Desportivo Nacional	2:54.05	273	39.22	45.13	45.68	44.02

Absoluto, 14 anos e mais velhas

1. AGUILAR, Vera Ines 00	Desportivo Nacional	2:16.83	562	30.57	34.21	35.62	36.43
2. COSTA, Maria Jardim 06	Desportivo Nacional	2:20.64	518	31.73	36.10	36.41	36.40
3. DEUS, Ines Portugal 06	Naval do Funchal	2:25.98	463	32.94	36.72	37.89	38.43
4. ARAUJO, Maria Clara 05	Naval do Funchal	2:26.56	458	33.26	37.58	38.49	37.23
5. FREITAS, Margarida Ram06	Desportivo Nacional	2:27.65	448	33.49	37.25	39.07	37.84
6. LUIS, Jessica Santos 00	Desportivo Sao Roque	2:29.06	435	33.18	37.59	39.57	38.72
7. SILVA, Silvana Suamade 06	Desportivo Sao Roque	2:30.20	425	34.75	37.91	39.37	38.17
8. DIAS, Julia Alves 06	Desportivo Nacional	2:30.25	425	34.52	39.02	40.02	36.69
9. JESUS, Filipa Mafalda 03	Desportivo Sao Roque	2:30.60	422	33.78	38.83	39.68	38.31
10. OLIVEIRA, Sara Fernande04	Salesianos do Funchal	2:31.25	416	34.45	38.93	40.73	37.14
11. FREITAS, Beatriz Rodrigui06	Naval do Funchal	2:32.06	410	33.88	37.94	40.12	40.12
12. FERRO, Maria Leonor 06	Naval do Funchal	2:34.50	391	34.77	39.59	40.47	39.67
13. CANADA, Maria Elvira 06	Desportivo Nacional	2:34.59	390	35.73	40.02	40.69	38.15
14. LECA, Natasha Maria 03	Desportivo Nacional	2:35.46	383	34.95	39.38	40.89	40.24
15. GOUVEIA, Susana Isabel 04	Salesianos do Funchal	2:37.51	369	36.23	41.10	41.85	38.33

Prova 33, Femin., 200m Livres, Absoluto, 14 anos e mais velhas

Lugar		Ano		Tempo final	Pts	50m	100m	150m	200m
16.	ABREU, Maria Eduarda	05	Desportivo Nacional	2:37.60	368	36.37	40.42	40.81	40.00
17.	BAPTISTA, C.	06	Naval do Funchal	2:39.92	352	37.64	41.84	40.92	39.52
18.	DIAS, Monica Fernandes	06	Desportivo Sao Roque	2:40.85	346	35.84	41.00	42.59	41.42
19.	SOUSA, Ivana Valentina	06	Desportivo Nacional	2:41.36	343	37.25	41.49	42.57	40.05
20.	ROVERI, Isabel Vasconcelos	06	Naval do Funchal	2:42.30	337	37.65	41.30	42.01	41.34
21.	ANDRADE, M.	04	Salesianos do Funchal	2:43.59	329	35.76	41.30	44.63	41.90
22.	REBELO, Filipa Margarida	03	Escola O Liceu	2:45.99	315	35.77	42.15	45.46	42.61
23.	TEMBE, Ines Afonso	06	Desportivo Nacional	2:50.17	292	37.73	43.21	44.58	44.65
24.	BARROS, Ana Carolina	05	Salesianos do Funchal	2:51.11	287	39.30	44.59	46.57	40.65
25.	PEREIRA, Luisa Tovela	03	Desportivo Nacional	2:54.05	273	39.22	45.13	45.68	44.02
26.	DIAS, Magda Fernandes	06	Desportivo Sao Roque	2:55.60	266	38.45	44.83	47.12	45.20
27.	SILVA, Maria Fabiana	05	Desportivo Nacional	2:56.22	263	38.32	44.59	47.55	45.76
28.	CRO, Isabel Matilde	00	Escola O Liceu	3:04.97	227	42.02	47.58	49.70	45.67
29.	NOBREGA, Maria Trindade	05	Desportivo Nacional	3:12.35	202	41.82	49.86	51.12	49.55

