

## 1 - Ter a-feira

28/07/2026 - 19:15

| Prova 1                | Femin., 800m Livres        |                       |     |         | Absolutos  |
|------------------------|----------------------------|-----------------------|-----|---------|------------|
| 28/07/2026 - 19:15     | N O H  NADADORES INSCRITOS |                       |     |         | Startlist  |
| Recorde Regional Open  | 9:12.66                    | ANDRADE, Rubina Amaro | CDN | Alges   | 17/03/1995 |
| Recorde Regional Sen   | 9:28.88                    | BRANCO, Ana Filipa    | CNF | Funchal | 20/02/2009 |
| Recorde Regional Jun18 | 9:26.53                    | MELIM, Claudia Ramos  | CDN | Funchal | 07/07/2002 |
| Recorde Regional Jun17 | 9:13.81                    | ANDRADE, Rubina Amaro | CDN | Funchal | 13/07/1996 |
| Recorde Regional Juv A | 9:12.66                    | ANDRADE, Rubina Amaro | CDN | Alges   | 17/03/1995 |
| Recorde Regional Juv B | 9:14.78                    | ANDRADE, Rubina Amaro | CDN | Braga   | 04/03/1994 |
| Recorde Regional Inf A | 9:15.96                    | ANDRADE, Rubina Amaro | CDN | Alges   | 16/02/1993 |
| Recorde Regional Inf B | 9:40.30                    | ANDRADE, Rubina Amaro | CDN | Funchal | 15/02/1992 |

Pista Nome Ano Clube T. Inscri  o

| Prova 2                | Masc., 800m Livres         |                           |     |          | Absolutos  |
|------------------------|----------------------------|---------------------------|-----|----------|------------|
| 28/07/2026 - 19:15     | N O H  NADADORES INSCRITOS |                           |     |          | Startlist  |
| Recorde Regional Open  | 7:59.51                    | FRANCO, Paulo Fragueiro   | CDN | Leiria   | 06/12/2009 |
| Recorde Regional Sen   | 7:59.51                    | FRANCO, Paulo Fragueiro   | CDN | Leiria   | 06/12/2009 |
| Recorde Regional Jun18 | 8:16.27                    | GOUVEIA, Pedro Galvao     | CDN | Funchal  | 09/12/2016 |
| Recorde Regional Jun17 | 8:26.03                    | GOUVEIA, Pedro Galvao     | CDN | Funchal  | 05/03/2016 |
| Recorde Regional Juv A | 8:47.54                    | ALMEIDA, Carlos Alexandre | CDN | Funchal  | 11/12/2004 |
| Recorde Regional Juv B | 8:46.95                    | ALMEIDA, Carlos Alexandre | CDN | Penafiel | 21/03/2004 |
| Recorde Regional Inf A | 8:59.16                    | FREITAS, Tomas Miguel     | CDN | Funchal  | 22/05/2004 |
| Recorde Regional Inf B | 9:18.20                    | FREITAS, Tomas Miguel     | CDN | Funchal  | 31/05/2003 |

Pista Nome Ano Clube T. Inscri  o

| Prova 3                | Femin., 200m Bru os |                        |      |           | Absolutos  |
|------------------------|---------------------|------------------------|------|-----------|------------|
| 28/07/2026 - 19:15     |                     |                        |      |           | Startlist  |
| Recorde Regional Open  | 2:32.35             | QUINTAL, Fabiana Maria | CDN  | Guimaraes | 06/12/2008 |
| Recorde Regional Sen   | 2:32.35             | QUINTAL, Fabiana Maria | CDN  | Guimaraes | 06/12/2008 |
| Recorde Regional Jun18 | 2:34.51             | RODRIGUES, Laura Sofia | JACL | Tomar     | 14/12/2024 |
| Recorde Regional Jun17 | 2:37.74             | RODRIGUES, Laura Sofia | JACL | Leiria    | 09/12/2023 |
| Recorde Regional Juv A | 2:38.79             | ABREU, Laura Catarina  | CDN  | Funchal   | 08/07/2016 |
| Recorde Regional Juv B | 2:41.54             | ABREU, Laura Catarina  | CDN  | Funchal   | 11/07/2015 |
| Recorde Regional Inf A | 2:43.10             | ABREU, Laura Catarina  | CDN  | Tomar     | 14/12/2013 |
| Recorde Regional Inf B | 2:47.89             | ABREU, Laura Catarina  | CDN  | Funchal   | 06/04/2013 |

Pista Nome Ano Clube T. Inscri  o

### S rie 1 de 1, 19:15

|   |                                   |    |                     |         |
|---|-----------------------------------|----|---------------------|---------|
| 2 | BOLLINGER, Elisabete Malinovskaya | 13 | Escola O Liceu      | 4:15.00 |
| 3 | COSTA, Rafaela Tome               | 11 | Naval do Funchal    | 2:53.35 |
| 4 | RODRIGUES, Laura Sofia            | 07 | Juventude Atlantico | 2:40.07 |
| 5 | FERRO, Maria Franco               | 12 | Naval do Funchal    | 2:45.56 |
| 6 | GONCALVES, Vera Andrade           | 09 | Juventude Atlantico | 2:57.57 |

| Prova 4                        |          | Masc., 200m Bru os          |     |            |  | Absolutos  |
|--------------------------------|----------|-----------------------------|-----|------------|--|------------|
| 28/07/2026 - 19:20             |          |                             |     |            |  | Startlist  |
| Recorde Regional Open          | 2:16.32  | SILVA, Tomas Antonio        | CNF | Leiria     |  | 15/12/2025 |
| Recorde Regional Sen           | 2:16.32  | SILVA, Tomas Antonio        | CNF | Leiria     |  | 15/12/2025 |
| Recorde Regional Jun18         | 2:17.57  | SILVA, Tomas Antonio        | CNF | Felgueiras |  | 22/12/2018 |
| Recorde Regional Jun17         | 2:21.49  | ALVES, Paulo Rodrigues      | CDN | Funchal    |  | 17/07/2021 |
| Recorde Regional Juv A         | 2:22.76  | GONCALVES, Tomas Figueiredo | CNF | Funchal    |  | 05/07/2026 |
| Recorde Regional Juv B         | 2:23.33  | ALVES, Paulo Rodrigues      | CDN | Funchal    |  | 13/07/2019 |
| Recorde Regional Inf A         | 2:29.20  | ALVES, Paulo Rodrigues      | CDN | Funchal    |  | 01/08/2018 |
| Recorde Regional Inf B         | 2:37.57  | FREITAS, Tomas Miguel       | CDN | Funchal    |  | 13/07/2003 |
| Recorde Nacional Nat. Adaptada | 59:00.00 | ,                           |     |            |  |            |

| Pista                      | Nome                        | Ano | Clube               | T. Inscri  o |
|----------------------------|-----------------------------|-----|---------------------|--------------|
| <u>S rie 1 de 1, 19:20</u> |                             |     |                     |              |
| 1                          | MENDONCA, Jorge Lourenco    | 13  | Desportivo Nacional | 3:30.00      |
| 2                          | SOUSA, Joao Pedro           | 12  | Desportivo Nacional | 3:08.57      |
| 3                          | MARTINHO, Joao Miguel       | 09  | Desportivo Nacional | 2:28.47      |
| 4                          | SANTOS, Diego Felipe        | 87  | Desportivo Nacional | 2:22.68      |
| 5                          | GONCALVES, Tomas Figueiredo | 10  | Naval do Funchal    | 2:22.76      |
| 6                          | CRESPO, Joao Jesus          | 09  | Desportivo Nacional | 2:35.05      |
| 7                          | BARATA, Joao Tomas          | 08  | Juventude Atlantico | 3:13.49      |
| 8                          | DINIS, Tiago Gouveia        | 96  | Desportivo Nacional | 4:00.80      |

| Prova 5                |         | Femin., 100m Mariposa |        |         |  | Absolutos  |
|------------------------|---------|-----------------------|--------|---------|--|------------|
| 28/07/2026 - 19:24     |         |                       |        |         |  | Startlist  |
| Recorde Regional Open  | 1:00.24 | ROJAS, Zara Alejandra | INDMAD | Funchal |  | 29/07/2025 |
| Recorde Regional Sen   | 1:00.72 | ROJAS, Zara Alejandra | CNF    | Leiria  |  | 16/12/2025 |
| Recorde Regional Jun18 | 1:00.24 | ROJAS, Zara Alejandra | INDMAD | Funchal |  | 29/07/2025 |
| Recorde Regional Jun17 | 1:01.59 | ROJAS, Zara Alejandra | CDN    | Funchal |  | 30/06/2024 |
| Recorde Regional Juv A | 1:04.75 | ROSA, Beatriz Jong    | CDN    | Porto   |  | 12/12/2015 |
| Recorde Regional Juv B | 1:05.15 | ROSA, Beatriz Jong    | CDN    | Funchal |  | 11/07/2015 |
| Recorde Regional Inf A | 1:07.54 | FERRO, Maria Franco   | CNF    | Funchal |  | 09/05/2026 |
| Recorde Regional Inf B | 1:09.65 | ROSA, Beatriz Jong    | CDN    | Funchal |  | 24/07/2013 |

| Pista                      | Nome                      | Ano | Clube               | T. Inscri  o |
|----------------------------|---------------------------|-----|---------------------|--------------|
| <u>S rie 1 de 1, 19:24</u> |                           |     |                     |              |
| 2                          | MARQUES, Margarida Paixao | 11  | Naval do Funchal    | 1:19.30      |
| 3                          | SILVA, Bruna Jasmins      | 11  | Naval do Funchal    | 1:15.93      |
| 4                          | MATEUS, Eleine Vieira     | 09  | Desportivo Nacional | 1:08.22      |
| 5                          | VIEIRA, Matilde Sofia     | 11  | Desportivo Nacional | 1:14.50      |
| 6                          | GONCALVES, Maria Clara    | 12  | Escola O Liceu      | 1:16.41      |

| Prova 6                | Masc., 100m Mariposa |                             |     |         | Absolutos  |
|------------------------|----------------------|-----------------------------|-----|---------|------------|
| 28/07/2026 - 19:26     |                      |                             |     |         | Startlist  |
| Recorde Regional Open  | 53.62                | RODRIGUES, Joao Luis        | CNF | Funchal | 29/07/2025 |
| Recorde Regional Sen   | 53.62                | RODRIGUES, Joao Luis        | CNF | Funchal | 29/07/2025 |
| Recorde Regional Jun18 | 54.58                | MACHADO, Bernardo Magalhaes | CDN | Funchal | 23/07/2024 |
| Recorde Regional Jun17 | 56.11                | SEQUEIRA, Afonso Meneses    | CNF | Porto   | 12/12/2015 |
| Recorde Regional Juv A | 57.94                | GOUVEIA, Luis Galvao        | CDN | Funchal | 17/07/2021 |
| Recorde Regional Juv B | 58.96                | VARGAS, Henrique Luis       | CNF | Funchal | 24/07/2013 |
| Recorde Regional Inf A | 1:01.59              | CAIRES, Nuno Costa          | CNF | Funchal | 12/07/2008 |
| Recorde Regional Inf B | 1:04.84              | CASTRO, Joao Cruz           | CSM | Funchal | 24/07/2013 |

| Pista                      | Nome                        | Ano | Clube               | T. Inscri  o |
|----------------------------|-----------------------------|-----|---------------------|--------------|
| <b>S rie 1 de 3, 19:26</b> |                             |     |                     |              |
| 2                          | MACHADO, Ricardo Filipe     | 00  | Juventude Atlantico | 1:15.00      |
| 3                          | BARATA, Bernardo Vieira     | 12  | Juventude Atlantico | 1:09.78      |
| 4                          | SILVA, Samuel Osio          | 10  | Naval do Funchal    | 1:05.28      |
| 5                          | FERNANDEZ, Henrique Justino | 08  | Juventude Atlantico | 1:08.25      |
| 6                          | GONCALVES, Tiago Mauricio   | 10  | Desportivo Nacional | 1:09.93      |
| 7                          | MARTINS, Antonio Freitas    | 09  | Desportivo Nacional | 1:17.61      |

|                            |                            |    |                     |         |
|----------------------------|----------------------------|----|---------------------|---------|
| <b>S rie 2 de 3, 19:28</b> |                            |    |                     |         |
| 1                          | FERNANDES, Afonso Berimbau | 07 | Juventude Atlantico | 1:03.88 |
| 2                          | PESTANA, Luis Emanuel      | 07 | Desportivo Nacional | 1:02.85 |
| 3                          | GOMES, Joao Abreu          | 09 | Naval do Funchal    | 1:01.73 |
| 4                          | MENDES, Salvador Neves     | 10 | Naval do Funchal    | 1:00.07 |
| 5                          | RODRIGUES, Guilherme Gomes | 08 | Naval do Funchal    | 1:00.11 |
| 6                          | FREITAS, Jonas Christian   | 11 | Desportivo Nacional | 1:02.83 |
| 7                          | RAPOSO, Mateus Medeiros    | 10 | Desportivo Nacional | 1:03.59 |
| 8                          | GARANITO, Mateus Silva     | 10 | Naval do Funchal    | 1:04.24 |

|                            |                             |    |                     |       |
|----------------------------|-----------------------------|----|---------------------|-------|
| <b>S rie 3 de 3, 19:29</b> |                             |    |                     |       |
| 1                          | OLIVEIRA, Afonso Miguel     | 07 | Juventude Atlantico | 58.81 |
| 2                          | FERNANDES, Diogo Henrique   | 04 | Naval do Funchal    | 58.27 |
| 3                          | GOUVEIA, Luis Galvao        | 05 | Desportivo Nacional | 55.59 |
| 4                          | RODRIGUES, Joao Luis        | 05 | Naval do Funchal    | 53.62 |
| 5                          | MACHADO, Bernardo Magalhaes | 06 | Desportivo Nacional | 54.39 |
| 6                          | ALMEIDA, Joao Francisco     | 07 | Naval do Funchal    | 57.37 |
| 7                          | ANDRADE, Salvador Freitas   | 09 | Naval do Funchal    | 58.56 |
| 8                          | PESTANA, Andre Pinto        | 09 | Naval do Funchal    | 59.97 |