Prova 34 Masc., 400m Livres Absoluto
01/03/2020 - 10:51 Resultados

Recorde Regional Absoluto	3:58.51	FRANCO, Paulo Fragueiro	CDN	Faro	20/07/2009
Recorde Regional Sen	3:58.51	FRANCO, Paulo Fragueiro	CDN	Faro	20/07/2009
Recorde Regional Jun18	4:07.78	GOUVEIA, Pedro Galvao	CDN	Coimbra	02/04/2017
Recorde Regional Jun17	4:07.82	FRANCO, Paulo Fragueiro	CDN	Famalicão	06/08/1999
Recorde Regional Juv A	4:14.87	FRANCO, Paulo Fragueiro	CDN	Jamor	31/07/1998
Recorde Regional Juv B	4:17.97	FREITAS, Tomas Miguel	CDN	Coimbra	23/07/2005
Recorde Regional Inf A	4:25.14	ALMEIDA, Carlos Alexandre	CDN	Restelo	26/07/2003
Recorde Regional Inf B	4:37.33	FRANCO, Paulo Fragueiro	CDN	Olivais	28/07/1995

TAC Regional Inf B: 6:34.76; Inf A: 6:11.70; Juv B: 6:03.14; Juv A: 5:55.74; Jun17: 5:48.77; Jun18: 5:47.48; Sen19: 5:40.91; 20+: 5:39.67 / TAC Nacionais Inf B: 5:04.76; Inf A: 4:41.70; Juv B: 4:33.14; Juv A: 4:25.74; Jun17: 4:18.77; Jun18: 4:17.48; Sen19: 4:10.91; 20+: 4:09.67 / TAC Zonais Inf B: 5:11.10; Inf A: 4:59.37

Pontos: FINA 2019

Lugar	Ano		Tempo final	Pts
Infantil B, 13 anos				
1.	NEVES, Tiago Brazao	07	Naval do Funchal	5:22.71 317
	50m: 35.72 35.72 150m: 1:57.56 41.51 250m: 3:20.97 41.49 350m: 4:44.74 41.32			
	100m: 1:16.05 40.33 200m: 2:39.48 41.92 300m: 4:03.42 42.45 400m: 5:22.71 37.97			
2.	ALMEIDA, Joao Francisco	07	Naval do Funchal	5:27.62 303
	50m: 34.83 34.83 150m: 1:56.69 42.07 250m: 3:20.92 42.12 350m: 4:46.81 42.26			
	100m: 1:14.62 39.79 200m: 2:38.80 42.11 300m: 4:04.55 43.63 400m: 5:27.62 40.81			
3.	PEREIRA, Lucas Santos	07	Naval do Funchal	5:31.89 291
	50m: 35.53 35.53 150m: 1:59.47 43.37 250m: 3:25.50 42.90 350m: 4:51.28 42.74			
	100m: 1:16.10 40.57 200m: 2:42.60 43.13 300m: 4:08.54 43.04 400m: 5:31.89 40.61			
4.	BARBOSA, Joao Camacho	07	Desportivo Nacional	6:07.24 215
	50m: 41.11 41.11 150m: 2:16.37 48.10 250m: 3:51.73 47.51 350m: 5:24.96 46.09			
	100m: 1:28.27 47.16 200m: 3:04.22 47.85 300m: 4:38.87 47.14 400m: 6:07.24 42.28			

Infantil A, 14 anos

1.	FERRAZ, Luis Afonso	06	Naval do Funchal	5:01.85 387
	50m: 33.76 33.76 150m: 1:50.34 38.74 250m: 3:08.63 39.18 350m: 4:26.24 38.69			
	100m: 1:11.60 37.84 200m: 2:29.45 39.11 300m: 3:47.55 38.92 400m: 5:01.85 35.61			
2.	PITA, Pedro Miguel	06	Naval do Funchal	5:02.32 385
	50m: 34.06 34.06 150m: 1:50.52 38.34 250m: 3:08.57 39.14 350m: 4:26.41 38.83			
	100m: 1:12.18 38.12 200m: 2:29.43 38.91 300m: 3:47.58 39.01 400m: 5:02.32 35.91			
3.	GARANITO, Simao Silva	06	Naval do Funchal	5:03.16 382
	50m: 32.88 32.88 150m: 1:49.09 38.65 250m: 3:08.07 39.52 350m: 4:27.16 38.67			
	100m: 1:10.44 37.56 200m: 2:28.55 39.46 300m: 3:48.49 40.42 400m: 5:03.16 36.00			

Prova 34, Masc., 400m Livres, Infantil A, 14 anos

Lugar	Ano								Tempo final	Pts		
4.	ABREU, Joao Francisco		06		Naval do Funchal				5:09.00	361		
	50m:	34.06	34.06	150m:	1:51.82	38.97	250m:	3:11.39	40.16	350m:	4:30.15	39.25
	100m:	1:12.85	38.79	200m:	2:31.23	39.41	300m:	3:50.90	39.51	400m:	5:09.00	38.85