Prova 7 Femin., 50m Costas Absolutos  
28/07/2026 - 19:40 Startlist

|                        |       |                         |      |           |            |
|------------------------|-------|-------------------------|------|-----------|------------|
| Recorde Regional Open  | 29.30 | GONCALVES, Vera Andrade | JACL | Leiria    | 16/12/2025 |
| Recorde Regional Sen   | 29.32 | ROJAS, Zara Alejandra   | CNF  | Albufeira | 15/11/2025 |
| Recorde Regional Jun18 | 30.49 | ROJAS, Zara Alejandra   | ANM  | Funchal   | 03/05/2025 |
| Recorde Regional Jun17 | 29.30 | GONCALVES, Vera Andrade | JACL | Leiria    | 16/12/2025 |
| Recorde Regional Juv A | 29.84 | GONCALVES, Vera Andrade | JACL | Funchal   | 06/07/2025 |
| Recorde Regional Juv B | 30.00 | GONCALVES, Vera Andrade | JACL | Funchal   | 03/03/2024 |
| Recorde Regional Inf A | 30.59 | FERRO, Maria Franco     | CNF  | Funchal   | 05/07/2026 |
| Recorde Regional Inf B | 32.61 | FERRO, Maria Franco     | CNF  | Funchal   | 03/05/2025 |

Pista Nome Ano Clube T. Inscri  o

S rie 1 de 2, 19:40

|                               |    |                     |       |
|-------------------------------|----|---------------------|-------|
| 2 GOUVEIA, Sofia Isabel       | 12 | Juventude Atlantico | 45.07 |
| 3 MACIEL, Constanca Maria     | 13 | Escola O Liceu      | 38.65 |
| 4 CARVALHO, Laura Jardim      | 09 | Juventude Atlantico | 37.00 |
| 5 BAPTISTA, Valentina Hermida | 11 | Juventude Atlantico | 37.35 |
| 6 TEMTEM, Maria Clara         | 13 | Desportivo Nacional | 41.09 |
| 7 GREGORIO, Alice Meneses     | 12 | Escola O Liceu      | 46.56 |

S rie 2 de 2, 19:43

|                            |    |                     |       |
|----------------------------|----|---------------------|-------|
| 1 TSOMKO, Veronika         | 08 | Escola O Liceu      | 36.00 |
| 2 JARDIM, Maria Velosa     | 12 | Naval do Funchal    | 34.42 |
| 3 MATEUS, Eleine Vieira    | 09 | Desportivo Nacional | 31.90 |
| 4 ROJAS, Zara Alejandra    | 07 | Naval do Funchal    | 29.32 |
| 5 GOMES, Sofia Vega        | 08 | Naval do Funchal    | 30.76 |
| 6 VELOSA, Ana Matilde      | 11 | Juventude Atlantico | 32.56 |
| 7 QUINTAL, Margarida Silva | 12 | Juventude Atlantico | 35.21 |
| 8 ANDRADE, Nuria Gouveia   | 13 | Desportivo Nacional | 36.65 |

Prova 8 Masc., 50m Costas Absolutos  
28/07/2026 - 19:44 Startlist

|                        |       |                             |      |         |            |
|------------------------|-------|-----------------------------|------|---------|------------|
| Recorde Regional Open  | 24.95 | PITA, Pedro Miguel          | CNF  | Tomar   | 13/12/2024 |
| Recorde Regional Sen   | 24.95 | PITA, Pedro Miguel          | CNF  | Tomar   | 13/12/2024 |
| Recorde Regional Jun18 | 24.97 | PITA, Pedro Miguel          | CNF  | Funchal | 23/07/2024 |
| Recorde Regional Jun17 | 25.92 | NEVES, Tiago Brazao         | CNF  | Funchal | 30/06/2024 |
| Recorde Regional Juv A | 27.26 | CASTRO, Joao Cruz           | CDSR | Funchal | 17/06/2016 |
| Recorde Regional Juv B | 28.10 | RODRIGUES, David Oliveira   | CNF  | Funchal | 19/12/2025 |
| Recorde Regional Inf A | 29.92 | RODRIGUES, David Oliveira   | CNF  | Funchal | 06/07/2025 |
| Recorde Regional Inf B | 31.21 | GONCALVES, Tomas Figueiredo | CNF  | Funchal | 08/07/2023 |

Pista Nome Ano Clube T. Inscri  o

S rie 1 de 3, 19:44

|                            |    |                     |         |
|----------------------------|----|---------------------|---------|
| 1 SILVA, Alexandre Pestana | 10 | Desportivo Nacional | 1:10.00 |
| 2 ALVES, Mateus Basilio    | 09 | Juventude Atlantico | 38.55   |
| 3 GOMES, Gustavo Daniel    | 12 | Desportivo Nacional | 37.25   |
| 4 MENDONCA, Jorge Lourenco | 13 | Desportivo Nacional | 35.20   |
| 5 ENCARNACAO, Andre Filipe | 08 | Escola O Liceu      | 35.58   |
| 6 MARTINS, Antonio Freitas | 09 | Desportivo Nacional | 38.03   |
| 7 GONCALVES, Gil Fiqueli   | 09 | Desportivo Nacional | 41.57   |

Prova 8, Masc., 50m Costas

S rie 2 de 3, 19:46

|                               |    |                      |       |
|-------------------------------|----|----------------------|-------|
| 1 SANTOS, Daniel Adonis       | 09 | Juventude Atlantico  | 34.35 |
| 2 PESTANA, Luis Emanuel       | 07 | Desportivo Nacional  | 33.84 |
| 3 CRO, Rodrigo Antonio        | 11 | Desportivo Sao Roque | 32.33 |
| 4 NASCIMENTO, Santiago Santos | 10 | Juventude Atlantico  | 31.92 |
| 5 GOMES, Guilherme Silva      | 08 | Desportivo Nacional  | 32.14 |
| 6 MENDONCA, Florival Rodrigo  | 10 | Juventude Atlantico  | 32.91 |
| 7 CRESPO, Joao Jesus          | 09 | Desportivo Nacional  | 34.00 |
| 8 ANTUNES, Francisco Tomas    | 13 | Juventude Atlantico  | 34.62 |

S rie 3 de 3, 19:48

|                               |    |                     |       |
|-------------------------------|----|---------------------|-------|
| 1 FERNANDES, Salvador Freitas | 09 | Juventude Atlantico | 31.44 |
| 2 RODRIGUES, David Oliveira   | 11 | Naval do Funchal    | 28.10 |
| 3 MACHADO, Bernardo Magalhaes | 06 | Desportivo Nacional | 26.04 |
| 4 PITA, Pedro Miguel          | 06 | Naval do Funchal    | 24.95 |
| 5 NEVES, Tiago Brazao         | 07 | Naval do Funchal    | 25.87 |
| 6 GOUVEIA, Luis Galvao        | 05 | Desportivo Nacional | 27.50 |
| 7 GONCALVES, Tomas Figueiredo | 10 | Naval do Funchal    | 28.91 |
| 8 MACHADO, Tiago Magalhaes    | 04 | Desportivo Nacional | 31.49 |

Prova 9

Femin., 200m Livres

Absolutos

28/07/2026 - 19:49

Startlist

|                        |         |                        |     |         |            |
|------------------------|---------|------------------------|-----|---------|------------|
| Recorde Regional Open  | 2:07.77 | QUINTAL, Fabiana Maria | CDN | Funchal | 22/11/2009 |
| Recorde Regional Sen   | 2:07.77 | QUINTAL, Fabiana Maria | CDN | Funchal | 22/11/2009 |
| Recorde Regional Jun18 | 2:10.30 | ROSA, Beatriz Jong     | CDN | Funchal | 04/11/2007 |
| Recorde Regional Jun17 | 2:09.92 | ROJAS, Zara Alejandra  | CDN | Funchal | 29/06/2024 |
| Recorde Regional Juv A | 2:09.59 | AGUILAR, Vera Ines     | CDN | Funchal | 29/07/2016 |
| Recorde Regional Juv B | 2:09.23 | ABREU, Laura Catarina  | CDN | Funchal | 10/07/2015 |
| Recorde Regional Inf A | 2:11.89 | ANDRADE, Rubina Amaro  | CDN | Alg s   | 26/02/1993 |
| Recorde Regional Inf B | 2:14.71 | CAIRES, Joana Costa    | CNF | Sines   | 13/03/2011 |

Pista Nome

Ano Clube

T. Inscri  o

S rie 1 de 2, 19:49

|                        |    |                     |         |
|------------------------|----|---------------------|---------|
| 3 NUNES, Ana Soraia    | 11 | Escola O Liceu      | 3:27.45 |
| 4 LUIS, Clara Abreu    | 13 | Escola O Liceu      | 2:41.71 |
| 5 BARRETO, Maria Clara | 10 | Juventude Atlantico | 2:49.35 |

S rie 2 de 2, 19:53

|                           |    |                     |         |
|---------------------------|----|---------------------|---------|
| 1 JARDIM, Eva Santos      | 10 | Juventude Atlantico | 2:31.16 |
| 2 SA, Vanessa Fernandes   | 09 | Naval do Funchal    | 2:28.48 |
| 3 MARGARIDO, Paula Aguiar | 09 | Juventude Atlantico | 2:23.85 |
| 4 JESUS, Vera Franca      | 11 | Naval do Funchal    | 2:11.31 |
| 5 ANICETO, Leonor Telo    | 13 | Naval do Funchal    | 2:23.51 |
| 6 OJKIC, Vera Jose        | 12 | Naval do Funchal    | 2:25.53 |
| 7 VIEIRA, Matilde Sofia   | 11 | Desportivo Nacional | 2:29.57 |

Prova 10 Masc., 200m Livres Absolutos  
28/07/2026 - 19:56 Startlist

|                                |         |                           |      |                 |            |
|--------------------------------|---------|---------------------------|------|-----------------|------------|
| Recorde Regional Open          | 1:46.65 | PINTO, Luis Marques       | CDN  | Stockholm (SWE) | 11/11/2009 |
| Recorde Regional Sen           | 1:46.65 | PINTO, Luis Marques       | CDN  | Stockholm (SWE) | 11/11/2009 |
| Recorde Regional Jun18         | 1:50.17 | CASTRO, Joao Cruz         | CDSR | Porto           | 10/12/2017 |
| Recorde Regional Jun17         | 1:51.83 | CASTRO, Joao Cruz         | CDSR | Funchal         | 27/07/2017 |
| Recorde Regional Juv A         | 1:54.07 | CASTRO, Joao Cruz         | CDSR | Funchal         | 28/07/2016 |
| Recorde Regional Juv B         | 1:55.77 | CASTRO, Joao Cruz         | CDSR | Funchal         | 10/07/2015 |
| Recorde Regional Inf A         | 1:59.62 | FERNANDES, Joao Vitor     | CSM  | Funchal         | 09/07/2014 |
| Recorde Regional Inf B         | 2:07.17 | FREITAS, Tomas Miguel     | CDN  | Funchal         | 19/07/2003 |
| Recorde Nacional Nat. Adaptada | 2:19.67 | CARVALHO, Joaquim Eduardo | CNF  | Ponte de Sor    | 11/01/2026 |

Pista Nome Ano Clube T. Inscri  o

S rie 1 de 3, 19:56

|                         |    |                      |         |
|-------------------------|----|----------------------|---------|
| 3 SILVA, Lucas Benjamim | 08 | Naval do Funchal     | 2:54.53 |
| 4 PEREIRA, Pedro Nuno   | 09 | Naval do Funchal     | 2:35.61 |
| 5 GOMES, Santiago Jesus | 12 | Desportivo Sao Roque | 2:45.58 |

S rie 2 de 3, 19:59

|                              |    |                      |         |
|------------------------------|----|----------------------|---------|
| 1 FERREIRA, Guilherme Nelson | 12 | Desportivo Sao Roque | 2:33.39 |
| 2 SILVA, Pedro Fernandes     | 11 | Naval do Funchal     | 2:21.73 |
| 3 CARVALHO, Joaquim Eduardo  | 07 | Naval do Funchal     | 2:17.05 |
| 4 FREITAS, Jonas Christian   | 11 | Desportivo Nacional  | 2:15.42 |
| 5 ANTUNES, Frederico Luis    | 08 | Juventude Atlantico  | 2:16.69 |
| 6 ABREU, Afonso Henrique     | 09 | Naval do Funchal     | 2:20.56 |
| 7 GONCALVES, Tiago Mauricio  | 10 | Desportivo Nacional  | 2:24.14 |

S rie 3 de 3, 20:02

|                                |    |                     |         |
|--------------------------------|----|---------------------|---------|
| 1 GOMES, Guilherme Silva       | 08 | Desportivo Nacional | 2:09.69 |
| 2 RAPOSO, Mateus Medeiros      | 10 | Desportivo Nacional | 2:06.92 |
| 3 MIRANDA, Francisco Guilherme | 08 | Naval do Funchal    | 1:58.38 |
| 4 ABREU, Sergio Gomes          | 96 | Naval do Funchal    | 1:53.95 |
| 5 ALMEIDA, Joao Francisco      | 07 | Naval do Funchal    | 1:57.46 |
| 6 ROJAS, Jean Louis            | 05 | Naval do Funchal    | 2:02.94 |
| 7 PESTANA, Pedro Correia       | 09 | Desportivo Nacional | 2:08.93 |
| 8 MARTINHO, Joao Miguel        | 09 | Desportivo Nacional | 2:11.49 |



| Prova 11               |         | Femin., 400m Estilos       |      |                       | Absolutos  |
|------------------------|---------|----------------------------|------|-----------------------|------------|
| 28/07/2026 - 20:05     |         | N O H  NADADORES INSCRITOS |      |                       | Startlist  |
| Recorde Regional Open  | 5:00.24 | QUINTAL, Fabiana Maria     | CDN  | Funchal               | 19/02/2009 |
| Recorde Regional Sen   | 5:00.24 | QUINTAL, Fabiana Maria     | CDN  | Funchal               | 19/02/2009 |
| Recorde Regional Jun18 | 5:08.44 | RODRIGUES, Laura Sofia     | JACL | S. Antonio Cavaleiros | 01/12/2024 |
| Recorde Regional Jun17 | 5:13.39 | RODRIGUES, Laura Sofia     | JACL | Funchal               | 04/05/2024 |
| Recorde Regional Juv A | 5:13.99 | CAMARA, Ines Cruz          | CDN  | Funchal               | 08/07/2023 |
| Recorde Regional Juv B | 5:17.32 | GONCALVES, Vera Andrade    | JACL | Funchal               | 04/05/2024 |
| Recorde Regional Inf A | 5:19.42 | CAMARA, Ines Cruz          | CDN  | Funchal               | 11/07/2021 |
| Recorde Regional Inf B | 5:18.10 | CAIRES, Joana Costa        | CNF  | Sines                 | 11/03/2011 |

Pista Nome Ano Clube T. Inscri  o

| Prova 12                       |          | Masc., 400m Estilos     |     |            | Absolutos  |
|--------------------------------|----------|-------------------------|-----|------------|------------|
| 28/07/2026 - 20:05             |          |                         |     |            | Startlist  |
| Recorde Regional Open          | 4:23.27  | FRANCO, Paulo Fragueiro | CDN | Felgueiras | 22/11/2002 |
| Recorde Regional Sen           | 4:23.27  | FRANCO, Paulo Fragueiro | CDN | Felgueiras | 22/11/2002 |
| Recorde Regional Jun18         | 4:26.56  | SILVA, Tomas Antonio    | CNF | Felgueiras | 21/12/2018 |
| Recorde Regional Jun17         | 4:32.64  | SILVA, Tomas Antonio    | CNF | Funchal    | 26/03/2018 |
| Recorde Regional Juv A         | 4:37.61  | GOUVEIA, Luis Galvao    | CDN | Funchal    | 11/07/2021 |
| Recorde Regional Juv B         | 4:37.30  | FREITAS, Tomas Miguel   | CDN | Funchal    | 16/07/2005 |
| Recorde Regional Inf A         | 4:40.32  | FREITAS, Tomas Miguel   | CDN | Funchal    | 09/07/2004 |
| Recorde Regional Inf B         | 4:53.36  | FREITAS, Tomas Miguel   | CDN | Funchal    | 11/07/2003 |
| Recorde Nacional Nat. Adaptada | 59:00.00 | ,                       |     |            |            |

Pista Nome Ano Clube T. Inscri  o

#### S rie 1 de 1, 20:05

4 DINIS, Tiago Gouveia 96 Desportivo Nacional 9:04.00

| Prova 13               |         | Femin., 4 x 100m Livres    |     |                       | Absolutos  |
|------------------------|---------|----------------------------|-----|-----------------------|------------|
| 28/07/2026 - 20:19     |         | N O H  NADADORES INSCRITOS |     |                       | Startlist  |
| Recorde Regional Open  | 4:03.77 | Clube Naval do Funchal     | CNF | S. Antonio Cavaleiros | 19/12/2009 |
| Recorde Regional Sen   | 4:06.46 | Tempo Limite               |     |                       |            |
| Recorde Regional Jun   | 4:10.74 | Tempo Limite               |     |                       |            |
| Recorde Regional Juv A | 4:10.74 | Clube Desportivo Nacional  | CDN | Funchal               | 27/07/2016 |
| Recorde Regional Juv B | 4:11.49 | Clube Desportivo Nacional  | CDN | Leiria                | 14/12/2014 |
| Recorde Regional Inf A | 4:12.63 | Clube Desportivo Nacional  | CDN | Tomar                 | 15/12/2013 |
| Recorde Regional Inf B | 4:14.93 | Clube Desportivo Nacional  | CDN | Funchal               | 25/07/2013 |

Pista Ano Clube T. Inscri  o

| Prova 14               |         | Masc., 4 x 100m Livres    |     |                       | Absolutos  |
|------------------------|---------|---------------------------|-----|-----------------------|------------|
| 28/07/2026 - 20:19     |         |                           |     |                       | Startlist  |
| Recorde Regional Open  | 3:25.10 | Clube Desportivo Nacional | CDN | S. Antonio Cavaleiros | 19/12/2009 |
| Recorde Regional Sen   | 3:25.10 | Clube Desportivo Nacional | CDN | S. Antonio Cavaleiros | 19/12/2009 |
| Recorde Regional Jun   | 3:33.73 | Clube Naval do Funchal    | CNF | Funchal               | 08/07/2023 |
| Recorde Regional Juv A | 3:34.94 | Clube Naval do Funchal    | CNF | Funchal               | 11/07/2014 |
| Recorde Regional Juv B | 3:46.97 | Clube Naval do Funchal    | CNF | Funchal               | 11/07/2009 |
| Recorde Regional Inf A | 3:54.59 | Clube Naval do Funchal    | CNF | Funchal               | 23/06/2007 |
| Recorde Regional Inf B | 4:12.91 | Clube Naval do Funchal    | CNF | Funchal               | 14/07/2007 |

| Pista                      | Ano | Clube            | T. Inscrição |
|----------------------------|-----|------------------|--------------|
| <u>Série 1 de 1, 20:19</u> |     |                  |              |
| 4 Naval do Funchal 1       |     | Naval do Funchal | 3:30.00      |



## 2 - Quarta-feira

29/07/2026 - 19:15

| Prova 15               | Femin., 50m Bru os |                        |      |         | Absolutos  |
|------------------------|--------------------|------------------------|------|---------|------------|
| 29/07/2026 - 19:15     |                    |                        |      |         | Startlist  |
| Recorde Regional Open  | 33.10              | QUINTAL, Fabiana Maria | CDN  | Guarda  | 12/12/2010 |
| Recorde Regional Sen   | 33.10              | QUINTAL, Fabiana Maria | CDN  | Guarda  | 12/12/2010 |
| Recorde Regional Jun18 | 34.46              | RODRIGUES, Laura Sofia | JACL | Funchal | 13/12/2024 |
| Recorde Regional Jun17 | 34.07              | ABREU, Laura Catarina  | CDWT | Funchal | 11/12/2016 |
| Recorde Regional Juv A | 33.71              | ABREU, Laura Catarina  | CDN  | Porto   | 13/12/2015 |
| Recorde Regional Juv B | 34.46              | ABREU, Laura Catarina  | CDN  | Funchal | 09/07/2015 |
| Recorde Regional Inf A | 34.57              | ABREU, Laura Catarina  | CDN  | Funchal | 15/03/2014 |
| Recorde Regional Inf B | 35.44              | ABREU, Laura Catarina  | CDN  | Funchal | 05/04/2013 |

| Pista                      | Nome                   | Ano | Clube               | T. Inscri  o |
|----------------------------|------------------------|-----|---------------------|--------------|
| <u>S rie 1 de 1, 19:15</u> |                        |     |                     |              |
| 1                          | BARRETO, Maria Clara   | 10  | Juventude Atlantico | 48.43        |
| 2                          | ANDRADE, Nuria Gouveia | 13  | Desportivo Nacional | 44.62        |
| 3                          | FREITAS, Maria Silva   | 12  | Naval do Funchal    | 40.68        |
| 4                          | SA, Vanessa Fernandes  | 09  | Naval do Funchal    | 35.75        |
| 5                          | COSTA, Rafaela Tome    | 11  | Naval do Funchal    | 35.99        |
| 6                          | TEMTEM, Maria Clara    | 13  | Desportivo Nacional | 41.50        |
| 7                          | MACHADO, Sarah Camila  | 12  | Naval do Funchal    | 44.64        |

| Prova 16               | Masc., 50m Bru os |                             |      |         | Absolutos  |
|------------------------|-------------------|-----------------------------|------|---------|------------|
| 29/07/2026 - 19:16     |                   |                             |      |         | Startlist  |
| Recorde Regional Open  | 28.85             | MARQUES, Miguel Freitas     | CEOL | Funchal | 26/03/2018 |
| Recorde Regional Sen   | 28.85             | MARQUES, Miguel Freitas     | CEOL | Funchal | 26/03/2018 |
| Recorde Regional Jun18 | 29.26             | FIGUEIRA, Andre Temtem      | CNF  | Funchal | 12/07/2009 |
| Recorde Regional Jun17 | 29.89             | FERNANDES, Martim Pestana   | CNF  | Funchal | 17/07/2021 |
| Recorde Regional Juv A | 30.51             | GONCALVES, Tomas Figueiredo | CNF  | Funchal | 04/07/2026 |
| Recorde Regional Juv B | 31.14             | GONCALVES, Tomas Figueiredo | CNF  | Funchal | 05/07/2025 |
| Recorde Regional Inf A | 32.93             | ALVES, Paulo Rodrigues      | CDN  | Funchal | 31/07/2018 |
| Recorde Regional Inf B | 34.34             | FREITAS, Tomas Miguel       | CDN  | Funchal | 19/07/2003 |

| Pista                      | Nome                        | Ano | Clube                | T. Inscri  o |
|----------------------------|-----------------------------|-----|----------------------|--------------|
| <u>S rie 1 de 3, 19:16</u> |                             |     |                      |              |
| 2                          | TAVARES, Lourenco Carvalho  | 10  | Naval do Funchal     | 42.24        |
| 3                          | ANTUNES, Frederico Luis     | 08  | Juventude Atlantico  | 41.04        |
| 4                          | NASCIMENTO, Santiago Santos | 10  | Juventude Atlantico  | 37.53        |
| 5                          | CRO, Rodrigo Antonio        | 11  | Desportivo Sao Roque | 37.56        |
| 6                          | ALVES, Mateus Basilio       | 09  | Juventude Atlantico  | 41.12        |
| 7                          | GOMES, Santiago Jesus       | 12  | Desportivo Sao Roque | 46.00        |

|                            |                          |    |                     |       |
|----------------------------|--------------------------|----|---------------------|-------|
| <u>S rie 2 de 3, 19:17</u> |                          |    |                     |       |
| 1                          | GOMES, Gustavo Daniel    | 12 | Desportivo Nacional | 35.22 |
| 2                          | GOMES, Guilherme Silva   | 08 | Desportivo Nacional | 34.26 |
| 3                          | MACHADO, Tiago Magalhaes | 04 | Desportivo Nacional | 33.04 |
| 4                          | FERREIRA, Luis Duarte    | 89 | Escola O Liceu      | 32.66 |
| 5                          | MARTINHO, Joao Miguel    | 09 | Desportivo Nacional | 32.81 |
| 6                          | ROCHA, Tomas Pinto       | 10 | Naval do Funchal    | 34.12 |
| 7                          | SANTOS, Daniel Adonis    | 09 | Juventude Atlantico | 35.20 |
| 8                          | PRUDENTE, Cristian       | 11 | Naval do Funchal    | 35.96 |