Juvenil B, 15 anos

1.	DIAS, Andre Vicente			05	Desportivo Nacional					4:43.72	466	
	50m:	30.86	30.86	150m:	1:40.26	35.43	250m:	2:53.27	36.41	350m:	4:06.94	37.41
	100m:	1:04.83	33.97	200m:	2:16.86	36.60	300m:	3:29.53	36.26	400m:	4:43.72	36.78
2.	ALVES, Tiago Pires			05	Salesianos do Funchal					5:09.52	359	
	50m:	34.07	34.07	150m:	1:54.25	40.22	250m:	3:14.56	40.01	350m:	4:33.78	38.60
	100m:	1:14.03	39.96	200m:	2:34.55	40.30	300m:	3:55.18	40.62	400m:	5:09.52	35.74
3.	NUNES, Andre Maltez			05	Desportivo Nacional					6:01.72	225	
	50m:	38.55	38.55	150m:			250m:			350m:		
	100m:	1:23.31	44.76	200m:	2:57.40		300m:			400m:	6:01.72	
4.	MENDES, Juan Diego			05	Desportivo Nacional					6:07.09	215	
	FTL											
	50m:	39.25	39.25	150m:	2:12.23	47.47	250m:	3:49.02	49.05	350m:	5:24.51	47.10
	100m:	1:24.76	45.51	200m:	2:59.97	47.74	300m:	4:37.41	48.39	400m:	6:07.09	42.58

Juvenil A, 16 anos

1.	ALVES, Paulo Rodrigues				04	Desportivo Nacional				4:32.94	524	
	50m:	29.31	29.31	150m:	1:39.26	35.27	250m:	2:47.91	33.89	350m:	3:58.59	35.35
	100m:	1:03.99	34.68	200m:	2:14.02	34.76	300m:	3:23.24	35.33	400m:	4:32.94	34.35
2.	FERNANDES, Diogo Henrique				04	Naval do Funchal				4:36.07	506	
	50m:	29.92	29.92	150m:	1:38.64	34.91	250m:	2:50.00	35.64	350m:	4:01.40	35.44
	100m:	1:03.73	33.81	200m:	2:14.36	35.72	300m:	3:25.96	35.96	400m:	4:36.07	34.67
3.	TELES, Artur Corte				04	Salesianos do Funchal				4:52.42	426	
	50m:	31.64	31.64	150m:	1:44.88	37.50	250m:	2:59.55	37.53	350m:	4:15.50	38.27
	100m:	1:07.38	35.74	200m:	2:22.02	37.14	300m:	3:37.23	37.68	400m:	4:52.42	36.92
4.	GOMES, Alexandre Monteiro				04	Salesianos do Funchal				5:25.16	310	
	50m:	35.31	35.31	150m:	1:55.32	41.51	250m:	3:21.42	43.50	350m:	4:48.22	42.94
	100m:	1:13.81	38.50	200m:	2:37.92	42.60	300m:	4:05.28	43.86	400m:	5:25.16	36.94

Junior, 17 e 18 anos

1.	RODRIGUES, Pedro Reis			02	Desportivo Sao Roque					4:18.25	618	
	50m:	29.47	29.47	150m:	1:34.34	32.64	250m:	2:40.35	32.96	350m:	3:46.51	32.57
	100m:	1:01.70	32.23	200m:	2:07.39	33.05	300m:	3:13.94	33.59	400m:	4:18.25	31.74
2.	GOMES, Goncalo Camara			03	Naval do Funchal					4:29.34	545	
	50m:	29.84	29.84	150m:	1:37.13	33.80	250m:	2:44.98	33.49	350m:	3:55.16	35.28
	100m:	1:03.33	33.49	200m:	2:11.49	34.36	300m:	3:19.88	34.90	400m:	4:29.34	34.18
3.	OLIVEIRA, Pedro Freitas			02	Naval do Funchal					4:36.39	504	
	50m:	31.83	31.83	150m:	1:41.21	35.21	250m:	2:53.05	35.75	350m:	4:04.97	36.07
	100m:	1:06.00	34.17	200m:	2:17.30	36.09	300m:	3:28.90	35.85	400m:	4:36.39	31.42