Prova 16, Masc., 50m Bru os

S rie 3 de 3, 19:18

|   |                             |    |                     |       |
|---|-----------------------------|----|---------------------|-------|
| 1 | JORGE, Andre Camara         | 90 | Escola O Liceu      | 32.50 |
| 2 | GONCALVES, Tomas Figueiredo | 10 | Naval do Funchal    | 30.51 |
| 3 | SANTOS, Diego Felipe        | 87 | Desportivo Nacional | 30.32 |
| 4 | ROJAS, Jean Louis           | 05 | Naval do Funchal    | 28.96 |
| 5 | ANDRADE, Salvador Freitas   | 09 | Naval do Funchal    | 29.91 |
| 6 | SILVA, Tony Stefano         | 05 | Desportivo Nacional | 30.38 |
| 7 | CRESPO, Joao Jesus          | 09 | Desportivo Nacional | 31.50 |
| 8 | SILVA, Lucas Benjamin       | 08 | Naval do Funchal    | 32.51 |

Prova 17

Femin., 400m Livres

Absolutos

29/07/2026 - 19:19

Startlist

|                        |         |                       |     |            |            |
|------------------------|---------|-----------------------|-----|------------|------------|
| Recorde Regional Open  | 4:31.74 | ANDRADE, Rubina Amaro | CDN | Braga      | 05/03/1994 |
| Recorde Regional Sen   | 4:35.73 | MARGARIDO, Ines Tomas | CNF | Funchal    | 09/07/2016 |
| Recorde Regional Jun18 | 4:35.08 | MELIM, Claudia Ramos  | CDN | Funchal    | 06/07/2002 |
| Recorde Regional Jun17 | 4:32.13 | ANDRADE, Rubina Amaro | CDN | Felgueiras | 13/07/1996 |
| Recorde Regional Juv A | 4:31.80 | ANDRADE, Rubina Amaro | CDN | Funchal    | 14/07/1995 |
| Recorde Regional Juv B | 4:31.74 | ANDRADE, Rubina Amaro | CDN | Braga      | 05/03/1994 |
| Recorde Regional Inf A | 4:35.00 | ANDRADE, Rubina Amaro | CDN | Funchal    | 29/05/1993 |
| Recorde Regional Inf B | 4:37.30 | ANDRADE, Rubina Amaro | CDN | Funchal    | 17/07/1992 |

Pista Nome

Ano Clube

T. Inscri  o

S rie 1 de 1, 19:19

|   |                        |    |                     |         |
|---|------------------------|----|---------------------|---------|
| 3 | JARDIM, Eva Santos     | 10 | Juventude Atlantico | 5:24.50 |
| 4 | RODRIGUES, Laura Sofia | 07 | Juventude Atlantico | 4:42.13 |
| 5 | ANICETO, Leonor Telo   | 13 | Naval do Funchal    | 5:00.52 |

Prova 18

Masc., 400m Livres

Absolutos

29/07/2026 - 19:25

Startlist

|                        |         |                         |      |                       |            |
|------------------------|---------|-------------------------|------|-----------------------|------------|
| Recorde Regional Open  | 3:50.96 | FRANCO, Paulo Fragueiro | CDN  | S. Antonio Cavaleiros | 19/12/2009 |
| Recorde Regional Sen   | 3:50.96 | FRANCO, Paulo Fragueiro | CDN  | S. Antonio Cavaleiros | 19/12/2009 |
| Recorde Regional Jun18 | 3:57.10 | CASTRO, Joao Cruz       | CDSR | Porto                 | 09/12/2017 |
| Recorde Regional Jun17 | 3:57.38 | CASTRO, Joao Cruz       | CDSR | Funchal               | 26/07/2017 |
| Recorde Regional Juv A | 4:05.44 | CASTRO, Joao Cruz       | CDSR | Funchal               | 09/07/2016 |
| Recorde Regional Juv B | 4:11.24 | FREITAS, Tomas Miguel   | CDN  | Funchal               | 25/06/2005 |
| Recorde Regional Inf A | 4:17.08 | FREITAS, Tomas Miguel   | CDN  | Funchal               | 10/07/2004 |
| Recorde Regional Inf B | 4:27.04 | FREITAS, Tomas Miguel   | CDN  | Funchal               | 12/07/2003 |

Pista Nome

Ano Clube

T. Inscri  o

S rie 1 de 1, 19:25

|   |                              |    |                      |         |
|---|------------------------------|----|----------------------|---------|
| 3 | FERREIRA, Guilherme Nelson   | 12 | Desportivo Sao Roque | 5:17.16 |
| 4 | MIRANDA, Francisco Guilherme | 08 | Naval do Funchal     | 4:10.26 |
| 5 | RAPOSO, Mateus Medeiros      | 10 | Desportivo Nacional  | 4:24.23 |

Prova 19 Femin., 100m Estilos Absolutos  
29/07/2026 - 19:31 Startlist

|                        |         |                        |      |         |            |
|------------------------|---------|------------------------|------|---------|------------|
| Recorde Regional Open  | 1:05.01 | QUINTAL, Fabiana Maria | CDN  | Leiria  | 06/12/2009 |
| Recorde Regional Sen   | 1:05.01 | QUINTAL, Fabiana Maria | CDN  | Leiria  | 06/12/2009 |
| Recorde Regional Jun18 | 1:08.26 | RODRIGUES, Laura Sofia | JACL | Tomar   | 13/12/2024 |
| Recorde Regional Jun17 | 1:08.18 | ROJAS, Zara Alejandra  | CDN  | Funchal | 18/11/2023 |
| Recorde Regional Juv A | 1:08.36 | ABREU, Laura Catarina  | CDN  | Funchal | 14/11/2015 |
| Recorde Regional Juv B | 1:09.02 | ROSA, Beatriz Jong     | CDN  | Funchal | 13/06/2015 |
| Recorde Regional Inf A | 1:10.06 | FERRO, Maria Franco    | CNF  | Funchal | 18/10/2025 |
| Recorde Regional Inf B | 1:13.40 | CORREIA, Marta Corte   | CNF  | Funchal | 20/04/1997 |

Pista Nome Ano Clube T. Inscri  o

S rie 1 de 2, 19:31

|                                     |    |                     |         |
|-------------------------------------|----|---------------------|---------|
| 3 GREGORIO, Alice Meneses           | 12 | Escola O Liceu      | 1:41.34 |
| 4 CARVALHO, Laura Jardim            | 09 | Juventude Atlantico | 1:25.93 |
| 5 MACIEL, Constanca Maria           | 13 | Escola O Liceu      | 1:40.85 |
| 6 BOLLINGER, Elisabete Malinovskaya | 13 | Escola O Liceu      | 2:06.58 |

S rie 2 de 2, 19:33

|                           |    |                     |         |
|---------------------------|----|---------------------|---------|
| 1 GONCALVES, Maria Clara  | 12 | Escola O Liceu      | 1:20.80 |
| 2 VELOSA, Ana Matilde     | 11 | Juventude Atlantico | 1:14.93 |
| 3 COSTA, Rafaela Tome     | 11 | Naval do Funchal    | 1:11.77 |
| 4 GONCALVES, Vera Andrade | 09 | Juventude Atlantico | 1:08.69 |
| 5 FERRO, Maria Franco     | 12 | Naval do Funchal    | 1:10.06 |
| 6 SA, Vanessa Fernandes   | 09 | Naval do Funchal    | 1:14.13 |
| 7 MARGARIDO, Paula Aguiar | 09 | Juventude Atlantico | 1:16.81 |
| 8 TSOMKO, Veronika        | 08 | Escola O Liceu      | 1:25.00 |

Prova 20 Masc., 100m Estilos Absolutos  
29/07/2026 - 19:35 Startlist

|                                |         |                             |      |         |            |
|--------------------------------|---------|-----------------------------|------|---------|------------|
| Recorde Regional Open          | 56.50   | MACHADO, Bernardo Magalhaes | CDN  | Tomar   | 13/12/2024 |
| Recorde Regional Sen           | 56.50   | MACHADO, Bernardo Magalhaes | CDN  | Tomar   | 13/12/2024 |
| Recorde Regional Jun18         | 56.56   | MACHADO, Bernardo Magalhaes | CDN  | Funchal | 24/07/2024 |
| Recorde Regional Jun17         | 58.99   | ALVES, Paulo Rodrigues      | CDN  | Funchal | 10/07/2021 |
| Recorde Regional Juv A         | 1:00.15 | ALVES, Paulo Rodrigues      | CDN  | Funchal | 08/08/2020 |
| Recorde Regional Juv B         | 1:02.69 | GONCALVES, Tomas Figueiredo | CNF  | Funchal | 23/11/2024 |
| Recorde Regional Inf A         | 1:03.32 | BARRY, Rafael Francisco     | CNF  | Funchal | 31/07/2018 |
| Recorde Regional Inf B         | 1:06.89 | FREITAS, Tomas Miguel       | CDN  | Funchal | 19/07/2003 |
| Recorde Nacional Nat. Adaptada | 1:24.05 | CRUZ, Joao Tanica           | PDEM | Silves  | 18/10/2025 |

Pista Nome Ano Clube T. Inscri  o

S rie 1 de 2, 19:35

|                              |    |                     |         |
|------------------------------|----|---------------------|---------|
| 2 LUCIO, Lourenco Perestrelo | 11 | Naval do Funchal    | 1:45.24 |
| 3 PEREIRA, Pedro Nuno        | 09 | Naval do Funchal    | 1:27.64 |
| 4 MENDONCA, Florival Rodrigo | 10 | Juventude Atlantico | 1:14.88 |
| 5 ANTUNES, Francisco Tomas   | 13 | Juventude Atlantico | 1:19.62 |
| 6 ENCARNACAO, Andre Filipe   | 08 | Escola O Liceu      | 1:29.20 |
| 7 DINIS, Tiago Gouveia       | 96 | Desportivo Nacional | 1:58.21 |

Prova 20, Masc., 100m Estilos

S rie 2 de 2, 19:38

|   |                             |    |                     |         |
|---|-----------------------------|----|---------------------|---------|
| 1 | PESTANA, Luis Emanuel       | 07 | Desportivo Nacional | 1:10.08 |
| 2 | FERNANDES, Salvador Freitas | 09 | Juventude Atlantico | 1:08.87 |
| 3 | NEVES, Tiago Brazao         | 07 | Naval do Funchal    | 1:02.03 |
| 4 | MACHADO, Bernardo Magalhaes | 06 | Desportivo Nacional | 56.50   |
| 5 | GOUVEIA, Luis Galvao        | 05 | Desportivo Nacional | 58.38   |
| 6 | SILVA, Lucas Benjamim       | 08 | Naval do Funchal    | 1:08.84 |
| 7 | FERNANDEZ, Henrique Justino | 08 | Juventude Atlantico | 1:09.35 |
| 8 | SOUSA, Joao Pedro           | 12 | Desportivo Nacional | 1:11.41 |

Prova 21

Femin., 100m Livres

Absolutos

29/07/2026 - 19:49

Startlist

|                        |         |                         |          |         |            |
|------------------------|---------|-------------------------|----------|---------|------------|
| Recorde Regional Open  | 56.77   | ROJAS, Zara Alejandra   | CNF      | Tomar   | 30/11/2025 |
| Recorde Regional Sen   | 56.77   | ROJAS, Zara Alejandra   | CNF      | Tomar   | 30/11/2025 |
| Recorde Regional Jun18 | 58.15   | ROJAS, Zara Alejandra   | INDANMAD | Tomar   | 13/12/2024 |
| Recorde Regional Jun17 | 57.30   | ROJAS, Zara Alejandra   | CDN      | Funchal | 02/03/2024 |
| Recorde Regional Juv A | 57.99   | GONCALVES, Vera Andrade | JACL     | Tomar   | 13/12/2024 |
| Recorde Regional Juv B | 58.90   | GONCALVES, Vera Andrade | JACL     | Funchal | 03/03/2024 |
| Recorde Regional Inf A | 59.81   | GONCALVES, Vera Andrade | JACL     | Funchal | 09/07/2023 |
| Recorde Regional Inf B | 1:02.04 | CAIRES, Joana Costa     | CNF      | Sines   | 12/03/2011 |

Pista Nome

Ano Clube

T. Inscri  o

S rie 1 de 2, 19:49

|   |                       |    |                     |         |
|---|-----------------------|----|---------------------|---------|
| 3 | ALVES, Ana Luisa      | 97 | Juventude Atlantico | 1:16.00 |
| 4 | LUIS, Clara Abreu     | 13 | Escola O Liceu      | 1:14.69 |
| 5 | GOUVEIA, Sofia Isabel | 12 | Juventude Atlantico | 1:15.90 |
| 6 | NUNES, Ana Soraia     | 11 | Escola O Liceu      | 1:36.03 |

S rie 2 de 2, 19:51

|   |                           |    |                     |         |
|---|---------------------------|----|---------------------|---------|
| 1 | SILVA, Bruna Jasmins      | 11 | Naval do Funchal    | 1:09.60 |
| 2 | JARDIM, Maria Velosa      | 12 | Naval do Funchal    | 1:08.25 |
| 3 | OJKIC, Vera Jose          | 12 | Naval do Funchal    | 1:05.80 |
| 4 | JESUS, Vera Franca        | 11 | Naval do Funchal    | 1:00.78 |
| 5 | GOMES, Sofia Vega         | 08 | Naval do Funchal    | 1:01.64 |
| 6 | FREITAS, Maria Silva      | 12 | Naval do Funchal    | 1:07.80 |
| 7 | MARQUES, Margarida Paixao | 11 | Naval do Funchal    | 1:08.57 |
| 8 | QUINTAL, Margarida Silva  | 12 | Juventude Atlantico | 1:09.63 |

Prova 22 Masc., 100m Livres Absolutos  
29/07/2026 - 19:53 Startlist

|                                |         |                           |      |                       |            |
|--------------------------------|---------|---------------------------|------|-----------------------|------------|
| Recorde Regional Open          | 49.20   | PINTO, Luis Marques       | CDN  | S. Antonio Cavaleiros | 19/12/2009 |
| Recorde Regional Sen           | 49.20   | PINTO, Luis Marques       | CDN  | S. Antonio Cavaleiros | 19/12/2009 |
| Recorde Regional Jun18         | 51.04   | PITA, Pedro Miguel        | CNF  | Funchal               | 24/07/2024 |
| Recorde Regional Jun17         | 51.79   | CASTRO, Joao Cruz         | CDSR | Funchal               | 28/07/2017 |
| Recorde Regional Juv A         | 52.66   | CASTRO, Joao Cruz         | CDSR | Funchal               | 29/07/2016 |
| Recorde Regional Juv B         | 52.96   | CASTRO, Joao Cruz         | CDSR | Funchal               | 12/07/2015 |
| Recorde Regional Inf A         | 54.93   | CASTRO, Joao Cruz         | CSM  | Funchal               | 12/04/2014 |
| Recorde Regional Inf B         | 58.44   | CASTRO, Joao Cruz         | CSM  | Funchal               | 23/07/2013 |
| Recorde Nacional Nat. Adaptada | 1:02.81 | CARVALHO, Joaquim Eduardo | CNF  | Ponte de Sor          | 11/01/2026 |

Pista Nome Ano Clube T. Inscri  o

S rie 1 de 4, 19:53

|   |                             |    |                      |         |
|---|-----------------------------|----|----------------------|---------|
| 1 | GOMES, Santiago Jesus       | 12 | Desportivo Sao Roque | 1:16.46 |
| 2 | MARTINS, Antonio Freitas    | 09 | Desportivo Nacional  | 1:05.96 |
| 3 | BARATA, Joao Tomas          | 08 | Juventude Atlantico  | 1:04.98 |
| 4 | TAVARES, Lourenco Carvalhal | 10 | Naval do Funchal     | 1:04.14 |
| 5 | SILVA, Pedro Fernandes      | 11 | Naval do Funchal     | 1:04.40 |
| 6 | PEREIRA, Pedro Nuno         | 09 | Naval do Funchal     | 1:05.22 |
| 7 | MACHADO, Ricardo Filipe     | 00 | Juventude Atlantico  | 1:10.00 |

S rie 2 de 4, 19:55

|   |                            |    |                      |         |
|---|----------------------------|----|----------------------|---------|
| 1 | CRO, Rodrigo Antonio       | 11 | Desportivo Sao Roque | 1:03.24 |
| 2 | BARATA, Bernardo Vieira    | 12 | Juventude Atlantico  | 1:00.66 |
| 3 | ROCHA, Tomas Pinto         | 10 | Naval do Funchal     | 59.78   |
| 4 | FERNANDES, Afonso Berimbau | 07 | Juventude Atlantico  | 58.91   |
| 5 | ANTUNES, Frederico Luis    | 08 | Juventude Atlantico  | 59.56   |
| 6 | SILVA, Alexandre Antonio   | 11 | Naval do Funchal     | 1:00.00 |
| 7 | CARVALHO, Joaquim Eduardo  | 07 | Naval do Funchal     | 1:01.17 |
| 8 | MENDONCA, Jorge Lourenco   | 13 | Desportivo Nacional  | 1:03.58 |

S rie 3 de 4, 19:56

|   |                         |    |                     |       |
|---|-------------------------|----|---------------------|-------|
| 1 | PESTANA, Luis Emanuel   | 07 | Desportivo Nacional | 57.59 |
| 2 | GOMES, Joao Abreu       | 09 | Naval do Funchal    | 57.23 |
| 3 | CRESPO, Joao Jesus      | 09 | Desportivo Nacional | 56.62 |
| 4 | PESTANA, Andre Pinto    | 09 | Naval do Funchal    | 55.89 |
| 5 | GARANITO, Mateus Silva  | 10 | Naval do Funchal    | 56.15 |
| 6 | PESTANA, Pedro Correia  | 09 | Desportivo Nacional | 56.88 |
| 7 | GOMES, Guilherme Silva  | 08 | Desportivo Nacional | 57.59 |
| 8 | RAPOSO, Mateus Medeiros | 10 | Desportivo Nacional | 58.37 |

S rie 4 de 4, 19:57

|   |                             |    |                     |       |
|---|-----------------------------|----|---------------------|-------|
| 1 | RODRIGUES, Guilherme Gomes  | 08 | Naval do Funchal    | 54.77 |
| 2 | MACHADO, Bernardo Magalhaes | 06 | Desportivo Nacional | 52.64 |
| 3 | FERNANDES, Diogo Henrique   | 04 | Naval do Funchal    | 51.71 |
| 4 | ROJAS, Jean Louis           | 05 | Naval do Funchal    | 50.24 |
| 5 | PITA, Pedro Miguel          | 06 | Naval do Funchal    | 50.54 |
| 6 | RODRIGUES, Joao Luis        | 05 | Naval do Funchal    | 52.55 |
| 7 | PEREIRA, Lucas Santos       | 07 | Naval do Funchal    | 54.68 |
| 8 | MACHADO, Tiago Magalhaes    | 04 | Desportivo Nacional | 55.33 |

| Prova 23               | Femin., 200m Mariposa             |                        |      |              | Absolutos  |
|------------------------|-----------------------------------|------------------------|------|--------------|------------|
| 29/07/2026 - 19:59     | JUNTO COM A PROVA 24 - 200M Masc. |                        |      |              | Startlist  |
| Recorde Regional Open  | 2:21.15                           | ROSA, Beatriz Jong     | CDN  | Porto        | 10/12/2017 |
| Recorde Regional Sen   | 2:23.80                           | ROSA, Beatriz Jong     | CDN  | Abrantes     | 01/12/2018 |
| Recorde Regional Jun18 | 2:21.15                           | ROSA, Beatriz Jong     | CDN  | Porto        | 10/12/2017 |
| Recorde Regional Jun17 | 2:25.69                           | ROSA, Beatriz Jong     | CDWT | Torres Novas | 21/01/2017 |
| Recorde Regional Juv A | 2:25.16                           | ROSA, Beatriz Jong     | CDN  | Porto        | 11/12/2015 |
| Recorde Regional Juv B | 2:25.61                           | ROSA, Beatriz Jong     | CDN  | Funchal      | 12/07/2015 |
| Recorde Regional Inf A | 2:28.89                           | CAMARA, Ines Cruz      | CDN  | Funchal      | 10/07/2021 |
| Recorde Regional Inf B | 2:32.56                           | CERDAS, Sara Rodrigues | CNF  | Rio Maior    | 06/07/2002 |

| Pista                      | Nome                  | Ano | Clube               | T. Inscri  o |
|----------------------------|-----------------------|-----|---------------------|--------------|
| <b>S rie 1 de 1, 19:59</b> |                       |     |                     |              |
| 7                          | VIEIRA, Matilde Sofia | 11  | Desportivo Nacional | 2:52.45      |

| Prova 24               | Masc., 200m Mariposa               |                       |     |         | Absolutos  |
|------------------------|------------------------------------|-----------------------|-----|---------|------------|
| 29/07/2026 - 20:02     | JUNTO COM A PROVA 23 - 200M Femin. |                       |     |         | Startlist  |
| Recorde Regional Open  | 2:00.40                            | GOUVEIA, Luis Galvao  | CDN | Leiria  | 08/12/2023 |
| Recorde Regional Sen   | 2:00.40                            | GOUVEIA, Luis Galvao  | CDN | Leiria  | 08/12/2023 |
| Recorde Regional Jun18 | 2:01.97                            | GOUVEIA, Pedro Galvao | CDN | Funchal | 11/12/2016 |
| Recorde Regional Jun17 | 2:03.86                            | GOUVEIA, Pedro Galvao | CDN | Funchal | 17/06/2016 |
| Recorde Regional Juv A | 2:04.72                            | GOUVEIA, Luis Galvao  | CDN | Funchal | 10/07/2021 |
| Recorde Regional Juv B | 2:09.52                            | GOUVEIA, Luis Galvao  | CDN | Funchal | 08/08/2020 |
| Recorde Regional Inf A | 2:12.42                            | FREITAS, Tomas Miguel | CDN | Funchal | 11/07/2004 |
| Recorde Regional Inf B | 2:21.67                            | FREITAS, Tomas Miguel | CDN | Funchal | 28/06/2003 |

| Pista                      | Nome                      | Ano | Clube               | T. Inscri  o |
|----------------------------|---------------------------|-----|---------------------|--------------|
| <b>S rie 1 de 1, 20:02</b> |                           |     |                     |              |
| 1                          | GONCALVES, Tiago Mauricio | 10  | Desportivo Nacional | 2:37.68      |
| 2                          | MARTINHO, Joao Miguel     | 09  | Desportivo Nacional | 2:25.62      |
| 3                          | ALMEIDA, Joao Francisco   | 07  | Naval do Funchal    | 2:06.29      |
| 4                          | MENDES, Salvador Neves    | 10  | Naval do Funchal    | 2:09.85      |
| 5                          | FREITAS, Jonas Christian  | 11  | Desportivo Nacional | 2:28.07      |

| Prova 25               | Femin., 200m Costas               |                         |      |         | Absolutos  |
|------------------------|-----------------------------------|-------------------------|------|---------|------------|
| 29/07/2026 - 20:05     | JUNTO COM A PROVA 26 - 200C Masc. |                         |      |         | Startlist  |
| Recorde Regional Open  | 2:21.09                           | QUINTAL, Fabiana Maria  | CDN  | Silves  | 22/12/2007 |
| Recorde Regional Sen   | 2:21.09                           | QUINTAL, Fabiana Maria  | CDN  | Silves  | 22/12/2007 |
| Recorde Regional Jun18 | 2:21.85                           | ROSA, Beatriz Jong      | CDN  | Porto   | 08/12/2017 |
| Recorde Regional Jun17 | 2:23.46                           | QUINTAL, Fabiana Maria  | CDN  | Funchal | 03/02/2001 |
| Recorde Regional Juv A | 2:24.91                           | MATEUS, Eleine Vieira   | CDN  | Funchal | 29/07/2025 |
| Recorde Regional Juv B | 2:21.40                           | GONCALVES, Vera Andrade | JACL | Sines   | 17/12/2023 |
| Recorde Regional Inf A | 2:23.49                           | GONCALVES, Vera Andrade | JACL | Funchal | 09/07/2023 |
| Recorde Regional Inf B | 2:29.09                           | FERRO, Maria Franco     | CNF  | Funchal | 08/03/2025 |

| Pista                      | Nome                  | Ano | Clube               | T. Inscri  o |
|----------------------------|-----------------------|-----|---------------------|--------------|
| <b>S rie 1 de 1, 20:05</b> |                       |     |                     |              |
| 2                          | FERRO, Maria Franco   | 12  | Naval do Funchal    | 2:27.79      |
| 3                          | MATEUS, Eleine Vieira | 09  | Desportivo Nacional | 2:24.82      |



| Prova 26                       | Masc., 200m Costas                 |                             |     |         | Absolutos  |
|--------------------------------|------------------------------------|-----------------------------|-----|---------|------------|
| 29/07/2026 - 20:08             | JUNTO COM A PROVA 25 - 200C Femin. |                             |     |         | Startlist  |
| Recorde Regional Open          | 2:02.04                            | PITA, Pedro Miguel          | CNF | Funchal | 29/07/2025 |
| Recorde Regional Sen           | 2:02.04                            | PITA, Pedro Miguel          | CNF | Funchal | 29/07/2025 |
| Recorde Regional Jun18         | 2:04.86                            | MACHADO, Bernardo Magalhaes | CDN | Funchal | 28/06/2024 |
| Recorde Regional Jun17         | 2:03.83                            | FERNANDES, Rui Afonso       | CDN | Funchal | 25/07/2020 |
| Recorde Regional Juv A         | 2:06.54                            | FERNANDES, Rui Afonso       | CDN | Tomar   | 15/12/2018 |
| Recorde Regional Juv B         | 2:08.37                            | FERNANDES, Rui Afonso       | CDN | Funchal | 01/08/2018 |
| Recorde Regional Inf A         | 2:17.56                            | FREITAS, Tomas Miguel       | CDN | Funchal | 25/06/2004 |
| Recorde Regional Inf B         | 2:23.91                            | FREITAS, Tomas Miguel       | CDN | Funchal | 28/06/2003 |
| Recorde Nacional Nat. Adaptada | 59:00.00                           | ,                           |     |         |            |