Absoluto, 15 anos e mais velhos

1.	RODRIGUES, Pedro Reis				02	Desportivo Sao Roque					4:18.25	618
	50m:	29.47	29.47	150m:	1:34.34	32.64	250m:	2:40.35	32.96	350m:	3:46.51	32.57
	100m:	1:01.70	32.23	200m:	2:07.39	33.05	300m:	3:13.94	33.59	400m:	4:18.25	31.74
2.	GOMES, Goncalo Camara				03	Naval do Funchal					4:29.34	545
	50m:	29.84	29.84	150m:	1:37.13	33.80	250m:	2:44.98	33.49	350m:	3:55.16	35.28
	100m:	1:03.33	33.49	200m:	2:11.49	34.36	300m:	3:19.88	34.90	400m:	4:29.34	34.18

Prova 34, Masc., 400m Livres, Absoluto, 15 anos e mais velhos

Lugar	Ano								Tempo final		Pts	
3.	ALVES, Paulo Rodrigues				04	Desportivo Nacional				4:32.94	524	
	50m:	29.31	29.31	150m:	1:39.26	35.27	250m:	2:47.91	33.89	350m:	3:58.59	35.35
	100m:	1:03.99	34.68	200m:	2:14.02	34.76	300m:	3:23.24	35.33	400m:	4:32.94	34.35
4.	FERNANDES, Diogo Henrique				04	Naval do Funchal				4:36.07	506	
	50m:	29.92	29.92	150m:	1:38.64	34.91	250m:	2:50.00	35.64	350m:	4:01.40	35.44
	100m:	1:03.73	33.81	200m:	2:14.36	35.72	300m:	3:25.96	35.96	400m:	4:36.07	34.67
5.	OLIVEIRA, Pedro Freitas				02	Naval do Funchal				4:36.39	504	
	50m:	31.83	31.83	150m:	1:41.21	35.21	250m:	2:53.05	35.75	350m:	4:04.97	36.07
	100m:	1:06.00	34.17	200m:	2:17.30	36.09	300m:	3:28.90	35.85	400m:	4:36.39	31.42
6.	DIAS, Andre Vicente				05	Desportivo Nacional				4:43.72	466	
	50m:	30.86	30.86	150m:	1:40.26	35.43	250m:	2:53.27	36.41	350m:	4:06.94	37.41
	100m:	1:04.83	33.97	200m:	2:16.86	36.60	300m:	3:29.53	36.26	400m:	4:43.72	36.78
7.	VIEIRA, Duarte Nuno				95	Salesianos do Funchal				4:46.46	453	
	50m:	32.07	32.07	150m:	1:45.20	37.04	250m:	2:59.07	36.86	350m:	4:11.99	36.09
	100m:	1:08.16	36.09	200m:	2:22.21	37.01	300m:	3:35.90	36.83	400m:	4:46.46	34.47
8.	TELES, Artur Corte				04	Salesianos do Funchal				4:52.42	426	
	50m:	31.64	31.64	150m:	1:44.88	37.50	250m:	2:59.55	37.53	350m:	4:15.50	38.27
	100m:	1:07.38	35.74	200m:	2:22.02	37.14	300m:	3:37.23	37.68	400m:	4:52.42	36.92
9.	ALVES, Tiago Pires				05	Salesianos do Funchal				5:09.52	359	
	50m:	34.07	34.07	150m:	1:54.25	40.22	250m:	3:14.56	40.01	350m:	4:33.78	38.60
	100m:	1:14.03	39.96	200m:	2:34.55	40.30	300m:	3:55.18	40.62	400m:	5:09.52	35.74
10.	GOMES, Alexandre Monteiro				04	Salesianos do Funchal				5:25.16	310	
	50m:	35.31	35.31	150m:	1:55.32	41.51	250m:	3:21.42	43.50	350m:	4:48.22	42.94
	100m:	1:13.81	38.50	200m:	2:37.92	42.60	300m:	4:05.28	43.86	400m:	5:25.16	36.94
11.	NUNES, Andre Maltez				05	Desportivo Nacional				6:01.72	225	
	50m:	38.55	38.55	150m:			250m:			350m:		
	100m:	1:23.31	44.76	200m:	2:57.40		300m:			400m:	6:01.72	
12.	MENDES, Juan Diego				05	Desportivo Nacional				6:07.09	215	
	FTL											
	50m:	39.25	39.25	150m:	2:12.23	47.47	250m:	3:49.02	49.05	350m:	5:24.51	47.10
	100m:	1:24.76	45.51	200m:	2:59.97	47.74	300m:	4:37.41	48.39	400m:	6:07.09	42.58