| Pista                      | Nome                      | Ano | Clube               | T. Inscri  o |
|----------------------------|---------------------------|-----|---------------------|--------------|
| <u>S rie 1 de 1, 20:08</u> |                           |     |                     |              |
|                            | 5 OLIVEIRA, Afonso Miguel | 07  | Juventude Atlantico | 2:17.42      |
|                            | 6 DINIS, Tiago Gouveia    | 96  | Desportivo Nacional | 4:24.27      |

| Prova 27               | Femin., 4 x 100m Estilos   |                           |     |         | Absolutos  |
|------------------------|----------------------------|---------------------------|-----|---------|------------|
| 29/07/2026 - 20:18     | N O H  NADADORES INSCRITOS |                           |     |         | Startlist  |
| Recorde Regional Open  | 4:28.97                    | Clube Desportivo Nacional | CDN | Funchal | 28/07/2016 |
| Recorde Regional Sen   | 4:34.50                    | Clube Desportivo Nacional | CDN | Porto   | 04/12/2010 |
| Recorde Regional Jun   | 4:28.97                    | Tempo Limite              |     |         |            |
| Recorde Regional Juv A | 4:28.97                    | Clube Desportivo Nacional | CDN | Funchal | 28/07/2016 |
| Recorde Regional Juv B | 4:31.86                    | Clube Desportivo Nacional | CDN | Funchal | 12/07/2015 |
| Recorde Regional Inf A | 4:38.14                    | Clube Desportivo Nacional | CDN | Funchal | 11/04/2014 |
| Recorde Regional Inf B | 4:44.68                    | Clube Desportivo Nacional | CDN | Funchal | 23/07/2013 |

| Pista | Ano | Clube | T. Inscri  o |
|-------|-----|-------|--------------|
|-------|-----|-------|--------------|

| Prova 28               | Masc., 4 x 100m Estilos |                           |     |                       | Absolutos  |
|------------------------|-------------------------|---------------------------|-----|-----------------------|------------|
| 29/07/2026 - 20:18     |                         |                           |     |                       | Startlist  |
| Recorde Regional Open  | 3:49.71                 | Clube Desportivo Nacional | CDN | S. Antonio Cavaleiros | 19/12/2009 |
| Recorde Regional Sen   | 3:49.71                 | Clube Desportivo Nacional | CDN | S. Antonio Cavaleiros | 19/12/2009 |
| Recorde Regional Jun   | 3:52.42                 | Clube Naval do Funchal    | CNF | Funchal               | 08/07/2022 |
| Recorde Regional Juv A | 4:11.58                 | Clube Naval do Funchal    | CNF | Tomar                 | 15/12/2013 |
| Recorde Regional Juv B | 4:16.25                 | Clube Naval do Funchal    | CNF | Funchal               | 17/07/2021 |
| Recorde Regional Inf A | 4:27.13                 | Clube Naval do Funchal    | CNF | Funchal               | 14/07/2007 |
| Recorde Regional Inf B | 4:49.91                 | Clube Naval do Funchal    | CNF | Pinhal Novo           | 31/03/2019 |

| Pista | Ano | Clube | T. Inscri  o |
|-------|-----|-------|--------------|
|-------|-----|-------|--------------|

|                            |                  |  |         |
|----------------------------|------------------|--|---------|
| <u>S rie 1 de 1, 20:18</u> |                  |  |         |
| 4 Naval do Funchal 2       | Naval do Funchal |  | 3:45.00 |



### 3 - Quinta-feira

30/07/2026 - 19:15

| Prova 29               | Femin., 1500m Livres               |                        |     |         | Absolutos  |
|------------------------|------------------------------------|------------------------|-----|---------|------------|
| 30/07/2026 - 19:15     | JUNTO COM A PROVA 30 - 1500L Masc. |                        |     |         | Startlist  |
| Recorde Regional Open  | 17:37.10                           | ANDRADE, Rubina Amaro  | CDN | Funchal | 22/07/1995 |
| Recorde Regional Sen   | 18:33.88                           | VIEIRA, Rubina Capita  | CDN | Funchal | 26/02/2011 |
| Recorde Regional Jun18 | 18:11.94                           | MELIM, Claudia Ramos   | CDN |         | 16/12/2001 |
| Recorde Regional Jun17 | 18:32.01                           | HENRIQUES, Luisa Costa | CNF | Funchal | 29/05/2010 |
| Recorde Regional Juv A | 17:37.10                           | ANDRADE, Rubina Amaro  | CDN | Funchal | 22/07/1995 |
| Recorde Regional Juv B | 18:48.70                           | COSTA, Maria Jardim    | CDN | Funchal | 13/05/2021 |
| Recorde Regional Inf A | 18:18.70                           | ANDRADE, Rubina Amaro  | CDN | Funchal | 05/03/1993 |
| Recorde Regional Inf B | 18:56.18                           | JESUS, Vera Franca     | CNF | Funchal | 28/06/2024 |

|       |      |     |       |              |
|-------|------|-----|-------|--------------|
| Pista | Nome | Ano | Clube | T. Inscri  o |
|-------|------|-----|-------|--------------|

#### S rie 1 de 1, 19:15

|   |                        |    |                  |          |
|---|------------------------|----|------------------|----------|
| 2 | GONCALVES, Maria Clara | 12 | Escola O Liceu   | 21:00.00 |
| 3 | JESUS, Vera Franca     | 11 | Naval do Funchal | 18:36.82 |
| 4 | ANICETO, Leonor Telo   | 13 | Naval do Funchal | 19:49.63 |

| Prova 30               | Masc., 1500m Livres                  |                           |      |          | Absolutos  |
|------------------------|--------------------------------------|---------------------------|------|----------|------------|
| 30/07/2026 - 19:36     | JUNTOS COM A PROVA 29 - 1500L Femin. |                           |      |          | Startlist  |
| Recorde Regional Open  | 15:05.68                             | FRANCO, Paulo Fragueiro   | CDN  | Leiria   | 06/12/2009 |
| Recorde Regional Sen   | 15:05.68                             | FRANCO, Paulo Fragueiro   | CDN  | Leiria   | 06/12/2009 |
| Recorde Regional Jun18 | 15:38.98                             | FRANCO, Paulo Fragueiro   | CDN  | Mealhada | 25/03/2000 |
| Recorde Regional Jun17 | 15:58.37                             | DEUS, Andre Portugal      | CNF  | Funchal  | 13/07/2019 |
| Recorde Regional Juv A | 16:31.31                             | CASTRO, Joao Cruz         | CDSR | Funchal  | 29/07/2016 |
| Recorde Regional Juv B | 16:30.75                             | ALMEIDA, Carlos Alexandre | CDN  | Penafiel | 21/03/2004 |
| Recorde Regional Inf A | 16:57.52                             | ALMEIDA, Carlos Alexandre | CDN  | Funchal  | 13/07/2003 |
| Recorde Regional Inf B | 17:40.06                             | FREITAS, Tomas Miguel     | CDN  | Funchal  | 31/05/2003 |

|       |      |     |       |              |
|-------|------|-----|-------|--------------|
| Pista | Nome | Ano | Clube | T. Inscri  o |
|-------|------|-----|-------|--------------|

#### S rie 1 de 1, 19:36

|   |                              |    |                  |          |
|---|------------------------------|----|------------------|----------|
| 6 | MIRANDA, Francisco Guilherme | 08 | Naval do Funchal | 16:36.02 |
|---|------------------------------|----|------------------|----------|

| Prova 31               | Femin., 50m Mariposa |                          |        |         | Absolutos  |
|------------------------|----------------------|--------------------------|--------|---------|------------|
| 30/07/2026 - 19:53     |                      |                          |        |         | Startlist  |
| Recorde Regional Open  | 26.74                | ROJAS, Zara Alejandra    | CNF    | Tomar   | 30/11/2025 |
| Recorde Regional Sen   | 26.74                | ROJAS, Zara Alejandra    | CNF    | Tomar   | 30/11/2025 |
| Recorde Regional Jun18 | 27.06                | ROJAS, Zara Alejandra    | INDMAD | Funchal | 30/07/2025 |
| Recorde Regional Jun17 | 27.95                | ROJAS, Zara Alejandra    | CDN    | Funchal | 02/03/2024 |
| Recorde Regional Juv A | 28.39                | BOULHOSA, Carolina Abreu | CNF    | Funchal | 09/12/2016 |
| Recorde Regional Juv B | 29.26                | BOULHOSA, Carolina Abreu | CNF    | Funchal | 29/07/2016 |
| Recorde Regional Inf A | 29.93                | FERRO, Maria Franco      | CNF    | Funchal | 01/05/2026 |
| Recorde Regional Inf B | 31.46                | FERRO, Maria Franco      | CNF    | Funchal | 05/07/2025 |

|       |      |     |       |              |
|-------|------|-----|-------|--------------|
| Pista | Nome | Ano | Clube | T. Inscri  o |
|-------|------|-----|-------|--------------|

Prova 31, Femin., 50m Mariposa

S rie 1 de 2, 19:53

|                           |    |                     |       |
|---------------------------|----|---------------------|-------|
| 3 GREGORIO, Alice Meneses | 12 | Escola O Liceu      | 44.51 |
| 4 TEMTEM, Maria Clara     | 13 | Desportivo Nacional | 41.93 |
| 5 RODRIGUES, Laura Sofia  | 07 | Juventude Atlantico | 42.48 |

S rie 2 de 2, 19:55

|                            |    |                     |       |
|----------------------------|----|---------------------|-------|
| 1 BARRETO, Maria Clara     | 10 | Juventude Atlantico | 37.19 |
| 2 MACHADO, Sarah Camila    | 12 | Naval do Funchal    | 34.35 |
| 3 QUINTAL, Margarida Silva | 12 | Juventude Atlantico | 33.13 |
| 4 SILVA, Bruna Jasmins     | 11 | Naval do Funchal    | 31.80 |
| 5 VIEIRA, Matilde Sofia    | 11 | Desportivo Nacional | 32.30 |
| 6 TSOMKO, Veronika         | 08 | Escola O Liceu      | 33.73 |
| 7 ANDRADE, Nuria Gouveia   | 13 | Desportivo Nacional | 36.29 |
| 8 LUIS, Clara Abreu        | 13 | Escola O Liceu      | 40.33 |

Prova 32

Masc., 50m Mariposa

Absolutos

30/07/2026 - 19:56

Startlist

|                                |       |                             |      |                 |            |
|--------------------------------|-------|-----------------------------|------|-----------------|------------|
| Recorde Regional Open          | 24.11 | RODRIGUES, Joao Luis        | CNF  | Funchal         | 30/07/2025 |
| Recorde Regional Sen           | 24.11 | RODRIGUES, Joao Luis        | CNF  | Funchal         | 30/07/2025 |
| Recorde Regional Jun18         | 24.63 | MACHADO, Bernardo Magalhaes | CDN  | Funchal         | 25/07/2024 |
| Recorde Regional Jun17         | 25.56 | SEQUEIRA, Afonso Meneses    | CNF  | Porto           | 13/12/2015 |
| Recorde Regional Juv A         | 26.20 | CASTRO, Joao Cruz           | CDSR | Funchal         | 09/07/2016 |
| Recorde Regional Juv B         | 27.00 | ANDRADE, Salvador Freitas   | CNF  | Funchal         | 25/07/2024 |
| Recorde Regional Inf A         | 28.39 | BARRY, Rafael Francisco     | CNF  | Funchal         | 01/08/2018 |
| Recorde Regional Inf B         | 29.59 | SOUSA, Pedro Afonso         | CDN  | Funchal         | 09/07/2016 |
| Recorde Nacional Nat. Adaptada | 32.86 | OLIVEIRA, Americo Manuel    | CPN  | Carregal do Sal | 13/07/2025 |

Pista Nome

Ano Clube

T. Inscri  o

S rie 1 de 4, 19:56

|                               |    |                      |       |
|-------------------------------|----|----------------------|-------|
| 1 FERREIRA, Guilherme Nelson  | 12 | Desportivo Sao Roque | 39.32 |
| 2 ABREU, Afonso Henrique      | 09 | Naval do Funchal     | 34.04 |
| 3 CRO, Rodrigo Antonio        | 11 | Desportivo Sao Roque | 33.67 |
| 4 GOMES, Gustavo Daniel       | 12 | Desportivo Nacional  | 33.18 |
| 5 PRUDENTE, Cristian          | 11 | Naval do Funchal     | 33.39 |
| 6 MARTINS, Antonio Freitas    | 09 | Desportivo Nacional  | 33.90 |
| 7 TAVARES, Lourenco Carvalhal | 10 | Naval do Funchal     | 36.68 |
| 8 DINIS, Tiago Gouveia        | 96 | Desportivo Nacional  | 54.81 |

S rie 2 de 4, 19:57

|                              |    |                       |       |
|------------------------------|----|-----------------------|-------|
| 1 VIEIRA, Rodrigo Leal       | 06 | Desportiva de Machico | 32.61 |
| 2 GONCALVES, Tiago Mauricio  | 10 | Desportivo Nacional   | 31.43 |
| 3 SANTOS, Daniel Adonis      | 09 | Juventude Atlantico   | 29.86 |
| 4 MENDONCA, Florival Rodrigo | 10 | Juventude Atlantico   | 29.76 |
| 5 GOMES, Guilherme Silva     | 08 | Desportivo Nacional   | 29.82 |
| 6 SOUSA, Joao Pedro          | 12 | Desportivo Nacional   | 29.98 |
| 7 MACHADO, Ricardo Filipe    | 00 | Juventude Atlantico   | 32.00 |
| 8 MENDONCA, Jorge Lourenco   | 13 | Desportivo Nacional   | 32.92 |

Prova 32, Masc., 50m Mariposa

S rie 3 de 4, 19:58

|   |                             |    |                     |       |
|---|-----------------------------|----|---------------------|-------|
| 1 | GARANITO, Mateus Silva      | 10 | Naval do Funchal    | 29.39 |
| 2 | FREITAS, Jonas Christian    | 11 | Desportivo Nacional | 29.05 |
| 3 | ABREU, Pedro Dinis          | 11 | Naval do Funchal    | 28.70 |
| 4 | MENDES, Salvador Neves      | 10 | Naval do Funchal    | 27.98 |
| 5 | PESTANA, Luis Emanuel       | 07 | Desportivo Nacional | 28.49 |
| 6 | PESTANA, Pedro Correia      | 09 | Desportivo Nacional | 28.97 |
| 7 | FERNANDES, Afonso Berimbau  | 07 | Juventude Atlantico | 29.17 |
| 8 | FERNANDES, Salvador Freitas | 09 | Juventude Atlantico | 29.51 |

S rie 4 de 4, 19:59

|   |                             |    |                     |       |
|---|-----------------------------|----|---------------------|-------|
| 1 | GOMES, Joao Abreu           | 09 | Naval do Funchal    | 27.50 |
| 2 | RODRIGUES, Guilherme Gomes  | 08 | Naval do Funchal    | 26.61 |
| 3 | GOUVEIA, Luis Galvao        | 05 | Desportivo Nacional | 25.50 |
| 4 | RODRIGUES, Joao Luis        | 05 | Naval do Funchal    | 24.11 |
| 5 | MACHADO, Bernardo Magalhaes | 06 | Desportivo Nacional | 24.63 |
| 6 | ALMEIDA, Joao Francisco     | 07 | Naval do Funchal    | 26.54 |
| 7 | PESTANA, Andre Pinto        | 09 | Naval do Funchal    | 26.84 |
| 8 | BARRETO, Joao Lucas         | 06 | Escola O Liceu      | 27.87 |

Prova 33

Femin., 100m Costas

Absolutos

30/07/2026 - 20:00

Startlist

|                        |         |                         |      |             |            |
|------------------------|---------|-------------------------|------|-------------|------------|
| Recorde Regional Open  | 1:04.41 | GONCALVES, Vera Andrade | JACL | Tomar       | 15/12/2024 |
| Recorde Regional Sen   | 1:05.05 | QUINTAL, Fabiana Maria  | CDN  | Funchal     | 12/07/2009 |
| Recorde Regional Jun18 | 1:06.20 | GOMES, Sofia Vega       | CNF  | Tomar       | 30/11/2025 |
| Recorde Regional Jun17 | 1:04.52 | GONCALVES, Vera Andrade | JACL | Leiria      | 15/12/2025 |
| Recorde Regional Juv A | 1:04.41 | GONCALVES, Vera Andrade | JACL | Tomar       | 15/12/2024 |
| Recorde Regional Juv B | 1:04.72 | GONCALVES, Vera Andrade | JACL | Funchal     | 29/06/2024 |
| Recorde Regional Inf A | 1:05.82 | FERRO, Maria Franco     | CNF  | Funchal     | 04/07/2026 |
| Recorde Regional Inf B | 1:09.92 | FERRO, Maria Franco     | CNF  | Pinhal Novo | 23/03/2025 |

| Pista | Nome | Ano | Clube | T. Inscri  o |
|-------|------|-----|-------|--------------|
|-------|------|-----|-------|--------------|

S rie 1 de 1, 20:00

|   |                         |    |                     |         |
|---|-------------------------|----|---------------------|---------|
| 2 | MACIEL, Constanca Maria | 13 | Escola O Liceu      | 1:24.23 |
| 3 | JARDIM, Maria Velosa    | 12 | Naval do Funchal    | 1:14.92 |
| 4 | GOMES, Sofia Vega       | 08 | Naval do Funchal    | 1:06.14 |
| 5 | MATEUS, Eleine Vieira   | 09 | Desportivo Nacional | 1:07.64 |
| 6 | CARVALHO, Laura Jardim  | 09 | Juventude Atlantico | 1:20.48 |

Prova 34 Masc., 100m Costas Absolutos  
30/07/2026 - 20:02 Startlist

|                        |         |                        |     |         |            |
|------------------------|---------|------------------------|-----|---------|------------|
| Recorde Regional Open  | 54.18   | PITA, Pedro Miguel     | CNF | Funchal | 30/07/2025 |
| Recorde Regional Sen   | 54.18   | PITA, Pedro Miguel     | CNF | Funchal | 30/07/2025 |
| Recorde Regional Jun18 | 54.97   | PITA, Pedro Miguel     | CNF | Funchal | 25/07/2024 |
| Recorde Regional Jun17 | 56.69   | NEVES, Tiago Brazao    | CNF | Funchal | 29/06/2024 |
| Recorde Regional Juv A | 59.07   | FERNANDES, Rui Afonso  | CDN | Tomar   | 14/12/2018 |
| Recorde Regional Juv B | 1:00.51 | FERNANDES, Rui Afonso  | CDN | Funchal | 26/03/2018 |
| Recorde Regional Inf A | 1:03.46 | FERNANDES, Rui Afonso  | CDN | Funchal | 27/07/2017 |
| Recorde Regional Inf B | 1:06.87 | CAMACHO, Afonso Caires | CNF | Sines   | 07/04/2017 |

Pista Nome Ano Clube T. Inscri  o

S rie 1 de 1, 20:02

|                             |    |                      |         |
|-----------------------------|----|----------------------|---------|
| 2 GOMES, Santiago Jesus     | 12 | Desportivo Sao Roque | 1:25.01 |
| 3 RODRIGUES, David Oliveira | 11 | Naval do Funchal     | 1:01.23 |
| 4 PITA, Pedro Miguel        | 06 | Naval do Funchal     | 54.18   |
| 5 NEVES, Tiago Brazao       | 07 | Naval do Funchal     | 56.69   |
| 6 ANTUNES, Francisco Tomas  | 13 | Juventude Atlantico  | 1:13.19 |

Prova 35 Femin., 100m Bru os Absolutos  
30/07/2026 - 20:13 Startlist

|                        |         |                        |      |         |            |
|------------------------|---------|------------------------|------|---------|------------|
| Recorde Regional Open  | 1:10.92 | QUINTAL, Fabiana Maria | CDN  | Guarda  | 11/12/2010 |
| Recorde Regional Sen   | 1:10.92 | QUINTAL, Fabiana Maria | CDN  | Guarda  | 11/12/2010 |
| Recorde Regional Jun18 | 1:13.02 | RODRIGUES, Laura Sofia | JACL | Tomar   | 13/12/2024 |
| Recorde Regional Jun17 | 1:13.89 | RODRIGUES, Laura Sofia | JACL | Funchal | 29/06/2024 |
| Recorde Regional Juv A | 1:14.28 | ABREU, Laura Catarina  | CDN  | Porto   | 12/12/2015 |
| Recorde Regional Juv B | 1:13.75 | ABREU, Laura Catarina  | CDN  | Funchal | 09/07/2015 |
| Recorde Regional Inf A | 1:13.68 | ABREU, Laura Catarina  | CDN  | Tomar   | 15/12/2013 |
| Recorde Regional Inf B | 1:17.24 | ABREU, Laura Catarina  | CDN  | Funchal | 24/07/2013 |

Pista Nome Ano Clube T. Inscri  o

S rie 1 de 1, 20:13

|                           |    |                       |         |
|---------------------------|----|-----------------------|---------|
| 3 GONCALVES, Vera Andrade | 09 | Juventude Atlantico   | 1:24.86 |
| 4 FERRO, Maria Franco     | 12 | Naval do Funchal      | 1:15.51 |
| 5 COSTA, Rafaela Tome     | 11 | Naval do Funchal      | 1:17.67 |
| 6 FRANCO, Maria Vitoria   | 13 | Desportiva de Machico | 2:04.48 |

Prova 36 Masc., 100m Bru os Absolutos  
30/07/2026 - 20:16 Startlist

|                        |         |                             |     |         |            |
|------------------------|---------|-----------------------------|-----|---------|------------|
| Recorde Regional Open  | 1:03.47 | FIGUEIRA, Andre Temtem      | CNF | Funchal | 11/07/2009 |
| Recorde Regional Sen   | 1:04.06 | SILVA, Tomas Antonio        | CNF | Funchal | 13/12/2025 |
| Recorde Regional Jun18 | 1:03.47 | FIGUEIRA, Andre Temtem      | CNF | Funchal | 11/07/2009 |
| Recorde Regional Jun17 | 1:04.77 | FERNANDES, Martim Pestana   | CNF | Funchal | 09/05/2021 |
| Recorde Regional Juv A | 1:05.25 | GONCALVES, Tomas Figueiredo | CNF | Funchal | 04/07/2026 |
| Recorde Regional Juv B | 1:06.23 | ALVES, Paulo Rodrigues      | CDN | Funchal | 18/05/2019 |
| Recorde Regional Inf A | 1:09.94 | ALVES, Paulo Rodrigues      | CDN | Funchal | 31/07/2018 |
| Recorde Regional Inf B | 1:11.63 | FREITAS, Tomas Miguel       | CDN | Funchal | 19/07/2003 |

Pista Nome Ano Clube T. Inscri  o

S rie 1 de 2, 20:16

|                               |    |                       |         |
|-------------------------------|----|-----------------------|---------|
| 2 FREITAS, Diogo Miguel       | 11 | Desportiva de Machico | 1:24.63 |
| 3 NASCIMENTO, Santiago Santos | 10 | Juventude Atlantico   | 1:19.25 |
| 4 GOMES, Gustavo Daniel       | 12 | Desportivo Nacional   | 1:17.80 |
| 5 PRUDENTE, Cristian          | 11 | Naval do Funchal      | 1:18.02 |
| 6 PEREIRA, Pedro Nuno         | 09 | Naval do Funchal      | 1:20.11 |
| 7 MIROLEVITCH, Roman          | 12 | Desportiva de Machico | 1:50.00 |

S rie 2 de 2, 20:18

|                               |    |                     |         |
|-------------------------------|----|---------------------|---------|
| 1 ROCHA, Tomas Pinto          | 10 | Naval do Funchal    | 1:13.46 |
| 2 MARTINHO, Joao Miguel       | 09 | Desportivo Nacional | 1:09.48 |
| 3 SANTOS, Diego Felipe        | 87 | Desportivo Nacional | 1:06.46 |
| 4 ROJAS, Jean Louis           | 05 | Naval do Funchal    | 1:04.24 |
| 5 GONCALVES, Tomas Figueiredo | 10 | Naval do Funchal    | 1:05.25 |
| 6 CRESPO, Joao Jesus          | 09 | Desportivo Nacional | 1:08.80 |
| 7 GOMES, Joao Abreu           | 09 | Naval do Funchal    | 1:11.25 |
| 8 OLIVEIRA, Afonso Miguel     | 07 | Juventude Atlantico | 1:14.79 |

Prova 37 Femin., 50m Livres Absolutos  
30/07/2026 - 20:20 Startlist

|                        |       |                         |      |           |            |
|------------------------|-------|-------------------------|------|-----------|------------|
| Recorde Regional Open  | 25.95 | ROJAS, Zara Alejandra   | CNF  | Albufeira | 16/11/2025 |
| Recorde Regional Sen   | 25.95 | ROJAS, Zara Alejandra   | CNF  | Albufeira | 16/11/2025 |
| Recorde Regional Jun18 | 26.54 | ROJAS, Zara Alejandra   | ANM  | Funchal   | 03/05/2025 |
| Recorde Regional Jun17 | 26.65 | GONCALVES, Vera Andrade | JACL | Tomar     | 01/12/2025 |
| Recorde Regional Juv A | 26.97 | GONCALVES, Vera Andrade | JACL | Tomar     | 14/12/2024 |
| Recorde Regional Juv B | 27.41 | GONCALVES, Vera Andrade | JACL | Abrantes  | 20/01/2024 |
| Recorde Regional Inf A | 27.84 | FERRO, Maria Franco     | CNF  | Funchal   | 02/05/2026 |
| Recorde Regional Inf B | 28.43 | AGUILAR, Vera Ines      | CDN  | Funchal   | 23/07/2013 |

Pista Nome Ano Clube T. Inscri  o

S rie 1 de 3, 20:20

|                                     |    |                       |       |
|-------------------------------------|----|-----------------------|-------|
| 2 FRANCO, Maria Vitoria             | 13 | Desportiva de Machico | 45.39 |
| 3 BOLLINGER, Elisabete Malinovskaya | 13 | Escola O Liceu        | 42.34 |
| 4 GREGORIO, Alice Meneses           | 12 | Escola O Liceu        | 36.70 |
| 5 TEMTEM, Maria Clara               | 13 | Desportivo Nacional   | 36.77 |
| 6 NUNES, Ana Soraia                 | 11 | Escola O Liceu        | 42.49 |

Prova 37, Femin., 50m Livres

S rie 2 de 3, 20:21

|   |                             |    |                     |       |
|---|-----------------------------|----|---------------------|-------|
| 1 | ANDRADE, Nuria Gouveia      | 13 | Desportivo Nacional | 31.66 |
| 2 | TSOMKO, Veronika            | 08 | Escola O Liceu      | 31.30 |
| 3 | JARDIM, Eva Santos          | 10 | Juventude Atlantico | 30.91 |
| 4 | ANICETO, Leonor Telo        | 13 | Naval do Funchal    | 30.70 |
| 5 | BAPTISTA, Valentina Hermida | 11 | Juventude Atlantico | 30.72 |
| 6 | FREITAS, Maria Silva        | 12 | Naval do Funchal    | 30.96 |
| 7 | MARQUES, Margarida Paixao   | 11 | Naval do Funchal    | 31.51 |
| 8 | GOUVEIA, Sofia Isabel       | 12 | Juventude Atlantico | 35.00 |

S rie 3 de 3, 20:22

|   |                         |    |                     |       |
|---|-------------------------|----|---------------------|-------|
| 1 | RODRIGUES, Laura Sofia  | 07 | Juventude Atlantico | 29.96 |
| 2 | MATEUS, Eleine Vieira   | 09 | Desportivo Nacional | 29.76 |
| 3 | OJKIC, Vera Jose        | 12 | Naval do Funchal    | 29.42 |
| 4 | ROJAS, Zara Alejandra   | 07 | Naval do Funchal    | 25.95 |
| 5 | VELOSA, Ana Matilde     | 11 | Juventude Atlantico | 29.37 |
| 6 | SA, Vanessa Fernandes   | 09 | Naval do Funchal    | 29.50 |
| 7 | MARGARIDO, Paula Aguiar | 09 | Juventude Atlantico | 29.91 |
| 8 | MACHADO, Sarah Camila   | 12 | Naval do Funchal    | 30.47 |

Prova 38

Masc., 50m Livres

Absolutos

30/07/2026 - 20:23

Startlist

|                                |       |                             |      |                       |            |
|--------------------------------|-------|-----------------------------|------|-----------------------|------------|
| Recorde Regional Open          | 22.77 | PINTO, Luis Marques         | CDN  | S. Antonio Cavaleiros | 20/12/2009 |
| Recorde Regional Sen           | 22.77 | PINTO, Luis Marques         | CDN  | S. Antonio Cavaleiros | 20/12/2009 |
| Recorde Regional Jun18         | 23.38 | MACHADO, Bernardo Magalhaes | CDN  | Funchal               | 25/07/2024 |
| Recorde Regional Jun17         | 23.82 | CASTRO, Joao Cruz           | CDSR | Funchal               | 10/12/2016 |
| Recorde Regional Juv A         | 24.00 | CASTRO, Joao Cruz           | CDSR | Funchal               | 27/07/2016 |
| Recorde Regional Juv B         | 24.46 | CASTRO, Joao Cruz           | CDSR | Funchal               | 11/07/2015 |
| Recorde Regional Inf A         | 25.30 | CASTRO, Joao Cruz           | CSM  | Funchal               | 12/04/2014 |
| Recorde Regional Inf B         | 27.30 | CASTRO, Joao Cruz           | CSM  | Funchal               | 06/04/2013 |
| Recorde Nacional Nat. Adaptada | 29.75 | CARVALHO, Joaquim Eduardo   | CNF  | Funchal               | 21/11/2025 |
| Recorde Nacional Nat. Adaptada | 32.49 | CRUZ, Joao Tanica           | PDEM | Abrantes              | 03/07/2022 |

Pista Nome

Ano Clube

T. Inscri  o

S rie 1 de 6, 20:23

|   |                          |    |                       |         |
|---|--------------------------|----|-----------------------|---------|
| 3 | SILVA, Alexandre Pestana | 10 | Desportivo Nacional   | 1:10.00 |
| 4 | DINIS, Tiago Gouveia     | 96 | Desportivo Nacional   | 40.99   |
| 5 | MIROLEVITCH, Roman       | 12 | Desportiva de Machico | 49.59   |

S rie 2 de 6, 20:25

|   |                            |    |                       |       |
|---|----------------------------|----|-----------------------|-------|
| 1 | ALVES, Mateus Basilio      | 09 | Juventude Atlantico   | 32.53 |
| 2 | GONCALVES, Gil Fiqueli     | 09 | Desportivo Nacional   | 31.95 |
| 3 | MARTINS, Antonio Freitas   | 09 | Desportivo Nacional   | 29.64 |
| 4 | GONCALVES, Tiago Mauricio  | 10 | Desportivo Nacional   | 29.58 |
| 5 | BARATA, Joao Tomas         | 08 | Juventude Atlantico   | 29.63 |
| 6 | FREITAS, Diogo Miguel      | 11 | Desportiva de Machico | 30.97 |
| 7 | FERREIRA, Guilherme Nelson | 12 | Desportivo Sao Roque  | 32.00 |
| 8 | GOMES, Santiago Jesus      | 12 | Desportivo Sao Roque  | 34.98 |



Prova 38, Masc., 50m Livres

S rie 3 de 6, 20:26

|                            |    |                       |       |
|----------------------------|----|-----------------------|-------|
| 1 SILVA, Pedro Fernandes   | 11 | Naval do Funchal      | 29.44 |
| 2 ENCARNACAO, Andre Filipe | 08 | Escola O Liceu        | 29.39 |
| 3 SANTOS, Joao Dinis       | 09 | Desportiva de Machico | 28.43 |
| 4 ANTUNES, Frederico Luis  | 08 | Juventude Atlantico   | 28.11 |
| 5 CRO, Rodrigo Antonio     | 11 | Desportivo Sao Roque  | 28.21 |
| 6 MENDONCA, Jorge Lourenco | 13 | Desportivo Nacional   | 28.90 |
| 7 VIEIRA, Rodrigo Leal     | 06 | Desportiva de Machico | 29.44 |
| 8 ABREU, Afonso Henrique   | 09 | Naval do Funchal      | 29.51 |

S rie 4 de 6, 20:26

|                               |    |                     |       |
|-------------------------------|----|---------------------|-------|
| 1 SOUSA, Joao Pedro           | 12 | Desportivo Nacional | 28.01 |
| 2 FERREIRA, Luis Duarte       | 89 | Escola O Liceu      | 27.33 |
| 3 SANTOS, Daniel Adonis       | 09 | Juventude Atlantico | 26.72 |
| 4 GOMES, Guilherme Silva      | 08 | Desportivo Nacional | 26.20 |
| 5 PESTANA, Luis Emanuel       | 07 | Desportivo Nacional | 26.24 |
| 6 FERNANDEZ, Henrique Justino | 08 | Juventude Atlantico | 27.22 |
| 7 TAVARES, Lourenco Carvalho  | 10 | Naval do Funchal    | 27.88 |
| 8 CARVALHO, Joaquim Eduardo   | 07 | Naval do Funchal    | 28.02 |

S rie 5 de 6, 20:27

|                              |    |                     |       |
|------------------------------|----|---------------------|-------|
| 1 CRESPO, Joao Jesus         | 09 | Desportivo Nacional | 25.57 |
| 2 GARANITO, Mateus Silva     | 10 | Naval do Funchal    | 25.48 |
| 3 SILVA, Tony Stefano        | 05 | Desportivo Nacional | 25.42 |
| 4 GOUVEIA, Luis Galvao       | 05 | Desportivo Nacional | 24.76 |
| 5 RODRIGUES, Guilherme Gomes | 08 | Naval do Funchal    | 25.14 |
| 6 PESTANA, Pedro Correia     | 09 | Desportivo Nacional | 25.45 |
| 7 PESTANA, Andre Pinto       | 09 | Naval do Funchal    | 25.49 |
| 8 ABREU, Pedro Dinis         | 11 | Naval do Funchal    | 26.02 |

S rie 6 de 6, 20:28

|                               |    |                     |       |
|-------------------------------|----|---------------------|-------|
| 1 ALMEIDA, Joao Francisco     | 07 | Naval do Funchal    | 24.68 |
| 2 PEREIRA, Lucas Santos       | 07 | Naval do Funchal    | 24.27 |
| 3 PITA, Pedro Miguel          | 06 | Naval do Funchal    | 23.08 |
| 4 ROJAS, Jean Louis           | 05 | Naval do Funchal    | 22.97 |
| 5 MACHADO, Bernardo Magalhaes | 06 | Desportivo Nacional | 22.98 |
| 6 RODRIGUES, Joao Luis        | 05 | Naval do Funchal    | 23.42 |
| 7 BARRETO, Joao Lucas         | 06 | Escola O Liceu      | 24.63 |
| 8 MACHADO, Tiago Magalhaes    | 04 | Desportivo Nacional | 24.75 |



Prova 39 Femin., 200m Estilos Absolutos  
30/07/2026 - 20:29 Startlist

|                        |         |                        |      |              |            |
|------------------------|---------|------------------------|------|--------------|------------|
| Recorde Regional Open  | 2:18.16 | QUINTAL, Fabiana Maria | CDN  | Tomar        | 13/12/2008 |
| Recorde Regional Sen   | 2:18.16 | QUINTAL, Fabiana Maria | CDN  | Tomar        | 13/12/2008 |
| Recorde Regional Jun18 | 2:28.88 | RODRIGUES, Laura Sofia | JACL | Funchal      | 02/11/2024 |
| Recorde Regional Jun17 | 2:25.85 | ROSA, Beatriz Jong     | CDWT | Funchal      | 06/05/2017 |
| Recorde Regional Juv A | 2:26.86 | ROSA, Beatriz Jong     | CDN  | Funchal      | 13/05/2016 |
| Recorde Regional Juv B | 2:28.06 | ROSA, Beatriz Jong     | CDN  | Funchal      | 09/05/2015 |
| Recorde Regional Inf A | 2:27.54 | FERRO, Maria Franco    | CNF  | Ponte de Sor | 21/02/2026 |
| Recorde Regional Inf B | 2:31.18 | FERRO, Maria Franco    | CNF  | Pinhal Novo  | 23/03/2025 |

Pista Nome Ano Clube T. Inscri  o

S rie 1 de 1, 20:29

|   |                       |    |                     |         |
|---|-----------------------|----|---------------------|---------|
| 3 | LUIS, Clara Abreu     | 13 | Escola O Liceu      | 3:14.73 |
| 4 | VIEIRA, Matilde Sofia | 11 | Desportivo Nacional | 2:44.65 |
| 5 | ALVES, Ana Luisa      | 97 | Juventude Atlantico | 3:10.00 |

Prova 40 Masc., 200m Estilos Absolutos  
30/07/2026 - 20:33 Startlist

|                        |         |                        |     |            |            |
|------------------------|---------|------------------------|-----|------------|------------|
| Recorde Regional Open  | 2:02.59 | SILVA, Tomas Antonio   | CNF | Leiria     | 16/12/2025 |
| Recorde Regional Sen   | 2:02.59 | SILVA, Tomas Antonio   | CNF | Leiria     | 16/12/2025 |
| Recorde Regional Jun18 | 2:05.78 | SILVA, Tomas Antonio   | CNF | Felgueiras | 22/12/2018 |
| Recorde Regional Jun17 | 2:07.45 | GOUVEIA, Luis Galvao   | CDN | Funchal    | 08/07/2022 |
| Recorde Regional Juv A | 2:10.57 | GOUVEIA, Luis Galvao   | CDN | Funchal    | 17/07/2021 |
| Recorde Regional Juv B | 2:11.24 | ALVES, Paulo Rodrigues | CDN | Funchal    | 17/05/2019 |
| Recorde Regional Inf A | 2:13.38 | FREITAS, Tomas Miguel  | CDN | Funchal    | 17/07/2004 |
| Recorde Regional Inf B | 2:20.56 | FREITAS, Tomas Miguel  | CDN | Funchal    | 28/06/2003 |

Pista Nome Ano Clube T. Inscri  o

S rie 1 de 1, 20:33

|   |                            |    |                     |         |
|---|----------------------------|----|---------------------|---------|
| 1 | MACHADO, Ricardo Filipe    | 00 | Juventude Atlantico | 2:50.00 |
| 2 | RAPOSO, Mateus Medeiros    | 10 | Desportivo Nacional | 2:24.43 |
| 3 | LUCIO, Lourenco Perestrelo | 11 | Naval do Funchal    | 2:18.64 |
| 4 | ANDRADE, Salvador Freitas  | 09 | Naval do Funchal    | 2:10.74 |
| 5 | ABREU, Sergio Gomes        | 96 | Naval do Funchal    | 2:11.34 |
| 6 | FREITAS, Jonas Christian   | 11 | Desportivo Nacional | 2:22.77 |
| 7 | BARATA, Bernardo Vieira    | 12 | Juventude Atlantico | 2:31.76 |